BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

21-27 FEB 2026

TV&Satellite Week

NEW

BIG CATS 24/7
Deadly predators on the prowl

NEW

DIRTY BUSINESS
True-life drama about a huge water scandal

NEW

THE LADY
Meet the killer who worked for the royals

EXCLUSIVE!

Paradise

Join Xavier's rescue mission outside the dome

HotList This week's 28

Saturday 21

Winter Olympics

WINTER SPORTS *BBC1, BBC2, TNT Sports & Discovery+, coverage from 9am*

There are 10 gold medals on offer on the penultimate day of the Games, in events including the men's curling and the women's halfpipe. *See Sport Week, p28*

Six Nations

RUGBY UNION *BBC1, ITV1, S4C & Premier Sports 1*

All the home nations are in action today, with England v Ireland at Twickenham (k-o 2.10pm), before Wales face Scotland (k-o 4.40pm) in Cardiff.

Britain's Got Talent

ENTERTAINMENT *ITV1, 7pm*

Ant and Dec return with the popular talent search, with last year's guest judge KSI officially joining the panel of Alesha Dixon, Amanda Holden and Simon Cowell. *See feature, page 12*

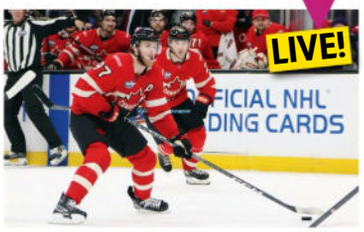
The Walsh Sisters

DRAMA *BBC1, 9.15pm (box set, BBC iPlayer)*

Based on characters from Marian Keyes' novels, this drama features the five Walsh siblings – Rachel, Claire, Maggie, Helen and Anna – as they navigate chaos and heartbreak. *See feature, page 6*

■ Full listings start on **p35**

Sunday 22



Winter Olympics

WINTER SPORTS *BBC2, TNT Sports & Discovery+, coverage from 9am*

The last day of the Games will end with the men's ice-hockey final, which is likely to feature NHL stars, before the Olympic flame is extinguished. *See Sport Week, page 28*

Premier League

FOOTBALL *Sky Sports Main Event & Sky Sports Premier League*

Today's games include Sunderland v Fulham (k-o 2pm). Later, Spurs take on Arsenal (k-o 4.30pm) in the first game of the post-Thomas Frank era.

BAFTA Film Awards

AWARDS *BBC1, 7pm*

Alan Cumming (above) presents the ceremony from London's Royal Festival Hall, where *One Battle after Another*, the thriller starring Leonardo DiCaprio, leads the pack with 14 nominations.

The Lady

DRAMA *ITV1, 9pm (box set, ITVX)*

Four-part drama based on true events, focusing on ex-royal dresser Jane Andrews (Mia McKenna-Bruce, above), who was convicted of murdering her partner in 2001. Continues tomorrow. *See feature, p8*

■ Full listings start on **p45**

Monday 23

Paradise

THRILLER *Disney+*

The thriller returns for a second season, with Secret Service agent Xavier Collins (Sterling K Brown, above) emerging from the bunker he's been in for three years to search for his wife. *See feature, page 4*

Bear Grylls: Wild Reckoning

FACTUAL *BBC1, 2pm (box set, BBC iPlayer)*

The adventurer (above) turns his hand to mediating, taking individuals who are at loggerheads on wild adventures to help them see eye to eye. Continues to Thursday. *See feature, page 12*

AI Confidential with Hannah Fry

DOCUMENTARY *BBC2, 9pm (box set, BBC iPlayer)*

Prof Hannah Fry (above) meets people whose lives have been transformed by AI technology, for better or for worse.

Dirty Business

DRAMA *C4, 9pm (box set, Channel 4 Streaming)*

Jason Watkins and David Thewlis (both above) star in this fact-based drama about neighbours who investigate illegal sewage dumping in their local river. Continues to Wed. *See feature, p7*

■ Full listings start on **p55**

Tuesday 24

Champions League: Play-offs 2nd Leg

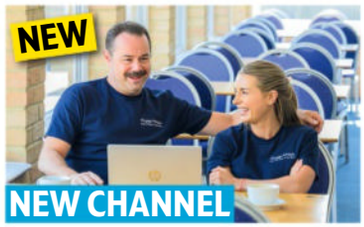
FOOTBALL *TNT Sports & Prime Video*

Matches include Newcastle v Qarabag (k-o 8pm), as teams attempt to qualify for the last 16 of the tournament. Champions PSG play Monaco tomorrow.

Great British Menu

COOKERY *BBC2, 7pm (times vary)*

Andi Oliver returns as presenter, with chefs this year designing dishes around British movies and film-makers. Comedian Phil Wang joins Lorna McNee and Tom Kerridge as a judge. Continues to Thu.



The Dyers' Caravan Park

FACTUAL *Sky One, 9pm*

Danny Dyer and daughter Dani (both above) are on a mission to bring back the classic British caravan holiday, as they work to turn around the fortunes of a caravan park in Kent. *See feature, page 11*

The Heat

COOKERY *ITV2, 9pm*

Olivia Attwood hosts this new reality show/cookery contest that sees 10 chefs travel to Barcelona, where Jean-Christophe Novelli is opening a restaurant and hoping to find a new star. Continues to Friday.

■ Full listings start on **p65**

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Wednesday 25

The Stolen Girl

THRILLER ITV1, 9pm (box set, ITVX)

In a drama encapsulating every parent's worst nightmare, a nine-year-old girl disappears while on a sleepover at a friend's house. Stars Denise Gough.

• *Previously shown on Disney+*

LS Lowry: The Unheard Tapes

DOCUMENTARY BBC2, 9pm

Sir Ian McKellen (above) gives a voice to artist LS Lowry as he lip-syncs to newly discovered audio recordings from the final four years of Lowry's life. *See Documentaries, page 21*

National Theatre Live: Dr Strangelove

COMEDY Sky Arts, 9pm

Steve Coogan plays four roles in this world-premiere stage adaptation of Stanley Kubrick's 1964 satire, about a US general who triggers a nuclear attack.

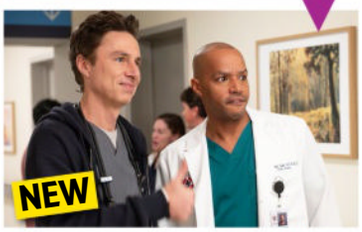
We Might Regret This

COMEDY BBC2, 10pm (times vary) (box set, BBC iPlayer)

As the series returns, we learn what has happened with Freya (Kyla Harris) and Abe (Darren Boyd), whose relationship was hanging in the balance when we saw them last.

■ Full listings start on **p75**

Thursday 26



Scrubs

COMEDY Disney+

Almost 16 years on, Sacred Heart doctors JD (Zach Braff), Turk (Donald Faison) and Elliot (Sarah Chalke), plus some of the other original characters, reunite for this revival of the hit medical comedy.

Bridgerton

DRAMA Netflix

The final episodes of Season 4 begin with maid Sophie (Yerin Ha, above), AKA the 'Lady in Silver', reeling from the shock offer made by Benedict (Luke Thompson). *See Your Watchlist, page 16*

Murder Case: The Hunt for Arlene Fraser's Killer

DOCUMENTARY BBC2, 9pm (not Wales) (box set, BBC iPlayer)

Murder Case returns, this time looking into the death of an Elgin mother (above) who disappeared without a trace in 1998.

The Dunblane Tapes

DOCUMENTARY C4, 9pm

Thirty years on from Britain's deadliest mass shooting, this documentary, which includes previously unseen footage filmed by bereaved parent John Crozier, takes a poignant look at the tragedy.

■ Full listings start on **p85**

Friday 27

Vanished

THRILLER Prime Video

Sam Claflin and Kaley Cuoco (both above) star in this thriller about a woman who is plunged into a web of intrigue when her boyfriend disappears during their trip to Paris. *See Your Watchlist, page 14*

Dead of Winter

THRILLER Paramount+

Dame Emma Thompson (above) stars in this thriller about a widow who comes to the rescue of a kidnapped young woman. Judy Greer is excellent as the unhinged abductor. *See review, page 22*

Man on the Run

DOCUMENTARY Prime Video

Morgan Neville directs this film looking at the creative rebirth of Sir Paul McCartney (above) and the formation of the band Wings following the break-up of The Beatles in 1970. *See Your Watchlist, p16*

Big Cats 24/7

WILDLIFE BBC2, 9pm (box set, iPlayer)

The team return to Botswana's Okavango Delta to get up close and personal with the lions, leopards and cheetahs to examine the twists and turns of life on the grasslands. *See Documentaries, p20*

■ Full listings start on **p95**

21-27 FEBRUARY 2026

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Sterling K Brown stars in the second season of Disney+ thriller *Paradise*

6 TV Week
Marian Keyes' novels are brought to life in *The Walsh Sisters*, David Thewlis and Jason Watkins star in fact-based water-scandal drama *Dirty Business*, and Mia McKenna-Bruce plays a former royal aide who murdered her lover in *The Lady*

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SEARCH & RESCUE

Sterling K Brown quits the super-rich refuge to find his wife as the sci-fi thriller returns...

NEW THRILLER

Paradise

From Mon 23 Feb, Disney+ (first three eps from 23 Feb, then weekly)

Acclaimed post-apocalyptic drama *Paradise* returns for a second season of twists and thrills this week, and we rejoin US Secret Service agent Xavier Collins (Sterling K Brown) as he embarks on a personal and perilous new quest.

We last saw Xavier leaving Paradise, the underground bunker in Colorado where 25,000 elite members of society have been taken to survive a cataclysmic climate event, after learning that his wife Teri (Enuka Okuma) was still alive.

Shailene Woodley joins the cast as Annie

Now, after three years of thinking that Teri was dead when a nuclear bomb devastated Atlanta, he's venturing out into the dangerous surface world to find her…

'For Xavier to leave his children in Paradise, his goal has to be succinct and clear, because if it's not, he would never have left,' says *This Is Us* star Brown, 49. 'It's a red-hot desire that no one can deter him from. Finding Teri is a necessity, not an option.'

Xavier was told that everyone outside Paradise had perished in the global catastrophe, but viewers now know that 55 million Americans have survived.

Sterling K Brown as Xavier

'When Xavier goes looking for his wife, he discovers that the world did not end and he sees that people are actually alive,' adds Brown. 'He encounters the best of humanity alongside some more nefarious aspects of humanity, too.'

FORMING A LINK

As Xavier leaves by plane to search for Teri, the action also features *Big Little Lies* actor Shailene Woodley, who joins the cast as Annie – a former tour guide at Elvis Presley's home Graceland in Memphis. Annie has been living alone in the famous mansion since the apocalypse.

However, Annie's solitary life is derailed by a brief encounter with a mysterious figure called Link (Thomas Doherty).

'He is a young man who has survived the apocalypse outside the bunker and he's been scarred and bruised by the surface world,' says Scottish actor Doherty, 30. 'He's been surviving with a biker gang but is very, very intelligent.

'Link admires Annie and falls in love with her. When he and Annie meet, he feels that tenderness that has been stripped away from everyone and it reinvigorates his desire to do good and help others.'

Meanwhile, billionaire Samantha 'Sinatra' Redmond (*Mare of Easttown*'s Julianne Nicholson), who created the Paradise compound as a refuge for the super-rich, is in a coma after she was shot in last season's finale when her assassin Jane (Nicole Brydon Bloom) turned the tables on her. However, it's not long before Sinatra is back on her feet – and she and Jane must face the consequences of the shooting.

Link (Thomas Doherty)

'They have a face to face and it's a real game of cat and mouse,' reveals Nicholson, 54. 'That was such a fun scene to film. I love how the relationship between Sinatra and Jane develops in Season 2. As always, Sinatra is keeping her cards close to her chest.'

MASTERMIND OR MONSTER?

Meanwhile, Sinatra has more immediate worries when the social fabric frays as the bunker deals with the aftermath of Season 1.

'Sinatra truly believes that she has everybody in Paradise's best interests at heart, says Nicholson. 'It's fun to play the most powerful person in the room. She believes that she is doing things for the greater good, but she doesn't always go about them in the gentlest of ways. But I think Sinatra is a mastermind, not a monster.'

● **Don't miss the official *Paradise* podcast, available every Monday, featuring interviews with the cast and creative team plus scientific consultants as they break down the series' twists and turns and share behind-the-scenes moments**

WORDS: NATASHA HOLT PHOTOS: ©2026 DISNEY & ITS RELATED ENTITIES, GETTY

ALL SHOOK UP

For the new season of *Paradise*, the production crew built a replica of Elvis Presley's home Graceland, where former tour guide Annie (Shailene Woodley) takes refuge in the late rock 'n' roller's basement room, on the studio set in Los Angeles.

'The Graceland set was incredible, but it was confusing, too, because you're in Graceland filming for eight hours and then you walk outside the door and you're in a studio,' says Thomas Doherty, who plays Link. 'It was very strange, but what a gift for an actor to fully immerse yourself in this world.'

The real Graceland mansion in Memphis, Tennessee

Maggie
Stefanie Preissner
Maggie is married to Garv (Stephen Mullan) and desperate to have a child but struggling to conceive.

Helen
Máiréad Tyers
The youngest sibling is a student and wants to be independent from her close-knit family.

Rachel
Caroline Menton
Battling drink and drug addiction, Rachel is in a relationship with her long-suffering boyfriend Luke (Jay Duffy).

Sister secrets

Five siblings tackle life's challenges in a spirited new drama

NEW DRAMA
The Walsh Sisters
Saturday, 9.15pm, BBC1 (box set, BBC iPlayer)

The dysfunctional and chaotic lives of the close-knit Walsh family are at the heart of a new BBC1 drama based on the novels by Irish author Marian Keyes.

Set in Dublin, the six-part series follows the fortunes of five sisters – Rachel (Caroline Menton), Anna (Louisa Harland), Maggie (Stefanie Preissner, who also wrote the screenplay), Claire (Danielle Galligan) and Helen (Máiréad Tyers).

'It's a story about the dynamics between the family and the obstacles they are all facing as women and sisters in their 20s and 30s,' explains Menton.

As the drama begins, party girl Rachel, who has a serious drug and drink addiction, is found semi-conscious by her boyfriend Luke (Jay Duffy) following a hedonistic night out.

When her family – including her devout mother 'Mammy' (Carrie Crowley) and patient, put-upon father Jack (Aidan Quinn) – discover the extent of Rachel's addiction, they insist she go to Dublin's fictional residential rehab centre, The Cloisters.

'Rachel is a self-saboteur who has a really fractious relationship with her mother,' says Menton, who has appeared in *All Creatures Great and Small*. 'She is flawed and complex, but she's also compelling.'

WAKE-UP CALL

Menton researched her role by speaking to a psychologist who specialised in addiction issues.

'She was amazing to talk to and we spoke about different aspects of addiction, including how it affects whole families,' says Menton. 'Also, I was really fortunate to speak to someone going through recovery herself who kindly shared her story and was so open and vulnerable with me.'

Meanwhile, Menton says that she could relate to the Walsh

The sisters with their parents

WORDS: TESS LAMAGRAFT, SEAN MARLAND. PHOTOS: BBC, C4

Claire
Danielle Galligan
Recently divorced, the mum to a five-year-old daughter feels constantly under attack for her mothering skills.

Anna
Louisa Harland
Anna is enjoying a new romance with Aidan (Samuel Anderson) when tragedy strikes.

family's complicated dynamics.

'I'm one of five girls myself and I connected with the character on such a deep level,' she reveals. 'Filming the family scenes was like being transported back into my own family with the overlapping, the interrupting and the constant noise. I just wanted to wrap Rachel up and look after her.'

As a huge fan of the books, Menton says the role of Rachel has been a highlight of her career.

'When I read my first Marian Keyes book, I was completely consumed by it,' she says. 'The Walsh family is iconic and Rachel is such a beloved character who has resonated with me and thousands of others across the world for decades. I feel so privileged to be bringing her to life. She is an addict, but her story is also one of hope.'

Rachel with boyfriend Luke

Watkins and Thewlis as Peter and Ash

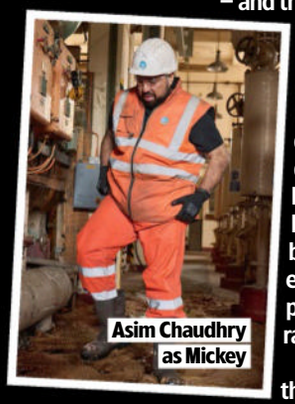
Foul play

Jason Watkins and David Thewlis investigate a deadly water scandal

NEW DRAMA
Dirty Business
Monday-Wednesday, 9pm, C4 (box set, Channel 4 Streaming)

After *Mr Bates Vs the Post Office* exposed a shocking miscarriage of justice, another corporate scandal comes under the spotlight in a C4 factual drama about an investigation into England's water companies.

Based on real people and events, three-parter *Dirty Business* tells the story of victims and whistle-blowers who believe their lives have been destroyed by deadly water pollution.


Asim Chaudhry as Mickey

FILTH AND FURY

It begins with former detective Ash (David Thewlis) and his neighbour Peter (Jason Watkins), a biology professor, noticing that fish are dying in the river running through their idyllic Oxfordshire hamlet.

As they team up to investigate a local sewage works, they meet plant worker Mickey (Asim Chaudhry), who secretly supplies information that suggests millions of litres of untreated sewage are being dumped in the UK's rivers and seas.

'Ash and Peter bring different skills to examining what's happened,' says Thewlis. 'Ash has dogged, investigative skills, while Peter can process computational evidence – and that is a game changer.'

Dirty Business also features the true story of the Preen family, whose eight-year-old daughter Heather died after contracting E. coli. Heather had been playing on a beach, where, days earlier, a nearby storm pipe had discharged raw sewage into the sea.

'There's a moment in the opener when Peter opens a letter from Heather's mother Julie,' says Watkins, 'and links the two stories.'

Watkins got the chance to meet Julie during filming. The family and others who've been affected by the scandal are hoping the series starts a national conversation, in the same way *Mr Bates Vs the Post Office* did.

'*Mr Bates* blew that subject out of the water,' explains Watkins. 'It showed what drama can do and how it can add a voice to the debate in a way nothing else can.'

Dressed TO KILL

Mia McKenna-Bruce stars in a powerful true-crime drama about ex-royal assistant Jane Andrews

NEW DRAMA

The Lady

Sunday & Monday, 9pm, ITV1 (box set, ITVX)

Back in 2001, Jane Andrews, a former royal assistant to Sarah Ferguson, was sentenced to life in prison for the murder of her boyfriend, businessman Thomas Cressman. Now, ITV1's four-part semi-fictionalised drama *The Lady* – which begins with two episodes this week – examines the complex case.

In the aftermath of the September 2000 death of Cressman (Ed Speleers), DCI Keith Douglas (Philip Glenister) is shown leading the hunt for Andrews (Mia McKenna-Bruce), who has gone on the run from the London home the couple shared.

The real Jane Andrews

DREAMING BIG

The action then cuts back and forth to the 1980s, when the young Andrews, who has experienced mental-health issues, is growing up in a working-class household in northern England with parents June (Claire Skinner) and David (Daniel Ryan).

Keen to make something of herself, she lands a job at Buckingham Palace as an assistant dresser to Ferguson (Natalie Dormer) – the then Duchess of York. Despite initially finding it hard to fit in, she gives herself a makeover and becomes devoted to her employer.

'When we meet Andrews, she's full of hope. She wants to escape the life she has and live in a palace – it's a fairy tale,' says McKenna-Bruce, 28, most recently seen in *Agatha Christie's Seven Dials*. 'Her relationship with Sarah becomes her whole life.'

After nearly a decade in her royal role, however, Andrews' lavish existence at the heart of the Royal Family comes to a shuddering halt when she is made redundant. Meanwhile, her marriage to executive Charles (Mark Stanley) ends and she has a toxic romance with millionaire Luis (Sean Teale), before she meets party-loving businessman Cressman and dreams of a dazzling future with him.

FALL FROM GRACE

'Being in the palace, Andrews is wrapped up in that world, and then she loses it all,' shares McKenna-Bruce. 'We see Andrews opening up to Cressman in a way that she hadn't done to anyone before.'

As their relationship disintegrates amid jealousy and recriminations, the cast admit that some scenes were challenging to film.

'There's danger and uncertainty in their relationship, and that unravels into something tragic,' says *Downton Abbey* and *Outlander*'s Speleers, 37. 'There was apprehension during filming because of the sensitivity of the subject matter. But despite the intensity of what we were putting together, it was a trusting, safe place to work. And we helped each other through.'

Andrews was released on licence in 2015, before being recalled to prison in 2018 following accusations that she harassed a former lover, but no evidence was found and she was then released in 2019.

'I decided not to watch any documentaries about her because I didn't want to come in with my own biases, but I was in three different wigs, because we're jumping around in time,' reflects McKenna-Bruce. 'From when we meet Andrews compared to where she ends up, it's two totally different spectrums.'

Stars Natalie Dormer and Mia McKenna-Bruce

WORDS: CAREN CLARK, GRACE MORRIS. PHOTOS: BBC, ITV, SHUTTERSTOCK

WHO'S WHO

Jane Andrews
Mia McKenna-Bruce
The fragile northerner comes to love her job at Buckingham Palace, but events spiral out of control.

Thomas Cressman
Ed Speleers
After their first meeting, the businessman and Andrews seem happy, although their romance becomes destructive.

Sarah Ferguson
Natalie Dormer
The then Duchess of York enjoys Andrews' company but eventually grows distant from her dresser.

DCI Keith Douglas
Philip Glenister
Following Cressman's murder, the detective is sure that Andrews is responsible and tries to locate her.

June Andrews
Claire Skinner
Andrews' mother thinks that her daughter's new life working for the Royal Family will be a welcome fresh start.

David Andrews
Daniel Ryan
After witnessing Andrews' mental-health issues, her father is concerned how she will cope in London.

Charles
Mark Stanley
Andrews' marriage to the older executive disintegrates, but she later contacts him while she's on the run.

Aleksandra
Ophelia Lovibond
The wealthy socialite meets Andrews when she lands her royal job and initially attempts to support her.

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Arthur is furious with Laurel

EMMERDALE

Laurel's rushed to hospital after Arthur injures her!

» **Arthur Thomas' relationship** with mum Laurel has been strained ever since she brought Ray into their lives, unaware that he was a nasty drug dealer and people trafficker. This week, Laurel decides to join vicar Charles at Ray's burial, despite all the horrible things her ex-boyfriend did.

Meanwhile, Bear has been struggling since killing Ray and insists on going to the funeral, too. Paddy has been trying to avoid suspicion since he helped cover up Ray's murder, so he isn't happy to see his traumatised dad paying his respects to the crime boss. As Paddy rants at Laurel for allowing his dad to attend, Bear hits breaking point and rages in Paddy's face.

Laurel is out cold

At Mulberry, Laurel also faces the wrath of Arthur's anger when he finds out where she's been. Their confrontation spirals dangerously out of control as Arthur pushes his mum, who falls and hits her head. As Laurel is rushed to hospital, will Arthur's secret be exposed?

» **PLUS** Joe tasks Graham with a revenge mission after his car is stolen, Cain struggles with an emergency on the farm, and Vinny and Lewis share a kiss but there's concern when Lewis dashes off after their passionate encounter.

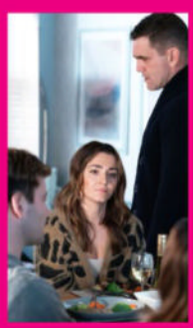
ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Bernie is arrested on suspicion of assault after Mal is attacked (above), Steve finds out that dad Jim is gravely ill in hospital, Jodie sees a person from her past, and George worries his reputation is ruined.

EASTENDERS

» Penny drops a pregnancy bomb on the Brannings (right), Callum is blackmailed by Tim, Ravi's mental health spirals when he goes to collect Nugget's meds from the pharmacy, and Denzel creates an AI Anthony to help Patrick grieve.



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Danny and Dani Dyer are on a mission

Perfect pitch?

Danny Dyer and his daughter Dani restore a caravan holiday park

NEW FACTUAL

The Dyers' Caravan Park
Tuesday, 9pm, Sky One

Danny Dyer has tackled gangsters and geezers over his career. However, now the TV tough guy faces his biggest challenge to date when he sets out to restore and run a caravan holiday park.

The *Mr. Bigstuff* and *Rivals* actor is joined by his *Love Island*-winning daughter Dani for *The Dyers' Caravan Park*, with the six-part series being shown on the relaunched channel Sky One, which replaces Sky Max and Sky Showcase this week as the home of Sky's comedy and entertainment programmes.

Here, Danny, 48, and Dani, 29, tell us about their big plan to transform Priory Hill Holiday Park in Leysdown-on-Sea on the Isle of Sheppey…

Danny, what is your fondest memory of going on caravan holidays as a youngster?

Danny We didn't have money to go abroad, so we'd go to a caravan park on Canvey Island in Essex. To me, it was the best holiday ever – it was like Disney World. In those days, caravans had no khazies; now they all need Wi-Fi! The holidays were about families coming together and I really wanted to see if I could bring that nostalgia back.

> 'I love how simple a caravan holiday is'
> DANI DYER

And, Dani, what's your earliest memory of caravan holidays?

Dani Dad always takes the mick out of me, because as a kid I'd go down to the caravan site in Clacton with my best friends Ellie and Charlotte and stay in a bungalow! It was our first taste of freedom – going to the beach, walking to the shop and buying things with our own money. I love how simple a caravan holiday is.

Danny Dyer gets stuck in

What was it like meeting the caravan site's management team and the residents?

Danny Darren, Paul and Mark, who run the site, gave us a hard time initially because it's their livelihood, so I had to win them over. I met a woman called Lyn, who's been visiting Priory Hill for 30 to 40 years, and Tony, an old boy who wants to see out his last years there. They're my kind of people.

You hold a sports day later in the series. Can you give us a tease of what happens?

Danny I wanted to bring the two sides of the caravan site – Priory Hill and Nutts Farm – together, so we pitted them against each other. We had the 'Grandad National' where these old boys put so much effort in to win a week of fry-ups, and the 'Granny Prix' where we got the older ladies racing mobility scooters. The winner got to go on a date with me!

WORDS: VICTORIA WILSON. PHOTOS: SKY

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Steve Coogan

National Theatre Live: Dr Strangelove

NEW

Wednesday, 9pm, Sky Arts

Born in Lancashire in 1965, Steve Coogan is best known for playing cringeworthy presenter Alan Partridge (left), who he first brought to the screen in 1992. Dramatic TV roles include a detective in true-life crime series *Stephen*, Jimmy Savile in *The Reckoning*, and journalist Brian Walden in *Brian and Maggie*. He is set to reunite with Rob Brydon for a fifth instalment of comedy travelogue *The Trip* later this year.

HIS NEW ROLE

If you loved Peter Sellers in the 1964 black-comedy movie, you'll enjoy an impressively versatile Coogan, 60, in this stage adaptation of Stanley Kubrick's satire, airing in the *National Theatre Live* series. As Cold War brinkmanship tactics tip into conflict when rogue US General Jack D Ripper triggers a nuclear attack, Coogan takes on four characters – German nuclear expert Dr Strangelove, the American President, a B-52 commander, and a British RAF captain trying to stop General Ripper causing world annihilation.

Steve Coogan as Captain Mandrake

Adventurer Bear Grylls

Bear emotions

The survival expert helps people **rebuild broken relationships**

Musician KSI

Rapper **KSI** returns to *Britain's Got Talent*

Special K

NEW ENTERTAINMENT

Britain's Got Talent

Saturday, 7pm, ITV1

After going down a storm with viewers due to his infectious enthusiasm and honest critiques as a guest judge on last year's *Britain's Got Talent*, KSI takes a permanent seat on the panel when ITV1's talent show returns on Saturday night.

As the auditions kick off in Blackpool, Ant and Dec host as more singers, dancers and magicians take to the stage to impress KSI and fellow judges Simon Cowell, Amanda Holden and Alesha Dixon.

We caught up with the YouTuber, rapper and boxer, 32, to hear more...

How did it feel to be offered a permanent role as a judge?

I felt like I had a good time as a

WORDS: MICHAEL DARLING, HANNAH DAVIES. SEAN MARLAND, VICTORIA WILSON. PHOTOS: BAFTA/CHARLIE CLIFT, BBC, ITV, SKY, ALAMY, HBO, CBS

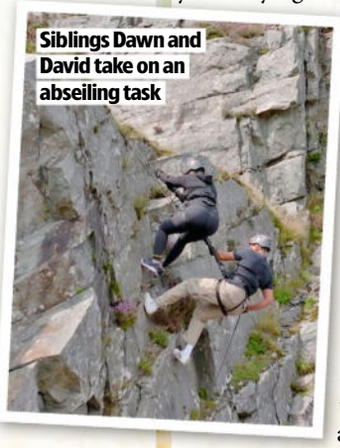
NEW FACTUAL

Bear Grylls: Wild Reckoning

Monday-Thursday, 2pm, BBC1 (box set, BBC iPlayer)

As a survival expert, Bear Grylls is no stranger to navigating difficult terrain and extreme weather conditions. But can being out in nature and battling the elements help people to heal rifts, settle disputes and resolve other issues in their personal lives?

In *Bear Grylls: Wild Reckoning*, that's exactly what the 51-year-old adventurer hopes to do. He'll be inviting people looking to sort out their differences to the coast of North Wales, where they will spend two days in the wild as a team of experts – including mediators and psychologists – put them through physical and psychological challenges designed to help them confront their issues and repair fractured relationships.



Siblings Dawn and David take on an abseiling task

TESTS OF TRUST

'I've spent my life in the wild, but this is something I've never done before – dealing with people's greatest conflicts,' says Grylls. 'Away from the noise and distractions of daily life, we're giving people the chance to reflect, reconnect and rebuild.'

Among the challenges they will face are a blindfolded navigation task, abseiling down a sheer rock face and building a raft to reach supplies for their adventure.

'The Welsh coast is rugged and unforgiving,' says Grylls. 'There's nowhere to hide. You can't storm off. You can't fight each other hanging off a rock face or when you're trying to stop your raft from sinking. You have to work together, and if you can do that, can you take that a step further by addressing the issues that you're having?'

HEALING

With the help of a mediator, the participants are encouraged to have some open and honest conversations about what's gone wrong, and over the course of the 16-part series, we meet feuding families, estranged siblings and couples facing life-changing decisions.

Can their time in the wild heal old wounds and forge new futures?

'I'm really proud of this series,' concludes Grylls. 'It's one of the most rewarding and beautiful things I've been involved in. It's just real lives, real emotions and real relationships.'

Ant, KSI, Holden, Cowell, Dixon and Dec

guest judge, and everyone around me looked like they had a good time, too – so when I got the call to be a full-time judge, I was like, 'Wow, this is big. Let's go!'

Have you approached the role differently this time? This season, you'll see me getting more involved. I'm quite an active person, so I'll take any opportunity to hop on stage. There's a moment that's gone around on social media of me falling over during the auditions!

What does it take to impress you? It's all about finding things that go viral. That's the energy you need to take your material, your content and your performance worldwide.

How would you rate the talent in this series? It's been 10 out of 10. You always get the singers, dancers and comedians, but we've got a lot more than that. There are so many viral moments this season – things I've really never seen before. It blew my mind.

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

LIVE!

BAFTA Film Awards

Sunday, 7pm, BBC1

Alan Cumming (right) hosts the glittering ceremony as the annual awards are handed out at London's Royal Festival Hall. *One Battle after Another*, starring Leonardo DiCaprio and Sean Penn, has 14 nominations, including Best Film, for which it's up against *Sinners*, *Hamnet*, *Marty Supreme* and *Sentimental Value*. British stars Robert Aramayo, Carey Mulligan and Wunmi Mosaku are up for acting gongs and there is a musical performance from *KPop Demon Hunters*.

NEW

The Stolen Girl

Wednesday, 9pm, ITV1 (box set, ITVX)

A play date turns into every parent's worst nightmare in this five-part thriller. When Elisa (Denise Gough) arrives to pick up her daughter, Lucia, from a sleepover, she discovers it's a rental property and there's no trace of her. As a frantic search ensues, Elisa and her husband, Fred (Jim Sturgess), come under scrutiny from journalist Selma (Ambika Mod).

● *Previously shown on Disney+*

A Knight of the Seven Kingdoms

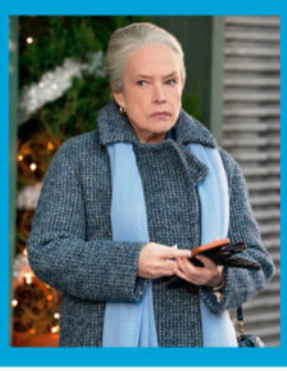
Monday, 9pm, Sky Atlantic

In the season finale, Ser Duncan (Peter Claffey, right) is not short of offers after battling courageously against Aerion Targaryen. Yet fearing he'll always be blamed for the death of Crown Prince Baelor Targaryen, he decides to remain a hedge knight. Will his young squire, Prince Aegon, be allowed to join him?

Matlock

Wednesday, 9pm, Sky Witness

As the legal drama reaches its midseason finale, Matty (Kathy Bates, right) gets information that helps her case against Senior (Beau Bridges) – until her quest for justice is turned upside down when Senior has a medical emergency and is put in an induced coma. After actor David Del Rio left the show following allegations of sexual assault, which he denies, there's also an explanation for the absence of lawyer Billy Martinez.



YOUR WATCHLIST

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv

Sam Claflin and Kaley Cuoco as Tom and Alice

Lost in France

Sam Claflin and Kaley Cuoco star in a thriller about a woman searching for her missing lover in Marseilles

The best of **Netflix, Prime Video, Disney+** and more...

prime Vanished

NEW *Available: Friday 27 February*
Genre: Thriller Season: 1 Episodes: 4

An American archaeologist faces turmoil when her partner disappears during a train journey to the South of France in Prime Video's thriller *Vanished*.

The four-parter stars Kaley Cuoco as Alice Monroe, who meets up in Paris with her boyfriend, Tom Parker (Sam Claflin), a British humanitarian-aid worker. As they set off on the train for a romantic break in Arles, however, Tom gets up to take a phone call, but doesn't return.

Worried about his whereabouts, Alice disembarks at Marseilles, and when local cop Inspector Drax (Simon Abkarian) proves unhelpful, she teams up with French journalist Hélène Lando (Karin Viard) to try to track him down. But danger beckons as dark secrets emerge.

Here, in an exclusive interview, *The Big Bang Theory*'s Cuoco, 40, and *Lazarus*' Claflin, 39, tell *TV&Satellite Week* what to expect…

What drew you to the show?

Cuoco I love this type of TV and characters where the world's spinning around them. It has romance and mystery, and it moves very quickly.

Claflin Yes, it covers many different genres. It starts off like a romantic comedy, and then it seeps into a horror movie, and there's action. But it's about two very normal people going through something extreme.

Tell us about your characters…

Claflin Tom loves Alice and his job and cares about the world. But there are moments when he shows his darkness.

Cuoco Alice is grounded and thinks, 'I have to find him; he needs my help.' Then it starts unravelling, and she wonders, 'Do I know him at all?' She's terrified and alone in a place she doesn't know and where she doesn't speak the language. But she needs to figure this out.

Did you enjoy filming in France?

Cuoco There were moments it looked so pretty that I thought people would think it was a set. We ended the shoot in Paris, which was magical.

Claflin Marseilles is a character in itself; there's so much history there, as it's an old port city. It's heaped in creativity, and experiencing the way of life there was a dream.

We heard that you nearly vanished for real during your downtime there, though, Sam…

Claflin I did almost! I went for a hike in the national park and didn't tell anyone where I was going, and my phone service dropped out. I navigated myself back, though. But then the same thing happened a few months later when I was in Upstate New York.

Cuoco I'm getting you a tag!

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX Schitt's Creek

Genre: Comedy Seasons: 6 Episodes: 80

The brilliant Catherine O'Hara (above, third from left), who sadly died in January at the age of 71, gives a masterclass in comedy acting in this Emmy-winning Canadian sitcom that ran from 2015 to 2020. After losing the family fortune, video-store mogul Johnny Rose (Eugene Levy, above, second from left) and his entitled wife, Moira (O'Hara), are forced to move with their adult children to their last remaining asset, the nondescript town of Schitt's Creek, which Johnny bought for his son as a joke.

NETFLIX Take That

Genre: Documentary Season: 1 Episodes: 3

This nostalgic look at the rise, split and subsequent reunions of the hugely successful boy band blends archive footage with new interviews with current members Gary Barlow, Mark Owen and Howard Donald.

tv Shrinking

Genre: Comedy drama Season: 3 Episodes: 11 (released weekly)

Jason Segel (right) as widowed therapist Jimmy Laird and Harrison Ford as his grumpy boss return for a third season of unashamedly warm-hearted moments undercut by sharp wit.

Now in production...

Three upcoming shows to look out for soon

prime The Grand Tour

Francis Bourgeois (above), James Engelsman and Thomas Holland will be the new hosts of Prime Video's motoring series when it returns later this year. The trio will embark on adventures in Angola, Malaysia and California.

NETFLIX An Innocent Girl

Netflix's thriller, starring Kerry Washington (above), James Marsden and Chloe East, will follow an aspirational woman who falls under the spell of a high-flying couple and soon becomes embroiled in a seductive web of intrigue.

tv Colin Firth

In Apple TV's as-yet-untitled drama, based on Philip Kerr's Berlin Noir novels, the actor (above) will play tetchy detective Paul Lohser, who is a mentor to colleague Bernie Gunther (Jack Lowden) when a serial killer stalks the German capital in the late 1920s.

WORDS: CAREN CLARK. JUDY EWENS. PHOTOS: APPLE TV, GETTY, ALAMY, PRIME VIDEO

Hyacinth with a suitor

Yerin Ha as Sophie

Stars Florence Hunt and Will Tilston

Young at **heart**

Hyacinth and Gregory are looking for love as the drama returns

NETFLIX Bridgerton

NEW *Available: Thu 26 Feb Genre: Drama Season: 4 (part 2) Episodes: 4*

There are Regency romances and ructions aplenty as the second half of *Bridgerton*'s fourth season begins on Netflix this week.

We've already seen artist Benedict Bridgerton (Luke Thompson) develop feelings for maid Sophie Baek (Yerin Ha), although he has still not worked out that she is the mysterious 'Lady in Silver' who won his heart at a masquerade ball. Can their chemistry overcome fresh obstacles?

Meanwhile, after observing their older siblings' varied experiences of love, the youngest Bridgerton children, Gregory (Will Tilston) and Hyacinth (Florence Hunt), make their own forays into the social whirl of the ton at a recital to prepare them and their fellow young aristocrats for their future within the marriage mart.

NEW ROMANTICS

'Gregory is desperate to be like his brothers and wants to fall for someone because he's been around love his whole life,' shares Tilston, 19, in an exclusive interview with *TV&Satellite Week*. 'He has a crush on someone and tries to flirt. How well he does, we'll see, but he's eager.'

'And romance is all Hyacinth wants, too,' adds Hunt, also 19. 'She lays her eyes on one or two people, and thinks, "This is it." But that idea might get crushed. Her insight into life expands and she ends up more grounded.'

Getting to finally take to the dance floor has been a thrill for the young actors, who have appeared in the show since the first series in 2020.

'We've seen what the balls are all about, and what it takes to film them. It's impressive,' explains Hunt. 'For our dance, we had lots of rehearsals. But we were sweating profusely because the costumes are perfectly made to fit, but not to exercise in.'

For both Tilston and Hunt, being part of the *Bridgerton* juggernaut has been an incredible start to their careers.

'It has shaped us with all that we've learnt about sets and acting, and the people we've met. We absorb everything,' says Hunt. 'I can't believe the chance we've been given. I have to pinch myself.'

Earning his Wings

The post-Beatles path taken by **Sir Paul McCartney**

prime Man on the Run

NEW *Available Friday 27 February Genre: Documentary*

The Beatles officially split in April 1970 when Sir Paul McCartney announced his departure. But what do you do after leaving the world's biggest band? In this feature-length film, Oscar-winning director Morgan Neville looks back on how Macca set out to redefine himself during the 1970s.

His starting point was an interview McCartney gave about the end of The Beatles, which included the question: 'What are you going to do next?'

'Paul said, "My only plan is to grow up,"' says Neville. 'And I knew that was the question I wanted to start with.'

At first, he thought his songwriting career was over and he made the family's Kintyre home in Scotland his base. However, he did make music after forming Wings with wife Linda. A string of hits with that band, including 1973 album *Band on the Run*, made him the most commercially successful former member of the Fab Four.

But he was also on a personal journey.

'I had fear of being a grown-up,' he recalls. 'I felt depressed. But I was lucky, as I had Linda.'

Sir Paul McCartney

WORDS: CAREN CLARK, REBECCA MAHONEY, IAN MACEWAN. PHOTOS: APPLE TV, BBC, ITV, NETFLIX, PRIME VIDEO, U&GOLD, AMIT LENNON

Monarch: Legacy of Monsters

NEW *Available: Fri 27 February Genre: Fantasy drama Season: 2 Eps: 10 (released weekly)*

Step aside, Godzilla and King Kong. There's a new beast causing colossal chaos for father-son duo Kurt and Wyatt Russell, as the spin-off from the Monsterverse films and comics returns.

The action picks up in 2017, following the daring escape from the Hollow Earth by teacher Cate Randa (Anna Sawai), scientist Keiko Miura (Mari Yamamoto) and coder May Olowe-Hewitt (Kiersey Clemons). Kong is on the rampage on Skull Island, while Army colonel Lee Shaw (Kurt Russell) is lost in the Axis Mundi, the dimension connecting Earth to the world of giant monsters, or Titans.

Cate and her half-brother, Kentaro Randa (Ren Watabe), are determined to find Lee, but a gargantuan, chest-pounding primate isn't their only threat when an ancient, bioluminescent monster emerges from the ocean's depths to wreak fresh havoc. Will Kong unite with Godzilla to crush the tentacled creature known as Titan X?

TWISTS AND TIMELINES

'The mystery deepens this season,' says Wyatt Russell, 39, who plays a younger version of Lee, as the story jumps from the 1950s to the aftermath of the franchise's first instalment, 2014 film *Godzilla*. 'We're expanding on themes that we found really worked in Season 1.'

Flashbacks to 1957 find Lee on a research trip in a mysterious village in southern Chile, where his love triangle with young Keiko and scientist Bill Randa (Anders Holm) simmers. Meanwhile, the contemporary timeline delves into Cate and Kentaro's relationship with their estranged father, Hiroshi (Takehiro Hira), who led a double life.

'There's a lot of interest in Hiroshi's storyline and why he had two families,' says series producer Tory Tunnell. 'It's also exciting to launch a new monster. But sometimes in our show, the monster is 300ft tall, and sometimes, it's the person next to you.'

The cast of *Monarch: Legacy of Monsters*

Battle of the BEASTS

Kurt Russell and son Wyatt face a new threat in Season 2 of the fantasy epic

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER Lord of the Flies

BBC1's adaptation of William Golding's classic novel sees a group of boys stranded on an island after a plane crash. Tensions mount over how to deal with the body of the pilot, while an attempt to light a fire to signal for help leads to an inferno.

itvX Betrayal

In ITV1's thriller, MI5 agent John Hughes (Shaun Evans, above) goes to meet a contact, who tips him off about a potential terror attack, but the informant is brutally killed, and John then engages in a deadly fight with the assassin...

BBC iPLAYER Small Prophets

Michael (Pearce Quigley) is bereft following the disappearance of his partner Clea in BBC2's comedy. But he's sceptical when dad Brian (Sir Michael Palin, pictured with Quigley) suggests he should try to conjure up spirits that can predict the future.

sky box sets NOW Virgin media Becoming Victoria Wood

A look at the early life of the late comic and writer (above) on U&Gold reveals how an isolated upbringing sparked her creativity, and how she and Dame Julie Walters forged a dazzling working partnership.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Chasing a Killer: Gary Allen

Sunday 22 February

True-crime docuseries. In 2000, a jury at Sheffield Crown Court acquitted Gary Allen of murdering Samantha Class. Detectives, sure of his guilt, believed it would only be a matter of time before Allen struck again, and in 2019, another woman, Alena Grlakova, was found murdered. Would Allen finally be brought to justice?

Paradise

Monday 23 February

Sterling K Brown returns as Secret Service agent Xavier Collins in the second season of the political thriller. For the past three years, Xavier has lived in a city-sized underground bunker in Colorado after an apocalyptic event. But now, he searches above ground for the wife he believed had died in the catastrophe. See feature, page 4.

In the Blink of an Eye

The CEO Club

Monday 23 February

Docuseries that follows a group of trailblazing women CEOs as they navigate triumphs and challenges in their professional lives, while juggling personal commitments. They include former tennis champion Serena Williams, model Winnie Harlow and fashion designer Dee Ocleppo Hilfiger.

Baki-Dou: The Invincible Samurai

Thursday 26 February

Japanese animé series based on Keisuke Itagaki's manga saga. Baki and the strongest underground fighters face the resurrected legendary samurai Musashi Miyamoto, the greatest swordsman in Japanese history.

Bridgerton

Thursday 26 February

The second part of the fourth season of the show picks up after the Bridgertons' bohemian second son, Benedict (Luke Thompson), made his shocking offer to maid Sophie Baek (Yerin Ha), unaware that she is the enigmatic 'Lady in Silver' who stole his heart at the masquerade ball. See feature, page 16.

Crap Happens

Thursday 26 February

German comedy. Rapper Toni, whose career still hasn't taken off after 18 years, returns to his home town for his mother's funeral and finds out that he has a son he never knew about.

Vanished

Friday 27 February

Thriller with Kaley Cuoco as Alice Monroe, who goes on a romantic break to Paris with her boyfriend Tom (Sam Claflin). But when he disappears on a train to the South of France, Alice starts to uncover shocking secrets about the man she thought she knew. See feature, p14.

Man on the Run

Friday 27 February

Documentary that takes viewers on an intimate journey through Sir Paul McCartney's extraordinary life following the break-up of The Beatles and the formation of Wings with his wife Linda. See feature, page 16.

Monarch: Legacy of Monsters

Friday 27 February

In the second season of the action adventure, a mystical Titan monster rises from the sea and sets out on a path of destruction. Can the creature from the deep be stopped by Kong and Godzilla? Kurt Russell, his real-life son Wyatt Russell and Anna Sawai reprise their roles. See feature, page 17.

Scrubs

Thursday 26 February

The medical sitcom, created by *Shrinking*'s Bill Lawrence, ended in 2010 after nine seasons. It has now been revived with the original cast returning including Sarah Chalke as Dr Elliot Reid, Zach Braff as Dr John Dorian, Donald Faison as Dr Christopher Turk and John C McGinley as Dr Perry Cox.

In the Blink of an Eye

Friday 27 February

Sci-fi drama with three interconnecting stories over different timelines. A Neanderthal family struggles to survive while, in the present day, anthropologist Claire (Rashida Jones) is studying ancient protohuman remains and, two centuries later, on a spaceship bound for a distant planet, Coakley (Kate McKinnon) and a sentient onboard computer confront a disease afflicting the ship's oxygen-producing plants.

Formula 1: Drive to Survive

Friday 27 February

The eighth run of the sports docuseries goes behind the scenes of the F1 2025 season to show how the drivers and teams battled it out for the Formula 1 World Championship.

Crusade

Friday 27 February

Polish crime drama from Walter Presents. Detective Jan 'Manjaro' Góra and his team in Warsaw investigate a series of high-profile murders and kidnappings. It soon becomes apparent that what at first appeared to be unrelated cases are all linked to an anti-system organisation.

Miraculous World, Tokyo: Stella Force

Friday 27 February

Animated children's superhero adventure. Kagami drags Marinette to Tokyo to help the Stellars defeat a new supervillain, but Marinette soon realises her friend has another reason for going to Japan.

Agents of Mystery

Friday 27 February

In the second run of the Korean mystery game show, the celebrity detectives try to crack more bizarre cases by solving mind-bending puzzles as a team.

The Bluff

Wednesday 25 February

Action-adventure movie set in the 19th century. Priyanka Chopra Jonas stars as former pirate Ercell 'Bloody Mary' Bodden, who is living a peaceful life with her family in the Cayman Islands. But when her one-time captain, Connor (Karl Urban), arrives to seek revenge, Ercell must return to her old lethal ways to protect those she loves.

Dead of Winter

Friday 27 February

Thriller starring Dame Emma Thompson as Barb, a grieving widow who heads to the snowy Minnesota wilderness to scatter her late husband's ashes. After getting lost, she stops to ask for directions at an isolated cabin, where a young woman (Laurel Marsden) is being held captive by a volatile, armed couple (Judy Greer and Marc Menchaca). See review, page 22.

WORDS: JUDY EWENS. PHOTOS: PRIME VIDEO. © 2026 DISNEY & ITS RELATED ENTITIES

Documentaries

Leopardess Lediba

Catching up with Botswana's magnificent **lions, leopards and cheetahs**

NEW WILDLIFE

Big Cats 24/7

Fri, 9pm, BBC2 (box set, BBC iPlayer)

Just six months after capturing the dramatic lives of big cats in Botswana's Okavango Delta for a spectacular BBC2 wildlife series, the *Big Cats 24/7* crew, including cameraman Gordon Buchanan, return to Africa for more round-the-clock filming of these magnificent beasts.

As we rejoin the animal action, the Xudum pride of lions has grown even larger, but with so many older cubs to feed, the pressure on the lionesses to provide enough food has intensified.

'In a way, the pride's a victim of its own success,' explains big-cat specialist Buchanan, adding that, when the dominant males Big Toe and Madumo go missing and some intruder males arrive in the pride's territory, it seems trouble is looming.

Hippo Watch with Steve Backshall

Friday, 8pm, 5

Hippos kill around 500 people a year, more than any of Africa's big predators. In his new two-part series, Steve Backshall travels to South Africa, where he learns how hippo mothers will risk their own lives to protect their young, while testosterone-fuelled bulls use aggression to defend their territories.

Will & Ralf Should Know Better

Monday, 9pm, U&Dave (box set, U)

Will Mellor and Ralf Little are back on the road for the second half of Season 2 of their buddy travelogue. In the first episode, they are looking to road test some new hobbies, involving a freezing wild swim in the Scottish Highlands, a spot of life drawing in Glasgow, and a visit to a Wild West town in Aberdeenshire where they can channel their inner cowboy.

AI Confidential with Hannah Fry

Monday, 9pm, BBC2 (box set, BBC iPlayer)

In a three-parter, Prof Hannah Fry (above) explores what happens when artificial intelligence collides with human lives. We begin with the case of Jaswant Singh Chail, who, in 2021, began a 'romance' with an AI chatbot called Sarai, who encouraged him to break into Windsor Castle in an attempt to assassinate the Queen.

WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: 5, BBC, C4, GETTY, U&DAVE

'In the first series, the pride was almost bulletproof, with the females protecting the cubs and hunting, and the dominant males acting as their security guards. But they were already really old males, and now you see them start to lose their grip on power, which changes everything and affects every lion within the pride, from the biggest to the smallest.'

The pride's new cubs

SURVIVAL OF THE FITTEST

Other new arrivals include cheetah Pobe's young offspring, and leopard Lediba, also a mum.

'Pobe now has two cubs, and you're seeing her care for and play with them, which is just beautiful,' says Buchanan's colleague Anna Dimitriadis. 'It felt like seeing an old friend that I'd got to know really well.'

Meanwhile, Buchanan is pleased to be reacquainted with Mathata, a cub he filmed first time out.

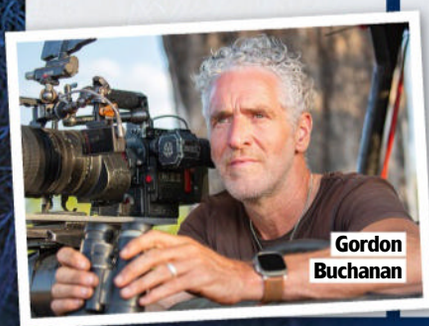
'I find lion cubs fascinating, because they're tough as old boots, but the majority don't reach adulthood,' he says. 'So it was great to see that Mathata from Series 1 was still around.'

With the use of thermal imaging and drones, technology has transformed the team's ability to get amazing footage of the big cats.

'Before, you felt the cats had the advantage, because they knew more about what was going on out there than we did,' says Buchanan. 'But with a drone showing that, say, there's a herd of buffalo 3km away, that's no longer the case. And we can now keep tabs on their location, day and night.'

In particular, he adds, the tech helps capture them stalking and, sometimes, catching prey.

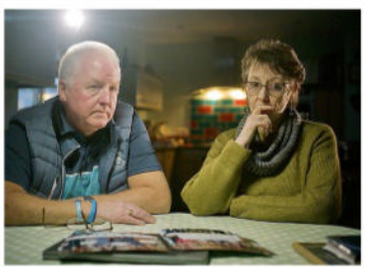
'People think it must be awful to see animals being ripped apart before your eyes,' he says. 'But if you spend seven days or longer following a pride of lions, and see these cubs coming close to death after lots of failed hunts, you're not on team wildebeest – you're on team lion!'


Gordon Buchanan

How to Sleep Better

Friday, 8pm, C4

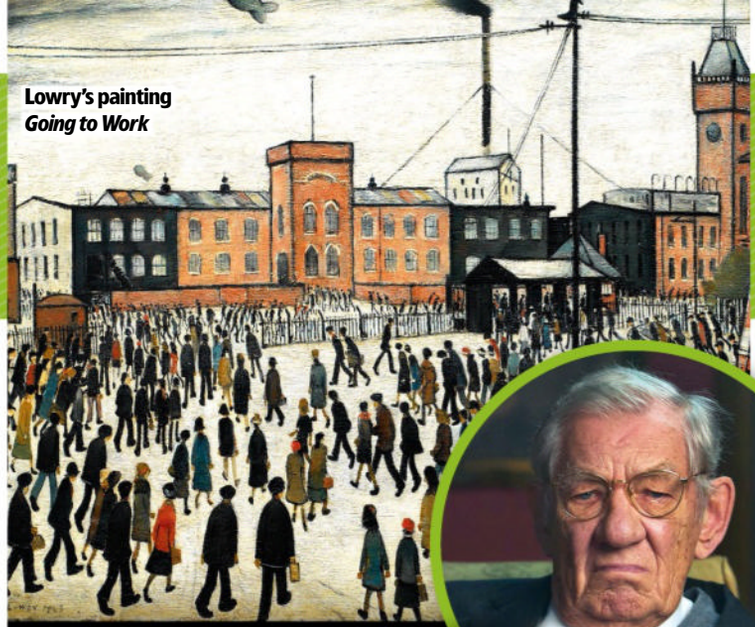
Denise Van Outen (above, left) reveals how food and stress are contributing factors to the nation's poor sleeping patterns and offers practical advice that we can all use to improve our sleep, health and wellbeing. She also looks at how the latest gadgets and therapy can cure people from that age-old problem of snoring.



The Dunblane Tapes

Thursday, 9pm, C4

Thirty years after gunman Thomas Hamilton claimed the lives of 16 pupils and one teacher at Dunblane Primary School, this documentary features previously unseen footage and testimony from siblings of the victims, as well as a teacher who was among the first on the scene after the tragedy, which brought changes in the UK's gun laws.


Lowry's painting *Going to Work*

Sir Ian McKellen

Lowry's last words

Sir Ian McKellen portrays artist LS Lowry to mark 50 years since his death

NEW FACTUAL

LS Lowry: The Unheard Tapes

Wednesday, 9pm, BBC2

In 1972, a young admirer called Angela Barratt interviewed her idol, the legendary artist LS Lowry, who was famous for painting industrial scenes and ordinary working-class Manchester life.

She visited him around 15 times over four years in the hope of writing a book. Now, her recently discovered audio recordings have been lip-synched for a special film marking the 50th anniversary of Lowry's death, with The Lord of the Rings' Sir Ian McKellen portraying the artist.

Artist LS Lowry

In the tapes, a blunt-speaking Lowry opens up about why he never married, his dislike for the south of England and how his parents never thought his artwork was any good, while art historians reveal more about the artist.

Here, McKellen, 86, tells *TV&Satellite Week* more...

What was the most challenging aspect of lip-synching Lowry's real voice? It's making your mouth fit the recorded words. It's a skill you don't conquer in one attempt. But I wanted to do it – not just because of my interest in Lowry but also because I thought it would be fun, although it's rather late in my career to have a new ability!

Were you surprised by how much he opened up? He says of himself that he's an old gasbag. You hear in these tapes he does gossip on, he chatters. You just press a button and off he goes!

What came across as most striking about his character? He was a northerner who really liked living in the north. Lowry travelled a great deal in the United Kingdom, but it was the north he seemed to enjoy most. He never went abroad either. Not interested!

What do you hope viewers will understand about Lowry from watching this film? Some people think Lowry had a rather empty life, except when he was painting. But perhaps they've got it wrong and that he found enormous satisfaction in other people's lives. He was a great artist. And if you want proof of that, you just have to look at a Lowry painting of a crowd.

Films Our pick of this

DEAD of WINTER

Emma Thompson is sensational in this nail-biter set in Minnesota's frozen wilderness

MOVIE OF THE WEEK

THRILLER

From Friday, Paramount+ ★★★★

It's not often you see Emma Thompson pop up in a thriller (and even more unusual to hear her put on an American accent), but she shines in *Dead of Winter*, a lean, mean frozen machine of a movie that really puts her through her paces.

She's Barb, a friendly, good-hearted recent widow in her sixties travelling to northern Minnesota to go ice fishing as a farewell to her husband. Hit by a blizzard and shocking conditions, she gets lost and stumbles upon a kidnapped girl (Laurel Marsden) being held by a desperate, unhinged woman (a terrific Judy Greer). With the nearest town two hours away by car and no phone service, Barb is determined to help the girl, but only has her smarts to rely on...

With a few sharp twists (and a couple of obvious ones) as well as flashbacks to tell of Barb and her husband's early relationship – the young Thompson is played by her real daughter Gaia Wise – for a film that's fairly stripped back there's plenty to get your teeth into, with a genuinely moving finale you may not see coming. Before that, though, it's an incredibly tense, gritty thriller that sinks its icy claws into you from the get-go. 2025, 15, 98MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner ›››

week's Best Movies

COMEDY THRILLER

Bandit

From Sunday, Netflix ★★★★

Josh Duhamel turns on the charm as an unfeasibly brazen bank robber in this lighthearted heist movie based, incredibly, on a true story. Escaping from a US prison in 1985, Duhamel's crook hops over the border into Canada, adopts a fake identity and embarks on a prolific robbery spree that sees him flying back and forth across the country to pull off his non-violent holdups. Along the way, he woos and marries a trusting social worker (Elisha Cuthbert) and forms an alliance with a shady Ottawa loan shark and fence (played with just a hint of menace by Mel Gibson), while trying to keep a step ahead of Nestor Carbonell's dogged police detective. The stranger-than-fiction angle is compelling, but it's Duhamel that keeps things consistently entertaining. 2022, 15, 126MIN

Trouble comes in threes: Elisha, Josh and Mel

Back-packed: Elle and Dimitrius

SCI-FI ACTION

Predator: Badlands

Available now, Disney+ ★★★★

Having revitalised the *Predator* franchise with his movie *Prey*, director Dan Trachtenberg does it again with *Badlands*. Switching to make a young predator, Dek (Dimitrius Schuster-Koloamatang), the focus, the movie places him on a deadly planet where he reluctantly joins up with legless android Thia (Elle Fanning) and a curious creature Thia names Bud. Dek must kill a legendary beast to prove himself to his clan, while Thia wants to rejoin her group headed by her 'sister' Tessa (also Fanning), but countless deadly perils lie in their wake... An all-out sci-fi actioner, this is proper old-school rollicking fun that also brings in elements from the *Alien* universe. It's a wonderfully satisfying romp with cracking set-pieces that, although strictly speaking are bloodless, are still incredibly visceral. 2025, 12, 107MIN

COMEDY DRAMA

One More Shot

Saturday, 6am & 6.20pm, Sky Premiere ★★★

Another riff on *Groundhog Day*, this amusing Australian tale sees Emily Browning attending a New Year's Eve party in 1999 with her old university buddies. She is shocked that Sean Keenan, her ex-boyfriend who she wants to get back with, is also at the do – with his new partner. Determined to get her man back, Browning is helped by a bottle of tequila that will time-travel her back to the start of the evening every time she takes a swig. A comedy with a splendidly selfish protagonist, it entertains to very the end. 2025, 15, 91MIN

Time after time: Emily

HORROR

Abigail

From Sunday, Netflix ★★★★

A riotously entertaining horror flick with a rich vein of black comedy coursing through it, this has a band of criminals (including Melissa Barrera, Dan Stevens and Kathryn Newton) kidnap 12-year-old Abigail (Alisha Weir), the ballerina-loving daughter of a mythically terrifying crime lord, in order to extract a hefty ransom. Left at a spooky mansion to lay low with her for 24 hours, it's soon apparent Abigail is not helpless at all and the crooks may have bitten off more than they can chew. If you like your horror blood-soaked without taking itself too seriously, this is a wild ride. 2024, 15, 105MIN

Blood bank: Alisha

Films

Behind you: Mahershala, Scarlett and Jonathan

CREATURE FEATURE

Jurassic World: Rebirth

Friday, 7.10am & 8pm, Sky Premiere ★★★

Director Gareth Edwards successfully brings the *Jurassic World* franchise back from the edge of extinction with the help of new stars Scarlett Johansson, Jonathan Bailey and Mahershala Ali, but despite sterling work all round this film can't quite resurrect the astonishing shock and awe delivered by Steven Spielberg's original 1993 film.

Where the movie does score over its immediate predecessors, however, is in Johansson's heroine, who couldn't be further from Bryce Dallas Howard's heel-wearing executive in the last three films. A tough-as-boots ex-special forces operative, she is riding shotgun on a mission to a deserted Caribbean island to extract DNA from three prehistoric creatures at the behest of Rupert Friend's slimy pharmaceutical executive.

Piloted by Ali's rugged boat captain, and with Bailey's bespectacled palaeontologist also along for the ride, the team picks up a shipwrecked family (headed by Manuel Garcia-Rulfo) en route, to add to the lineup of potential dino victims. Not that there is much surprise about who gets chomped. But if the plotting is fairly predictable, *Rogue One* and *Godzilla* director Edwards serves up plenty of heart-stopping action and suspense, plus the odd spot of pathos, too. 2025, 12, 133MIN

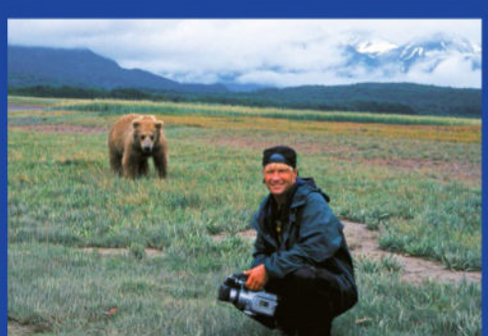
Hidden gems Great movies you might have missed...

ANIMATION

Anomalisa

Prime Video ★★★★★

Screenwriter-turned-director Charlie Kaufman has come up trumps again –this time using stop-motion animation. It revolves around David Thewlis' burnt-out business guru, who has flown into Cincinnati to deliver a motivational speech. He's totally lacking in pep himself, until he encounters Jennifer Jason Leigh's vulnerable but sweet-natured phone sales rep and has a fling with her. A film that is ineffably strange and sad and funny. 2005, 15, 90MIN



DOCUMENTARY

Grizzly Man

Lionsgate+ ★★★★

Wannabe conservationist Tim Treadwell lived for 13 summers with his beloved bears in the wilds of Alaska. Watching this incredible documentary you're never in much doubt that the naive, eccentric Treadwell would end up in a bear, and he and his girlfriend were duly devoured by one in 2003. Director Werner Herzog splices the ramblings of Treadwell with interviews of friends and associates who are almost as odd as the man himself. 2005, 15, 104MIN

BIOPIC

The Swimmers

Netflix ★★★★

Harrowing but rousing, this tells the true story of Syrian sisters Yusra and Sara Mardini (vividly played by Nathalie and Manal Issa), who fled their country's civil war in 2015 and saved a boatload of fellow refugees by swimming alongside the overladen dinghy on the crossing to Europe. The film steers skilfully through the sisters' topsy-turvy lives from Damascus to Berlin to the powerfully uplifting climax with Yusra competing at the Rio Olympics. 2022, 15, 134MIN

Saturday 21 February

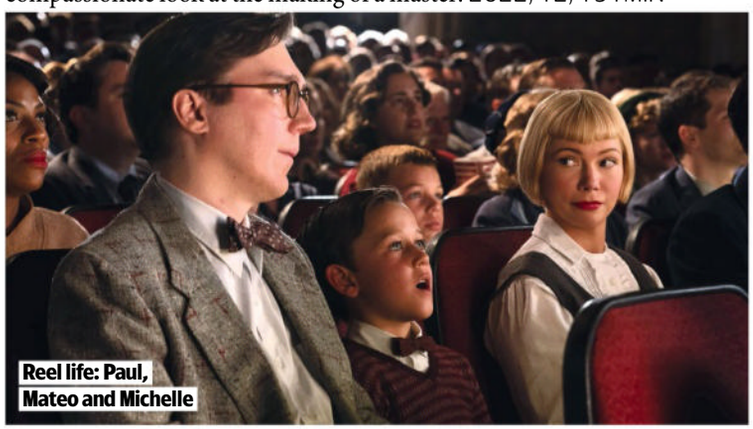
DRAMA

The Fabelmans

9.15pm, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Fictionalising his own family, director Steven Spielberg mines his childhood and early ventures into film-making to tell a rich and expansive story detailing how movies offer an escape from domestic pain, as well as a lens to frame life's more difficult moments. Michelle Williams excels as mum and Paul Dano is ineffectual dad, with Mateo Zoryan Francis-DeFord and Gabriel LaBelle the inventive young would-be film-maker Sammy. The movie tracks 13 years of the family's lives as they move all over the country with Burt seeking better-paid jobs. The result is a carefully calibrated and compassionate look at the making of a master. 2022, 12, 151MIN



Reel life: Paul, Mateo and Michelle

SUPERHERO

Venom: The Last Dance

4pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

In this trilogy-closer, bedraggled hero Eddie Brock (Tom Hardy) and alter-ego Venom are in danger from Knull, the god of symbiotes who's intent on escaping prison on a far-flung planet to kill all symbiotes and, while he's at it, the human race. But he needs Venom. The never properly explained ins and outs of the plot (which also takes in Juno Temple, Stephen Graham and Chiwetel Ejiofor) is enough to make you want to bite off your own head, but there is pleasure in the heroes' affectionate bickering, which often raises a smile as well as the odd guffaw. 2024, 15, 109MIN

COMEDY

Miss Congeniality

4pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Scruffy FBI agent Gracie Hart (Sandra Bullock) has to go undercover as a contestant in the Miss United States beauty pageant to track down a terrorist calling themselves The Citizen. But Gracie needs a great deal of grooming before she can be a convincing beauty queen, so a beauty pageant consultant (Michael Caine) is hired to help out. Bullock's bright and breezy performance is just right, while Caine, Candice Bergen and William Shatner also enter into the easy-going spirit of it all. The sequel follows at 6pm. 2000, 12, 109MIN

COMEDY DRAMA

Jerry & Marge Go Large

7.05pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This amiable jaunt tells the true story of how a retired man with a gift for numbers found a flaw in the Massachusetts lottery. An ideally cast Bryan Cranston plays Jerry, who's finding retirement difficult – until he comes across a way to always win the lottery. An effervescent Annette Bening is Marge, his game wife who is more than delighted to be along for the ride, too, as they encourage the local townsfolk to get in on their get-rich shenanigans. The stars' warm-hearted and feel-good performances help give this amusing gem that extra zing. 2022, 12, 96MIN

ACTION

Twisters

8pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

A terrific suspense sequence opens this reboot/sequel to the 1996 hit that's a swirl of spectacle and sentiment. Daisy Edgar-Jones stars as an intuitive ex-storm-chaser who, following a tragedy, now sits behind a desk. Then old pal Anthony Ramos needs her help to chase a once-in-a-generation cluster of twisters set to raze Oklahoma, while cocky social media star Glen Powell stands in their way. With a keen eye for rural Americana, this is a blockbuster with real feeling. 2024, 12, 122MIN

■ Full listings start on p35

Sunday 22 February

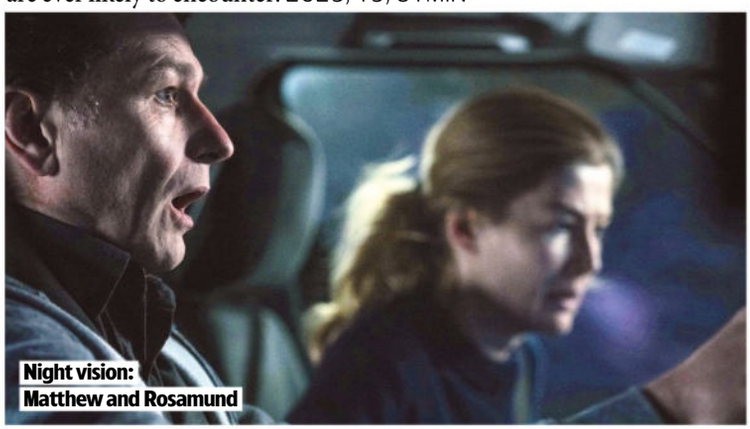
CHILLER

Hallow Road

12.20am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Apart from voices heard over a mobile phone, this creepy and lean chiller is a two-hander set almost entirely within the confines of a car. Rosamund Pike and Matthew Rhys play a mother and father racing in their vehicle to get to their daughter, who seems to have been involved in a crash leading to a tragedy. Events and revelations unfold as their journey progresses, with Pike and Rhys delivering astonishingly captivating performances, aided by William Gillies' eloquent, if eerie script and inventive direction by Babak Anvari. The result is one of the most compelling car rides you are ever likely to encounter. 2025, 15, 81MIN



Night vision: Matthew and Rosamund

ANIMATION

Bee Movie

5.35pm & 3.55am, Sky Animation ★★★

Sex ●●● Violence ●●● Language ●●●

Co-writer Jerry Seinfeld provides the voice of Barry B Benson, a rebel bee whose life is saved by a nice New York florist (Renée Zellweger). But when Barry discovers that people eat honey he decides to sue the human race in a court presided over by Judge Bumbleton (Oprah Winfrey). To Bee frank, it's bit thin plotwise, but the vocal talent (which also includes Chris Rock, Matthew Broderick and John Goodman) is classy and there are some good chucklesome gags and heaps of charm. 2007, U, 90MIN

SCI-FI CLASSIC

2001: A Space Odyssey

6.20pm, ITV4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

An undisputed masterpiece, director Stanley Kubrick's stunning tale of the first contact between people and extraterrestrials changed the face of sci-fi cinema. Many of the special effects techniques now taken for granted were created to bring this film's lavish visual imagery to the screen. Its many delights include astronaut Keir Dullea's battle with rogue computer HAL, the inspired use of *The Blue Danube*, an ape throwing a bone that turns into an orbiting spacecraft and the extraordinary space-walking sequence. 1968, U, 136MIN

HORROR

Smile 2

9.50pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Although the opening connects to the original film, writer-director Parker Finn takes a sharp turn for his grisly, deeply creepy sequel, making it a standalone movie in its own right. It follows pop star Naomi Scott who is deeply scarred, physically and mentally, after a car crash and is about to embark on a massive comeback tour, aided by her pushy mum/manager (Rosemarie DeWitt). But after witnessing a horrific suicide, Scott starts hallucinating an unnerving smile on people, followed by all manner of messed-up carnage. Something has latched onto her... 2024, 18, 127MIN

DRAMA

Dog

11pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Earnest, macho and cutesy – Channing Tatum's movie is trained to disarm his fanbase. Co-directing with writer Reid Carolin, Tatum plays a traumatised Army Ranger driving a bitey Belgian Malinois cross-country to its handler's funeral. But who's helping who..? Faintly bland, this film is tonally shaggy in its comedy swerves, yet diligently on-mission otherwise. A cosy crossbreed of canine caper, odd-couple road movie and issues drama, wrapped in a nicely done star vehicle. 2022, 12, 101MIN

■ Full listings start on p45

Weekday movies over page

Monday 23 February

DRAMA

The Friend

10.10pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Grieving the death of her best friend, ex-lover and mentor Bill Murray, Naomi Watts is shocked to discover he's left her his Great Dane. It doesn't help she lives in a New York apartment where pets are banned and the enormous pooch is depressed by the passing of his master. Dealing with the bond between human and animal, this oddly unsentimental film also gives Watts a terrific role to chew on, supported by a top cast including Carla Gugino and Constance Wu. An uplifting and richly rewarding tale. 2024, 15, 119MIN

Pedigree chums: Naomi and pal

ANIMATION

Transformers One

12.40pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

This shiny animation tells the origin stories of heroic Optimus Prime and nemesis Megatron (voiced by Chris Hemsworth and Brian Tyree Henry). They are mining bot pals on Cybertron, but a quest to reach the planet's mysterious exterior sows the seeds of enmity. The final battle succumbs to the franchise's usual overkill, but the exhilarating action and flashes of humour make you care. 2024, PG, 104MIN

DRAMA

Call Jane

10.55pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

In 1968 Chicago, Elizabeth Banks' posh, frightened housewife tries to illegally end a life-threatening pregnancy and stumbles upon The Janes, female activists providing safe, secret terminations. This drama adroitly switches to police-dodging, underground-activist adventure as Banks, showing off surprising dramatic chops, fuels the plot with a tug-of-war between her family and her activism. 2022, 12, 121MIN

COMEDY

About Time

5.55pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

Richard Curtis' third film as writer-director has a familiar flavour, but this time he has given his usual romcom formula a sci-fi twist. Domhnall Gleeson makes an appealing lead as a slightly shambolic 21-year-old who learns from his diffident dad (Bill Nighy) that he has inherited the ability to time-travel into his past, and uses his birthright to win – in typically fumbling fashion – the love of his life (Rachel McAdams). 2013, 12, 123MIN

LEGAL DRAMA

Dark Waters

11.05pm, BBC2 (11.35pm NI, 11.45pm Wales Tue) ★★★★

Sex ●●● Violence ●●● Language ●●●

As a favour to his gran, Mark Ruffalo's corporate lawyer takes on the case of a farmer (Bill Camp) in his home town who blames a nearby factory for the death of nearly 200 of his cattle. It's an easy case, Ruffalo thinks – but 20 years later he's still fighting... A riveting real-life drama, superbly acted by Ruffalo as he painstakingly finds the evidence. 2019, 12, 126MIN

■ Full listings start on p55

Tuesday 24 February

COMEDY DRAMA

BlackBerry

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

There was a time when BlackBerry ruled the mobile phone market. The wild story of the Canadian company's meteoric rise and stratospheric fall is told with wit, intelligence and pitch-black comedy. It's the mid-1990s and best friends Jay Baruchel and Matt Johnson have an idea to create a multi-function mobile device – and bring in capitalist shark Glenn Howerton. A perfect warning to how the free market gives with one hand while devouring the other, this is packed with hubris and humour. 2023, 15, 120MIN

Call centre: Jay and Matt

COMEDY

Timestalker

12.15pm & 12.25am, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director-star Alice Lowe searches out her one true love (Aneurin Barnard) throughout several reincarnations – though he barely registers her – in this smart, sharp comedy. Lowe goes from 17th-century Scotland to the Georgian era and beyond, always coming a cropper, but believing her fulfilment comes from another. A sardonic, ingenious and hilarious slice of romance like no other. 2024, 15, 89MIN

MYSTERY THRILLER

And Then There Were None

9.05pm, Talking Pictures ★★★★

Sex ●●● Violence ●●● Language ●●●

The best adaptation of several versions of Agatha Christie's classic whodunnit. Ten guests arrive at a secluded mansion on a deserted island belonging to the mysterious Mr UN Owen, and are then killed off one by one. The distinguished cast, including Barry Fitzgerald, June Duprez, Louis Hayward, Walter Huston and Roland Young, put the accent on both humour and suspense. 1945, PG, 98MIN

COMEDY

The Hangover

8pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Following a stag do in Las Vegas, Bradley Cooper, Ed Helms and Zach Galifianakis discover they've lost groom Justin Bartha and their memories of the night before – but gained a tiger and a baby! The trio's bleary-eyed efforts to find their pal, get him to the church on time and return the lost property is the making of a genuinely hilarious film. The two sequels follow at 9.45pm and 11.30pm. 2009, 15, 100MIN

BIOPIC

Malcolm X

11pm, BBC2 (not WIs) ★★★★

Sex ●●● Violence ●●● Language ●●●

Denzel Washington gives an electrifying performance as Malcolm X from his rise as thug to street preacher and political activist in director Spike Lee's powerful portrait of the black American leader. Full of passionate ideas and inflammatory speeches, this is an extraordinary story with most memorable moments dotted in bright bursts through the film. 1992, 15, 201MIN

■ Full listings start on p65

Wednesday

ACTION

Ambulance

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A daring robbery of LA's Federal Bank is orchestrated by Jake Gyllenhaal, who ropes in his brother and unwilling accomplice Yahya Abdul-Mateen II. Inevitably, the heist goes wrong and a thunderous battle ends with the pair fleeing in a hijacked

Way out: Yahya and Jake

THRILLER

Absolution

10.35am, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

An engrossing grim and grimy story with an excellent Liam Neeson at its core, this sees his ageing hard man come to terms with the life he's led. He is the muscle for mobster Ron Perlman, but after realising his mental faculties are deserting him, he attempts to make amends, which includes reconnecting with daughter Frankie Shaw. It's a bleak tale that's been told countless times, but Neeson shines throughout. 2024, 15, 112MIN

HORROR

The Nun

8pm, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

This eerie and atmospheric fifth spin-off film from 2013's *The Conjuring* (inspired by the supposed real-life cases of husband-and-wife ghost hunters Ed and Lorraine Warren) stars Demian Bichir as a seasoned priest and Taissa Farmiga as a novice nun. They're sent to a 1950s Romanian abbey to investigate a demonic spectre and are soon up to their eyes in spooky crypts, upside-down flaming crosses and supernatural floods of blood. 2018, 15, 96MIN

25 February

ambulance, while gutsy paramedic Eiza Gonzalez tries to save the life of a cop who's bleeding in the back. Cameras swooping and swirling, director Michael Bay's dizzying demolition derby is a bonkers, ballistic, non-stop thrill ride – so it's to the skilful stars' credit that they invest their characters with real emotion. 2022, 15, 165MIN

ADVENTURE

Vertical Limit

9pm, Legend ★★★

Sex ●●● Violence ●●● Language ●●●

Three years after his father's death-fall off a cliff, Chris O'Donnell faces up to his fear and leads a team 26,000ft up Himalaya's treacherous K2 mountain to rescue his sister (Robin Tunney) who's trapped with millionaire Bill Paxton and running out of time. A heady disaster movie, tingling with an edge-of-the-seat mix of fear, thrills and quirky characters, including vengeance-seeking Scott Glenn and feisty Izabella Scorupco. 2000, 12, 124MIN

ACTION

Point Break

12m't, BBC1 (not NI, Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

A dizzying blend of crime thriller clichés and woolly counter-culture philosophy as Keanu Reeves goes undercover to infiltrate a tribe of daredevil surfers (led by Patrick Swayze) who are suspected bank robbers. The heart-pounding action is brilliantly handled by director Kathryn Bigelow and the climactic battle is thrilling stuff. 1991, 15, 125MIN

■ Full listings start on p75

Thursday 26 February

THRILLER

The Kid Detective

12.20am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Washed-up private eye Abe Applebaum (Adam Brody) became a local star for solving tinpot mysteries as a child but is now the town joke, chasing answers at the bottom of a bottle. However, the chance of redemption beckons when high-school student Gracie (Sophie Nélisse) asks him to investigate her boyfriend's murder. An amiable film that makes light of its film noir motifs for much of its running time, this is funny, whimsical and charming, before taking an unexpectedly dark and moving detour. 2020, 15, 100MIN

Working out: Adam and Sophie

ADVENTURE

Gladiator II

8pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Paul Mescal looks the part in Ridley Scott's sequel to his 2000 epic, though lacks the heft of original star Russell Crowe. Scott piles on the spectacular action in a story that thrusts Mescal's noble warrior into the Roman arena, pitting him against the likes of a rhino, baboons and even sharks. Amid the brutal fights to the death, Denzel Washington steals the film as the wily gladiator owner using Mescal for his own ends. 2024, 15, 155MIN

SCI-FI THRILLER

Upgrade

9pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

In the near future, Logan Marshall-Green plays a down-to-earth guy left widowed and paraplegic after a mugging. He has his mobility restored, and lethally enhanced, with the aid of billionaire inventor Harrison Gilbertson's implanted microchip that can take over his body. Filmed with kinetic fury by writer-director Leigh Whannell, this striking sci-fi thriller boasts great action and brilliant acting from Marshall-Green. 2018, 15, 100MIN

CLASSIC THRILLER

Chinatown

12.10am, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

Jack Nicholson has one of the roles of his career as 1930s gumshoe JJ Gittes, who annoys most of the people he meets most of the time and, along the way, takes on a matrimonial case and drifts deeper into a web of menace, corruption and paranoia. Robert Towne's script won an Oscar, John Huston has a key role and director Roman Polanski has a cutting cameo. One of the greatest films of the 1970s. 1974, 15, 131MIN

COMEDY DRAMA

Can You Ever Forgive Me?

12.35am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Boozy and bad-tempered, cranky author Lee Israel turns to literary forgery to make ends meet – knocking off fake letters by the likes of Dorothy Parker and selling them with help from her drinking buddy Jack Hock. Melissa McCarthy and Richard E Grant make a terrific double act in this witty, unexpectedly poignant fact-based comedy drama. 2018, 15, 106MIN

■ Full listings start on p85

Friday 27 February

DRAMA

Scrapper

11pm, BBC2 (not Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Living alone on an Essex council estate after the death of her mum, Lola Campbell's 12-year-old fools social services with her fake 'Uncle Winston Churchill'. Then her feckless dad (Harris Dickinson) turns up and her relentless campaign to oust him reckons without his ingenuity, or her loneliness. Dotted with comic flourishes and full of warmth and whimsy, this film pings between wit and grit. Campbell finds real pathos in her resilient hero, a lovely fit with Dickinson's laddish, short-tempered character. 2023, 12, 84MIN

Family ties: Harris and Lola

DISASTER MOVIE

The Towering Inferno

3pm, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

The definitive disaster movie sticks a cast of Hollywood royalty at the top of the world's tallest building and engulfs it in flames. Steve McQueen and Paul Newman are the heroes, while Faye Dunaway, Fred Astaire and Robert Wagner are among those getting hot under the collar. Based on two novels, with two directors and McQueen reputedly demanding the same number of lines as Newman, it works perfectly. 1974, 12, 165MIN

HORROR

Scream

12.10am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Playing by and with the rules, this reboot (or, rather, 'requel' – telling a new story much like the old story) is a slick joy, introducing a bunch of knowing teens (including Jenna Ortega, Melissa Barrera and Dylan Minnette), the film-within-the-film franchise *Stab*, familiar old faces Courteney Cox, David Arquette and Neve Campbell and a new Ghostface killer. This fun, clever and bold outing is most definitely a fan-pleaser. 2022, 18, 114MIN

HORROR

Relic

12.20am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

This unnerving horror creates a powerful allegory for the anguish of dementia. Emily Mortimer arrives at her family's country home with daughter Bella Heathcote, after news her elderly mother (Robyn Nevin) is missing. But the film's mood gradually shifts from family melodrama to unsettling terror. This slow-burn movie takes time to get under your skin, but it is a deeply layered, genuinely creepy chiller that lingers in the mind. 2020, 15, 89MIN

COMEDY DRAMA

Green Book

12.35am, BBC1 (1.05am Scot, not N Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

This hilarious and touching road movie, based on a true story, stars Mahershala Ali as African-American classical pianist Don Shirley. It is 1962 and Shirley needs someone with muscle to chauffeur him around on a concert tour of America's segregated Deep South. Step forward Viggo Mortensen's tough bouncer 'Tony Lip'... 2018, 12, 129MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

THE MAIN EVENT

Team China's freestyle skier Eileen Gu

Team GB curler Bruce Mouat

Winter Olympics

Can **Team GB** finish with a medal grab?

LIVE WINTER SPORTS

Sat & Sun, BBC1, BBC2, TNT Sports & Discovery+

After the bitter disappointment of finishing outside the medals in the mixed doubles at the beginning of the Winter Games, curlers Bruce Mouat and Jennifer Dodds will be hoping to make amends when the finals of the team events take place over the closing weekend.

Our women's team are the reigning Olympic champions, but considered a long shot to make Sunday's gold-medal match, while Team GB's men are aiming for a place in Saturday's final after claiming silver in Beijing four years ago.

We spoke to Mouat, 31, and Dodds, 34, to hear more…

Bruce, what is the men's target in Cortina?

Mouat We took silver in Beijing, so we want to top the podium this time. We've established ourselves as one of the best teams in the world [winning two world titles], and our job is to come back with medals.

Jennifer, you are the only member of the women's team with Olympics experience. Is that a burden?

Dodds Seeing the hunger in their eyes brings back the excitement. I have more experience, but the girls have also competed in lots of world and European championships. Winning gold again would be phenomenal.

Are you confident both teams can medal again?

Mouat We have been playing together for eight years now, so we are all on the same wavelength. Since Beijing, we have focused on nutrition and sports psychology. That's helped us win our world titles, so we are doing a lot of the right things.

Dodds We came sixth in the World Championships in April, so every game will be tough. But we have played all these teams before, and we have improved over the last year.

Do you enjoy the media attention during the Winter Games?

Mouat Once every four years, there is a magnifying glass on curling, and I enjoy having the media attention. I love it when curling is in the spotlight.

Jennifer, what was it like to win Team GB's only gold in 2022?

Dodds I achieved my lifelong dream. It was fantastic when we got home. We were invited to Wimbledon and sat in the Royal Box, and went on to the pitch at Murrayfield at half time and had 60,000 people cheering us. One of my favourite things was going to Sports Personality of the Year and meeting Sir Chris Hoy, who is my idol.

Team GB's women's curling side: (From left) Jennifer Dodds, Fay Henderson, Sophie Jackson, Rebecca Morrison and Sophie Sinclair

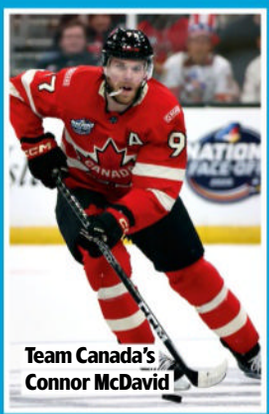
WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, ANNA/STOCK.ADOBE.COM, GETTY

ARRIVEDERCI, ITALIA

Fourteen medal events round off the Games...

Team GB's Ashleigh Nelson and Adelé Nicoll

SATURDAY
As the freestyle skiing comes to an end, the women's halfpipe features Britain's X Games champion Zoe Atkin, whose sister Izzy claimed slopestyle bronze in 2018. She'll be up against China superstar Eileen Gu, the highest-paid athlete at the Games, who took silver in the slopestyle. Elsewhere, Team GB's ex-shot-putter Adelé Nicoll and former sprinter Ashleigh Nelson will hope to have made it through to the final run of the two-woman bobsleigh.


Team Canada's Connor McDavid

SUNDAY
Team GB flag bearer Brad Hall pilots our four-man bobsleigh team as the quartet aims to topple the all-conquering German teams from the podium, while favourites Canada could contest the men's ice-hockey gold-medal game. The curtain falls on Milano Cortina with a spectacular Closing Ceremony at Verona's historic Roman amphitheatre, including the traditional handover to 2030 hosts, the French Alps.

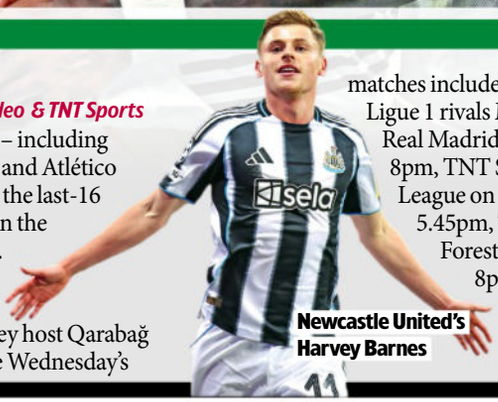
Real Madrid's Kylian Mbappé (left) and Vinícius Júnior

LIVE FOOTBALL

Champions League

Tuesday & Wednesday, Prime Video & TNT Sports

There are plenty of big names – including Juventus, Borussia Dortmund and Atlético Madrid – battling for places in the last-16 of the Champions League when the play-off second legs take place. On Tuesday, Newcastle bid to become the sixth English club in the knockout stage when they host Qarabağ (k-o 8pm, Prime Video), while Wednesday's matches include holders Paris Saint-Germain against Ligue 1 rivals Monaco (k-o 8pm, TNT Sports 2), and Real Madrid versus José Mourinho's Benfica (k-o 8pm, TNT Sports 1). Meanwhile, in the Europa League on Thursday, Celtic visit Stuttgart (k-o 5.45pm, TNT Sports 2) and it's Nottingham Forest's home leg against Fenerbahçe (k-o 8pm, TNT Sports 1), plus in the Conference League, Crystal Palace welcome Zrinjski Mostar to Selhurst Park (k-o 8pm, TNT Sports 3).


Newcastle United's Harvey Barnes

England's Maro Itoje

LIVE RUGBY UNION

Six Nations

Saturday & Sunday, BBC1, ITV1, S4C & Premier Sports 1

Maro Itoje is set to win his 100th England cap when Steve Borthwick's men host Ireland at Twickenham in the opening match of the third round on Saturday (kick-off 2.10pm, ITV1), followed by Scotland's trip to Cardiff (k-o 4.40pm, BBC1, S4C & Premier Sports 1) as both sides fight back from first-round defeats. On Sunday, France will be strong favourites against an Italy side they thrashed 73-24 in Rome last year (3.10pm, ITV1).

Miguel Oliveira joins the BMW team

LIVE MOTORSPORT

Superbike World Championship

Saturday, TNT Sports 3

For the first time since 2007, there's no Jonathan Rea in this year's championship following the Northern Irishman's decision to retire following a brilliant career that saw him win six world titles and 119 races. Meanwhile, with reigning champion Toprak Razgatlioglu moving to MotoGP, Miguel Oliveira makes his debut for BMW and former world champion Álvaro Bautista joins Ducati's satellite team, Barni Spark Racing Team. The new 12-round season begins at Australia's Phillip Island circuit, with Donington Park hosting the UK round on 10-12 July.

England's Sam Curran

LIVE CRICKET

T20 World Cup

From Saturday, Sky Sports Cricket & Sky Sports Main Event

England had Sam Curran to thank for avoiding a shock World Cup defeat in their opening match against underdogs Nepal, and Harry Brook's side will be hoping to have secured a place in the Super 8 competition, which begins in Colombo on Saturday. Two groups of four teams compete in a round-robin format, with the top two teams from each group advancing to the semi-finals.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

BASKETBALL

LIVE Phoenix Suns v Orlando Magic
Sat 10pm Sky Sports Action & Sky Sports+
The NBA inter-conference match.

LIVE Oklahoma City Thunder v Cleveland Cavaliers
Sun 6pm Sky Sports Action & Sky Sports+
The NBA inter-conference game.

LIVE Los Angeles Lakers v Boston Celtics
Sun 11pm Sky Sports Action & 11.30pm Sky Sports Main Event
The NBA inter-conference fixture.

LIVE Detroit Pistons v San Antonio Spurs
Mon 11.30pm Sky Sports Action & 12m't Sky Sports Main Event
The NBA inter-conference match.

LIVE Houston Rockets v Utah Jazz
Mon 2.30am Sky Sports Main Event & Sky Sports Action
NBA Western Conference fixture.

LIVE Cleveland Cavaliers v New York Knicks
Tue 11.30pm Sky Sports Action & Sky Sports+
NBA Eastern Conference match.

LIVE Portland Trail Blazers v Minnesota Timberwolves
Tue 3am Sky Sports Action & Sky Sports+
NBA Western Conference fixture.

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 11pm TNT Sports 1

LIVE Sean Strickland v Anthony Hernandez
Sat 1am TNT Sports 1
Middleweight bout at Toyota Center.

CRICKET

LIVE Australia v India
Sat 8.15am TNT Sports 3
The third and final women's T20 of the series from Adelaide Oval.

LIVE Men's T20 World Cup
Sat 1pm Sky Sports Cricket
A Super Eight match from R. Premadasa Stadium. See p29.

LIVE Men's T20 World Cup
Sun 9am Sky Sports Main Event & Sky Sports Cricket
A Super Eight match from Pallekele International Cricket Stadium.

LIVE Men's T20 World Cup
Sun 1pm Sky Sports Cricket
A Super Eight game in Ahmedabad.

Snooker
Defending champion Mark Selby heads into the Welsh Open in Llandudno

LIVE Men's T20 World Cup
Mon 1pm Sky Sports Main Event & Sky Sports Cricket
A Super Eight match from Wankhede Stadium, Mumbai.

LIVE Australia v India
Mon 3.30am TNT Sports 1
The first ODI in the three-match series from Allan Border Field.

LIVE Men's T20 World Cup
Tue 1pm Sky Sports Main Event & Sky Sports Cricket
A Super Eight match from Pallekele International Cricket Stadium.

LIVE New Zealand v Zimbabwe
Wed 6am TNT Sports 2
The first women's T20 in the three-match series from Seddon Park.

LIVE Men's T20 World Cup
Wed 1pm Sky Sports Main Event & Sky Sports Cricket
A Super Eight match from R. Premadasa Stadium, Colombo.

LIVE Men's T20 World Cup
Thu 9am Sky Sports Main Event & Sky Sports Cricket
A Super Eight match from Narendra Modi Stadium, Ahmedabad.

LIVE Men's T20 World Cup
Thu 1pm Sky Sports Main Event & Sky Sports Cricket
A Super Eight match held at MA Chidambaram Stadium in Chennai.

LIVE Australia v India
Thu 3.30am TNT Sports 3
The second ODI in the three-match series from Ninja Stadium.

LIVE New Zealand v Zimbabwe
Fri 6am TNT Sports 4
The second women's T20 at Seddon Park.

LIVE Men's T20 World Cup
Fri 1pm Sky Sports Main Event & Sky Sports Cricket
A Super Eight match from R.Premadasa Stadium, Colombo.

CYCLING

LIVE UAE Tour
Sat 11.15am & Sun 10.45am TNT Sports 1

LIVE Tour of Andalucia
Sat 1pm TNT Sports 1; Sun 12.30pm TNT Sports 3

LIVE Tour of Algarve
Sat 2pm & Sun 2.30pm TNT Sports 3; Sat 2.30pm TNT Sports 1

DARTS

LIVE Premier League
Thu 7pm Sky Sports Main Event, Sky Sports Action & Sky One
Night four at SSE Arena Belfast.

GOLF

LIVE Honda LPGA Thailand
Sat 6am & 3.30am Sky Sports Main Event & Sky Sports Golf
The third and fourth days staged at Siam Country Club.

LIVE Magical Kenya Open
Sat 9.30am Sky Sports Main Event; Sat 9.30am & Sun 8.30am Sky Sports Golf
Days three and four staged at Karen Country Club in Nairobi.

LIVE Genesis Invitational
Sat 3.15pm & Sun 2.45pm Sky Sports Golf; Sat 8.30pm & Sun 7pm Sky Sports Main Event
Days three and four at Riviera Country Club in Pacific Palisades.

LIVE Atlanta Drive v Boston Common
Mon 10pm Sky Sports Golf & 11pm Sky Sports Main Event
The TGL match at SoFi Center.

LIVE Los Angeles v Atlanta Drive
Mon 2am Sky Sports Golf
The TGL fixture at SoFi Center.

LIVE New York v The Bay
Tue 10pm Sky Sports Golf & 10.30pm Sky Sports Main Event
The TGL match at SoFi Center.

LIVE Boston Common v New York
Tue 2am Sky Sports Main Event & Sky Sports Golf
The TGL game at SoFi Center.

LIVE HSBC Women's World Championship
Wed-Fri 1.30am Sky Sports Main Event & Sky Sports Golf
Days one to three in Singapore.

LIVE Investec South African Open Championship
Thu & Fri 10.30am Sky Sports Golf; Fri 10.30am Sky Sports Main Event
The first and second days from Stellenbosch Golf Club, South Africa.

LIVE Cognizant Classic
Thu & Fri 11.45am Sky Sports+ & 3.30pm Sky Sports Golf; Fri 5pm Sky Sports Main Event
Days one and two at PGA National Resort in Palm Beach Gardens.

LIVE Women's NSW Open
Fri 1am Sky Sports Mix
Day three at Wollongong Golf Club.

HORSE RACING

LIVE Kempton
Sat 1pm ITV4

ICE HOCKEY

LIVE Tampa Bay Lightning v Toronto Maple Leafs
Wed 12.30am Premier Sports 2

LIVE Utah Mammoth v Colorado Avalanche
Wed 2am Premier Sports 1

LIVE Anaheim Ducks v Edmonton Oilers
Wed 3.30am Premier Sports 2

LIVE Frolunda HC v Skelleftea
Thu 5.55pm Premier Sports 1

LIVE Carolina Hurricanes v Tampa Bay Lightning
Thu 12m't Premier Sports 1

LIVE Florida Panthers v Toronto Maple Leafs
Thu 12m't Premier Sports 2

LIVE Los Angeles Kings v Edmonton Oilers
Thu 3.30am Premier Sports 2

LIVE Washington Capitals v Vegas Golden Knights
Fri 12m't Premier Sports 2

LIVE Anaheim Ducks v Winnipeg Jets
Fri 3am Premier Sports 1

MOTORCYCLING

LIVE MotoGP
Thu 2am TNT Sports 2
The Grand Prix of Thailand first free practice sessions.

LIVE MotoGP
Fri 6am TNT Sports 2
The Grand Prix of Thailand MotoGP, Moto2 and Moto3 practice sessions.

LIVE MotoGP
Fri 1.30am TNT Sports 2
The Grand Prix of Thailand Moto2 and Moto3 second free practices.

LIVE MotoGP
Fri 3am TNT Sports 2
The Grand Prix of Thailand MotoGP second free practice and qualifying.

LIVE MotoGP
Fri 5.45am TNT Sports 2
The Grand Prix of Thailand Moto3 and Moto2 qualifying sessions.

MOTORSPORT

LIVE World Superbikes
Sat 1.45am & 3.15am TNT Sports 3
Round one of the season at Phillip Island Grand Prix Circuit. See p29.

LIVE V8 Supercars Championship
Sat 5am TNT Sports 4

LIVE NASCAR
Sun 7pm Premier Sports 2

LIVE Indycar
Fri 6.30pm Sky Sports F1
The Firestone Grand Prix of St. Petersburg first practice session.

NETBALL

LIVE Netball Super Cup
Sat 11.30am Sky Sports Mix
The one-day domestic competition from Utilita Arena Sheffield.

LIVE London Pulse v Manchester Thunder
Fri 7.25pm Sky Sports+ & Sky Sports Mix (centre-pass 7.30pm)
The Netball Super League match from Copper Box Arena in London.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 3
Women's Champions League.

RUGBY LEAGUE

LIVE Sydney Roosters v Parramatta Eels
Sat 7am Sky Sports Action (kick-off 7am) The NRL pre-season match held at Polytec Stadium.

LIVE Melbourne Storm v Gold Coast Titans
Sat 9.10am Sky Sports Action (kick-off 9.10am) NRL pre-season match at Sunshine Coast Stadium.

LIVE Toulouse Olympique v Castleford Tigers
Sat 5.55pm Sky Sports Action & Sky Sports+ (kick-off 6pm)
The Super League match staged at Stade Ernest-Wallon.

LIVE South Sydney Rabbitohs v Manly-Warringah Sea Eagles
Sat 5am Sky Sports Action (kick-off 5am) The NRL pre-season match staged at Glen Willow Oval.

LIVE Wigan Warriors v Leigh Leopards
Thu 7.30pm Sky Sports+ (kick-off 8pm) Super League match from Brick Community Stadium.

RUGBY UNION

LIVE Highlanders v Chiefs
Sat 6am Sky Sports+ (kick-off 6.05am) The Super Rugby fixture from Forsyth Barr Stadium.

LIVE Western Force v Blues
Sat 8.30am Sky Sports+ (kick-off 8.35am) Super Rugby.

LIVE Lions v Sharks
Sat 11.30am Premier Sports 1 (kick-off12noon) The United Rugby Championship match.

LIVE England v Ireland
Sat 1pm ITV1 (kick-off 2.10pm)
The Six Nations match at Aliianz Stadium Twickenham. See p29.

LIVE Wales v Scotland
Sat 4pm BBC1, S4C & Premier Sports 1 (kick-off 4.40pm) Six Nations clash. See p29.

LIVE Crusaders v Brumbies
Sat 2.30am Sky Sports+ (kick-off 2.35am) Super Rugby.

LIVE France v Italy
Sun 2.20pm ITV1 (kick-off 3.10pm)
Six Nations match staged at Stade Pierre Mauroy in Lille. See p29.

Sport A-Z and football planner >>>

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LIVE Loughborough Lightning v Bristol Bears
Sun 2.30pm TNT Sports 4 (kick-off 3pm) The Premiership Women's Rugby match from Franklin's Gardens.

LIVE Moana Pasifika v Western Force
Fri 6am Sky Sports+ (kick-off 6.05am) Super Rugby.

LIVE Queensland Reds v Highlanders
Fri 8.30am Sky Sports+ (kick-off 8.35am) Super Rugby.

LIVE Cardiff v Leinster
Fri 6.45pm S4C & 7.15pm Premier Sports 1 (kick-off 7pm) United Rugby Championship game.

LIVE Edinburgh v Scarlets
Fri 7.15pm Premier Sports 2 (kick-off 7.45pm) The United Rugby Championship match.

LIVE Rugby Men's Scottish Premiership Play-Off
Fri 7.30pm BBC Alba

LIVE Fijian Drua v Hurricanes
Fri 3.30am Sky Sports Action (kick-off 3.35am) Super Rugby.

SKIING

LIVE Alpine Skiing
Fri 9.45am TNT Sports 2

LIVE Freestyle Skiing
Fri 10.45am TNT Sports 4

LIVE Ski Jumping
Fri 12.30pm TNT Sports 4

LIVE Nordic Combined Skiing
Fri 2.45pm TNT Sports 4

SNOOKER

LIVE Players Championship
Sat & Sun 12.30pm & 6.30pm 5 The semi-finals and final in Telford.

LIVE Welsh Open
Mon-Wed 10am & 7pm BBC2 (Wales only), 1pm TNT Sports 1; Mon 7pm TNT Sports 2; Tue & Wed 7pm TNT Sports 4 Days one to three at Venue Cymru.

LIVE Welsh Open
Thu 1pm & 7pm, Fri 12noon & 7pm BBC2 (Wales only); Thu 1pm, Fri 11.45am & 6.45pm TNT Sports 1; Thu 7pm TNT Sports 4 Days four and five at Venue Cymru.

TENNIS

LIVE WTA Dubai Championships Final
Sat 3pm Sky Sports Main Event & Sky Sports Tennis

LIVE ATP Doha Open Final
Sat 6pm Sky Sports Tennis

LIVE ATP Rio Open
Sat 10pm & Sun 8.30pm Sky Sports Tennis

LIVE ATP Delray Beach Open
Sat 1am & Sun 10.30pm Sky Sports Tennis; Sun 9pm Sky Sports+

LIVE ATP Dubai Championships
Mon-Wed 10am Sky Sports Main Event; Mon-Thu 10am & 3pm, Fri 1pm Sky Sports Tennis

LIVE WTA Mérida Open
Mon 9pm Sky Sports+ & Sky Sports Tennis

LIVE ATP Acapulco Open
Mon, Wed & Thu 4am Sky Sports+; Mon, Wed & Thu 4am, Tue 4.30am Sky Sports Tennis

LIVE ATP Santiago Open
Fri 5pm Sky Sports Tennis

Football planner

Saturday 21

LIVE Sydney v Brisbane Roar
6am TNT Sports 1 (kick-off 6am)

LIVE Newcastle Jets v Perth Glory
6am TNT Sports 3 (kick-off 6am)

LIVE Melbourne City v Melbourne Victory
8.30am TNT Sports 1

LIVE West Bromwich Albion v Coventry City
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm) The Championship match.

LIVE Real Sociedad v Real Oviedo
12.55pm Premier Sports 2 (kick-off 1pm) The LaLiga game.

LIVE Birmingham City v Chatham Town
4.30pm TNT Sports 3 (kick-off 5.15pm) The Women's FA Cup fifth-round match.

LIVE West Ham United v Bournemouth
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) Premier League match at The London Stadium.

LIVE Lecce v Inter Milan
5.15pm TNT Sports 1

LIVE RB Leipzig v Borussia Dortmund
5.20pm Sky Sports Football (kick-off 5.30pm) Bundesliga.

LIVE Osasuna v Real Madrid
5.25pm Premier Sports 2 (kick-off 5.30pm) The LaLiga match from Estadio El Sadar.

LIVE Manchester City v Newcastle United
7pm TNT Sports 1 (kick-off 8pm) The Premier League game staged at Etihad Stadium.

LIVE St Mirren v Motherwell
7pm Premier Sports 1 (kick-off 7.30pm) The Scottish Premiership match.

LIVE Ajax v NEC Nijmegen
7.55pm Premier Sports 2 (kick-off 8pm) Eredivisie.

LIVE Atlético Madrid v Espanyol
8pm Disney+ (kick-off 8pm)

Sunday 22

LIVE Central Coast Mariners v Western Sydney Wanderers
6am TNT Sports 3 (kick-off 6am)

LIVE Newcastle Jets v Macarthur Bulls
7am TNT Sports 1 (kick-off 7am)

LIVE Sheffield United v Sheffield Wednesday
11am Sky Sports Football (kick-off 12.30pm) The Steel City derby in the Championship at Bramall Lane.

LIVE Sunderland v Fulham
12.30pm Sky Sports Premier League (kick-off 2pm) The Premier League match staged at Stadium of Light.

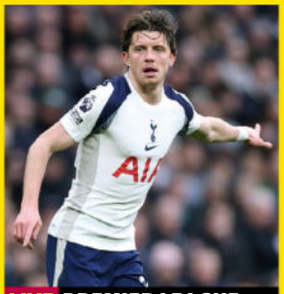
LIVE Crystal Palace v Wolverhampton Wanderers
12.30pm Sky Sports+ (kick-off 2pm) The Premier League game at Selhurst Park.

LIVE MLS

Major League Soccer

Saturday-Monday, Apple TV

Inter Miami begin their title defence in the early hours of Sunday morning (k-o 2.30am) at Los Angeles FC. Argentina legend Lionel Messi scored 29 goals for Miami last season to win the Golden Boot and was voted Most Valuable Player. Apple TV will screen every MLS match live this season.



LIVE PREMIER LEAGUE

Tottenham Hotspur v Arsenal

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

Conor Gallagher has made a good start at Tottenham, but will be hoping that his new club can improve on a dismal record in the north London derby after the departure of Thomas Frank after eight months in charge.

LIVE WOMEN'S FA CUP

Liverpool v Everton

Sunday, kick-off 4.30pm, C4, TNT Sports 1 & Discovery+

C4 cameras are at St Helens Stadium as caretaker boss Scott Phelan takes charge of the Toffees for this FA Cup fifth-round tie. Also on Sunday, cup holders Chelsea host Manchester United in a repeat of the 2025 final (1.30pm, TNT Sports 1 & Discovery+).

LIVE Getafe v Sevilla
12.55pm Premier Sports 1 & 1pm Disney+ (kick-off 1pm)

LIVE Nottingham Forest v Liverpool
1pm Sky Sports Main Event (kick-off 2pm) The Premier League fixture at The City Ground.

LIVE Chelsea v Manchester United
1pm TNT Sports 1 & Discovery+ (kick-off 1.30pm) The Women's FA Cup fifth-round match.

LIVE Livingston v Rangers
2.30pm Sky Sports Football (kick-off 3pm) The Scottish Premiership game.

LIVE Barcelona v Levante
3.10pm Premier Sports 1 & 3.15pm Disney+ (kick-off 3.15pm) The LaLiga match from Camp Nou.

LIVE AZ Alkmaar v Sparta Rotterdam
3.40pm Premier Sports 2 (kick-off 3.45pm) Eredivisie.

LIVE Liverpool v Everton
4pm C4, TNT Sports 1 & Discovery+ (kick-off 4.30pm) The Women's FA Cup fifth-round fixture.

LIVE Celtic v Hearts
4pm BBC Alba (kick-off 4.10pm) Scottish Women's Premier League.

LIVE Tottenham Hotspur v Arsenal
4pm Sky Sports Premier League & 4.25pm Sky Sports Main Event (kick-off 4.30pm) The Premier League match.

LIVE Wrexham v Cardiff City
4.45pm S4C (kick-off 5pm)

LIVE Celta Vigo v Mallorca
5.25pm Premier Sports 1 & 5.30pm Disney+ (kick-off 5.30pm)

LIVE AS Roma v Cremonese
7.30pm TNT Sports 1 (kick-off 7.45pm) Serie A.

LIVE Villarreal v Valencia
7.55pm Premier Sports 1 & 8pm Disney+ (kick-off 8pm) The LaLiga match from Estadio de la Cerámica.

Monday 23

LIVE Everton v Manchester United
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League game from Hill Dickinson Stadium.

LIVE London City v Tottenham Hotspur
7pm TNT Sports 1 (kick-off 7.30pm) The Women's FA Cup fifth-round match.

LIVE Walsall v Milton Keynes Dons
7.50pm Sky Sports Football (kick-off 8pm) League Two.

LIVE Alavés v Girona
7.55pm Premier Sports 1 & 8pm Disney+ (kick-off 8pm) LaLiga.

Tuesday 24

LIVE Atlético Madrid v Club Brugge
5.45pm TNT Sports 3 (kick-off 5.45pm) The Champions League knockout play-off second-leg staged at Riyadh Air Metropolitano. See p29.

LIVE Newcastle United v Qarabag
7pm Prime Video (kick-off 8pm) The Champions League knockout phase play-off round second-leg staged at St James' Park. See p29.

LIVE Southampton v Queens Park Rangers
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) Championship match at St Mary's.

LIVE Inter Milan v Bodo/Glimt
7.45pm TNT Sports 1 (kick-off 8pm) Champions League knockout play-off second-leg.

LIVE Bayer Leverkusen v Olympiacos
8pm TNT Sports 2 (kick-off 8pm) The Champions League knockout play-off second-leg at BayArena.

Wednesday 25

LIVE Macarthur Bulls v Central Coast Mariners
8am TNT Sports 1 (kick-off 8am)

LIVE Real Madrid U19 v Chelsea U19
3pm TNT Sports 2 (kick-off 3pm)

LIVE Atalanta v Borussia Dortmund
5.45pm TNT Sports 3 (kick-off 5.45pm) The Champions League knockout play-off second-leg from Gewiss Stadium.

LIVE Stoke City v Oxford United
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship match.

LIVE Real Madrid v Benfica
7.30pm TNT Sports 1 (kick-off 8pm) Champions League knockout play-off second-leg. See p29.

LIVE PSG v Monaco
7.45pm TNT Sports 2 (kick-off 8pm) Champions League knockout play-off second-leg. See p29.

LIVE Juventus v Galatasaray
7.55pm TNT Sports 5 & 8pm TNT Sports 3 (kick-off 8pm) Champions League knockout play-off second-leg at Allianz Stadium.

LIVE Newell's Old Boys v Estudiantes
7.55pm Premier Sports 2

LIVE Cruzeiro v Corinthians
10.55pm Premier Sports 1

Thursday 26

LIVE VfB Stuttgart v Celtic
5pm TNT Sports 2 (kick-off 5.45pm) The Europa League knockout play-off second-leg. See p29.

LIVE Nottingham Forest v Fenerbahçe
7.30pm TNT Sports 1 (kick-off 8pm) Europa League knockout play-off second-leg. See p29.

LIVE Crystal Palace v Zrinjski Mostar
7.30pm TNT Sports 3 (kick-off 8pm) Conference League knockout play-off second-leg. See p29.

LIVE Bologna v SK Brann
7.55pm TNT Sports 5 & 8.15pm TNT Sports 2 (kick-off 8pm) Europa League knockout play-off.

Friday 27

LIVE Melbourne Victory v Adelaide United
8.30am TNT Sports 1

LIVE Augsburg v FC Köln
7.30pm BBC iPlayer (kick-off 7.30pm) Bundesliga.

LIVE Wolverhampton Wanderers v Aston Villa
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match from Molineux.

LIVE Bristol City v Watford
7.30pm Sky Sports Football (kick-off 8pm) Championship.

LIVE Auckland FC v Melbourne City
4am TNT Sports 1 (kick-off 4am)

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Saturday

21 February

Evening Planner

Winter Sports

Winter Olympics
BBC, TNT Sports & Discovery+, from 9am
On the penultimate day of the Games, medals are up grabs in events including the men's curling and women's halfpipe.

Rugby Union

Six Nations
BBC1, ITV1, S4C & Premier Sports 1
All the home nations are in action today, with England v Ireland (k-o 2.10pm) and Wales v Scotland (k-o 4.40pm)

Entertainment

Britain's Got Talent
ITV1, 7pm
Ant and Dec are back to present the nationwide talent search, with a life-changing £250k prize for the winner.

Drama

The Walsh Sisters
BBC1, 9.15pm (box set, BBC iPlayer)
Drama based on characters from Marian Keyes' bestselling novels, about five siblings navigating chaos and heartbreak.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Gladiators	8.15 Michael McIntyre's Big Show		9.15 The Walsh Sisters		10.05 News	10.25 Match of the Day †
	102 BBC2	◂ 5.15 Winter Olympics – Live: The concluding coverage of day 15						10.00 Songs Inspired by the Movies at the...	
	103 ITV1	7.00 Britain's Got Talent		8.25 The 1% Club		9.25 The Jonathan Ross Show			10.30 It'll Be Alright...
	104 CHANNEL 4		7.15 The Great Icelandic Swim with Ross...	8.15 The Roman Empire by Train with Alice...		9.15 Film: The Fabelmans			
	105 5	◂ 6.30 Snooker: Players Championship – Live: The second semi-final							
	106 SKY SHOWCASE	7.00 Landscape Artist of the Year		8.00 Rob & Romesh vs Fashion		9.00 Film: Riddick			
ENTERTAINMENT	115 BBC3		7.10 Doctor Who	8.00 Gavin & Stacey		9.00 Mrs Brown's Boys		10.00 Dinosaur	
	116 BBC4	7.00 Meet the...	7.30 The Good Old Days	8.15 Hetty Wainthropp Investigates		9.05 The Turkish Detective			
	118 ITV2	◂ 5.50 Film: Evan Almighty	7.45 Film: Godzilla vs Kong					10.00 Love Island All Stars: Unseen Bits	
	136 MORE4	◂ 6.55 Four in a Bed		8.00 24 Hours in A&E					
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Law & Order: Criminal Intent		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 True Detective: Night Country		10.10 Under Salt Marsh	
	110 U&GOLD	7.00 Only Fools and Horses		8.20 dinnerladies		9.00 Victoria Wood as Seen on TV			10.20 Only Fools and Horses
	111 U&DAVE	7.00 Not Going Out				9.00 Gavin & Stacey			
	119 ITV3	◂ 6.00 Midsomer Murders						10.00 Vera	
	120 ITV4	◂ 6.10 Film: On Her Majesty's Secret Service				9.00 English Football League Highlights			10.30 Wrestling...
	112 COMEDY CENTRAL	◂ 6.55 Friends				9.00 Film: Shanghai Knights			
	152 SKY SCI-FI	7.00 Star Trek: Voyager							10.35 Westworld
	113 SKY MAX	7.00 A League of Their Own: European Road Trip						10.00 Peacemaker	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Father Brown		9.00 Death in Paradise		10.00 Father Brown	
	124 SKY ARTS	◂ 6.40 David Bowie – A Reality Tour		8.00 Elvis: Summer of '56		9.00 When Elvis Met Priscilla		10.00 Elvis Presley: The Early Years	
	132 U&W	7.00 Nurses on the Ward				9.00 The Catherine Tate Show			
DOCUMENTARY	125 DISCOVERY	7.00 Scrapyard Dynasty		8.00 Secrets Underground		9.00 Ed Stafford's Rite of Passage		10.00 Expedition Unknown	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 Alaskan Bush People: Bushcraft...		10.00 Tanked	
	129 NAT GEO	7.00 World War II: Secrets from Above		8.00 Hitler's Last Stand				10.00 No Man Left Behind	
	123 SKY HISTORY	7.00 Beyond the Myth: The SS Unveiled				9.00 Nazi Murder Mysteries			
	155 U&YESTERDAY	7.00 Classic Car Kings		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics			
	121 SKY DOCS		7.15 The Yardbirds			9.00 2000 Meters to Andriivka			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.20 One More Shot		8.00 I Know What You Did Last Summer				10.00 M3GAN 2.0	
	302 CULT CLASSICS	◂ 6.15 The Lost Boys		8.00 The Shining					10.25 Pulp Fiction
	303 JURASSIC	◂ 6.45 The Lost World: Jurassic Park				9.00 Jurassic Park III			10.35 Jurassic...
	304 GREATS	◂ 6.15 Police Academy		8.00 Police Academy 2: Their First Assignment			9.30 Police Academy 3: Back in Training		
	305 ANIMATION	◂ 5.55 Happy Feet Two	7.45 Trolls				9.25 Pil's Adventures		
	306 FAMILY	◂ 6.00 Stuart...	7.25 Teenage Mutant Ninja Turtles			9.10 The Golden Compass			
	307 ACTION	◂ 5.50 The Matrix Revolutions		8.00 Twisters				10.05 Kraven the Hunter	
	308 COMEDY	◂ 6.00 Miss Congeniality 2: Armed and...		8.00 Bridget Jones: Mad About the Boy				10.05 Dumb and Dumber	
	309 THRILLER	◂ 6.00 The Bikeriders		8.00 Ocean's Eleven				10.00 Inception	
	310 DRAMA	◂ 6.15 The Damned United		8.00 The Boy in the Striped Pyjamas			9.40 Nuremberg		
	311 SCI-FI	◂ 6.05 Speak No Evil		8.00 Nosferatu					10.25 Pet Sematary
	313 FILM4		7.05 Jerry & Marge Go Large			9.00 Django Unchained			
SPORT	401 MAIN EVENT	◂ 5.00 SNF – Live: West Ham United v Bournemouth (Kick-off 5.30)			8.30 PGA Tour Golf – Live: The Genesis Invitational				
	402 PREMIER LEAGUE	◂ 5.00 SNF – Live: West Ham United v Bournemouth (Kick-off 5.30)			8.30 PL Stories	9.00 Big Interview	9.30 Transfer 360		10.30 PL Highlights
	403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 EFL				9.30 EFL Highlights		
	405 CRICKET	7.00 ICC Men's T20...	7.30 ICC Men's T20 World Cup		8.30 ICC Men's T20...	9.00 ICC Men's T20...	9.30 ICC Men's T20...	10.00 ICC Men's T20...	10.30 ICC Men's T20...
	410 TNT SPORTS 1	7.00 Premier League – Live: Manchester City v Newcastle United (Kick-off 8.00)							10.30 Superbikes
	411 TNT SPORTS 2	7.00 Winter Olympic Games...	7.45 Winter Olympic Games – Live: The 2-woman bobsleigh				9.15 Winter Olympic Games – Live: Ice Hockey		10.30 Ciao Cortina

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

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6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With singer Beverley Knight. (S)
11.30 **Bargain Hunt** From Kingston Antiques Centre. (S)(R)(AD)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 LIVE **Winter Olympics** Jeanette Kwakye presents further coverage of day 15, including the women's 12.5km biathlon race at Antholz-Anterselva Biathlon Arena, Italy. *Coverage continues on BBC2. See feature, page 28.* (S)
3.40 **BBC News** (S)
3.50 **Local News** (S)
4.00 LIVE **Rugby Union: Six Nations** Wales v Scotland: Coverage of the match in the third round of fixtures, held at Principality Stadium. Kick-off is at 4.40. (S)

8.15 Michael McIntyre's Big Show

6 PM LIVE **Rugby Union: Six Nations** (started at 4.00pm)

7 PM **7.15** **Gladiators** New edition Bradley and Barney Walsh host the first of the quarter-finals. Viper leaves the other Gladiators in the dark, and the contenders take on another new and punishing event. (S)(AD)

8 PM **8.15** **Michael McIntyre's Big Show** New edition With Peter Crouch, Abbey Clancy, B*Witched, Shane Richie, Gillian Taylforth and Katherine Jenkins. (S)

9 PM **9.15** NEW SERIES **The Walsh Sisters** 1/6. Drama based on Marian Keyes' novels about five sisters, starring Louisa Harland. *See feature, page 6.* (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM **10.05** **BBC News** (S)
10.25 **Match of the Day** Today's Premier League action, including Manchester City v Newcastle United and Aston Villa v Leeds United. (S)
■ More tomorrow at 10.30pm
11.40 **The Football Interview** With Michael Carrick. (S)
11.55 **The Kingdom: Kansas City Chiefs** New edition 5/6. The Chiefs battle past the Houston Texans to set up a rematch with the Buffalo Bills. (S)(AD)
12.45 AM Series finale 6/6. The Chiefs aim to secure a piece of Super Bowl history. (S)(AD)
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

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6.10 AM **Children's Programmes**
9.00 LIVE **Winter Olympics** The opening coverage of the 15th and penultimate day of the Games from Milan and Cortina d'Ampezzo in Italy. *Coverage continues on BBC1. See feature, page 28.* (S)
1.00 PM **Escape to the Country** From the Cotswolds. (S)(R)
1.45 **Flog It!** From Barnard Castle. (S)(R)
2.05 FILM **We Dive at Dawn** World War Two drama starring John Mills. (S) (1943, b/w, U, 95min) ★★★
3.40 LIVE **Winter Olympics** Coverage of the 15th and penultimate day of the Games in Italy, featuring the men's and women's speed skating mass start finals from Milano Speed Skating Stadium. *Coverage continues at 5.15pm.* (S)
4.30 **Final Score** Results round-up. (S)

10.00 Songs Inspired by the Movies

5.15 LIVE **Winter Olympics** Clare Balding presents the concluding coverage of day 15 in Italy. The men's curling gold medal match at Cortina Curling Olympic Stadium, and Great Britain were beaten by Sweden in this match four years ago in Beijing. Elsewhere, Team GB's Zoe Atkin is targeting a women's half-pipe medal at Livigno Snow Park. Atkin is the current world champion and hopes to emulate her sister Izzy, a slopestyle bronze medallist in 2018, in making it on to the Olympic podium. The two-woman bobsleigh also draws to a close at Cortina Sliding Centre, an event in which Germany took gold and silver four years ago in Beijing. (S)

10.00 **Songs Inspired by the Movies at the BBC** Chart hits inspired by big-screen stars and classic movie moments, featuring Kim Carnes, Bananarama, Gorillaz, Shania Twain and The Passions. (S)(R)
11.50 **Movie Themes at the BBC** Archive performances of songs from the big screen, featuring Destiny's Child, All Saints, Simple Minds and Dolly Parton. (S)(R)
12.50 AM **Movie Themes at the BBC: Volume 2** Archive performances of songs from the big screen. (S)(R)
1.50 **Sings Bond** Performances of James Bond theme tunes. (S)(R)
2.50 **Sign Zone: Industry** (S)(R)(AD)
3.50 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Deal or No Deal: Banker's Best Battles** (S)(R)
6.30 **Love Your Weekend with Alan Titchmarsh** Talk show. (S)(R)
8.25 **Prue Leith's Cotswold Kitchen** New edition Culinary show. (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition (S)
12.15 PM **Ainsley's Taste of the Bahamas** New edition (S)
12.45 **ITV News** (S)
1.00 LIVE **Rugby Union: Six Nations** England v Ireland: Coverage of the match in the third round of fixtures, held at Allianz Stadium Twickenham. Kick-off is at 2.10. (S)
4.30 **ITV News** (S)
4.45 **Local News** (S)
5.00 **The Chase Celebrity Special** With Rick Wakeman. (S)(R)(AD)

6.00 Wheel of Fortune

6.00 **Wheel of Fortune** New edition Graham Norton hosts the game show as firefighter Kerrie, financial adviser Richard and account manager Ciaran compete to win big money prizes. (S)(AD)

7.00 NEW SERIES **Britain's Got Talent** Ant and Dec return with the nationwide talent search, which sees a wide variety of acts compete for the chance to win a cash prize and a slot at the Royal Variety Performance. Musician KSI joins Simon Cowell, Amanda Holden and Alesha Dixon on the judging panel. *See feature, page 12.* (S)(AD)

8.25 **The 1% Club** New edition Quiz hosted by Lee Mack in which the questions are based around logic and common sense. (S)(AD)

9.25 **The Jonathan Ross Show** New edition Jonathan is joined by comedian Jack Whitehall, actor Patrick Dempsey and singer-songwriter Self Esteem, who will also be performing in the studio. (S)

10.30 **It'll Be Alright on the Night** TV clangers, featuring Richard Ayoade, Alexander Armstrong and Rob Beckett. (S)(R)(AD)
10.55 **ITV News** (S)
11.15 **English Football League Highlights** Action from the latest matches in the EFL. (S)
12.45 AM **Teleshopping**
3.00 **Devil in Disguise: John Wayne Gacy** 4/8. Tovar and Kozenczak examine how systems failed to stop the murders. (S1) (S)(SL)(R)(AD)
4.00 **Unwind with ITV** (S)
5.05 **to 6.00** AM **M&S: Dress the Nation** (S)(SL)(R)(AD)

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CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.20 AM **The King of Queens** 4-6/25. Triple bill. (S3) (S)(R)(AD)
7.30 **Everybody Loves Raymond** 9-11/25. Triple bill. (S)(R)(AD)
8.40 **Frasier** 4-6/24. (S3) (S)(R)(AD)
10.10 **The Simpsons** (S)(R)(AD)
12.05 PM **Couples Come Dine with Me** Three more couples tackle the culinary challenge in Worthing and Portsmouth. (S)(R)
1.10 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.45 FILM **Dad's Army** Comedy based on the vintage TV series, starring Toby Jones, Bill Nighy and Catherine Zeta-Jones. The captain of a seaside town's home guard platoon contends with German spies and a glamorous journalist. (S) (2016, PG, 120min) ★★★
5.45 **News** (S)

9.15 The Fabelmans

6.15 **Sailing the Shipping Forecast with the Rev Richard Coles** 3/4. Richard takes a ride through the shipping forecast area of Wight, a 6000-square-mile rectangle of sea that stretches from East Sussex to Dorset and across to the French coast. (S)(R)(AD)

7.15 **The Great Icelandic Swim with Ross Edgley** Series finale 3/3. Three months in to the swim, deadly muscle collapse looms with the strain of swimming two marathons a day. (S)(AD)

8.15 **The Roman Empire by Train with Alice Roberts** New edition 3/6. Alice explores Rome, from the ingenuity of ancient Roman aqueducts, to the story behind Trajan's Column, and finds the original road that drove the expansion of the empire. (S)(AD)

9.15 FILM **The Fabelmans** Director Steven Spielberg's semi-autobiographical drama starring Michelle Williams, Gabriel LaBelle and Paul Dano. Growing up in post-World War Two-era USA, young Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. (S) (2022, 12, 180min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.15 AM FILM **Predator** Sci-fi fantasy starring Arnold Schwarzenegger and Carl Weathers. (S)(AD) (1987, 15, 105min) ★★★★
2.00 **Ramsay's Kitchen Nightmares USA** Gordon Ramsay revisits three restaurants he tried to save. (S)(R)
2.50 **Couples Come Dine with Me** From Cornwall. (S)(R)
3.45 **Sunday Brunch** (S)(R)
3.50 **to 5.55** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
8.55 **Entertainment News** (S)
9.10 **Cruising with Jane McDonald** Highlights from Alaska. (S)(R)
9.30 **Tales from the Riverbank** Exploring the River Tyne. (S)(R)
10.25 **Ben Fogle: New Lives in the Wild** With Rhona Mitra. (S)(R)
11.30 **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition (S)
12.30 PM **LIVE Snooker: Players Championship** Katie Shanahan presents coverage of the opening semi-final on day five at Telford International Centre, played over the best of 11 frames. *Continues at 6.30pm.* (S)
5.30 **Police Interceptors** A Porsche is pursued by eight police cars and a helicopter. (S)(R)

6.30 Snooker

6.25 **News** (S)

6.30 **LIVE Snooker: Players Championship** Katie Shanahan presents coverage of the second semi-final on day five from Telford International Centre played over the best of 11 frames. Judd Trump reached this final for the third time in his career last year when he claimed a 6-4 victory over John Higgins in his last-four match, making two century breaks in the process. The commentary and analysis team includes Stephen Hendry, Alan McManus, John Higgins and Matthew Stevens. (S)

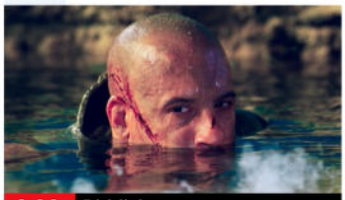
11.05 **Most Shocking Celebrity Moments** Stars who have been caught breaking the law. (S)(R)
1.00 AM **Teleshopping** (S)(R)
2.30 **Friends** (S3) (S)(R)(AD)
2.55 **Charles & the Women Who Could Have Been Queen** (S)(R)
3.45 **Adrian Dunbar's Scenic Ireland**
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Monkey Life** (S)(R)
7.00 **The Simpsons** (S)(R)
9.00 **Macaque Island** (S)(R)
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up** A look ahead to today's action.
3.00 PM **Gillette Labs Soccer Saturday** Stay up to speed with the afternoon's football matches up and down the country.
5.00 **The Simpsons** *The Otto Show:* Bart attends a rock concert, so Marge and Homer buy him a guitar to encourage his musical interests. With Spinal Tap. (S)(R) **5.30** *Bart's Friend Falls in Love:* Milhouse falls in love with a new girl at school and starts spending all his time with her – so Bart hatches a plot to get his best friend back. (S)(R)



9.00 Riddick

6.00 **The Simpsons** *Homer's Crossing:* Homer volunteers to be a school crossing guard. (S)(R) **6.30** *A Mid-Childhood Night's Dream:* Marge worries about the kids growing up. (S)(R)

7.00 **Landscape Artist of the Year** The sixth heat takes place at Dover Castle, where Stephen Mangan is joined by Tai Shan Schierenberg, Eva Langret and Kathleen Soriano. (S)(R)

8.00 **Rob & Romesh vs Fashion** The comedians examine the world of fashion and meet model David Gandy, before heading to New York City to try to get a job on the catwalk. (S)(R)(AD)

9.00 **FILM Riddick** Sci-fi action thriller sequel starring Vin Diesel. Stranded on a desert planet, space fugitive Riddick knows that his only hope of escape is to alert bounty hunters to his presence and use their ship to leave. Two teams of hunters duly arrive, but they little realise the perils in store for them. With Jordi Mollà. (S) (2013, 15, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 **Never Mind the Buzzcocks** A 1990s special, with Sister Bliss, Julian Clary, Alex James and stand-in captain Mel B. (S)(R)
12.10 AM **The Office (US)** 10-13/25. Four episodes. (S3) (S)(R)
2.10 **The Force: North East** The discovery of a trail of blood leaves officers puzzled. (S)(R)
3.05 **Brit Cops: War on Crime** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.25pm Sportscene: Premiership Highlights (S)(R) **11.40** Match of the Day (S) **12.55am** The Football Interview (S) **1.10** The Kingdom: Kansas City Chiefs New edition (S)(AD) **2.00** The Kingdom: Kansas City Chiefs Series finale (S)(AD) **2.50** Weather for the Week Ahead (S) **2.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
1.00pm Coast (S)(R) **1.05** FILM We Dive at Dawn (S) (1943, b/w, U, 95min) ★★★ **2.40** Weatherman Walking (S)(R) **3.10-3.40pm** SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Dreigiau Cadi **10.15** Am Dro! **11.15** Dim Byd i'w Wisgo **11.45** Ffermio **12.20pm** Busnes Bwyd **1.20** Am Dro! **2.25** Prosiect Pum Mil **3.25** Adre **4.00** Clwb Rygbi Rhyngwladol **7.10** Newyddion a Chwaraeon **7.30** Stiwdio24/7 **8.00** Noson Lawen New edition **9.00** Sgwrs Dan y Lloer **10.00** Amour & Mynydd **11.00-11.35pm** Après: Amour & Mynydd

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who Confidential** Actor Alex Kingston explains River Song's complex timeline.
7.10 **Doctor Who** *The Wedding of River Song:* 13/14. The Time Lord must sacrifice himself to save the universe. (S6)
8.00 **Gavin & Stacey** (S2)
9.00 **Mrs Brown's Boys** 3/6. Cathy develops a crush on her psychology lecturer. **9.30** 4/6. Rory faces a professional dilemma. (S2)
10.00 **Dinosaur** New episodes 5/6. Nina hopes a work event might be just the distraction she needs. **10.25** Series finale 6/6. Nina wants to make things right with Lee. (S2) ■ Entire series on BBC iPlayer
10.50 **Only Child** 5&6/6. (S1)
11.50 **FILM Long Shot** Comedy drama with Charlize Theron. (2019, 15, 120min) ★★★★
1.45 AM **Dinosaur** 5&6/6. (S2)
2.40 **Long Story Short: True Love and Wormholes**
2.55 **to 3.55** AM **Gavin & Stacey**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Meet the Ancestors** A bungalow built over a fifth-century graveyard.
7.30 **The Good Old Days** With Val Doonican, Richard Hearne and Robin Hunter.
8.15 **Hetty Wainthropp Investigates** *Lost Chords:* Competitors at a music festival mysteriously begin to lose their voices.
9.05 **The Turkish Detective** 1/8. Crime drama starring Haluk Bilginer and Ethan Kai. A British detective joins an Istanbul homicide unit led by an eccentric inspector. **10.00** 2/8. The team closes in on a suspect in Gozde's murder. (S1)
10.55 **Wogan** With Jenny Agutter, Laurie Lee and John Garnett.
11.30 **Kenneth Williams: Comic Roots**
12.05 AM **Wogan with Kenneth Williams**
12.45 **Hetty Wainthropp Investigates** As 8.15pm.
1.35 **The Good Old Days**
2.20 **to 2.50** AM **Meet the Ancestors**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.35 **A Place in the Sun**
2.40 PM **Come Dine with Me** Five editions of the culinary challenge from Devon.
5.25 **Four in a Bed** The competition kicks off at Clachan Garden B&B in the Scottish Highlands. **5.55** The second visit of the week is to Highland Premier Glamping Pods. **6.25** The week's third visit is to Cultybraggan Camp in Perth and Kinross.
6.55 **Four in a Bed** The week's final visit is to Uplawmoor Hotel near Glasgow. **7.30** Payment Day arrives.
8.00 **24 Hours in A&E** An 18-year-old breaks his leg while playing football, and a young man is involved in a high-speed car crash.
9.00 **24 Hours in A&E** Seventy-year-old Jenny is brought in following a suspected stroke.
10.00 **24 Hours in A&E** A woman is rushed to A&E having collapsed at work following a thunderclap headache, leaving doctors concerned that she may have a bleed on her brain.
11.05 **24 Hours in A&E**
12.05 AM **999: On the Front Line** Documentary.
1.10 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Lego Masters Australia**
6.55 **Don't Tell the Bride**
9.00 **Rude(ish) Tube Shorts**
9.10 **Modern Family**
10.40 **Ramsay's Kitchen Nightmares USA**
2.40 PM **FILM Home Alone 2: Lost in New York** Comedy sequel starring Macaulay Culkin. Kevin McCallister is stranded in the Big Apple after being separated from his parents once again. (1992, PG, 120min) ★★
5.00 **The Simpsons**
7.00 **The Simpsons** *Paths of Glory:* Marge and Homer begin to suspect that Bart might be a sociopath. **7.30** *Barthood:* A coming-of-age story chronicling Bart's life. **8.00** *The Girl Code:* A female coder decides to make Lisa her protégée. **8.30** *Teenage Mutant Milk-Caused Hurdles:* Bart realises that he has a crush on his new teacher.
9.00 **Celebrity Gogglebox** Famous faces appraise on *The1% Club, The Yorkshire Vet, Hijack* and *This Morning.*
10.00 **Gogglebox** Opinions on *The Inheritance, Dish It Out* and *The Yorkshire Vet.*
11.05 **Gogglebox**
12.10 AM **First Dates**
2.20 **Gogglebox**
4.05 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: America's Front Line**
8.00 **Customs UK** Double bill.
9.00 **Stop, Search, Seize**
10.00 **Caught on Dashcam**
11.00 **Brit Cops: Rapid Response**
12.00 NOON **Caught Red Handed**
2.00 PM **Police 24/7** Officers hunt a suspect hiding in the woods. **3.00** A man with a crashed car tells police a dubious story. **4.00** A man creates an emergency by swallowing drugs right before his arrest.
5.00 **Nothing to Declare**

9.00 Law & Order: Criminal...

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM
9.00 **Law & Order: Criminal Intent** *Love Sick:* 7/16. A murder is linked to a community hospital. (S9)

10 PM
10.00 **Law & Order: Special Victims Unit** *Tenfold:* 7/22. Carisi is helpless to stop a crime he suspects is about to happen. (S26)
11.00 **The Equalizer** 7/10. (S1)
12.00 M'T **Law & Order: Criminal Intent** Double bill. (S8&9)
2.00 AM **Watson** New episode 2/20. Mystery drama. (S2)
3.00 **Road Wars**
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Game of Thrones** (S3)
2.30 PM **Game of Thrones** 1/10. Jon Snow finds himself on trial at Castle Black. **3.35** 2/10. The day of King Joffrey's wedding to Margaery Tyrell arrives. **4.40** 3/10. Dontos spirits Sansa out of King's Landing. **5.45** 4/10. Jaime has a mission for Brienne. **6.50** 5/10. Cersei and Tywin plot their next move. (S4)

9.00 True Detective

7.55 **Game of Thrones** *The Laws of Gods and Men:* 6/10. Stannis and Davos arrive for their meeting with the Iron Bank, while Tyrion's trial begins in the throne room. (S4)

9.00 **True Detective: Night Country** 4/6. The police chief levies a punishment on Leah following her act of protest. (S4)

10.10 **Under Salt Marsh** 5/6. Bull closes in on the truth behind an illegal operation at the heart of all three cases. (S1)
11.10 **Euphoria** 5/8. Rue continues her downward spiral. (S2) **12.15** AM 6/8. Rue tries to recover and Nate celebrates his newfound freedom. (S2)
1.25 **Game of Thrones** (S4)
3.25 **Fish Town** Double bill.
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **Sport's Funniest Moments**
10.00 **Romesh: Can't Knock the Hustle** Triple bill of editions.
12.30 PM **Joe Lycett's United States of Birmingham**
4.00 **A League of Their Own: European Road Trip** Andrew Flintoff and Jamie Redknapp go cliff-diving in Ibiza. **5.00** Andrew and Jamie meet up with Lee Mack and Sam Quek in Barcelona. **6.00** Tom Davis and Maya Jama join the duo in Germany.

10.00 Peacemaker

7.00 **A League of Their Own: European Road Trip** Andrew and Jamie are joined by Patrice Evra and Tom Davis in Switzerland.

8.00 **A League of Their Own: European Road Trip** Unseen clips from Jamie and Andrew's second continental adventure.

9.00 **A League of Their Own: European Road Trip** Highlights of the adventure looking at the best japes, pranks and wind-ups.

10.00 **Peacemaker** *Like a Keith in the Night:* 7/8. The 11th Street Kids navigate the alternate world. **10.40** *Full Nelson:* 8/8. Peacemaker gets a wake-up call from the 11th Street Kids. (S2)
11.50 **The Force: North East** A woman thought to have overdosed disappears.
12.55 AM **Brit Cops: War on Crime**
2.00 **The Force: North East**
3.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Buying the View**
7.55 **The Only Way Is Essex**
10.55 **Deal or No Deal**
1.55 PM **The Floor**
2.55 **Ant & Dec's Limitless Win**
3.55 FILM **Hotel Transylvania 3: Summer Vacation** Animated sequel with the voices of Adam Sandler and Andy Samberg. (2018, U, 97min) ★★
5.50 FILM **Evan Almighty** Fantasy comedy sequel starring Steve Carell and Morgan Freeman. (2007, PG, 91min) ★★

5.50 Evan Almighty

7.45 FILM **Godzilla vs Kong** Sci-fi adventure starring Alexander Skarsgård and Millie Bobby Brown. King Kong and his protectors undertake a perilous journey to locate his true home, but find themselves in the path of Godzilla. With Brian Tyree Henry. (2021, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Love Island All Stars: Unseen Bits** New edition Maya Jama reviews the highlights from the last seven days in the villa.
11.05 **Family Guy** 20/20. Brian decides to run for mayor. **11.35** 15/20. (S17)
12.05 AM **American Dad!** (S20&14)
1.05 **Olivia Attwood: Getting Filthy Rich**
2.05 **Plebs** 5/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Inspector Morse**
8.15 **Wycliffe**
10.00 **Agatha Christie's Marple**
11.55 **Rosemary & Thyme**
2.00 PM **Midsomer Murders** *A Tale of Two Hamlets:* An actor's death exposes a centuries-old feud. Guest stars Beth Goddard. **4.00** *Birds of Prey:* The discovery of a book dealer's body sparks an investigation. **6.00** *The Green Man:* Human skeletons are unearthed when a tunnel collapses.

11.55 Rosemary & Thyme

Midsomer Murders (started at 6.00pm)

8.00 **Midsomer Murders** *Bad Tidings:* A local woman is found murdered following a row with her husband at a residents' association Spanish-themed evening, so Barnaby and his new sergeant Dan Scott arrive to investigate.

10.00 **Vera** *The Blanket Mire:* A body is found buried on the Northumberland moors which could be a missing teenager, stirring up tension and suspicion in her nearby rural home town.
11.50 **Inspector Morse** *The Day of the Devil:* The sleuth hunts down an escaped convict. Guest stars Keith Allen.
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 NEW **Serie A Scots: Lewis Ferguson** The midfielder talks about life at Bologna.
7.30 **Icons of Football** The career of Richard Gough.
8.00 **Icons of Style** 1/2. A look at the social, cultural, and political history of Scottish fashion, looking at the big moments, trends, and personalities. **9.00** 2/2. Kirsty Wark highlights designers, celebrities and influencers from the 1990s to the current day who have shaped Scottish fashion.
10.00 FILM **Aftersun** Drama starring Frankie Corio and Paul Mescal. (2022, 12, 102min) ★★★★★
11.30 PM **to 12.00** M'T **The Entertainment Mix**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
10.30 **Ballers** 5-8/10. (S1)
12.50 PM **Sex and the City**
3.50 **Community** (S1)
6.30 **The Office (US)** 8/25. The Scranton and Stamford branches are merged, and Jim and Pam are finally reunited. **7.00** 9/25. An employee's prison record is revealed. **7.30** 10/25. Michael's inappropriate Christmas cards upset Carol. **8.00** 11/25. Michael tries to deal with being dumped by Carol. **8.30** 12/25. Michael returns from his holiday in Jamaica. (S3)
9.00 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
10.00 FILM **Funny Cow** Comedy drama starring Maxine Peake. (2017, 15, 102min) ★★★★
12.00 M'T **And Just Like That...** 10&11/11. (S2)
1.50 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **La Traviata**
8.10 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.05 PM FILM **Sherlock Holmes in Washington** Mystery thriller starring Basil Rathbone. (1943, b/w, U, 71min) ★★
2.25 **Wuthering Heights**
4.25 **Landscape Artist of the Year** From Dover Castle.
5.25 **Kate Bush: The Timeless Genius**
6.40 **David Bowie: A Reality Tour**
8.00 **Elvis: Summer of '56**
9.00 **When Elvis Met Priscilla**
10.00 **Elvis Presley: The Early Years**
11.00 **Elvis: Tortured Soul**
12.25 AM **Classic Albums**
1.25 **Jimi Hendrix: The Guitar Hero**
3.30 **David Gray: White Ladder – From Then 'Til Now** Documentary.
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security USA**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed**
4.00 **Africa's Hunters**
5.00 **Africa's Claws and Jaws**
6.00 **Wild Dogs: Pack vs Pride** Double bill.
7.00 **Dogs: An Amazing Animal Family** Patrick Aryee follows a pack of African hunting dogs.
8.00 **Caught on Dashcam**
9.00 FILM **A Fistful of Dollars** Sergio Leone's famous Spaghetti Western starring Clint Eastwood. (1964, 15, 96min) ★★★★★
11.00 **Clint Eastwood: A Life in Film** The actor discusses his career.
12.30 AM **Caught on Dashcam** Documentary.
1.30 **Killer in My Village**
2.30 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **In with a Shout** Game show hosted by Joel Dommett.
4.00 **Time Is Money** Sara Davies hosts the quick-fire quiz show.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **In with a Shout** The Trupia-Melluish family from Milton Keynes and the Murrays from Newcastle try to answer questions, the correct responses to which are hidden within a montage of moving images.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable**
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

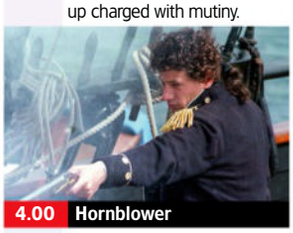
9.00 AM **Kirstie and Phil's Love It or List It: Brilliant Builds**
9.30 **Come Dine with Me**
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **George Clarke's Amazing Spaces**
2.00 **Location, Location, Location** Property series.
3.00 **A Place in the Sun**
8.00 **Kirstie and Phil's Love It or List It** Helping a couple in Tyneside.
9.00 **Walkers Unpacked: Inside the Crisp Factory** Behind the scenes at Walkers.
10.00 **Joe Lycett: I'm About to Lose Control and I Think Joe Lycett**
11.05 **Bill Bailey: Bewilderness**
12.05 AM **Gogglebox**
2.15 **Sky Coppers**
3.15 **24 Hours in Police Custody** Documentary.
4.15 **to 4.45** AM **Travel Man: 48 Hours in Washington, DC**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
7.15 **Minder**
8.20 **The Sweeney**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **American Pickers**
12.30 PM **Made in Britain**
1.00 LIVE **Racing** Coverage of meetings from Kempton Park, Southwell and Newcastle.
4.00 **Hornblower** *Mutiny*: CS Forester's seafaring hero saves the Renown from seemingly certain disaster, but ends up charged with mutiny.


4.00 Hornblower

6.10 FILM **On Her Majesty's Secret Service** James Bond spy adventure starring George Lazenby and Diana Rigg. British secret agent 007 once again takes on his arch-enemy Blofeld. With Telly Savalas. (1969, PG, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Action from the latest EFL matches, including Hull City v Queens Park Rangers and West Bromwich Albion v Coventry City.
10.30 **Wrestling: AEW Dynamite** Hard-hitting action featuring Jon Moxley, Bryan Danielson and Claudio Castagnoli.
12.30 AM **The Sweeney**
1.30 **Minder**
2.30 **Auto Mundial**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **America Is Sinking** Adventure starring Johnny Pacar. (2023, PG, 80min) ★★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **5.00** 4/26. The *Enterprise* crew discover wreckage from the USS *Jenolan*, reported missing 75 years earlier. (S6)
6.00 **Star Trek: Voyager** 3/26. The crew abandon ship. Guest stars Dwight Schultz. (S2)

10.35 Westworld

7.00 **Star Trek: Voyager** *Elogium:* 4/26. While the ship is ensnared in an energy field, Kes's mating cycle is accelerated.
8.00 **Star Trek: Voyager** *Non Sequitur:* 5/26. Harry Kim wakes up back on Earth. **8.55** *Twisted:* 6/26. A spatial distortion damages the ship, trapping several crew members and injuring Janeway. **9.45** *Parturition:* 7/26. Kes's attraction to Paris drives Neelix mad with jealousy. (S2)
10.35 **Westworld** *Journey into Night:* 1/10. The hosts hunt down the remaining humans. (S2)
11.55 **Westworld** 2/10. William makes a bold business venture. **12.55** AM 3/10. Dolores makes her next move. **1.55** 4/10. The Man in Black and Lawrence follow the path to Las Mudas. **3.15** 5/10. Maeve and her allies discover a new world. (S2)
4.20 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
10.00 **The Doctor Blake Mysteries**
12.00 NOON **Inspector George Gently** *Gently Liberated.*
2.00 PM **Father Brown** Four episodes, including at: **5.00** *The Wayward Girls:* Bunty reunites with Father Brown to investigate a dark secret at a girls' borstal.
6.00 **Shakespeare & Hathaway: Private Investigators** 3/10. The duo investigate the disappearance of an Eastern European oligarch. (S2)

9.00 Death in Paradise

7.00 **Shakespeare & Hathaway: Private Investigators** 4/10. A psychic TV show is the scene for murder. (S2)
8.00 **Father Brown** *The Forensic Nun:* Sister Boniface find herself implicated in the murder of a renowned artist.
9.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. A man receives a strange voicemail from his wife. (S7)
10.00 **Father Brown** *The Final Devotion:* The priest joins forces with Flambeau to search for a lost treasure in a 15th-century castle.
11.00 **Mudtown** 1/6. A magistrate uncovers criminal activity that sees her maternal instincts clash with her commitment to uphold the truth. (S1)
12.00 M'T **Father Brown**
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Only Fools and Horses**
12.00 NOON **Only Fools and Horses** Nine episodes of the sitcom, including at: **5.05** PM The Trotters meet a pregnant German woman who is in need of help, so Del Boy becomes her saviour. **5.45** A weeping statue in the local church gives Del Boy an idea for a miraculous money-making scheme. **6.25** A routine trip to the supermarket turns into a tense night as an inept robber holds the Trotters hostage.

8.20 dinnerladies

7.00 **Only Fools and Horses** Tempers flare when the Trotter brothers fall for the same woman. **7.40** Rodney's plans to make a community film are spoiled by Del Boy.
8.20 **dinnerladies** Bren frets over a new DIY table-clearing initiative.
9.00 **Victoria Wood as Seen on TV** It's week three of 'Managing without Opera'. **9.40** Featuring another episode of soap spoof *Acorn Antiques* and a performance of *Let's Do It*.
10.20 **Only Fools and Horses** An old friend returns from Australia flushed with success and offers Del a share in his business empire Down Under.
11.00 **Only Fools and Horses**
12.40 AM **Inside No 9**
1.20 **Victoria Wood as Seen on TV** Comedy sketches.
2.00 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Double bill of editions.
9.00 **Rick Stein's Long Weekends**
10.00 **Top Gear** Double bill.
12.00 NOON **World's Most Dangerous Roads**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Would I Lie to You?**
5.00 **Would I Lie to You? At Christmas** A festive edition, with guests Henry Blofeld, Kerry Howard, the Rev Richard Coles and Clive Myrie.
5.40 **Would I Lie to You?** Double bill of the comedy panel show.

9.00 Gavin & Stacey

7.00 **Not Going Out** Lee fails in his bid to buy tickets to see Oasis in concert. **7.40** Lee and Lucy are extras on the set of a popular TV mini-series. **8.20** Lee uses his collection of free discount vouchers to book a room for the night in a hotel.
9.00 **Gavin & Stacey** Pete and Dawn prepare to renew their wedding vows. **9.40** Bank Holiday Monday sees the Essex mob arrive for a day at the beach in Barry. **10.20** Nessa and Dave's wedding day arrives, and Stacey has news for Gavin.
7.00 **Gavin & Stacey** Pete and Dawn prepare to renew their wedding vows. **7.40** Bank Holiday Monday sees the Essex mob arrive for a day at the beach in Barry.

+1 hour 211/212 327 74 259

Saturday

7 PM **8 PM** **9 PM** **10 PM**

5USA

141/169 129 120/162 21 129 29

9.00 AM **NCIS** 24/24. (S16)
9.50 **Blue Bloods** (S7)
12.20 PM **NCIS: Los Angeles** Nine episodes of the drama, including at: **6.00** *Pushback:* 7/24. The team uncover new evidence about the attempt on Callen's life. **7.00** *Ambush:* 8/24. Callen and Sam investigate the murder of a lance corporal who was linked to a civilian militia group. **8.00** *Random on Purpose:* 9/24. Abby Sciuto from the Washington office helps in the hunt for a killer. (S1)
9.00 **Instinct** *Ancient History:* 5/11. Dylan and Lizzie investigate the case of a lawyer found murdered in a bizarre ritual. (S2)
10.00 **Law & Order: Special Victims Unit** (S21&20)
1.45 AM **NCIS** 17&18/24. (S4)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Home and Away**
10.00 **Shoplifters & Scammers: At War with the Law** Double bill.
12.00 NOON **Nightmare Tenants, Slum Landlords** Four editions.
4.00 PM **Rogue Claimers**
5.00 FILM **50 First Dates** Romantic comedy with Adam Sandler. (2004, 12, 99min) ★★★
6.55 FILM **The Wedding Planner** Comedy with Jennifer Lopez. (2001, PG, 103min) ★★★
9.00 FILM **Fifty Shades Darker** Drama sequel starring Dakota Johnson. (2017, 18, 118min) ★
11.20 **Adults Only: Kinky for Cash**
12.20 AM **Adults Only: Sexual Healing**
1.20 **Beatrice and Eugenie: A Royal Dilemma**
2.50 **to 4.00** AM **Forensics: Murder Scene**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Motorway Cops: Catching America's Speeders** Documentary.
10.15 **Police Interceptors**
3.15 PM **Motorway Cops: Catching America's Speeders** Double bill.
5.15 FILM **Branded** Western starring Alan Ladd. (1950, PG, 94min) ★★
7.15 FILM **Ride Clear of Diablo** Western starring Audie Murphy as a man seeking to avenge the deaths of his father and brother. With Susan Cabot and Dan Duryea. (1954, U, 80min) ★★
9.00 FILM **Red Dawn** Action adventure about a group of US teenagers and an ex-Marine who wage guerrilla war against invading Soviet forces. Stars Charlie Sheen. (1984, 15, 113min) ★
11.20 **Banged Up Abroad**
3.30 **to 4.00** AM **Winter Road Rescue**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **999 Rescue Squad** Four editions of the series, including at: **5.00** An accident in a soft play centre leads to a suspected spinal injury. **6.00** A man with a gun barricades himself into a canal boat.
7.00 **Nurses on the Ward** Paediatric nurse Mahbuba is called to an emergency with a toddler gasping for breath. **8.00** Midwife Amy delivers a high-risk mother's late baby.
9.00 **The Catherine Tate Show** Triple bill.
11.00 **Ambulance Australia**
12.00 M'T **Louis Theroux: Talking to Anorexia**
1.00 AM **Louis Theroux: The Most Hated Family in America** Documentary.
2.00 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
8.45 **Lovejoy**
12.15 PM **Father Brown**
1.15 **New Tricks**
3.55 **Jonathan Creek**
5.00 **The Marlow Murder Club** 2/2. Mystery drama.
7.00 **The Brokenwood Mysteries** 1/6. (S9)
9.00 **Whitechapel** 2/6. Part two of two. A second mass murder occurs with no obvious signs of a break-in. (S3)
10.00 **Catch Me a Killer** *The Saloon Killer – Part One:* 10/11. Micki faces her toughest case yet. **11.05** *The Saloon Killer – Part Two:* 11/11. The Saloon Shooter mows down two new victims in Phoswa Village. (S1)
12.05 AM **The Inspector Lynley Mysteries**
2.00 **New Tricks**
3.05 **to 4.00** AM **Queens of Mystery**

+1hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Flipping Bangers**
11.00 **Great American Railroad Journeys**
1.00 PM **Canal Boat Diaries**
4.00 **Simon Reeve's South America** Triple bill.
7.00 **Classic Car Kings**
8.00 **Bangers & Cash** Derek heads to Bingley to meet a kindred spirit who is parting with his TR7 after 32 years.
9.00 **Bangers & Cash: Restoring Classics** The team cannot believe their luck when a Volvo 144 rolls in with just 15,000 miles on the clock. **10.00** The team think they can smell profit by choosing one of the simplest cars ever built – the VW Beetle.
12.00 M'T **to 3.00** AM **Bangers & Cash: Restoring Classics**

+1 hour 255 329

SATURDAY Entertainment

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Wales.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing**
9.00 **My Lottery Dream Home** David helps a New Jersey native return to his home state and find his forever home. **9.30** A couple call on David yet again to find their third dream home in Boca Raton, Florida.
10.00 **Celebrity IOU** New edition Actor and musician John Stamos works with Jonathan and Drew to transform his best friend's garage.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** (S7&8)
1.00 PM **Little House on the Prairie** Eight episodes of the series, including at: **6.00** *Legend of Black Jake:* 7/24. Mr Oleson is kidnapped, but Harriet refuses to pay ransom. **7.00** *Chicago:* 8/24. Charles consoles a mourning friend. **8.00** *For the Love of Nancy:* 9/24. Nancy gains an admirer. (S8)
9.00 **The Ruth Rendell Mysteries** *Secret House of Death – Part One:* 1/6. A secret liaison ends in death. (S2)
11.10 FILM **Bless This House** Comedy spin-off starring Sidney James. (1972, U, 89min) ★★
1.05 AM **Home to Roost**
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
9.50 FILM **The Texas Rangers** Western. (1951, U, 75min) ★★★
11.35 FILM **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
1.25 PM FILM **The Professionals** Western adventure. (1966, PG, 117min) ★★★★
3.55 FILM **Ten Tall Men** Adventure. (1951, U, 97min) ★★★
6.10 FILM **Waterloo** Drama. (1970, U, 132min) ★★★
9.00 FILM **Rambo III** Action adventure sequel. (1987, 18, 101 min) ★★★
11.10 FILM **Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
1.10 AM **The Baron**
3.10 **Police Ten 7**
3.35 FILM **Johnson County War: Part 2** Western. (2002, 12, 89min) ★★
5.15 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Police Ten 7**
8.30 **Diagnosis Murder**
9.30 FILM **Exit Stage Death** Drama. (2020, PG) ★★
11.25 FILM **Prediction Murder** Thriller. (2020, PG) ★★
1.20 PM FILM **From Paris with Love** (2015) ★★
3.15 FILM **A Fatal Engagement** Drama. (2024, PG, 89min) ★★
5.10 **A Prescription for Murder** Crime thriller.
7.05 FILM **Three Bedrooms, One Corpse** Drama. (2016, PG, 84min) ★★
9.00 FILM **If Wishes Were Horses** Mystery. (2007, PG, 85min) ★★
10.55 FILM **The Novel Murders** Crime drama. (2016, PG, 84min) ★★
12.50 AM FILM **My Baby Gone** Thriller. (2017, PG) ★★
2.35 FILM **If Looks Could Kill** Thriller. (2016, 15) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM FILM **Meet Me in New York** Drama. (2022, PG, 89min) ★★
10.00 FILM **The Movie Star and the Cowboy** Drama. (2023, PG, 92min) ★★
12.00 NOON FILM **My Boss's Wedding** Romance. (2021, PG, 85min) ★★
2.00 PM FILM **How to Find Forever** Drama. (2021, PG, 90min) ★★
4.00 FILM **The Wedding Fix** Drama. (2022, PG) ★★
6.00 FILM **A Whirlwind Wedding** Comedy. (2020, PG, 90min) ★★
8.00 FILM **A Wedding for Belle** Romantic drama. (2025, PG, 90min) ★★
10.00 FILM **Love Upstream** Romantic comedy. (2021, PG, 85min) ★★
12.00 M'T FILM **Starting Up Love** (2019, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **How to Find Forever** (2021)

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.30 **The Top Secret Life of Edgar Briggs**
9.00 **The Fenn Street Gang**
10.30 **The Dustbinmen**
12.00 NOON **The Champions**
1.00 PM **Boon** 4/13. (S3)
2.00 **Wish Me Luck** (S2)
5.00 **The Fenn Street Gang**
6.00 **The Champions**
7.00 **The Top Secret Life of Edgar Briggs** (S1)
8.00 **Boon** *Have a Nice Day:* 4/13. Ken traces a missing husband. (S3)
9.00 **Riders** 1/2. Adaptation of Jilly Cooper's novel.
10.10 FILM **Mardi Gras Massacre** Horror. (1978, 18, 97min) ★★
12.10 AM **Stereo Underground**
1.10 FILM **Messiah of Evil** Chiller with Michael Greer. (1973, 18, 89min) ★★
3.00 **Dark Skies** 13/20. (S1)
4.00 **The Prime of Miss Jean Brodie** 3/7. (S1)
5.00 **to 6.00** AM **Stereo Underground**

DMAX

158 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Outback Crystal Hunters** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** A woman whose hoarding may cause her to lose custody of her daughter. **8.00** Featuring a couple whose marriage is at breaking point due to compulsive hoarding.
9.00 **Paranormal: Caught on Camera** A mermaid serenades a fisherman.
10.00 **Ghost Adventures** The crew investigate rumours of dark forces at an abandoned home. **11.00** Zak and the crew are in Nevada to investigate a winery.
12.00 M'T **Unexplained: Caught on Camera**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Nadiya's Fast Flavours**
12.00 NOON **Nadiya's Time to Eat** Double bill.
1.00 PM **James Martin's French Adventure**
3.00 **Mary Berry's Simple Comforts** Four editions.
5.00 **Mary Berry: Cook & Share** Four editions.
7.00 **Secret Eats with Adam Richman** Double bill.
8.00 **Adam Richman Eats Italy** Adam is in Parma to sample iconic foods named after the city. **8.30** Adam is in Venice to taste dishes that imbibe the city's soul.
9.00 **Diners, Drive-Ins and Dives** Eight editions.
1.00 **Diners, Drive-Ins and Dives: Triple D Nation**
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM FILM **Alien Convergence** Thriller. (2017, 15, 110min) ★★
9.00 **The Invaders** (S1)
2.00 PM FILM **Law of the Lawless** Western. (1963, 15, 88min) ★★
3.50 FILM **Billy the Kid v Dracula** Horror Western. (1966, PG, 73min) ★
5.20 FILM **The Odessa File** Suspense thriller with Jon Voight. (1974, PG, 129min) ★★★
8.00 **The Twilight Zone**
9.00 FILM **No Escape** Thriller with Owen Wilson and Pierce Brosnan. (2014, 15, 101 min) ★★★
11.05 FILM **The International** Thriller with Clive Owen and Naomi Watts. (2009, 15, 118min) ★★★★
1.20 AM FILM **Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
3.15 **to 5.00** AM FILM **While She Was Out** Thriller. (2008, 18, 88min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **The Gambler Returns: The Luck of the Draw**
2.00 PM FILM **Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
4.00 **The Lost World** (S2)
9.00 FILM **Rambo** Action drama sequel starring Sylvester Stallone. Vietnam veteran John Rambo takes on the Burmese army to rescue a captive group of missionaries. (2008, 18, 90min) ★★★
10.55 FILM **8 Million Ways to Die** Crime thriller starring Jeff Bridges and Rosanna Arquette. (1986, 18, 115min) ★★
1.10 AM FILM **Rambo** (2008)
3.00 FILM **Battle Star Wars** Sci-fi action drama starring Alyson Gorske. (2020, 12, 86min) ★
4.55 **to 6.00** AM **The Twilight Zone**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **UFO Files**
10.10 **Alien Disclosure Files**
11.10 **UFO POV**
12.05 PM **Encounter: UFO**
1.05 **The Proof Is Out There**
3.05 **What on Earth?**
6.00 **History's Greatest Mysteries** Focusing on the Voynich manuscript. **7.00** The kidnapping of Charles Lindbergh's son in 1932, which sparked a US-wide manhunt. **8.00** The story of the Chicago Tylenol Murders in 1982.
9.00 **Holy Marvels with Dennis Quaid** A look at how ancient cultures provoked fear with curses and certain objects.
10.00 **Clash of Ancient Warriors** A look back at the Battle of Gergovia, fought in 52BC.
11.00 **The UnXplained with William Shatner**
1.00 AM **Strangest Things**
2.00 **to 6.00** AM **UFO Files**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **6.00** *To Kill a Legend:* An old document is found that could rewrite the history of Cabot Cove.
7.00 **Abandoned Engineering** Hidden tunnels that saw a city prosper.
8.00 **Battle Front: WWII Road to Victory** The attack on the US base on Midway Island. **8.30** A look at when US Marines met Japanese infantry for the first time at Guadalcanal.
9.00 **The Dambusters** 1/3. The 1943 bombing raid to destroy German dams. **10.00** 2/3. Barnes Wallis's attempts to get his new bomb to work. **11.00** 3/3. One plane drops its bomb with devastating effect.
12.00 M'T **Wentworth Prison**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Catchphrase Mother's Day Special**
1.00 PM **Tenable**
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** With Louise Hazel, Joel Dommett, Sinitta and Les Dennis. **6.00** Sally Phillips, Rick Wakeman, Jenny Jones and Alistair McGowan take part in the quiz.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** With Phil Tufnell, Jennie Bond, Ulrika Jonsson and Laurence Llewelyn-Bowen.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 16/24. Amy is furious with Sheldon for sharing intimate details. **8.30** 17/24. Raj cannot afford to join the gang on their annual trip to Comic-Con. (S10)
9.00 FILM **Zoolander** Comedy directed by and starring Ben Stiller as a top male model who gets involved in a plot to assassinate the Malaysian premier. With Owen Wilson, Jon Voight and Milla Jovovich. (2001, 12, 89min) ★★★★
11.00 **Mock the Week**
12.00 M'T **Young Sheldon**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Stupid Central**
9.00 **Impractical Jokers**
9.55 **Friends** (S9&10)
4.00 PM FILM **Jumanji** Fantasy adventure with Robin Williams. (1995, PG, 104min) ★★★★
6.00 **Friends** 3-8/18. (S10)
9.00 FILM **Shanghai Knights** Action comedy starring Jackie Chan and Owen Wilson. A sheriff from the Wild West travels to England to avenge his father's murder. (2003, 12, 109min) ★★★
11.15 **Lee Evans: Monsters**
12.15 AM **8 Out of 10 Cats Uncut** Panel show.
1.55 **Whose Line Is It Anyway? USA**
2.25 **Dragony Aunts**
2.40 **Iain Stirling's Roast the Internet**
3.30 **Jimmy Carr's Am I the A**hole?**
4.15 **to 5.00** AM **Comedy Game Night**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 5&6/22. (S1)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 3.00pm.
10.00 **Everybody Loves Raymond** 7-16/22. (S1)
3.00 PM **Michael McIntyre's Big Show** With Alison Hammond, George Ezra and Peter Crouch.
4.00 **Friends** 3-6/18. (S10)
6.05 **Everybody Loves Raymond** 17-22/22. (S1)
9.00 **Friends** 7/18. Ross discovers Rachel has an irrational fear of swings. **9.30** 8/18. Monica reluctantly agrees to cook Thanksgiving dinner. (S10)
10.00 **Friends** 9-15/18. (S10)
1.45 AM **New Girl** (S3)
2.45 **South Park** (S10)
4.15 **Rosie Jones Tries to Help** With Harry Hill.
4.30 **Jimmy Carr's Am I the A**hole?**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s – Best Music Live!**
8.35 **On the Buses** (S2)
9.35 **Birds of a Feather** (S12)
1.30 PM **Steptoe and Son**
7.35 **Minder** *Second Hand Pose:* 5/10. Arthur excludes Terry from his latest venture. (S5)
9.00 **Benidorm** 2/7. The Garveys discover Madge has sold up and left. (S4)
9.55 **Shameless** 1/8. Marty presents Sue with an unusual gift. (S4)
11.00 **Man About the House**
11.30 **Rising Damp** 7/7. (S3)
12.00 M'T **Benidorm** (S4)
1.00 AM **Minder** 5/10. (S5)
2.00 **Till Death Us Do Part**
2.40 **Man About the House**
3.00 **Duty Free** 2/7. (S3)
3.25 **The Osbournes**
3.50 **That's 60s – Best Music Live!**
4.00 **Nearest and Dearest**
4.45 **to 6.00** AM **Trainspotting**

MTV

126/127 137 134 351 366

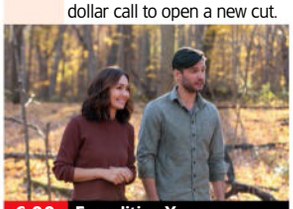
6.00 AM **Teen Cribs**
6.20 **Teen Mom 2**
8.00 **16 and Pregnant**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **6.00** Joe was sceptical when Miss Teen USA sent him a friend request. **7.00** Reign needs answers from Piers on why he disappeared. **8.00** Keontae thinks Tyler is hiding something.
9.00 **True Life Crime UK** Examining the death of schoolgirl Ellie Gould.
10.00 FILM **Child's Play 2** Horror thriller sequel starring Alex Vincent and Jenny Agutter. (1990, 15, 81 min) ★
12.00 M'T **Ink Master: Angels**
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality series.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Expedition X**
12.00 NOON **Gold Rush** Tony tries to save a flipped rock truck and replace a downed bridge. **1.00** PM Rick decides to prospect a new area in Keno. **2.00** Foreman Mitch Blaschke steps in to save the day. **3.00** Parker launches a plan to net $35 million and poaches a rival's crew member. **5.00** Parker poaches more crew members, and Rick tries to strike a deal for a new claim. **6.00** Rick makes a million dollar call to open a new cut.



6.00 Expedition X

7.00 **Scrapyard Dynasty** Terry makes a rogue purchase with a load of jewellery, and the yard's grabber needs an overhaul.

8.00 **Secrets Underground** Ancient ruins that suggest Europeans arrived in America 1,000 years before Columbus.

9.00 **Ed Stafford's Rite of Passage** The adventurer explores how different cultures mark the transition to manhood.

10.00 **Expedition Unknown** Parker Schnabel joins Josh Gates to investigate an infamous California robbery gone bad.

11.00 **Expedition Files** The mystery of a hard drive holding billions in Bitcoin lost in a landfill.
12.00 M'T **Moonshiners** Mark and Digger recruit Patti Bryan to make hot pepper moonshine.
1.00 AM **Moonshiners** Double bill.
3.00 **to 5.00** AM **Street Outlaws: Locals Only**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **The Zoo** A gorilla must undergo a critical root canal. **4.00** A fennec fox's future hangs in the balance.
5.00 **Treehouse Masters** Pete Nelson visits spectacular treehouses in the USA.
6.00 **Preposterous Pets** Dog owners make over their poodles for grooming contests.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How hamsters stuff so much into their cheeks. **7.30** How dogs know when their owner is ill.

8.00 **Extinct or Alive** Biologist Forrest Galante is in the Faroe Islands looking for a trace of the great auk, a large flightless seabird.

9.00 **Alaskan Bush People: Bushcraft Chronicles** The Browns explain how they have dealt with medical issues in the past.

10.00 **Tanked** Basketball star Demarcus Cousins asks for a tank, while an exotic pet store want a tank for both fish and reptiles.

11.00 **Alaska: The Last Frontier** Eivin builds a motorised cart for Findlay, while Atz Lee and Atz Sr take Jane on a hunt on horseback in the foothills.
12.00 M'T **Edge of Alaska**
2.00 AM **The Haunted**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ultimate Supercar**
9.00 **Car S.O.S** Triple bill.
12.00 NOON **Engineering Europe**
1.00 PM **Air Crash Investigation**
2.00 **Gladiators: Warriors of the Ancient World**
3.00 **Vikings: The Rise and Fall** Political turmoil in Norway leads the Vikings to go west. **4.00** The empire's final days.
5.00 **Destruction Decoded** Devastating dam collapses.
6.00 **Air Crash Investigation** A Boeing 737 crashes just moments after taking off.

8.00 Hitler's Last Stand

7.00 **World War II: Secrets from Above** As the war reaches its endgame, Allies and Soviets race to seize Berlin.

8.00 **Hitler's Last Stand** An American soldier must crawl through a minefield to capture German machine gun nests.

9.00 **Hitler's Last Stand** How future Hollywood star Audie Murphy sent his company back during an enemy counter-attack.

10.00 **No Man Left Behind** A commando squad assigned to kill a terrorist leader in Afghanistan are lured into a trap.

11.00 **Pole to Pole with Will Smith** The actor must dive under the ice at the North Pole to capture scientific samples.
11.50 **Air Crash Investigation**
12.50 AM **Mayday**
1.45 **Air Crash Investigation**
2.40 **Inside Airport Lost & Found**
4.30 **to 5.00** AM **Food Factory**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens: Origins**
8.00 **Full Custom Garage**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Six editions.
2.00 PM **Digging for Britain** Archaeological digs in the west. **3.00** Digs in the north. **4.00** More archaeological digs in the west of Britain.
5.00 **Lost Grail with Alice Roberts** The notion the Knights Templar buried the Holy Grail.
6.00 **Gold Wars Downunder** Three hardcore mining teams battle it out to unearth the most gold.

9.00 Nazi Murder Mysteries

7.00 **Beyond the Myth: The SS Unveiled** A look back at the military career of Nazi leader Reinhard Heydrich.

8.00 **Beyond the Myth: The SS Unveiled** The Waffen-SS, a military elite intended to attract the best German soldiers.

9.00 **Nazi Murder Mysteries** A look into the case of Hitler's niece Geli Raubal, who was found dead in his apartment in 1931.

10.00 **Nazi Murder Mysteries** An investigation into the 1943 murder of businessman Sir Harry Oakes in the Bahamas.

11.00 **Hells Angels: Kingdom Come** The story of Greg 'Picasso' Woolley and Marty Robert.
12.00 M'T **Full Custom Garage** Car builder Ian Roussel takes on an off-road project. **1.00** AM Ian goes over the top on a wild creation.
2.00 **Digging for Britain**
5.00 **to 6.00** AM **Lost Grail with Alice Roberts**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Ian McKellen**
7.00 **Discovering: Ed Harris**
8.00 **The Directors**
9.00 **Wild Wild Space**
10.50 **Val** Documentary.
1.00 PM **Bright Lights: Starring Carrie Fisher and Debbie Reynolds** Documentary.
3.00 **Showbiz Kids** The impact of working as a child actor in the entertainment industry.
5.00 **JFK Revisited: Through the Looking Glass** Documentary examining the assassination of US president John F Kennedy.

9.00 2000 Meters to Andriivka

7.15 **The Yardbirds** A history of the rock band, which was the launching pad for guitarists Eric Clapton, Jeff Beck and Jimmy Page. With contributions by Ronnie Wood, Brian May and Alice Cooper.

9.00 **2000 Meters to Andriivka** One-off documentary following a Ukrainian platoon as they traverse a heavily fortified mile of forest to liberate a strategic village from Russian forces.

11.15 FILM **Robin Williams: Come Inside My Mind** An intimate portrait of the comedian and actor, Robin Williams. (2018, 12, 117min) ★★★★
1.30 AM **Everton: Howard's Way** The story of Everton's trophy-winning peak in the 1980s.
3.30 **Giroud** A profile of French footballer Olivier Giroud.
5.00 **to 6.00** AM **The Directors**

Saturday

7 PM 8 PM 9 PM 10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried**
7.00 **Richard Hammond's Workshop** Richard's daughter Izzy discovers a passion for racing.
8.00 **The Repair Shop** Items include a wind-up bird cage and carved angels. **9.00** The experts restore a children's bike and an oriental lamp.
10.00 **The Yorkshire Auction House** Angus Ashworth and his team perform house clearances and uncover hidden gems.
11.00 **Outback Opal Hunters** The Misfits return to their claim and find it's been soaked by torrential rain.
12.00 M'T **Treasure Hunters Down Under**
1.00 AM **Curse of the Bermuda Triangle**
3.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops Philadelphia**
7.00 **Forensic Detectives**
9.00 **FBI Files**
11.00 **The Killer in My Family**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **The Perfect Murder**
9.00 **The Friday the 13th Murders** New edition Police officers find a family dead, a horror film still playing, a bloody mask nearby – and a strange letter.
10.00 **Police 911: Michigan** New edition Cameras follow the work of patrol officers.
11.00 **Faking It: Tears of a Crime** The case of TV weatherman Fred Talbot.
12.00 M'T **Murder on CCTV**
1.00 AM **Faking It: Tears of a Crime** Harold Shipman.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
9.15 **Judge Judy** The alleged theft of action figures, personal property and an arrest are disputed by former roommates. **9.40** A woman sues her 17-year-old son's former boss for the return of money her son loaned her to have her car fixed. **10.05** An alleged assault of a pregnant woman, an arrest, and private pictures of an ex-lover come into play when a relationship ends. **10.30** Teen ex-lovers fight over custody of a golden labrador named Munch Munch. **10.55** A woman accuses sober-living homeowners of illegally locking her out.
11.20 PM **to 6.00** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **Facing Evil**
4.00 **Murder She Solved**
6.00 **Forensic Factor** Experts reveal the clues nature leaves behind on a body. **7.00** Crime fighters map the psychological and physical terrain of multiple murderers. **8.00** How criminals are betrayed by the clues they leave behind.
9.00 **Murder UK** Bennylyn Burke and her daughter vanish after visiting a man she met online. **10.00** How Mark Martin boasted about wanting to become Nottingham's first serial killer. **11.00** Focusing on the case of Kai O'Donnell. **12.00** M'T The case of Claire Morris, who died in a car crash.
1.00 AM **Forensic Factor**
4.00 **to 6.00** AM **Murder UK**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **A1: Britain's Longest Road** Documentary.
8.00 **Brit Cops: Law & Disorder** Documentary.
9.00 **Caught on Dashcam**
10.00 **Police 24/7** Triple bill.
1.00 PM **What the Killer Did Next** Double bill.
3.00 **Killer in My Village**
5.00 **Britain's Most Evil Killers** Triple bill.
8.00 **Forensics: Catching the Killer** Philip Smith.
9.00 **The Cheshire Murders** The 2007 murders of a family in Connecticut.
11.15 **World's Most Evil Killers**
12.15 AM **The Real CSI: Miami**
1.10 **Britain's Most Evil Killers** Kenneth Regan and William Horncy.
2.00 **World's Most Notorious Killers**
3.30 **Highway Cops**
4.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Legends and Luxury: History of Marrakesh**
9.40 **Battlefield America**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Legends and Luxury: History of Marrakesh**
2.35 **Lincoln: Divided We Stand** Six editions.
8.00 **Battlefield America** 1/3. The pivotal battles of the American Civil War. **9.05** 2/3. A look back at the strategic decisions made at Vicksburg and Gettysburg. **10.15** 3/3. Showcasing the intense fighting and strategic errors in the Battle of Chickamauga.
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Legends and Luxury: History of Marrakesh** Documentary.
1.00 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

145 113/114 189 354 369

6.00 AM **Wild Dogs: Pack vs Pride**
8.00 **Kingdom of the Tide**
9.00 **Kalahari: Land of Secret Alliances** Triple bill.
12.00 NOON **Extraordinary Animals**
1.00 PM **My Best Friend's an Animal** Documentary.
2.00 **Bugs That Ruled the World**
4.00 **Seasons of the Wild**
6.00 **Attenborough at 90: Behind the Lens**
7.00 **David Attenborough Meets Obama** The former US president interviews the renowned documentarian.
8.00 **Battle of the Alphas** A look at how certain alphas use teamwork to their advantage. **8.30** A look at weapons used by small alphas to stay on top.
9.00 **Super Shark Highway** A team study how young blacktips learn social and survival skills.
10.00 **Big Cats: An Amazing Animal Family** Double bill of editions.
12.00 M'T **Battle of the Alphas**
1.00 AM **Super Shark Highway**
2.00 **Alaskan Summer**
3.00 **to 6.00** AM **Wild Pacific Rescue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Ships**
10.00 **WWII's Most Daring Raids**
11.00 **The Great British Dig: History in Your Back Garden**
1.00 PM **Secrets of Great British Castles** Edinburgh Castle.
2.00 **Ancient Aliens**
4.00 **Egypt's Unexplained Files**
5.00 **Ramses the Great: King of Ancient Egypt**
6.00 **Pharaohs at War**
7.00 **Treasures Decoded**
8.00 **Egypt's Unexplained Files** An exploration of crime and punishment in ancient Egypt.
9.00 **Ross Kemp: Mafia and Britain** Britain's surprising and deep-rooted links with the Mafia.
10.00 **WWII Battles in Colour**
11.00 **Ancient Aliens** Double bill.
1.00 AM **Behind History**
2.00 **Beyond the Myth: The SS Unveiled** Documentary
3.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
4.00 **Hitler's Secret Bomb**
5.00 **to 6.00** AM **The Secret Nazi Expeditions**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Truth Behind the Moon Landing** Double bill.
4.00 **NASA's Unexplained Files**
6.00 **How It's Made** Creating dial indicators and bassoon reeds. **6.30** The making of pasta dyes and composting toilets. **7.00** Angle grinders and omnidirectional speakers. **7.30** An insight into how banana loaves are made.
8.00 **Paranormal Declassified** Paul goes in search of Bigfoot. **9.00** Paul investigates a surge in demonic activity in America.
10.00 **Curse of the Bermuda Triangle** The disappearance of five US Navy planes. **11.00** Theories surrounding a long-lost ship that disappeared.
12.00 M'T **In Search of Monsters**
2.00 AM **Expedition X**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **PREMIERE One More Shot**
7.40 **How to Train Your Dragon**
9.50 **I Know What You Did Last Summer** As 8.00pm.
11.50 **M3GAN 2.0** As 10.00pm.
1.55 PM **King Ivory** Action thriller. (2024, 15, 130min)
4.10 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
6.20 **PREMIERE One More Shot** Fantasy comedy starring Emily Browning. (2025, 15, 91min) ★★★ *See review, page 23.*

Sky Cinema Jurassic

303 303 403 503 517

6.20 AM **Jurassic Park** As 4.35pm.
8.35 **The Lost World: Jurassic Park** As shown at 6.45pm.
10.45 **Jurassic Park III** As 9.00pm.
12.20 PM **Jurassic World** (2015)
2.25 **Jurassic World: Fallen Kingdom** As 12.40am.
4.35 **Jurassic Park** Monster thriller. (1993, PG, 127min) ★★★★★
6.45 **The Lost World: Jurassic Park** Steven Spielberg's monster adventure sequel. (1997, PG, 129min) ★★★

6.20 One More Shot

4.35 Jurassic Park

8.00 **I Know What You Did Last Summer** Horror reboot starring Madelyn Cline and Chase Sui Wonders. A group of young friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **M3GAN 2.0** Sci-fi action thriller sequel starring Allison Williams. Two years after M3GAN's rampage, Gemma is forced to resurrect the doll to take down a military-grade weapon. (2025, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Reckless** Action comedy thriller. (2026, 15, 91min)
1.50 **Prisoner of War** Thriller. (2025, 15, 112min) ★★★
3.45 **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

The Lost World: Jurassic Park (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jurassic Park III** Adventure sequel starring Sam Neill and William H Macy. A palaeontologist gets stranded on an island containing genetically engineered dinosaurs. (2001, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Jurassic World** Action adventure sequel starring Chris Pratt. A safari park for genetically engineered dinosaurs creates a new species. (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Jurassic World: Fallen Kingdom** Adventure sequel. (2018, 12, 128min) ★★★
2.50 **Jurassic Park** As 4.35pm.
5.00 **to 7.10** AM **The Lost World: Jurassic Park** As 6.45pm.

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam**
3.40 PM **My Strange Arrest**
5.00 **Buried in the Backyard**
6.00 **The Real Murders of Atlanta** A Colombian immigrant vanishes during a car show. **7.00** Two friends are found shot as part of an elaborate set-up.
8.00 **Killer Grannies** The carefully tended garden of a boarding house hides a tale of horror.
9.00 **Murder on Trial** A deadly fire that was staged to cash in on life insurance.
10.00 **Don't Open the Door** True-crime tales of lives changed by a knock on the door.
11.00 **Skegness Psycho: 28 Miles to Murder** 1/2. Documentary.
12.00 M'T **House Party Killer**
1.00 AM **Sin City Gigolo: A Murder in Las Vegas**
2.05 **Hometown Tragedy**
3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Wild Patagonia**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** Dr Ben performs surgery on a cat that swallowed thread, and Dr Erin comes to the aid of a puppy that played a little too hard.
8.00 **Europe from Above** An aerial journey across Europe's islands and coastal landscapes throughout the seasons. **9.00** The construction of the world's longest continuous staircase in the Nordic region and a snowy hot air balloon ride.
10.00 **Man Among Cheetahs** Documentary following a cheetah and her young cubs.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **Last of the Giants: Wild Fish** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of editions.
6.00 **How the Universe Works** The search for the mysterious dark matter thought to be the cosmic glue that holds the universe together. **7.00** Conflicting results make determining the age of the universe difficult. **8.00** A team of robot sleuths roaming Mars on a mission to uncover its secrets.
9.00 **HMS Ark Royal** Following life aboard the aircraft carrier. **10.00** The ship rescues stranded British passengers. **11.00** The crew of HMS *Ark Royal* call in a massive naval tanker to help refuel the vessel en route to the world's largest naval base in Virginia.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Two Mules for Sister Sara** Comedy starring Clint Eastwood. (1969, 15, 114min) ★★★
9.25 **Escape to Victory** War drama. (1981, PG, 111min) ★★
11.30 **Empire of the Sun** Drama. (1987, PG, 152min) ★★★★
2.05 PM **An Officer and a Gentleman** Romantic drama starring Richard Gere. (1981, 15, 125min) ★★★★
4.15 **Dunkirk** War drama with Fionn Whitehead and Tom Hardy. (2017, 12, 106min) ★★★★★
6.15 **The Damned United** Sports biopic starring Michael Sheen as football manager Brian Clough. (2009, 15, 98min) ★★★★
8.00 **The Boy in the Striped Pyjamas** Wartime drama with Asa Butterfield and Vera Farmiga. (2008, 12, 94min) ★★★★
9.40 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. (2025, 15, 148min) ★★★★★
12.10 AM **The Bodyguard** Romantic thriller starring Kevin Costner. (1992, 15, 129min) ★★★
2.25 **American Sniper** Biopic. (2014, 15, 127min) ★★★★
4.40 **to 6.55** AM **The Blind Side** Drama starring Sandra Bullock. (2009, 12, 129min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **The Radleys** Horror comedy. (2024, 15, 115min) ★★★
8.45 **Arcadian** As shown at 3.55am.
10.25 **The Accursed** Horror thriller. (2022, 15, 90min) ★★
12.15 PM **Gator Creek** As 12.20am.
1.50 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
4.15 **Evolution** Sci-fi comedy starring David Duchovny. (2001, PG, 101min) ★★★★
6.05 **Speak No Evil** Horror starring James McAvoy and Mackenzie Davis. (2024, 15, 110min) ★★★★
8.00 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a bond with a mysterious count. (2024, 15, 132min) ★★★★
10.25 **Pet Sematary** Thriller starring Dale Midkiff. A family move into a new house and discover a strange cemetery for pets that brings the dead back to life. (1989, 18, 103min) ★★★
12.20 AM **Gator Creek** Horror thriller. (2025, 15, 87min) ★
1.50 **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
3.55 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
5.40 **to 7.30** AM **Companion** Horror. (2024, 15, 97min) ★★★★

U&Eden

166 134/162 176 57 160 142

9.05 AM **The Two Ronnies**
12.30 PM **Sorry!** Five episodes.
3.50 **The Two Ronnies**
7.15 **Doctor Who** *Robot – Part One:* 1/20. The Doctor's first adventure in a new form begins. Stars Tom Baker. **7.50** *Robot – Part Two:* 2/20. The Doctor uncovers plans that could put the world at risk. **8.25** *Robot – Part Three:* 3/20. With control slipping away, the threat becomes harder to stop. **9.00** *Robot – Part Four:* 4/20. The Doctor confronts the full danger in an effort to prevent a global catastrophe. (S12) **9.35** *The Android Invasion – Part One:* 13/26. The Doctor battles to thwart an invasion of Earth by the sinister Kraals. (S13)
10.05 **Doctor Who** Seven further episodes of the sci-fi series.
2.05 AM **The Two Ronnies**
4.40 **A Year on the Yorkshire Steam Railway**
5.30 **to 6.00** AM **Robson Green's Weekend Escapes**

+1hour 266 376

ID

154 140 166

8.00 AM **Cops UK: Bodycam Squad**
10.00 **Mean Girl Murders**
12.00 NOON **Pandora's Box: Unleashing Evil**
2.00 PM **Murder in the Heartland**
4.00 **Disappeared** Double bill.
6.00 **American Monster** The murder of Mike Snyder by his wife Ellen in January 2002. **7.00** The murder of US Air Force sergeant Nathan Paet.
8.00 **Obsession: Dark Desires** A look into how violent jealousy ruined a relationship.
9.00 **Married to Evil** Angie becomes trapped in a spiral of abuse.
10.00 **Who the (Bleep) Did I Marry?** Rising rock and roll star Jerry Lee Lewis marries 13-year-old Myra Brown when he comes to live at her Memphis home.
11.00 **Love, Honor, Betray** A series of sinister rumours threaten to tear a family apart.
12.00 M'T **Fatal Affairs**
2.00 AM **Where Murder Lies**
4.00 **to 6.00** AM **Murder Loves Company**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Kindig Customs**
10.00 **FourWheeler** Double bill.
11.00 **Bad Chad Customs**
12.00 NOON **Sewer Divers**
3.00 PM **Sydney Harbour Patrol**
5.00 **Texas Metal** Triple bill.
8.00 **Garage Squad** A Chevy C10 was a father-son project until the father tragically lost his son. **9.00** A man neglected his car while supporting his family in the wake of a loss. Now they're back on their feet, the family want to show their appreciation. **10.00** After two decades, the owner of a 1965 AC Cobra replica shifts his attention from his children to his other baby.
11.00 **Shed and Buried** A collection of rare British four-wheelers. **11.30** Henry and Sam find a shed full of interesting items. **12.00** M'T Henry and Sam rummage about in a tractor enthusiast's heaven. **12.30** AM Henry and Sam rummage around another shed.
1.00 **to 4.00** AM **Kindig Customs**

+1hour 261/272

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.35 AM **Friend or Foe** As 12.30am.
7.50 **Journey to the Center of the Earth** (2008, PG) ★★
9.25 **The Portable Door** (2023)
11.25 **The Cat in the Hat** (2003)
12.55 PM **A Dog's Purpose** Drama. (2017, PG, 100min) ★★★
2.45 **Twist** Crime comedy. (2021, 12, 90min) ★★★★
4.25 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★
6.00 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★

4.25 Stuart Little

7.25 **Teenage Mutant Ninja Turtles** Fantasy adventure starring Megan Fox and William Fichtner. (2014, 12, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

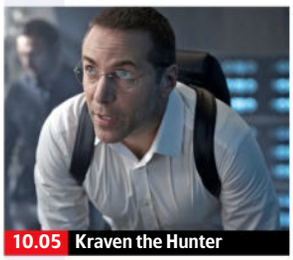
9.10 **The Golden Compass** Fantasy adventure starring Nicole Kidman and Dakota Blue Richards. In a parallel universe, a rebellious young orphan travels to the Arctic on a quest to save a kidnapped friend. (2007, PG, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Cat in the Hat** Fantasy comedy starring Mike Myers. (2003, PG, 82min) ★★★★
12.30 AM **Friend or Foe** Drama. (1981, U, 70min) ★★★
1.50 **The Portable Door** Fantasy starring Christoph Waltz. (2023, PG, 130min) ★★★
3.55 **Blueback** Family drama. (2022, PG, 102min) ★★★
5.40 **to 7.15** AM **The Mountain** Family comedy adventure. (2024, PG, 89min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.05 AM **Drunken Master II** (1994)
7.55 **A Fistful of Dollars** Western. (1964, 15, 96min) ★★★★★
9.45 **Rampage** (2018, 12) ★★★
11.35 **The Matrix Reloaded** Thriller sequel. (2003, 15) ★★★★
1.55 PM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
4.00 **Venom: The Last Dance** Fantasy. (2024, 15) ★★★
5.50 **The Matrix Revolutions** Thriller sequel. (2003, 15) ★★★


10.05 Kraven the Hunter

8.00 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Anthony Ramos and Brandon Perea. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Kraven the Hunter** Adventure starring Aaron Taylor-Johnson. A conservationist's complex relationship with his ruthless father sets him on a path of vengeance. (2024, 15, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Warriors** Thriller. (1979, 15, 94min) ★★★
1.50 **Blacklight** Action thriller. (2022, 15, 104min) ★
3.35 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★
5.45 **to 7.30** AM **Hero** Chinese period adventure. Subtitled. (2002, 12, 99min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Kangaroo Jack** (2003) ★
8.30 **Caddyshack** (1980, 15) ★★★
10.15 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★
12.00 NOON **Love Actually** Comedy. (2003, 15, 135min) ★★★
2.15 PM **50 First Dates** Comedy. (2004, 12, 99min) ★★★
4.00 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
6.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★

4.00 Miss Congeniality

8.00 **Bridget Jones: Mad About the Boy** Romantic comedy sequel starring Renée Zellweger. Recently widowed Bridget enters the dating game once again, caught between her son's science teacher and a younger man. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Dumb and Dumber** Comedy starring Jim Carrey, Jeff Daniels and Lauren Holly. (1994, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Dumb and Dumberer: When Harry Met Lloyd** Comedy prequel. (2003, 12, 85min) ★
1.30 AM **Finding Your Feet** Comedy drama. (2017, 12, 109min) ★★
3.25 **The Phoenician Scheme** Comedy starring Benicio Del Toro. (2025, 15, 101min) ★★★
5.10 **Sky Cinema Preview**
5.45 **to 7.30** AM **Jackass Presents: Bad Grandpa** Comedy. (2013, 15, 92min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Detroit** As 3.30pm.
8.30 **The Godfather Part II** (1974)
11.50 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
1.55 PM **Black Bag** Spy thriller. (2024, 15, 94min) ★★★★
3.30 **Detroit** Fact-based drama starring John Boyega. (2017, 15, 143min) ★★★★
6.00 **The Bikeriders** Crime drama starring Tom Hardy, Jodie Comer and Austin Butler. (2023, 15, 116min) ★★★★

10.00 Inception

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Godfather Part II** Francis Ford Coppola's epic drama sequel with Al Pacino. (1974, 18, 200min) ★★★★★
4.00 **A Sacrifice** Drama with Eric Bana. (2024, 15, 94min) ★★★
5.40 **to 7.20** AM **Last Seen Alive** Thriller starring Gerard Butler. (2022, 15, 95min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Son of Robin Hood** Adventure. (1958, U) ★★
12.40 PM **The Perfect Catch** Comedy. (2005, PG) ★★★
2.45 **The Call of the Wild** Historical adventure. (2020, PG, 96min) ★★★
4.40 **Mrs Doubtfire** Comedy. (1993, PG, 125min) ★★★★
7.05 **Jerry & Marge Go Large** Fact-based comedy drama. (2022, 12, 92min) ★★★★

7.05 Jerry & Marge Go Large

Jerry & Marge Go Large (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. A former slave becomes a deadly bounty hunter and embarks on a perilous mission to rescue his wife from a Mississippi plantation. (2012, 18, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11 PM

12.20 AM **Late Night with the Devil** Horror with David Dastmalchian Laura Gordon and Ian Bliss. (2023, 15, 93min) ★★★★
2.10 **to 4.00** AM **River** Japanese fantasy comedy starring Riko Fujitani. Subtitled. (2023, 12, 86min) ★★★

+1 hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

6.30 AM **Waterworld** As 5.05am.
8.45 **The Shining** As 8.00pm.
11.10 **Demolition Man** Sci-fi action thriller. (1993, 15, 114min) ★★★
1.10 PM **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
2.45 **Sixteen Candles** Teen comedy. (1984, 12, 89min) ★★★
4.25 **Ferris Bueller's Day Off** Comedy. (1986, 12, 103min) ★★★★

6.15 **The Lost Boys** Vampire tale starring Jason Patric and Corey Haim. (1987, 15, 98min) ★★★★
8.00 **The Shining** Director Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson. (1980, 15, 119min) ★★★★★
10.25 **Pulp Fiction** Writer/director Quentin Tarantino's black crime comedy starring John Travolta, Bruce Willis, Samuel L Jackson and Uma Thurman. (1994, 18, 154min) ★★★★★

1.05 AM **From Dusk Till Dawn** Gory horror starring George Clooney. (1995, 18, 108min) ★★★★
3.00 **The Exorcist** Horror chiller. (1973, 18, 121min) ★★★★★
5.05 **to 7.25** AM **Waterworld** Action adventure with Kevin Costner. (1995, 12, 134min) ★★★

Sky Cinema Greats

304 304 404 504 518

8.05 AM **Sixteen Candles** Comedy. (1984, 12, 89min) ★★★
9.45 **Alfie** Vintage comedy drama. (1966, 15, 114min) ★★★★
11.40 **Shirley Valentine** Comedy. (1989, 15, 108min) ★★★★
1.35 PM **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
3.10 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★

4.45 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★
6.15 **Police Academy** Comedy starring Steve Guttenberg. (1984, 15, 95min) ★★★
8.00 **Police Academy 2: Their First Assignment** Comedy sequel starring Steve Guttenberg. (1985, 12, 87min) ★★
9.30 **Police Academy 3: Back in Training** Comedy sequel with Steve Guttenberg and Bubba Smith. (1986, PG, 82min) ★

11.00 **Fools Rush In** Romantic comedy. (1997, 12, 109min) ★★
12.50 AM **Forces of Nature** Comedy. (1999, 12, 105min) ★★★
2.40 **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
4.55 **to 6.35** AM **The Cable Guy** Comedy. (1996, 12) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.20 AM **Trolls** As 7.45pm.
9.00 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
10.45 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
12.25 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.00 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★

5.55 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
7.45 **Trolls** Animated musical with the voice of Anna Kendrick. (2016, U, 92min) ★★★
9.25 **Pil's Adventures** Animation with the voice of Eleanor Noble. A young orphan disguises herself and embarks on a quest to save the heir to the throne. (2021, U, 89min) ★★
11.05 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★

12.45 AM **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
2.25 **The Wild Robot** As 2.10pm.
4.15 **Madagascar: Escape 2 Africa** Animated adventure sequel. (2008, PG, 89min) ★★★
5.50 **to 7.25** AM **Pil's Adventures**

Movies 24

312 313 419

7.00 AM **Love's Playlist** Romantic comedy. (2023, PG, 85min) ★★
9.00 **Sparks Over Brooklyn** Drama. (2023, PG, 89min) ★★
11.00 **The Proposal Spot** Romantic drama. (2023, PG, 90min) ★★
1.00 PM **A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
3.00 **Love & Jane** Romantic fantasy starring Alison Sweeney. (2024, PG, 84min) ★★

5.00 **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★
7.00 **The Wedding Cottage** Romantic comedy starring Erin Krakow and Brendan Penny. (2023, PG, 84min) ★★
9.00 **The Honeymoon Pact** Romantic comedy starring Debs Howard and Edward Ruttle. A woman accompanying her jilted best friend on what would have been a honeymoon has to keep her own romance a secret. (2023, PG, 90min) ★★

11.00 **A Very Venice Romance** Comedy. (2023, PG, 84min) ★★
1.00 AM **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Love Hacks** Drama. (2022, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Fighting Caballero** (1935)
7.15 **Food Flash: Chester Orange Juice** Short film from 1945.
7.20 **The Black Arrow** 1/7. (S3)
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 57/60. (S2)
9.30 **The Roy Rogers Show** (S4)
10.00 **Stingray** 13/39. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 11/39. (S1)

11.30 **The Adventures of Robin Hood**
12.00 NOON **Attack from Space** Adventure. (1965, 12, 76min) ★★
1.40 PM **The Story of Robin Hood and His Merrie Men** Adventure. (1952, U, 83min) ★★★
3.25 **Dial 999** 5/39. (S1)
3.55 **Whiplash** 5/34. (S1)
4.30 **Reach for the Sky** Biopic. (1956, b/w, U, 130min) ★★★★
7.00 **Maigret** 9/13. (S3)
8.00 **Murder by Decree** Mystery. (1978, 12, 112min) ★★★★
10.35 **The Man from UNCLE** (S1)

11.35 **The World of Hammer**
12.10 AM **Eurotrash**
12.45 **Rentadick** Spoof. (1972, PG) ★★
2.35 **Who Do You Do?**
3.15 **Blind Spot** (1958, b/w, U) ★★★
4.45 **The Adventures of Sir Lancelot**
5.15 **Stingray** 8/39. (S1)
5.50 **to 6.00** AM **What's On TPTV**

Saturday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM LIVE **LPGA Tour Golf** The third day of the Honda LPGA Thailand at Siam Country Club.
8.30 **Sky Sports Breakfast**
9.30 LIVE **DP World Tour Golf** Coverage of day three of the Magical Kenya Open staged at Karen Country Club in Nairobi.
11.00 LIVE **EFL** West Bromwich Albion v Coventry City. Coverage of the Championship match from the Hawthorns. Kick-off 12.30pm.
3.00 PM LIVE **WTA Tennis** Coverage of the WTA Dubai Tennis Championships final staged at Aviation Club Tennis Centre.
5.00 LIVE **Saturday Night Football** West Ham United v Bournemouth. Coverage of the top-flight match from the London Stadium. Kick-off 5.30pm.
8.30 LIVE **PGA Tour Golf** Coverage of day three of the Genesis Invitational at Riviera Country Club in Pacific Palisades, California.
12.00 M'T **Sky Sports Catch Up**
3.30 **to 6.00** AM LIVE **LPGA Tour Golf** The fourth and final day of the Honda LPGA Thailand.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Preview**
7.30 **Fantasy Show**
8.00 **The Big Interview**
8.30 **Premier League Stories**
9.00 **Premier League Preview**
9.30 **Fantasy Football Countdown**
10.00 **Saturday Social**
11.00 **Premier League One on One**
11.30 **Premier League Preview**
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **Saturday Night Football** West Ham United v Bournemouth. Coverage of the top-flight match from the London Stadium. The visitors came from 2-0 down in the reverse fixture back in November as they scored two goals in the final 21 minutes to earn a draw at the Vitality Stadium. Kick-off 5.30pm.
8.30 **Premier League Stories**
9.00 **The Big Interview** Xavi Simons.
9.30 **Transfer 360** Double bill.
10.30 **Premier League Highlights**
2.30 AM **Premier League 360: Big Sam's Bolton**
4.30 **PL Greatest Games**
5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL** The 2019/20 play-off finals.
9.15 **EFL Greatest Games**
9.45 **EFL Highlights** Championship.
10.00 **Saturday Social**
11.00 LIVE **EFL** West Bromwich Albion v Coventry City. Coverage of the Championship match at the Hawthorns. Coventry came back from 2-0 to prevail 3-2 in the reverse fixture, with West Brom's cause not helped by Jayson Molumby's 49th minute red card when the score was still 2-1 in his side's favour. Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.20 LIVE **Bundesliga** RB Leipzig v Borussia Dortmund. Coverage of the German top-flight match held at Red Bull Arena. Kick-off 5.30pm.
7.30 **EFL** West Brom v Coventry City..
9.30 **EFL Highlights** Championship.
2.00 AM **SPFL** Archive action.
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Moments from the Championship Play-Off Final**
5.30 **to 6.00** AM **Best Moments from the League 1 & 2 Play-Offs**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Men's T20 World Cup**
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match at R.Premadasa Stadium.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup** Action from England v Nepal in Mumbai.
7.00 **Men's T20 World Cup – The Greatest Matches** Highlights of USA v Pakistan from 2024.
7.30 **Men's T20 World Cup** Highlights from England v Scotland from Eden Gardens.
8.30 **Men's T20 World Cup Review**
9.00 **Men's T20 World Cup** Action from a Super Eight match.
9.30 **Men's T20 World Cup Review**
10.00 **Men's T20 World Cup** Action from a Super Eight match.
10.30 **Men's T20 World Cup Review**
11.00 **Men's T20 World Cup** Action from a Super Eight match.
11.30 **Men's T20 World Cup Review**
12.00 M'T **Men's T20 World Cup – The Greatest Matches**
12.30 AM **Men's T20 World Cup**
2.00 **Men's T20 World Cup – The Greatest Matches**
2.30 **to 6.00** AM **T20 World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM LIVE **LPGA Tour Golf** The third day of the Honda LPGA Thailand at Siam Country Club.
8.30 **Ladies European Tour Golf**
9.30 LIVE **DP World Tour Golf** Coverage of day three of the Magical Kenya Open staged at Karen Country Club in Nairobi, where South African Jacques Kruyswijk was victorious last year.
2.00 PM **Golf** Tournament highlights.
2.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
3.00 **TGL Bitesize** Highlights.
3.15 LIVE **PGA Tour Golf** Coverage of day three of the Genesis Invitational at Riviera Country Club in Pacific Palisades, California.
12.00 M'T **Golf** Highlights.
12.30 AM **US Open Official Films**
1.30 **PGA Tour Golf**
3.30 **to 6.00** AM LIVE **LPGA Tour Golf** Coverage of the fourth and final day of the Honda LPGA Thailand at Siam Country Club.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA Tennis** Highlights.
10.30 **WTA All Access**
11.00 **WTA Tennis** Recent action.
3.00 PM LIVE **WTA Tennis** Coverage of the Dubai Tennis Championships final, a hard-court tournament from Aviation Club Tennis Centre.
5.00 **WTA Tennis** Doha Open review.
5.30 **ATP Tour This Week**
6.00 LIVE **ATP Tennis** The Doha Open final at Khalifa International Tennis and Squash Complex.
8.00 LIVE **WTA & ATP Tennis** The latest events on the tours.
10.00 LIVE **ATP Tennis** Coverage of day six of the Rio Open at Jockey Club Brasileiro in Rio de Janeiro.
12.00 M'T **ATP Tennis** ATP Finals.
1.00 AM LIVE **ATP Tennis** Coverage of the sixth day of the Delray Beach Open staged at Delray Beach Tennis Center in Florida.
3.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **Isuzu UTE A-League** Sydney FC v Brisbane Roar.
8.00 **The Fantasy Show**
8.30 LIVE **Isuzu UTE A-League** Melbourne City v Melbourne Victory. Kick-off 8.35am.
10.30 **Premier League Preview**
11.00 **TNT Sports Reload**
11.15 LIVE **Cycling** Coverage from the sixth stage of the men's UAE Tour.
1.00 PM LIVE **Men's Cycling Pro Series** Tour of Andalucia.
2.30 LIVE **Men's Cycling Pro Series** The Tour of Algarve fourth stage.
3.45 **PREM Rugby Cup**
4.45 **World Superbikes**
5.15 LIVE **Serie A** Lecce v Inter Milan. Coverage of the Italian top-flight match.
7.00 LIVE **Premier League** Manchester City v Newcastle United. The top-flight match from Etihad Stadium. Kick-off 8.00pm.
10.30 **World Superbikes**
11.00 LIVE **UFC** The preliminary bouts.
1.00 AM LIVE **UFC** Sean Strickland v Anthony Hernandez. Middleweight bout.
4.30 **T20 International Cricket**
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **Winter Olympic Games**
8.00 **Buongiorno Milano**
9.00 LIVE **Winter Olympic Games – Bobsleigh** The 4-man bobsleigh. *See feature, page 28.* **10.00** Coverage from day 15. **10.45 Bobsleigh** The second heat of the 4-man bobsleigh. **12.00** NOON **Freestyle Skiing** Coverage of the men's ski cross final held at Livigno Snow Park. **12.45** PM **Curling** The women's curling bronze medal game. **4.00 Speed Skating** The men's and women's mass start. **5.00** Further day 15 coverage. **5.45 Bobsleigh** Heat three of the 2-woman bobsleigh. **7.00 Curling** Coverage from the men's gold medal game. **7.45 Bobsleigh** Heat four of the 2-woman bobsleigh. **9.15 Ice Hockey** Coverage from the men's bronze medal match.
10.30 **Ciao Cortina** The latest news.
11.00 **Winter Olympic Games – Curling** Men's gold medal game.
12.00 M'T **Winter Olympic Games**
3.00 **Ciao Cortina** The latest news.
3.30 **Winter Olympic Games**
5.30 **to 6.00** AM **Ciao Cortina**

Sky Sports Action

412 410 517 507 426 446

6.50 AM **My Icon** Shaun Gayle.
7.00 LIVE **NRL** Sydney Roosters v Parramatta Eels. Kick-off 7.00am.
9.00 **My Icon** Shaun Gayle.
9.10 LIVE **NRL** Melbourne Storm v Gold Coast Titans. Kick-off 9.10am.
11.15 **Super League Highlights**
12.00 NOON **Super Bowl LX**
1.00 PM **Super League**
5.00 **NFL Highlights**
5.55 LIVE **Super League** Toulouse Olympique v Castleford Tigers. Coverage of the match staged at Stade Ernest-Wallon. Kick-off 6.00pm.
8.00 **NFL Highlights**
9.00 **Super League Highlights**
9.30 **NBA on Fire** The latest news.
10.00 LIVE **NBA Basketball** Phoenix Suns v Orlando Magic. Coverage of the inter-conference encounter. Tip-off 10.00pm.
12.30 AM **Super League Highlights**
3.05 **My Icon** Shaun Gayle.
3.15 **Super League Highlights**
4.00 **NFL Highlights**
5.00 **to 7.00** AM LIVE **NRL** South Sydney Rabbitohs v Manly-Warringah Sea Eagles.

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM LIVE **Super Rugby** Highlanders v Chiefs. Coverage of the match from Forsyth Barr Stadium. Kick-off 6.05am.
8.00 **Sky Sports Breakfast**
8.30 LIVE **Super Rugby** Western Force v Blues. Coverage of the match from HBF Park in Perth. Kick-off 8.35am.
10.30 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up**
12.25 PM LIVE **EFL** A Championship match. Kick-off 12.30pm.
3.00 **Gillette Soccer Saturday**
5.55 LIVE **Super League** Toulouse Olympique v Castleford Tigers. From Stade Ernest-Wallon. Kick-off 6.00pm.
8.00 LIVE **WTA & ATP Tennis** The latest events on the tours.
10.00 LIVE **NBA Basketball** Phoenix Suns v Orlando Magic. Coverage of the inter-conference encounter. Tip-off 10.00pm.
12.30 AM **Sky Sports Catch Up**
2.30 LIVE **Super Rugby** Crusaders v Brumbies. Coverage of the match from Apollo Projects Stadium. Kick-off is at 2.35am.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **PGA Tour Champions**
7.00 **World Club Challenge**
10.00 **My Icon** Sporting influences.
10.30 **WTA Tennis** Doha Open final.
11.30 LIVE **Netball Super Cup** Coverage of the one-day domestic competition staged at Utilita Arena Sheffield, with all eight Netball Super League clubs set to compete. The teams will be split into two pools for the group stage and will each play three shorter-length seven-a-side games in the pool stage.
7.00 PM **My Icon** Sporting influences.
7.30 **PGA Tour Champions**
8.30 **WTA Tennis** Doha Open review.
9.00 **WTA Tennis** Action from the Dubai Tennis Championships final.
11.00 **ATP Tennis** Doha Open final.
1.00 AM **PGA Tour Golf**
2.00 **PGA Tour Champions**
3.00 **Darts Gold** Archive action.
4.00 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **A-League Women** Newcastle Jets v Perth Glory.
8.00 **Athletes to Watch**
8.15 LIVE **Women's T20 Cricket** Australia v India. The third T20.
11.45 **Athletes to Watch**
12.15 PM LIVE **Winter Olympic Games – Ski Mountaineering**
1.30 **UEFA Champions League**
2.00 LIVE **Cycling** Tour of Algarve.
3.45 **TNT Sports Reload**
4.00 **Ella Toone's Away Days**
4.30 LIVE **Women's FA Cup** Birmingham City v Chatham Town. Kick-off 5.15pm.
7.30 **Training Day** Tottenham.
7.45 **Men's Cycling Highlights**
10.45 **Football** Highlights and features.
1.15 AM **World Superbikes**
1.45 LIVE **World Superbikes** From Phillip Island Grand Prix Circuit.
2.45 **TNT Sports Reload**
3.15 **to 6.00** AM LIVE **World Superbikes** From Australia.

TNT Sports 4

414 416 524 411 434

7.30 AM **Premier League Preview**
8.00 **PREM Rugby Cup**
9.00 LIVE **Winter Olympic Games – Freestyle Skiing** Ski cross.
10.00 **Winter Sports**
10.45 LIVE **Winter Olympic Games – Freestyle Skiing** Ski cross. **12.30** PM **Cross Country Skiing** Men's mass start classic. **1.00 Biathlon** Women's 12.5km. **2.15 Speed Skating**
5.00 **TNT Sports Cricket Reload**
5.15 **Winter Olympic Games**
6.15 LIVE **Winter Olympic Games – Freestyle Skiing** The women's freeski halfpipe final. **8.00 Figure Skating** Coverage from the exhibition gala.
9.30 **TNT Sports Reload**
10.00 **Ultimate Pool** Recent action.
11.30 **Premier League**
1.00 AM **Fishing: On the Bank**
2.00 **Formula E Highlights**
4.00 **WRC Review** Rally Sweden.
5.00 **to 7.00** AM LIVE **V8 Supercars**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **Motorsport** Valentino Rossi.
7.30 **LaLiga** Athletic Bilbao v Elche.
9.30 **Eredivisie Highlights**
10.30 **URC in 60** Recent action.
11.30 LIVE **United Rugby Championship** Lions v Sharks. Coverage of the match staged at Emirates Airline Park. Kick-off 12.00noon.
2.00 PM **World of FreeSports**
2.30 **The Rugby Pod**
4.00 LIVE **Guinness Six Nations** Wales v Scotland. Coverage of the match staged at Principality Stadium. Kick-off 4.40pm.
7.00 LIVE **SPFL** St Mirren v Motherwell. The Scottish Premiership match at the SMISA Stadium. Kick-off 7.30pm.
10.00 **Football's Greatest**
11.00 **United Rugby Championship**
1.00 AM **SPFL** St Mirren v Motherwell.
3.00 **Temples of Sport**
4.00 **to 6.00** AM **Swedish Hockey**

Premier Sports 2

420 552

6.00 AM **Transworld Sport** Magazine.
6.55 **Top 14 Rugby Union**
10.55 **Temples of Sport**
11.25 **LaLiga Match Highlights**
12.55 PM LIVE **LaLiga** Real Sociedad v Real Oviedo. The Spanish top-flight match from Reale Arena. Kick-off 1.00pm.
3.00 **Football's Greatest**
3.30 **Eredivisie Highlights**
4.25 **Temples of Sport**
5.25 LIVE **LaLiga** Osasuna v Real Madrid. The Spanish top-flight match from Estadio El Sadar. Kick-off 5.30pm.
7.30 **LaLiga Match Highlights**
7.55 LIVE **Eredivisie** Ajax v NEC Nijmegen. The Dutch top-flight match from Johan Cruyff Arena. Kick-off 8.00pm.
10.00 **Football's Greatest**
11.00 **LaLiga** Betis v Vallecano.
1.00 AM **Eredivisie** A match replay.
3.00 **LaLiga** Sociedad v Oviedo.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **The Best of F1 2025**
7.00 **Formula 1** Pre-season testing.
11.40 **F1 Explained: Pit Lane Battle**
11.45 **Carlos Sainz & the Lie Detector**
12.00 NOON **Formula 1** In Bahrain.
4.40 PM **F1 Explained: Rules of Engagement**
4.45 **Testing Wrap** Pre-season review.
5.15 **Formula 1** Pre-season testing.
9.55 **Ted DHL Logistics**
10.00 **2025 F1 Season Review**
12.00 M'T **to 6.00** AM **The Best of F1**

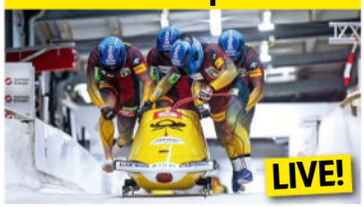
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

22 February

Evening Planner

Winter Sports



Winter Olympics
BBC, TNT Sports & Discovery+, from 9am
Events on the final day of the Games include the four-man bobsleigh and the men's ice hockey gold medal match.

Football

Premier League
Sky Sports Main Event & Sky Sports Premier League
Sunderland host Fulham before a massive test for Spurs against Arsenal.

Awards

BAFTA Film Awards
BBC1, 7pm
Alan Cumming hosts, with *One Battle after Another* starring Leonardo DiCaprio leading the pack with 14 nominations.

Drama

The Lady
ITV1, 9pm (box set, ITVX)
Mia McKenna-Bruce stars as former royal dresser Jane Andrews, who was convicted of murdering her partner.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 BAFTA Film Awards				9.00 Lord of the Flies		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Winter Olympics: Closing Ceremony – Live: The curtain is drawn on the games						10.00 Film: Calendar Girls	
	103 ITV1	7.00 The Floor		8.00 Who Wants to Be a Millionaire?		9.00 The Lady		10.15 Film: The Hitman's...	
	104 CHANNEL 4	‹ 6.45 The Dog House	7.45 The Great Pottery Throw Down			9.00 Secret Genius		10.00 Gogglebox	
	105 5	‹ 6.30 Snooker: Players Championship – Live: The second session of the final				9.00 Rich House, Poor House			10.30 World's Most...
	106 SKY SHOWCASE	‹ 6.00 Hill		8.00 A League of Their Own: The Rally		9.00 Rob & Romesh vs Team GB: Winter Special			
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Film: Red Joan			10.35 Traitors...
	116 BBC4	7.00 Antiques Roadshow		8.00 Eurovision Classical Concerts		9.00 British History's Biggest Fibs with Lucy...		10.00 The Wild Duck	
	118 ITV2	‹ 6.25 Film: Jurassic World				9.00 Love Island: All Stars		10.05 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	‹ 6.55 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Terminator Genisys			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 A Knight of the Seven...	9.45 Task		
	110 U&GOLD	7.00 Only Fools and Horses	7.40 Dad's Army		8.20 Only Fools and Horses	9.00 Victoria Wood as Seen on TV			10.20 Only Fools and Horses
	111 U&DAVE	‹ 6.40 Mortimer & Whitehouse: Gone...		8.00 Guy Martin: Proper Jobs		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.05 Agatha Christie's Marple		8.00 Midsomer Murders				10.00 Vera	
	120 ITV4	‹ 6.20 Film: 2001: A Space Odyssey				9.00 Film: Smokey and the Bandit II			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Crocodile Dundee II			
	152 SKY SCI-FI	7.00 Star Trek: Deep Space Nine							
	113 SKY MAX		7.15 Never Mind the Buzzcocks	8.00 Friends: The Reunion				10.00 Film: TimeCop	
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Father Brown		9.00 Death in Paradise			
	124 SKY ARTS	7.00 Film: Love Never Dies				9.00 Film: What's New Pussycat?			
	132 U&W	7.00 Inside the Ambulance		8.00 Inside the Operating Theatre				10.00 The Young Midwives of Essex	
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners				9.00 Barnwood Builders		10.00 Wheeler Dealers	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Alaskan Bush People: Bushcraft...		10.00 Tanked	
	129 NAT GEO	7.00 Tut's Toxic Tomb		8.00 Gladiators: Warriors of the Ancient...		9.00 Elizabeth I: The Secret Life		10.00 Witches: Truth Behind the Trials	
	123 SKY HISTORY	7.00 The Egyptian Book of the Dead				9.00 JFK: The Final Evidence			
	155 U&YESTERDAY	7.00 Blue Planet II		8.00 Canal Boat Diaries		9.00 Classic Car Kings		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Elvis Presley: The Searcher							
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 M3GAN 2.0		8.00 I Know What You Did Last Summer				10.00 The Gentleman	
	302 CULT CLASSICS	‹ 6.00 Do the Right Thing		8.00 Dirty Harry				10.00 The Exorcist	
	303 JURASSIC	‹ 6.55 Jurassic World				9.00 Jurassic World: Fallen Kingdom			
	304 GREATS	‹ 6.20 Ace Ventura: When Nature Calls		8.00 Dumb and Dumber			9.50 The Cable Guy		
	305 ANIMATION		7.15 The Garfield Movie			9.00 The Lego Movie			
	306 FAMILY	‹ 6.00 The Smurfs 2	7.50 A Minecraft Movie				9.35 Stardust		
	307 ACTION	‹ 5.25 The Matrix: Resurrections		8.00 The Mummy Returns					10.25 The Warriors
	308 COMEDY	‹ 6.00 Mamma Mia! Here We Go Again		8.00 Singin' in the Rain			9.45 How to Lose a Guy in 10 Days		
	309 THRILLER	‹ 5.30 Inception		8.00 Ocean's Twelve				10.10 The Perfect Storm	
	310 DRAMA	‹ 5.45 Legends of the Fall		8.00 Cool Hand Luke				10.10 It Ends with Us	
	311 SCI-FI	‹ 6.00 Pitch Black		8.00 Get Out			9.50 Smile 2		
	313 FILM4	‹ 6.45 Independence Day: Resurgence				9.00 M3GAN			
SPORT	401 MAIN EVENT	7.00 PGA Tour Golf – Live: The Genesis Invitational							
	402 PREMIER LEAGUE	‹ 4.00 Super...	7.30 Super Sunday: Extra Time		8.30 Premier League 360 – Big Sam's Bolton				10.30 PL Highlights
	403 FOOTBALL	7.00 EFL Goals		8.00 EFL				10.00 EFL Highlights	
	405 CRICKET	‹ 6.00 ICC Men's T20 World Cup						10.00 Best of ICC...	10.30 ICC Men's...
	410 TNT SPORTS 1	7.00 Ella Toone's...	7.30 Serie A – Live: AS Roma v Cremonese (Kick-off 7.45)					10.00 UEFA Europa League & Conference...	
	411 TNT SPORTS 2	‹ 5.30 Winter Olympic Games – Live: Coverage of the closing ceremony of Milan Cortina 2026							10.30 Ciao Cortina

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Sunday Morning** New edition (S)
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Gladiators** 6/11. Bradley and Barney Walsh host the first of the quarter-finals. (S)(R)(AD)
2.50 FILM **Spider-Man** Fantasy adventure starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider. (S)(AD) (2002, 12, 115min) ★★★★
4.45 **Asia** 4/7. David Attenborough narrates footage of the wildlife of Asia's forests. (S)(R)(AD)
5.35 **BBC News** (S)
5.50 **Local News** (S)

9.00 Lord of the Flies

6 PM

6.00 **Countryfile** New edition Hamza Yassin is on the west coast of Scotland in search of the flapper skate, and joins the team working to bring this marine giant back from the brink of extinction. (S)

7 PM

7.00 NEW **BAFTA Film Awards** Alan Cumming hosts the annual movie awards ceremony from the Royal Festival Hall at London's Southbank Centre. Among the films in the running for awards are *Sinners, Hamnet, One Battle After Another* and *I Swear*. Featuring music from Jessie Ware, and EJAE, Audrey Nuna and Rei Ami, the singing voices from *KPop Demon Hunters*, in their first ever UK performance. (S)

8 PM

9 PM

9.00 **Lord of the Flies** New episode *Simon:* 3/4. Simon attempts to warn his friends as the latest beast sighting spreads terror across the camps. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Today's Premier League action, including Tottenham Hotspur v Arsenal and Nottingham Forest v Liverpool. (S)
11.40 NEW **BBC Radio 1Xtra Comedy Gala with Eddie Kadi and Friends** Eddie Kadi hosts a showcase of Black British comedy talent, including Kyrah Gray and Diesel. (S)
12.55 AM **The Graham Norton Show** The host is joined by Benicio del Toro, Jennifer Garner, Gordon Ramsay and Charli XCX. Plus, music from Foo Fighters. (S)(R)
1.45 **Weather for the Week Ahead** (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

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6.15 AM **Take a Hike** (S)(R)
6.45 **Countryfile** (S)(R)
7.40 **Match of the Day** (S)(R)
9.00 LIVE **Winter Olympics** JJ Chalmers presents coverage of the 16th and final day of the Games, including the women's curling final from Cortina Curling Olympic Stadium, Italy. (S)
1.00 PM LIVE **Winter Olympics** Coverage of the men's ice hockey gold medal match, the concluding event of the Games, held at Milano Santagiulia Ice Hockey Arena in Italy. Face-off is at 1.10. (S)
4.30 FILM **Mosquito Squadron** World War Two drama starring David McCallum as an RAF pilot who heads a mission to destroy a Nazi rocket base in a French château. (S) (1968, U, 90min) ★★

10.00 Calendar Girls

6.00 **Rugby Union: Six Nations** Action from the third round of matches, featuring England v Ireland at Allianz Stadium, Wales v Scotland at Principality Stadium and France v Italy at Stade Pierre Mauroy. (S)

7.00 LIVE **Winter Olympics: Closing Ceremony** Clare Balding presents coverage from Verona Olympic Arena in Italy, as the curtain is closed on the Games after 116 medal events over 16 days. The ancient amphitheatre, which embodies the nation's rich cultural heritage, will provide the setting for a presentation featuring music, art and storytelling. Hosting duties are handed over to France, with the 2030 Games set to take place in the French Alps. Plus, a look back at all the main highlights from Milan and Cortina d'Ampezzo. (S)

10.00 FILM **Calendar Girls** Comedy inspired by the true story of the world's first nude Women's Institute calendar, starring Helen Mirren, Julie Walters and Celia Imrie. (S)(AD) (2003, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.40 FILM **Women Talking** Sarah Polley's drama starring Rooney Mara, Claire Foy and Jessie Buckley. The women of an isolated religious community grapple with reconciling a brutal reality with their faith. (S) (2022, 15, 100min) ★★★★
1.20 AM **Sign Zone: Silent Witness** (R)
2.15 **Sign Zone: Small Prophets** (S)(R)
2.45 **Sign Zone: What We Do in the Shadows** 9-11/11. (S6) (S)(R)(AD)
4.05 **to 6.05** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **James Martin's Saturday Morning** With Jill Douglas. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **Fletchers' Family Farm** New edition Liz and Kelvin appear on Lorraine Kelly's show. (S)(AD)
12.30 PM **ITV News** (S)
12.45 **Julia Bradbury's Wonders of the Frozen South** New edition (S)
1.50 **Love Your Garden** (S)(R)(AD)
2.20 LIVE **Rugby Union: Six Nations** France v Italy: Coverage of the match in the third round of fixtures, held at Stade Pierre Mauroy in Lille. Kick-off is at 3.10. (S)
5.35 **The Chase Celebrity Special** With Sally Lindsay. (S)(R)(AD)

8.00 Who Wants to Be a Millionaire?

6.30 **ITV News** (S)
6.45 **Local News** (S)

7.00 **The Floor** New edition Just 25 players are left as Rob Brydon hosts another tense round of quiz duels with each win expanding a player's territory. (S)(AD)

8.00 NEW SERIES **Who Wants to Be a Millionaire?** Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)

9.00 NEW SERIES **The Lady** 1/4. Fact-based drama starring Mia McKenna-Bruce. Jane Andrews lands a job as a royal aide to Sarah, Duchess of York. *See feature, page 8.* (S1) (S)(AD)
■ Continues tomorrow

10.00 **ITV News** (S)
10.15 FILM **The Hitman's Bodyguard** Action comedy thriller starring Ryan Reynolds and Samuel L Jackson. A man is hired to protect a hitman about to testify at the International Criminal Court. With Gary Oldman and Salma Hayek. (S)(AD) (2017, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **Teleshopping**
3.00 **Prue Leith's Cotswold Kitchen** With Sophie Winkleman. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fletchers' Family Farm** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

5.55 AM **The King of Queens** 7-9/25. Triple bill. (S3) (S)(R)(AD)
7.10 **Everybody Loves Raymond** 12-14/25. (S5) (S)(R)(AD)
8.30 **Frasier** 7-9/24. (S3) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With guests Matt Forde and Yinka and Kola Bokinni. Plus, music from Leigh-Anne Pinnock. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.30 **George Clarke's Amazing Spaces** A circus show van is converted into an ingenious home. Plus, George visits a Moroccan oasis in the Cotswolds. (S)(R)(AD)
3.30 **News** (S)
4.00 LIVE **Football: Women's FA Cup** Liverpool v Everton: Jill Scott and Maisie Adam present coverage of the fifth-round tie from St Helens Stadium. Kick-off is at 4.30. (S)(AD)

9.00 Secret Genius

6.45 **The Dog House** 3/4. Eighty-eight-year-old identical twins Nancy and Beryl seek a four-legged friend to join them for pub lunches, while Bear the fox-red Labrador tries to impress new owners without putting his paw in it. (S)(R)(AD)

7.45 **The Great Pottery Throw Down** New edition 8/10. Siobhán McSweeney hosts the quarter-final of the competition. The remaining potters make self-sculptures of their bodies to fire in brick kilns that they have built themselves, before judges Keith Brymer Jones and Rich Miller set a surprise second challenge. (S)(AD)

9.00 **Secret Genius** New edition 5/6. The final 12 players are faced with a high-pressure quickfire round in which they must solve a complex maths game to work their way out of a maze. (S)(AD)

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 FILM **Dog** Comedy drama starring Channing Tatum. (S)(AD) (2022, 12, 115min) ★★★
12.55 AM NEW **Magid/Zafar** (S)
1.15 **Ramsay's Kitchen Nightmares USA** Catch-up edition. (S)(SL)(R)
2.05 **The Simpsons** (S)(R)(AD)
2.30 **The Tony Blair Story** (S)(SL)(R)
3.50 **The Simpsons** (S)(R)(AD)
4.40 **Sunday Brunch** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.10 **Bargain-Loving Brits in the Sun** Double bill. (S)(R)
10.30 **Cruising with Jane McDonald** Jane boards a ship heading to Bratislava and Belgrade. (S)(R) **11.30** Jane visits the historic city of Dubrovnik in Croatia. (S)(R)
12.30 PM **LIVE Snooker: Players Championship** Katie Shanahan presents coverage of the opening session of the final on day six at Telford International Centre. *Continues at 6.30pm*. (S)
5.30 **Inside the Tower of London** The death of Elizabeth II is announced after 70 years on the throne, a time of deep sadness for the Tower staff and for the Yeoman Warders. (S)(R)

9.00 Rich House, Poor House

6.25 **News** (S)
6.30 **LIVE Snooker: Players Championship** Katie Shanahan presents coverage of the second and concluding session of the final on day six from Telford International Centre, where the first player to reach 10 frames will be crowned champion. The commentary and analysis team includes Stephen Hendry, Alan McManus, John Higgins and Matthew Stevens. (S)
9.00 **Rich House, Poor House** New edition Multimillionaire plumbing entrepreneurs Sam and Scott swap lives with plasterer Lee and gardener Laura, who are struggling financially. (S)
10.30 **World's Most Expensive Cruise** The *Seven Seas Splendor* is docked in Southampton ahead of a cruise around the Mediterranean. (S)(R)
11.30 **Murder Trial: The Suffolk Strangler** Docu-drama about serial killer Steve Wright. (S)(R)
1.00 AM **Teleshopping** (S)(R)
2.30 **Friends** (S3) (S)(R)(AD)
2.55 **World's Most Scenic Railway Journeys** In Australia. (S)(R)
3.45 **Building the Impossible** (S)(R)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Stop, Search, Seize** (S)(R)
9.00 **The Office (US)** (S3) (S)(R)
11.00 FILM **The Amazing Maurice** Animated adventure with the voice of Hugh Laurie. (S)(AD) (2022, PG, 93min) ★★★★
1.00 PM **David Attenborough's Wild City** Double bill. (S)(R)(AD)
3.00 **The Simpsons** Six episodes of the comedy, including at: **4.00** *Iron Marge:* Bart and Lisa delve into Marge's past to show they really know her. (S)(R) **4.30** *Ae Bonny Romance:* Willie is kidnapped. (S)(R) **5.00** *Murder, She Boat:* Lisa must solve a mystery on a pop culture cruise. (S)(R) **5.30** *Do the Wrong Thing:* Bart and Homer become kings of the blue-collar sports circuit. (S)(R)

1.00 Wild City

6.00 **Hill** A profile of ex-Formula One driver Damon Hill, revealing how he overcame the adversity of losing his father Graham to follow in his footsteps and become world champion himself. (S)(R)(AD)
8.00 **A League of Their Own: The Rally** 3/3. The race ends in Turin, where Jamie Redknapp, Jill Scott, Micah Richards and Tom Davis face their final challenge. (S)(R)(AD)
9.00 **Rob & Romesh vs Team GB: Winter Special** Part one of two. The duo try their hands at winter sports, with help from Eddie 'the Eagle' Edwards and Eve Muirhead. (S)(R)(AD)
10.00 **Rob & Romesh vs Team GB: Winter Special** Part two of two. The duo conclude their foray into the world of winter sports at the World Curling Championships in Canada. (S)(R)(AD)
11.00 **Karl Pilkington: The Moaning of Life** 6/6. Karl investigates how people should spend their limited time on the planet as he finds out what he will be like as an old man. (S)(R)(AD)
12.00 M'T **The Force: North East** (R)
2.00 AM **Brit Cops: War on Crime** (R)
3.00 **Brit Cops: Frontline Crime UK** Documentary. (S)(R)(AD)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.00am The Sunday Show (S) **11.30-12.00noon** Marcus Wareing Simply Provence (S)(R) **11.40pm** Sportscene: Premiership Highlights (S)(R) **12.40am** NEW BBC Radio 1Xtra Comedy Gala with Eddie Kadi and Friends (S) **1.55** The Graham Norton Show (S)(R) **2.45** Weather for the Week Ahead (S) **2.50-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
11.00am Sunday Politics Northern Ireland (S) **11.30** Homes Under the Hammer (S)(R)(AD) **12.30-1.00pm** Trace, Track, Get My Car Back (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Cumasc: Seisiúin sa Black Gate New editions (S) **11.00** Sunday Politics Northern Ireland (S)(R) **11.30** FILM Calendar Girls (S)(AD) (2003, 12, 105min) ★★★★ **1.15-1.20am** Chronicles of the Sperrins (S)(R)

WALES
Sky 968, Freesat 968
4.30pm Villages by the Sea (S)(R) **5.00** Weatherman Walking (S)(R) **5.30-6.00pm** SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Am Dro! (AD) **10.00** Cynefin **11.00** Arfordir Cymru: Llyn **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Y Deis **12.30pm** Y Fets (AD) **12.55** Ralïo+ **1.25** Ffermio **1.55** Clwb Rygbi Rhyngwladol **3.40** Pobol y Cwm Omnibws (AD) **4.45** LIVE Sgorio **7.20** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** NEW Reform UK: Tu ol I'r Llenni **9.00** Con Jones: Twyllwr Gorau'r Byd **10.00** Dylanwad Un Nos Ola Leuad **11.00-11.50pm** 24 Awr Newidiodd Gymru

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** The Truemans prepare for an emotional day, and Max tries to heal a growing rift. **7.30** George and Nicola make an announcement. **8.00** Johnny makes moves to save his business, and George worries about Kojo. **8.30** Tension rises between Johnny and Callum.
9.00 FILM **Red Joan** Cold War espionage drama starring Judi Dench and Sophie Cookson. An elderly widow arrested for treason reveals a history as the Soviet Union's longest serving British spy. (2018, 12, 101min) ★★★
10.35 **The Traitors Ireland** 9/12. Emotions run high as the Faithfuls desperately try to find another Traitor. **11.25** 10/12. The players must decide who they distrust the most.
12.15 AM **RuPaul's Drag Race UK vs the World**
1.25 **Sin City: The Real Las Vegas** Double bill.
2.55 **to 3.55** AM **Dinosaur**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Antiques Roadshow** Fiona Bruce presents the show from the grounds of Aston Hall in Birmingham.
8.00 NEW **Eurovision Classical Concerts** The Gulbenkian Orchestra performs Ravel, Debussy and Smetana.
9.00 **British History's Biggest Fibs with Lucy Worsley** 2/3. The historian debunks the so-called Glorious Revolution of 1688, when Dutch prince William of Orange invaded the British Isles and stole the throne from King James II.
10.00 **The Wild Duck** Max Faber's 1971 adaptation of Henrik Ibsen's play, starring Jenny Agutter and Denholm Elliott. A family's peace is shattered by an idealist who insists on exposing hidden truths.
11.50 **The Australian Wars**
12.50 AM **The Secret World of Haute Couture**
1.45 **Eurovision Classical Concerts** As 8.00pm.
2.50 **to 3.50** AM **Antiques Roadshow**

MORE4

136/137 127 147 18 124 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
4.15 PM **Kirstie and Phil's Love It or List It** Phil and Kirstie help the Pogsons in Harrogate, North Yorkshire.
5.20 **Location, Location, Location** From Edinburgh.
6.25 **Four in a Bed** This week's competition kicks off at Westbrook Lodge Guest House in Margate, Kent. **6.55** The second visit of the week is to The Casterbridge in Dorchester, Dorset.
7.25 **Four in a Bed** The third visit is to Overtown Manor in Wroughton, Wiltshire. **7.55** The final visit of the week is to the Castle Inn in George Nympton, Devon. **8.30** Payment Day arrives.
9.00 NEW SERIES **999: On the Front Line** Paramedics treat a motorcyclist who has landed headfirst after colliding with a car, and an 11-year-old girl who is drowsy following a seizure.
10.00 **24 Hours in A&E** Cameras follow junior doctor Ming, who for the first time in his career carries out a needle aspiration on a 19-year-old patient brought into A&E with a collapsed lung.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Rude(ish) Tube Shorts**
7.30 **Modern Family**
10.00 **Don't Tell the Bride**
12.00 NOON **Ramsay's Kitchen Nightmares USA**
4.00 PM FILM **Home Alone 3** Comedy sequel starring Alex D Linz as an eight-year-old boy who foils foreign spies searching for a top-secret computer chip hidden in a remote-control toy car. (1997, PG, 102min) ★
6.00 **The Simpsons**
7.00 **The Simpsons** *Homer and Apu:* Homer is rushed to hospital with food poisoning. **7.30** *Lisa v Malibu Stacy:* Lisa takes offence at a new doll that demeans women. **8.00** New episodes *Full Heart, Empty Pool:* Homer and Grampa team up to create a new sport. **8.30** *Estranger Things:* Marge fears that Bart and Lisa will drift apart.
9.00 FILM **Terminator Genisys** Sci-fi adventure sequel with Arnold Schwarzenegger and Emilia Clarke. A time traveller sent on a rescue mission discovers a plot to change history beyond recognition. (2015, 12, 126min) ★★★
11.25 **Gogglebox**
1.35 AM **Naked Attraction**
2.35 **Gogglebox**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **Border Security USA**
9.00 **Stop, Search, Seize**
10.00 **Border Patrol**
12.00 NOON **UK Border Force**
1.00 PM **Nothing to Declare UK**
2.00 **The Best of Nothing to Declare** Double bill featuring highlights of the documentary.
3.00 **Police 24/7** A look into the world of sheriff and police departments across America. **4.00** Neighbours accuse a man of indecent behaviour.
5.00 **Nothing to Declare**

9.00 Watson

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Watson** New episode *Back from the Dead:* 2/20. John catches up with his old friend Sherlock Holmes. (S2)

10 PM
10.00 **The Rookie** *Czech Mate:* 1/18. The LAPD, FBI and Interpol work with Monica Stevens in Prague to target high-profile criminals. (S8)
11.00 **Fire Country** 6/22. (S1)
12.00 M'T **Elsbeth** 3/10. (S1)
1.00 AM **Law & Order: Criminal Intent** 2/16. (S9)
2.00 **Law & Order: SVU** (S26)
3.00 **Road Wars**
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Game of Thrones** (S4&5)
1.25 PM **Game of Thrones** 4/10. Jaime and Bronn head south. **2.30** 5/10. Jon enlists the help of an unexpected ally. **3.35** 6/10. Arya continues her training and Jorah and Tyrion run into slavers. **4.40** 7/10. Jaime attempts to reconnect with his family. **5.45** 8/10. Arya makes progress in her training. **6.50** 9/10. Daenerys hosts a celebration of athleticism. (S5)

9.45 Task

7.55 **Game of Thrones** *Mother's Mercy:* 10/10. Cersei finds herself seeking forgiveness in King's Landing, while Stannis embarks on a gruelling march. (S5)
9.00 **A Knight of the Seven Kingdoms** 5/6. Dunk's mettle is tested. (S1)
9.45 **Task** *Vagrants:* 5/7. Tom and his team inch closer to breaking the case. (S1)
10.55 **Game of Thrones** *The Red Woman:* 1/10. The Sand Snakes make their move. (S6)
11.55 **Game of Thrones** (S6)
3.00 AM **A Knight of the Seven Kingdoms** Series finale 6/6. Dunk considers his next move and decides whether to keep Egg as his squire. (S1)
3.40 **Game of Thrones** 7/7. (S7)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
9.00 **A League of Their Own: The Rally** Triple bill.
12.00 NOON **Movie Megastars: Made in the 80s** The biggest film stars of the decade.
2.00 PM **Never Mind the Buzzcocks** Five editions of the music quiz, including at: **5.30** Guests Luke Pritchard, PinkPantheress and Jamie Demetriou join the regulars. **6.15** With guests Mel Blatt, Betty Boo, Tom Davis, Keith Duffy and Shane Lynch.

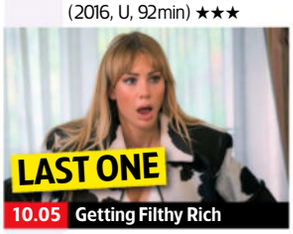
2.00 Never Mind the Buzzcocks

7.15 **Never Mind the Buzzcocks** Comedy music quiz, with Nadine Coyle, Tom Grennan and Chris McCausland.
8.00 **Friends: The Reunion** One-off special in which Jennifer Aniston, Lisa Kudrow, Courteney Cox, David Schwimmer, Matt LeBlanc and Matthew Perry get together to reminisce about the hit comedy.
10.00 FILM **TimeCop** Sci-fi action thriller starring Jean-Claude Van Damme. (1994, 18, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T FILM **47 Metres Down** Horror starring Mandy Moore and Claire Holt. Two sisters vacationing in Mexico become trapped in a shark cage at the bottom of the ocean and faced with a fight for survival. (2017, 15, 89min) ★★★
2.00 AM **The Force: North East**
3.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Totally Bonkers Guinness World Records**
7.40 **Dress to Impress**
8.40 **The Only Way Is Essex**
10.40 **Deal or No Deal**
12.45 PM **Celebrity Catchphrase**
1.45 **Wheel of Fortune**
2.45 **Britain's Got Talent**
4.10 NEW SERIES **Britain's Got Talent: Unseen**
4.35 FILM **Trolls** Animation with the voices of Anna Kendrick and Justin Timberlake. (2016, U, 92min) ★★★



10.05 Getting Filthy Rich

6.25 FILM **Jurassic World** Action adventure sequel with Chris Pratt and Bryce Dallas Howard. A safari park for genetically engineered dinosaurs creates a new species – only for it to escape and terrorise the tourists. (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **Love Island: All Stars** New edition On the eve of this year's final, excitement is hitting fever pitch in the Villa.
10.05 **Olivia Attwood: Getting Filthy Rich** Series finale 6/6. Olivia discovers the latest innovators in the sex industry.
11.05 **Family Guy** 1/20. The Griffins go on a music cruise. (S18)
11.35 **Family Guy** 16/20. (S17)
12.05 AM **American Dad!** (S14)
1.05 **Piglets** 6/6. (S2)
1.35 **Plebs** 6/6. (S1)
2.05 **American Dad!** 20/20. (S4)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe** Double bill.
8.10 **Lewis** *Allegory of Love.*
10.05 **Endeavour** *Lazaretto.*
12.05 PM **Doc Martin** 7&8/9. (S2)
2.05 **Agatha Christie's Poirot**
3.05 **Rosemary & Thyme**
4.10 **McDonald & Dodds** 4/4. A body is found in a shallow grave in the shadow of Glastonbury Tor on the dawn of All Soul's Day. (S3)
6.05 **Agatha Christie's Marple** *The Mirror Crack'd from Side to Side:* A film fan is poisoned at a party held by an actor.

6.05 Agatha Christie's Marple

Agatha Christie's Marple (started at 6.05pm)
8.00 **Midsomer Murders** *The Fisher King:* Womanising landowner Gareth Heldman is stabbed to death with a Celtic spear, bringing back memories of a tragic archaeological dig at the ancient mound of Midsomer Barrow.
10.00 **Vera** *Blood and Bone:* The unorthodox detective investigates when the charred remains of a colleague are found in an abattoir furnace.
11.50 **Betrayal** 3/4. A lead gives John the breakthrough he's been looking for. **12.50** AM 4/4. John tries to stop the suspected attack on a university. (S1)
1.50 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

10.30 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Recent action, featuring Celtic v Hibernian.
8.15 **The Repair Shop on the Road** Fixing the twin projectors of a Prestwick art deco cinema.
9.00 **Paramedics on Scene** The crew help a toddler who had a seizure in front of his frightened parents.
10.00 **Still Game** 4/6. Jack and Victor offer some unconventional marriage guidance advice. (S7)
10.30 **Dinosaur** 5/6. Nina hopes a work event might be just the distraction she needs. **11.00** 6/6. Nina hopes that she can make things right. (S2)
11.25 **Situationships with Sophie and Christine**
11.55 PM **to 12.00** M'T **Loop**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
10.30 **Ballers** (S1&2)
12.50 PM **Sex and the City**
4.00 **Community** (S1)
6.30 **The Office (US)** 13/25. Michael has the staff work together on calls. **7.00** 14/25. Michael is distraught over Dwight's resignation. **7.30** 15/25. Michael invites a stripper to Phyllis's wedding shower. **8.00** 16/25. Michael causes problems at Phyllis's wedding. **8.30** 17/25. Michael is asked to speak at a business school. (S3)
9.00 **Ania Magliano: I Can't Believe You've Done This** The comedian's 2022 stand-up show.
10.15 **Tracey Ullman: Live & Exposed** The actor and comedian takes to the stage in Los Angeles.
11.45 **And Just Like That...**
2.35 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Jonas Kaufman at Arena di Verona**
8.00 **Tales of the Unexpected**
10.30 **Alfred Hitchcock Hour**
11.35 **Landscape Artist of the Year** From Dover Castle.
12.35 PM FILM **Paris When It Sizzles** Romance. (1964, U, 106min) ★
2.40 **Sam Cooke: Legend**
4.10 **The Phantom of the Opera at the Royal Albert Hall**
7.00 **Love Never Dies** Sequel to *The Phantom of the Opera*, starring Ben Lewis.
9.00 FILM **What's New Pussycat?** Comedy. (1965, 15, 108min) ★★★
11.05 **Opry Live: Country's Greatest Songs**
12.05 AM **Marillion: All One Tonight** From 2017.
1.50 **The Genesis Songbook**
3.05 **The Moody Blues Live**
4.35 **Discovering**
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Nothing to Declare**
9.00 **Border Security USA**
10.00 **Caught on Dashcam**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Security: Canada's Front Line**
2.00 FILM **Journey to You** Romantic drama starring Erin Cahill. (2025, PG, 84min) ★★
4.00 **Wildest New Zealand**
5.00 **Big Cats Small World**
6.00 **Monkeys: An Amazing Animal Family**
7.00 **Caught Red Handed** Triple bill of editions.
9.00 **Rob & Romesh vs Strongman**
10.00 **Brassic** *The Circus:* 1/6. Tommo and Erin try to lure Vinnie out of hiding. **11.00** *A Nice Day Out:* 2/6. Vinnie strikes a deal with McCann. (S2)
12.00 M'T **Caught on Dashcam**
2.00 AM **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **In with a Shout** Game show hosted by Joel Dommett.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Jeremy Clarkson hosts a celebrity version of the big-prize quiz in which Laura Kenny and Krishnan Guru-Murthy answer questions to win cash for their charities.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable**
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Find It, Fix It, Flog It** Triple bill.
5.00 **A Place in the Sun** Triple bill, including at: **7.00** A couple look for a holiday home in Cyprus.
8.00 **George Clarke's Building Home** In Sheffield, estate agent Sophie moves into her grandparents' home of over 50 years.
9.00 **Gogglebox** The households' opinions on recent TV shows.
10.00 FILM **The Fabelmans** Steven Spielberg's semi-autobiographical drama starring Michelle Williams, Gabriel LaBelle, Paul Dano and Seth Rogen. (2022, 12, 151min) ★★★★★
1.00 AM **999: What Happened Next**
3.05 **Super Surgeons: A Chance at Life**
4.05 **to 5.00** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **Auto Mundial**
6.50 **Motorsport Mundial**
7.25 **Cadfael**
9.00 **English Football League Highlights** Recent action.
10.35 **The Big Match Revisited**
1.05 PM **Ninja Warrior UK**
2.05 **The Casebook of Sherlock Holmes** Murder mystery.
3.10 **Hornblower**
5.20 **Ice Road Truckers** Treacherous conditions spell disaster for Alex.

9.00 Smokey and the Bandit II

6.20 FILM **2001: A Space Odyssey** Stanley Kubrick's classic sci-fi drama starring Gary Lockwood and Keir Dullea as 21st-century astronauts on a mission to Jupiter. (1968, U, 136min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **Smokey and the Bandit II** Comedy sequel starring Burt Reynolds as the fast-driving bootlegger, still running rings round the law in America's Deep South. With Jackie Gleason. (1980, PG, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Shardlake** 3/4. Something does not add up when Goodhap goes missing. (S1)
12.10 AM **Giant Lobster Hunters**
1.05 **Lost Car Rescue**
1.55 **Minder**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Ape Vs Mecha Ape** Sci-fi drama with Tom Arnold. (2023, PG, 84min) ★★
1.00 PM **Stargate SG-1** Five episodes, including at: **4.00** 18/22. Daniel is trapped in the body of a dying man. **5.00** 19/22. An alien civilisation faces extinction. (S2)
6.00 **Star Trek: Deep Space Nine** 1/26. Sisko and his crew embark on a secret mission in a Jem'Hadar warship. (S6)

6.00 Star Trek: Deep Space Nine

7.00 **Star Trek: Deep Space Nine** *Rocks and Shoals:* 2/26. Sisko is forced to land the damaged ship on a remote planet.
8.00 **Star Trek: Deep Space Nine** *Sons and Daughters:* 3/26. Worf's son Alexander volunteers as a Klingon warrior.
9.00 **Star Trek: Deep Space Nine** *Behind the Lines:* 4/26. Odo's loyalty to the Federation is tested by a fellow shape-shifter.
10.00 **Star Trek: Deep Space Nine** *Favour the Bold:* 5/26. The Federation's protective minefield is threatened. (S6)
11.00 **The Leftovers** 1/10. Police chief Kevin Garvey and his family join a mysterious exodus. **12.00** M'T 2/10. Following the riots, Kevin, Nora and Jill attempt to pick up the pieces. **1.00** AM 3/10. Tom rescues a Guilty Remnant recruit. **2.00** 4&5/10. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 3/10. The duo look into the disappearance of an Eastern European oligarch. **5.00** 4/10. A psychic TV show is the scene for murder. (S2)
6.00 **Father Brown** *The Forensic Nun:* The sleuth investigates when his old friend Sister Boniface is implicated in the murder of a renowned artist.

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** New episode *Murder, She Wrote:* 7/21. A crime novelist pushes her way into an investigation. (S19)
8.00 **Father Brown** *The Hermit of Hazelnut Cottage:* Brenda finds herself embroiled in a dispute that ends in murder.
9.00 **Death in Paradise** *Dark Memories:* 7/8. Someone from JP's past is caught red-handed at a murder scene.
10.00 **Death in Paradise** *Meditated in Murder:* 6/8. The leader of a spiritual retreat is strangled. (S7)
11.00 **Death in Paradise** 6/9. Part two of two. Neville must solve a mystery from the past that unlocks the truth of who killed pianist Pasha Verdinikov. (S10)
12.00 M'T **Traces** 4/6. (S1)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Only Fools and Horses**
12.00 NOON **Only Fools and Horses** Nine episodes of the comedy, including at: **5.00** PM Del Boy acquires a nuclear fallout shelter, so he, Rodney and Grandad decide have a practice run. **5.40** The first episode of the comedy. Rodney tires of being dogsbody to his wheeler-dealing brother Del Boy and decides to move out. **6.20** Del and Rodney celebrate a used-car deal with a night out in the West End.

7.40 Dad's Army

7.00 **Only Fools and Horses** Del gets his hands on a statue of a Hindu god.
7.40 **Dad's Army** Sergeant Wilson is appointed manager of the Eastgate branch of the bank.
8.20 **Only Fools and Horses** One of Del's old flames turns up out of the blue.
9.00 **Victoria Wood as Seen on TV** Including an episode of soap spoof *Acorn Antiques*. **9.40** More comedy sketches, with Julie Walters and Celia Imrie.
10.20 **Only Fools and Horses** Del Boy spots another sure-fire winner and decides to enter the highly profitable tourist trade.
11.00 **Only Fools and Horses**
1.00 AM **Inside No 9**
1.40 **Victoria Wood as Seen on TV**
2.20 **Inside No 9**
2.50 **to 4.00** AM **Only Fools and Horses**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Dave Gorman: Modern Life Is Goodish**
8.00 **Storage Hunters UK**
9.00 **Mortimer & Whitehouse: Gone Christmas Fishing**
10.20 **Guy Martin: Proper Jobs**
11.20 **Top Gear** Double bill.
1.20 PM **Richard Osman's House of Games** Double bill.
2.35 **Hairy Bikers' Best of British**
4.40 **Mediterranean with Simon Reeve** Simon's journey concludes in Morocco, Spain, Corsica and the French Riviera.
5.40 **Greece with Simon Reeve**

8.00 Guy Martin: Proper Jobs

6.40 **Mortimer & Whitehouse: Gone Christmas Fishing** Paul takes Bob on a quest to catch an elusive English salmon.
8.00 **Guy Martin: Proper Jobs** Guy jumps at the chance to become part of a dog mountain rescue team that tackle dangerous terrain.
9.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guests Chris McCausland and Janet Street-Porter.
10.00 **QI** With guest panellists John Barrowman, Phill Jupitus and Aisling Bea.
10.40 **Mock the Week** With guests Ed Byrne, Rhys James, Laura Lexx, Alasdair Beckett-King and Athena Kugblenu.
11.20 **Mock the Week**
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL**
2.00 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

Sunday

7 PM **8 PM** **9 PM** **10 PM**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
12.05 PM **Blue Bloods** (S7)
5.00 **Law & Order: Criminal Intent** *Grow:* 1/22. A city health inspector is found dead. **6.00** *Prisoner:* 3/22. A prison warden is attacked while delivering a ransom payment. **7.00** *Unchained:* 4/22. A police officer's son is murdered by the Mob. **8.00** *Saving Face:* 8/22. Logan and Barek investigate after a woman's mutilated body is discovered. **9.00** *Diamond Dogs:* 2/22. Barek and Logan investigate a spate of jewel robberies. (S5)
10.00 **Law & Order: Special Victims Unit** (S21 &20)
1.45 AM **Criminal Minds**
2.40 **Murder, She Wrote**
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Car Pound Cops**
8.30 **Dogs Behaving (Very) Badly** Documentary.
9.30 **Home and Away**
10.00 **Shoplifters & Scammers: At War with the Law** Triple bill.
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **8.00** Officers enter a property to discover an arsenal of weapons.
9.00 **Forensics: Murder Scene** A gruesome discovery is made at a recycling plant.
10.30 **You Be the Judge: Crime & Punishment** An exploration of the British public's view of sentencing in the UK.
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **My Lover, My Killer**
2.00 **Skin A&E**
2.45 **The Vanishing Triangle**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Winter Road Rescue**
9.50 **Trucking Hell**
11.50 **Ice Road Truckers** Five editions, including at: **1.50** PM There are huge consequences when Darrell's truck breaks down. **2.55** Art Burke fights to keep his rig above ground on rapidly thawing ice. **3.50** Todd finds a novel way of conquering a melted ice crossing.
4.50 FILM **The Westerner** Western starring Gary Cooper. (1940, b/w, U, 100min) ★★★★
6.55 FILM **Five Card Stud** Western whodunit with Dean Martin. (1968, PG, 100min) ★★★
9.00 FILM **The Taking of Pelham One Two Three** Thriller starring Walter Matthau. (1974, 15, 104min) ★★★★
11.10 PM **to 4.00** AM **Extreme Tow Truckers**

U&W

132/133 131/133 125 25 156 28

6.10 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet: Noel Fitzpatrick**
2.00 **Supervet Special: Saving My Dog**
3.00 **The Supervet: Noel Fitzpatrick** Triple bill.
6.00 **Inside the Ambulance**
8.00 **Inside the Operating Theatre** A teenager has two teeth extracted. **9.00** A man undergoes a knee operation.
10.00 **The Young Midwives of Essex** Newly-qualified Tacha is still trying to get to grips with the pace of a busy ward.
11.00 **Louis Theroux: Behind Bars** Documentary.
12.00 M'T **Louis Theroux's Altered States**
1.00 AM **Louis Theroux: America's Most Hated Family in Crisis**
2.00 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
12.40 PM **Call the Midwife**
3.15 **Catherine Cookson's The Glass Virgin**
6.45 **Last Tango in Halifax** 1/2. Caroline considers moving for a new job, while Celia and Alan become wrapped up in amateur dramatics. (S4)
8.00 **Sister Boniface Mysteries** *There's No 'I' in Slaughter:* 6/8. Sister Boniface investigates when a police team-building trip takes a sinister turn. (S4)
9.00 **Silent Witness** *Protection:* A suspected paedophile is found dead in a playground.
11.15 **New Tricks** *ID Parade:* The team reinvestigate a police officer's murder.
12.35 AM **Call the Midwife**
1.55 **A Small Light**
3.00 **to 4.00** AM **Copper**

+1hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Canal Boat Diaries**
11.00 **Motorhoming with Merton & Webster**
1.00 PM **Blue Planet II** Seven editions of the series, including at: **7.00** David Attenborough looks at the ways human activity can impact on aquatic wildlife.
8.00 **Canal Boat Diaries** Robbie navigates the scenic Oxford Canal.
9.00 **Classic Car Kings** Irv takes on the restoration of an Escort RS1600i.
10.00 **Bangers & Cash** Derek heads to Bingley to meet a kindred spirit who is parting with his TR7 after 32 years. **11.00** Derek auctions off a Jensen Interceptor and a Jensen Healey.
12.00 M'T **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Fantasy Homes in the City** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **My Lottery Dream Home**
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** The stories of two people trying to unravel family mysteries, with both looking for a birth parent they have never met.
10.00 **Long Lost Family: False Identities Special** The stories of two men born in Ireland to unmarried mothers.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **Home to Roost**
8.30 **The Waltons** (S3&4)
4.30 PM **FILM Bless This House** Comedy spin-off starring Sidney James and Diana Coupland. (1972, U, 89min) ★★
6.25 **FILM CutThroat Island** Swashbuckling adventure starring Geena Davis and Matthew Modine. (1995, PG, 123min) ★★
9.00 **FILM Air America** Offbeat Vietnam War comedy starring Mel Gibson, Robert Downey Jr and Nancy Travis. (1990, 15, 112min) ★★★
11.20 **M*A*S*H** 10/16. A UN mission visits the camp. **11.50** 11/16. Hawkeye and BJ both have sleeping problems. (S11)
12.20 AM **M*A*S*H** (S11)
1.20 **Home to Roost** (S3)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **Tombstone Territory**
10.00 **FILM They Came to Cordura** Western. (1959, PG, 123min) ★★★
12.40 PM **FILM The 300 Spartans** War drama. (1962, PG, 113min) ★★★
3.00 **FILM Showdown** Western drama. (1963, b/w, PG, 79min) ★★
4.50 **FILM The Wild and the Innocent** Western. (1959, PG, 84min) ★★
6.45 **FILM The Denver and Rio Grande** Adventure. (1952, U, 89min) ★★★
8.45 **FILM The Tall Men** Western starring Clark Gable, Robert Ryan and Jane Russell. (1955, PG, 122min) ★★★
11.20 **FILM Blowback** Thriller. (2022, 15, 93min) ★★
1.20 AM **The Baron**
4.10 **to 5.50** AM **FILM Once Upon a Texas Train** Comedy Western. (1987, PG, 100min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 **FILM The Gourmet Detective: A Healthy Place to Die** Crime comedy with Dylan Neal. (2015, PG, 85min) ★★
11.00 **Murder, She Wrote**
1.00 PM **Bless This House**
2.00 **Murder, She Wrote**
9.00 **FILM The Gourmet Detective: Death Al Dente** Murder mystery starring Dylan Neal and Brooke Burns. (2015, PG, 85min) ★★
10.55 **FILM Aurora Teagarden Mysteries: Honeymoon, Honeymurder** Thriller with Candace Cameron Bure and Niall Matter. (2021, PG, 84min) ★★
12.50 AM **Island of Shadows**
2.30 **FILM Pregnant and Alone** Drama starring Emmanuelle Vaugier. (2020, PG, 89min) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM **FILM The Perfect Catch** Romantic drama. (2017, PG, 90min) ★★
10.05 **FILM A Lifelong Love** Romantic drama. (2023, U, 89min) ★★
12.00 NOON **FILM One Perfect Wedding** As 3.55pm.
1.55 PM **FILM The Engagement Plot** Comedy. (2022, PG) ★★
3.55 **FILM One Perfect Wedding** Romance. (2021, PG, 84min) ★★
5.50 **FILM Love in Bloom** Romantic comedy. (2022, U, 87min) ★★
7.50 **FILM Two Chefs and a Wedding Cake** Comedy. (2022, U, 91min) ★★
9.50 **FILM Rome in Love** Romantic drama. (2019, PG, 90min) ★★
11.45 **FILM Autumn in the City** Drama. (2022, U) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Engagement Plot**

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Hank the Cowboy**
6.30 **Sherlock Holmes**
7.30 **The Top Secret Life...**
8.30 **The Fenn Street Gang**
9.30 **Bubblegum & Cheese**
10.30 **The Dustbinmen**
11.30 **That's My Dog**
12.00 NOON **The Champions**
1.00 PM **Boon** 5/13. (S3)
2.00 **The Prime of Miss Jean Brodie** 5&6/7. (S1)
4.00 **Last Days of Pompeii**
5.45 **Hank the Cowboy**
6.00 **The Champions**
7.00 **The Top Secret Life of Edgar Briggs** (S1)
8.00 **Boon** 5/13. (S3)
9.00 **Riders** 2/2. Drama.
10.10 **FILM Orgy of the Dead** Horror. (1965, 18) ★★
12.00 M'T **Stereo Underground**
1.00 AM **FILM Death Screams** Horror. (1982, 18) ★★
2.50 **We Had One of Those**
3.00 **Dark Skies** 14/20. (S1)
4.00 **The Prime of Miss...**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

158 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Chasing Classic Cars**
2.00 PM **Kindig Customs**
5.00 **Ant Anstead: Born Mechanic**
7.00 **Mysteries of the Deep** Jeremy Wade explores the loss of a NASA space capsule in the Atlantic. **8.00** Jeremy explores a revolutionary technique that could identify the Loch Ness Monster.
9.00 **In Search of Monsters** Investigators reveal a new theory about the origins of the Wendigo. **10.00** Experts examine evidence that links the elusive Yeti to America.
11.00 **Expedition X** An investigation into unidentified objects off Catalina Island's coast.
12.00 M'T **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
12.00 NOON **Adam Richman Eats Italy** Double bill.
1.00 PM **James Martin's French Adventure**
3.00 **The Great British Bake Off** The baking challenge features a special round inspired by the Roaring 1920s. **4.30** Noel Fielding and Sandi Toksvig host Dessert Week. **6.00** Noel Fielding and Sandi Toksvig host a festival-themed round of the baking competition. **7.30** The remaining bakers' knowledge of pastry is tested.
9.00 **James Martin's Islands to Highlands**
11.00 **James Martin's French Adventure**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
9.00 **The A-Team** (S4)
2.00 PM **Impact** 1&2/2. Sci-fi disaster drama.
5.55 **FILM Impostor** Thriller starring Gary Sinise. (2002, 15, 96min) ★★
8.00 **The Twilight Zone** (S4)
9.00 **FILM American Made** Fact-based comedy drama starring Tom Cruise, Sarah Wright and Domhnall Gleeson. (2017, 15, 115min) ★★★
11.15 **FILM Primal** Thriller starring Nicolas Cage and Famke Janssen. (2019, 15, 97min) ★★★
1.10 AM **FILM Striking Distance** Action thriller starring Bruce Willis. (1993, 18, 102min) ★
3.10 **to 5.00** AM **FILM Executive Command** Thriller with Paul Winfield. (1997, 15, 95min) ★★

+1 hour 324

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
12.00 NOON **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
2.00 PM **FILM Slipstream** Adventure starring Mark Hamill and Bob Peck. (1989, PG, 101min) ★
4.00 **The Fall Guy** (S2)
9.00 **FILM The War Lord** Medieval drama starring Charlton Heston. (1965, PG, 122min) ★★★★
11.15 **FILM The Golem** Horror with Hani Furstenberg. (2018, 15, 95min) ★★
1.10 AM **FILM Await Further Instructions** Horror starring Grant Masters. (2018, 15, 91min) ★★
3.00 **FILM The Pledge** Western drama. (2008, PG, 79min) ★★★
5.0 **to 6.00** AM **The Twilight Zone**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Road Wars**
6.25 **Chaos Uncut**
6.45 **Rust Valley Restorers**
7.30 **Junk & Disorderly**
10.10 **Flipping Bangers**
11.10 **Pawn Stars**
2.05 PM **Auction Hunters**
4.05 **Storage Wars**
7.00 **The Curse of Oak Island** A clue is found beneath a Nolan's Cross boulder.
8.00 **Secrets in the Ice** A Swiss fisherman uncovers ancient Celtic relics in Lake Neuchâtel.
9.00 **Death Coast** Jeff Mackinnon must choose to either stay the course or chase a new mystery.
10.00 **Secrets of the Lost Liners** The story of the SS *Rex*, an Italian ocean liner launched in 1931.
11.00 **Paranormal: Caught on Camera** Double bill.
1.00 AM **The Proof Is Out There** Triple bill.
4.00 **to 6.00** AM **Irish Pickers**

5SELECT

153 166 138 46 133 30

9.00 AM **Entertainment News**
9.10 **The Yorkshire Vet**
9.40 **Great British Ships**
12.40 PM **Columbo** Five episodes, including at: **5.50** *Double Shock:* Columbo investigates when a wealthy man is electrocuted in the bath. **7.20** *A Deadly State of Mind:* The crumpled cop investigates a psychiatrist who has dispatched his lover's husband.
9.00 **When Saturday Night TV Goes Horribly Wrong** Compilation.
11.00 **Taggart** *Nest of Vipers*.
1.45 AM **Unwrapping King Tut: Secrets of the Mummy** Documentary.
2.45 **Mysteries of the Pyramids with Dara O Briain** A look at how the pyramids were built.
3.40 **Britain's Greatest Bridges** From Bristol.
3.55 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Kaye Adams, Mark Bright, Jayne Torvill and Richard Arnold compete for charity. **6.00** Jimi Mistry, Gemma Atkinson, Nadia Sawalha and James Cosmo take part.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** With Alex James, Ann Widdecombe, Sara Cox and Eamonn Holmes.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 12&13/24. (S11)
8.00 **Georgie and Mandy's First Marriage** New episodes 11/22. Georgie leaves the store to work for Jim's longtime nemesis. **8.30** 12/22. Georgie is forced to stay at home with a cold. (S1)
9.00 **Mock the Week** New edition Satirical comedy panel show with a stand-up twist, hosted by Dara O Briain.
10.00 **Mock the Week**
11.00 **Guz Khan's Custom Cars** A Honda S2000.
12.00 M'T **Young Sheldon**
12.30 AM **Dr Pimple Popper**
1.30 **Say Yes to the Dress: Atlanta** Reality series.
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Stupid Central**
9.00 **Impractical Jokers**
11.50 **Friends** (S10&1)
7.00 PM **Friends** 5/24. Phoebe and Chandler decide to make a pact. **7.30** 6/24. Chandler dates a married woman. **8.00** 7/24. Chandler gets trapped in a bank. **8.30** 8/24. The pals pay their last respects at the funeral of Monica and Ross's grandmother. (S1)
9.00 **FILM Crocodile Dundee II** Comedy adventure sequel with Paul Hogan and Linda Kozlowski. (1988, PG, 111min) ★★
11.15 **8 Out of 10 Cats Uncut**
12.55 AM **Whose Line Is It Anyway? USA**
1.25 **Kevin Bridges: The Brand New Tour**
2.25 **Lee Evans: Monsters**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Comedy Game Night**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 3&4/25. (S2)
7.00 **Teleshopping**
9.00 **Most Ridiculous**
9.30 **Friends** 16-18/18. (S10)
11.00 **Everybody Loves Raymond** (S2)
2.00 PM **Criminally Funny**
9.00 **Friends** 9/24. Brad Pitt guest stars in a Thanksgiving special. **9.30** 10/24. Monica buys some expensive boots. **10.00** 11/24. Rachel propositions Joey. **10.30** 12/24. Rachel and Joey hit the town. **11.00** 13/24. Chandler discovers the pleasures of a scented bath. **11.30** 14/24. Rachel is taken to hospital. (S8)
12.00 M'T **Friends** (S8)
2.00 AM **New Girl** (S3)
3.00 **Michael McIntyre: Live & Laughing**
3.45 **South Park** (S10&11)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s – Best Music Live!**
8.10 **On the Buses** (S1)
9.10 **Man About the House**
1.20 PM **Steptoe and Son**
7.55 **Minder** *The Long Ride Back to Scratchwood:* 6/10. A conman gets the better of Arthur. (S5)
9.00 **Benidorm** 3/7. Noreen checks in at the Solana with her daughter. (S4)
9.55 **Shameless** 2/8. Frank tries to stop Monica talking to Sheila. (S4)
10.55 **Man About the House**
11.25 **Rising Damp** 1/6. (S4)
11.55 **Benidorm** 3/7. (S4)
12.55 AM **Minder** 6/10. (S5)
2.00 **Till Death Us Do Part**
2.30 **Man About the House**
2.55 **Duty Free** 3/7. (S3)
3.15 **The Osbournes** (S1)
3.40 **That's 60s – Best Music Live!**
4.00 **Nearest and Dearest**
4.45 **to 6.00** AM **Trainspotting**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Teen Mom 2**
8.00 **16 and Pregnant**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **6.00** LeeAndre is suspicious about Russia ghosting him. **7.00** Kash tries to learn the truth about Kenya. **8.00** Jasmine writes to Nev and Max asking for help for a 'friend.'
9.00 **Teen Mom UK: Next Generation** Amelia hosts a gender reveal party.
10.00 **FILM Seed of Chucky** Horror comedy sequel starring Jennifer Tilly and Hannah Spearritt. (2004, 15, 86min) ★★★
12.00 M'T **Caught in the Act: Unfaithful** Reality series.
1.00 AM **Ink Master: Angels**
2.00 **Black Ink Crew New York** Double bill.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys reveal unseen builds and share their most memorable moments. **1.00** PM The Raneys rush to rescue a lone Montana homesteader from disaster. **3.00** The Raneys struggle to revive an inherited Wyoming homestead with a tragic legacy. **5.00** The Raneys meet their match on a homestead in Idaho, where millennial off-gridders are plagued by dead soil and grizzly bears.

7.00 Moonshiners

7.00 Moonshiners New edition Mark and Digger reverse-engineer counterfeit shine that is flooding the market.

8.00 Moonshiners New edition The guys investigate the numerous bloody battles of Civil War-era Brooklyn.

9.00 Barnwood Builders The team members join the flood recovery efforts in their hometown of White Sulphur Springs.

10.00 Wheeler Dealers Mike and Elvis take on the restoration of a Fiat Coupe 20 Valve Turbo, also known as a 'baby Ferrari'.

11.00 Kindig Customs Dave has been itching to get his hands on another VW, so he takes on a car that's basically just a heap of rusty parts and a broken-down engine.
12.00 M'T **Overhaulin'** Triple bill.
3.00 **to 5.00** AM **Street Outlaws: Locals Only**

+1hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **The Zoo** A feisty camel develops a tooth issue. **4.00** Giraffes Jigsaw and Zizi are paired for breeding.
5.00 **Treehouse Masters**
6.00 **Meet the Penguins** A wild penguin is brought in with a life-threatening wound. **6.30** A pair of home-pen inhabitants get into a fight.

9.00 Little Giants

7.00 How Do Animals Do That? The secret behind the kangaroo's hop. **7.30** A look at how cats always land on their feet.

8.00 Little Giants The team go in search of the mighty whip scorpion. **8.30** Tracking down the tomato frog of Madagascar.

9.00 Alaskan Bush People: Bushcraft Chronicles The Browns look back at some of their most ingenious water designs.

10.00 Tanked A shopping centre in Santa Rosa wants an aquarium that pays respects to the firefighters that helped the area during wildfires.

11.00 Alaska: The Last Frontier An old city house is repurposed into a cabin.
12.00 M'T **Fish or Die**
1.00 AM **Air Jaws Strikes Back**
2.00 **The Haunted**
3.00 **Little Giants** Double bill.
4.00 **to 5.00** AM **The Zoo**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
10.00 **Yukon Rescue**
11.00 **Car S.O.S** Double bill.
1.00 PM **Air Crash Investigation**
3.00 **Inside Melbourne Airport** A blackout halts operations at Australia's busiest airport. **4.00** Brad has just 90 minutes to turn around a flight. **5.00** A tarmac collision disrupts passengers.
6.00 **Egypt's Treasure Guardians** Documentary following a team of archaeologists working to preserve Egypt's history.

8.00 Gladiators

7.00 Tut's Toxic Tomb 2/2. Explorer Ella Al-Shamahi dives deeper into the truth behind Tutankhamun's curse.

8.00 Gladiators: Warriors of the Ancient World New edition How Emperor Commodus's obsession with fame spiralled.

9.00 Elizabeth I: The Secret Life A look at the monarch's life, examining rumours of illegitimacy and adultery.

10.00 Witches: Truth Behind the Trials A look back at the lives of two witch-hunters operating during England's Civil War.

11.00 Witches: Truth Behind the Trials The story behind the most famous witch trials in history, which took place in Salem in 1692.
12.00 M'T **Air Crash Investigation** A Concorde crash in July 2000.
1.00 AM **Construction Fails**
3.00 **to 5.00** AM **Ancient X Files**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.00 **The Proof Is Out There: Alien Edition** Double bill.
9.00 **Gold Wars Downunder**
10.00 **Ice Road Truckers**
11.00 **Pawn Stars** Triple bill.
2.00 PM **Junk & Disorderly** Triple bill of editions, including at: **4.00** Henry, Allen and Guy finally take possession of the Buick Roadmaster.
5.00 **Egypt's Unexplained Files** An exploration of crime and punishment in ancient Egypt. **6.00** Ancient Egypt's elite.

9.00 JFK: The Final Evidence

7.00 The Egyptian Book of the Dead A version of the ancient text once buried with an Egyptian scribe, now preserved in the British Museum and thought to be the oldest surviving document in human history.

9.00 JFK: The Final Evidence 1/2. The mystery behind the assassination of US President John F Kennedy in November 1963.

10.00 JFK: The Final Evidence 2/2. Dr David J Hall attempts to unravel the facts from fantasy.

11.00 World War Weird A plan to spray German and Japanese officers with a foul-smelling substance.
12.00 M'T **Pawn Stars** Rick takes a look at an iconic collection of Hard Rock photographs. **1.00** AM A trio of vintage comic-strip characters. **2.00** An *Incredible Hulk* comic.
3.00 **to 6.00** AM **Junk & Disorderly**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Gary Oldman**
7.00 **Discovering: Bruce Willis**
8.00 **The Directors**
9.00 **Sergio Leone: The Italian Who Invented America**
11.00 **The Two Escobars**
1.00 PM FILM **When We Were Kings** Oscar-winning documentary about the 1974 'Rumble in the Jungle'. (1996, PG, 87min) ★★★★★
2.45 **My Icon: Duke McKenzie**
3.00 **Pee-wee as Himself** 1&2/2. The life and career of actor and comedian Paul Reubens.

1.00 When We Were Kings

7.00 Elvis Presley: The Searcher 1/2. Documentary about the singer, beginning with his early life in Tupelo, Mississippi, and his unprecedented rise to fame over a single year.

9.00 Elvis Presley: The Searcher 2/2. Conclusion of the documentary about the singer, beginning with his return home after his discharge from the army, and how he dealt with a rapidly changing pop scene.

11.00 Tina A celebration of Tina Turner's life and career, featuring contributions from Angela Bassett, Oprah Winfrey and Turner herself.
1.10 AM **I Am Paul Walker** Exploring the life and legacy of American actor Paul Walker.
3.00 **Jackie Stewart** The story of Formula 1 great Jackie Stewart.
5.00 **to 6.00** AM **The Directors**

Sunday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 **Antiques Road Trip**
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Yorkshire Auction House** Angus helps Claire Richards by taking a chunk of pop memorabilia to auction.
8.00 **The Repair Shop** Will Kirk attempts to restore a model ship. **9.00** Experts repair a ceramic poppy and a hot towel machine. **10.00** A 1950s toy rocket and a cherished purse are restored. **11.00** Items include a clockwork tractor. **12.00** M'T Restoring a pocket camera.
1.00 AM **Massive Engineering Mistakes**
2.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops Philadelphia**
7.00 **Forensic Detectives**
9.00 **FBI Files**
11.00 **The Killer in My Family**
12.00 NOON **FBI Files**
3.00 PM **Evil Lives Here: Shadows of Death**
7.00 **Evil Lives Here: Shadows of Death** The brutal murders of two teenage girls at a remote lookout point. **8.00** When Erika Verdecia goes missing, her family launch their own search for her.
9.00 **A Killer's Mistake** The case of Crystal McDowell.
10.00 **Evil Lives Here**
11.00 **Faking It: Tears of a Crime** Darren Vickers.
12.00 M'T **Murder on CCTV**
1.00 AM **Faking It: Tears of a Crime** Michael Lane.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Judge Judy** A man sues his cousin's girlfriend for misappropriating money he gave her to make car payments. **7.30** A man accuses his estranged son of stealing his truck and tools. **8.00** An army sergeant claims her former boyfriend's ex-wife destroyed her clothes. **8.25** A woman claims her half-sister charged her plastic surgery on a joint credit card. **8.50** A landlord is accused of fraudulently evicting a tenant due to a foreclosure. **9.15** New York cousins fight over a car that was allegedly borrowed.
9.40 **Judge Judy** Further small-claims cases.
12.10 **to 6.00** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **Facing Evil**
4.00 **Murder She Solved**
6.00 **Forensic Factor**
9.00 **Murder UK** The story of how nurse Victorino Chua secretly poisoned hospital patients in Greater Manchester by contaminating saline drips with lethal insulin.
10.00 **Secrets of a Murder Detective** Focusing on the case of taxi driver Mohammed Ashad who, in 2008, picked up a fatal fare in Birmingham.
11.00 **Fatal Fall: Murder or Accident?** The case of Cody Johnson, who was pushed almost 200ft to his death into a ravine at Glacier National Park.
12.00 M'T **Cult Justice**
1.00 AM **Forensic Factor**
4.00 **Murder UK** As 9.00pm.
5.00 **to 6.00** AM **Secrets of a Murder Detective**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **A1: Britain's Longest Road**
8.00 **Brit Cops: Frontline Crime UK** Documentary.
9.00 **Caught on Dashcam**
10.00 **Police 24/7**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **What the Killer Did Next** Nicola Stephenson.
2.00 **World's Most Evil Killers**
3.00 **Killer in My Village**
5.00 **Britain's Most Evil Killers**
8.00 **Forensics: Catching the Killer** Raymond Cullen.
9.00 NEW SERIES **World's Most Notorious Killers** Fred and Rose West.
10.40 **Britain's Most Evil Killers**
11.40 **Murdered at First Sight**
12.35 AM **Killer in My Village**
1.30 **Britain's Most Evil Killers**
2.30 **The Real CSI: Miami**
3.30 **World's Most Evil Killers**
4.30 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Rum & Revolution: History of Havana**
9.35 **The First World War: The People's Story**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Rum & Revolution: History of Havana**
2.40 **Mafia's Greatest Hits**
8.00 **The First World War: The People's Story** 1/3. World War One veterans recall their experiences. **9.05** 2/3. An account of the Battle of the Somme told through its last remaining survivors. **10.15** 3/3. Veterans look back on the World War One battles of 1917 and 1918.
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Rum & Revolution: History of Havana**
1.00 **to 2.00** AM **Grand Tours of the Scottish Islands**

Sky Nature

145 113/114 189 354 369

6.00 AM **Becoming Orangutan**
9.00 **Australia's Hidden Islands**
11.00 **The Secret Life of the Hermit Crab** As shown at 10.00pm.
12.00 NOON **Big Cats: An Amazing Animal Family** Double bill.
2.00 PM **Extreme Animals: One Wild Day** Documentary.
3.00 **Wild Battlegrounds**
4.00 **Untamed Valley**
5.00 **My Best Friend's an Animal** New edition There's a celebration for Cash the house donkey's birthday.
6.00 **Extraordinary Animals** New editions How animals' bravery and survival is linked. **6.30** Wallabies bravely scale the terrain and Turkey dads defend their nests.
7.00 **David Attenborough's Conquest of the Skies**
10.00 **The Secret Life of the Hermit Crab** Following Hermit crabs during their migration.
11.00 **My Best Friend's an Animal**
12.00 M'T **Extraordinary Animals**
1.00 AM **Wild Crusades**
3.00 **to 6.00** AM **Animals Decoded**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Ships**
10.00 **WWII's Most Daring Raids**
11.00 **The Great British Dig: History in Your Back Garden**
1.00 PM **Secrets of Great British Castles** Cardiff Castle.
2.00 **Ancient Aliens**
4.00 **Egypt's Unexplained Files**
5.00 **Ramses the Great: King of Ancient Egypt**
6.00 **Treasures Decoded**
7.00 **Truthseekers** Cleopatra.
8.00 **Treasures Decoded** How the Great Pyramid was built.
9.00 **Secrets in the Dark** Mexico City's tower of 600 skulls.
10.00 **Royal B**tards: Rise of the Tudors** Warwick leads a rebellion against Edward.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Dark Marvels: Killing Machines** Documentary.
2.00 **Beyond the Myth: The SS Unveiled**
3.00 **Cracking the Code**
4.00 **Mission Unexplained**
5.00 **to 6.00** AM **Full Custom Garage**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Savage Builds** Double bill.
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions.
8.00 **Legendary Locations** Featuring three locations where stone labyrinths hide something incredible. **8.30** Josh Gates explores great walls in India and Taiwan. **9.00** Exploring places where unusual heroes rule the day. **9.30** Josh examines places darkened by the past.
10.00 **American Titans** Industrialists William Clark and Marcus Daly's fight to control Montana's copper mines.
11.00 **Tesla's Death Ray: A Murder Declassified**
12.00 M'T **Truth Behind the Moon Landing** Double bill of editions.
2.00 AM **NASA's Unexplained Files**
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Murdertown**
8.00 **Nightmare in Suburbia**
10.00 **When Missing Turns to Murder**
12.00 NOON **Judge Rinder**
2.00 PM **Cops Gone Bad with Will Mellor** Double bill of editions.
4.00 **Murder on Trial** Triple bill.
8.00 **Homicide Squad: New Orleans** A father-of-six is fatally shot outside a nightclub.
9.00 **Cold Case Files** New edition An eight-year-old girl is discovered dead in a ditch. **10.00** A woman is found stabbed in her Tulsa home. **11.00** The body of a supposed runaway is found in a swamp.
12.00 M'T **Last Night Out**
1.00 AM **Cold Case Files**
2.00 **Skegness Psycho: 28 Miles to Murder** Series finale 2/2. The story of Daniel Boulton, who walked for 12 hours to murder his former partner and her son.
3.00 **Somebody's Hiding Something**
4.00 **to 6.00** AM **I Knew My Murderer**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **When Sharks Attack 360**
12.00 NOON **Iberia's Woodlands: Life on the Edge**
2.00 PM **Hostile Planet**
4.00 **Secrets of the Zoo**
6.00 **Critter Fixers: Country Vets** New edition The vets are challenged with a rat attacked by a dog, and a canine with a life-threatening condition.
7.00 **Killer Safari** New edition Stories of big cats battling their eternal enemies and some unexpected ones.
8.00 **Jade Eyed Leopard** The first year of a leopard's life.
9.00 **Super Reefs** The decline in the ecosystem of the southern Line Islands' coral reefs.
10.00 **Pristine Seas: The Power of Protection** Enric Sala travels the globe to save the oceans.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
1.00 AM **Life Below Zero: First Alaskans** Documentary.
2.00 **Last of the Giants: Wild Fish**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181

7.00 AM **Shed and Buried**
9.00 **HMS Ark Royal**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** The secrets of Emperor Nero's palace built in the heart of Rome. **7.00** Experts reveal the secrets of the Lighthouse of Alexandria. **8.00** New discoveries reveal the hidden meaning behind the world's oldest biblical texts, the Dead Sea Scrolls in Israel.
9.00 **Salvage Hunters: The Restorers** Upholster Craig and sculptor Nick team up to restore some iconic Arne Jacobsen chairs. **10.00** Lighting expert Jolene fixes a worn down 19th-century police station lamp. **11.00** Leather worker Martin restores a vintage case, and wood worker Alex is challenged to fix a rustic bench.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Dr Christian Will See You Now** Four editions.
1.00 PM **Dr Christian Will See You Now** Five editions.
6.00 **Dr Christian Will See You Now** An x-ray conducted on a man with psoriasis uncovers what could be a bigger problem. **7.00** A woman who has alopecia and is suffering from low self-esteem. **8.00** The TV doctor and a consultant dermatologist seek to get to the bottom of a woman's rosacea, and help a bride-to-be resolve her body image issues. **9.00** A woman with an impulse control disorder seeks help to stop plucking her eyelashes and eyebrows ahead of her wedding day. **10.00** The team of specialists help a woman who is desperate to get pregnant.
1.00 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1hour 266 376

ID

154 140 166

8.00 AM **Forbidden: Dying for Love**
10.00 **Murder Chose Me**
12.00 NOON **American Monster**
4.00 PM **Disappeared**
6.00 **Murder in the Heartland**
7.00 **Evil Lives Here** A case in which a couple realised their son was hiding an evil secret.
8.00 **On the Case with Paula Zahn** An unidentified woman is found murdered in an off-campus apartment. Police have no leads on the case until her neighbour shares a chilling story.
9.00 **The Curious Case of Natalia Grace: The Final Chapter** Desperate to escape her controlling parents, Natalia turns to Vince and Nicole DePaul. **10.00** Natalia must face a dark past of lies and alleged abuse.
11.00 **The Real Murders on Elm Street** Documentary.
12.00 M'T **Signs of a Psychopath**
1.00 AM **Evil Lives Here**
2.00 **Signs of a Psychopath**
4.00 **to 6.00** AM **Faking It: Tears of a Crime**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **World's Greatest Motorcycle Rides**
10.00 **FourWheeler** Double bill.
11.00 **Bad Chad Customs**
12.00 NOON **Shed and Buried: Classic Cars** Five editions.
5.00 PM **Shed and Buried** A collection of vintage bikes and rare British four-wheelers. **5.30** Henry and Sam find a shed full of interesting items. **6.00** The duo rummage about in a tractor enthusiast's heaven. **6.30** Henry and Sam rummage around another shed.
7.00 **Wheeler Dealers** Mike and Elvis gamble on a TVR Griffith. **8.00** Mike buys a G Wagen. **9.00** Mike hopes to double his money on a Mercedes 300 TD. **10.00** Mike and Edd restore a 1983 Mercedes 500 SEC. **11.00** Mike conducts a refresh on a Mercedes 560SL. **12.00** M'T Edd sets out to restore a Mercedes-Benz SLK.
1.00 **to 4.00** AM **World's Greatest Motorcycle Rides**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
7.50 PREMIERE **The Gentleman**
9.40 **How to Train Your Dragon**
11.55 **One More Shot** As 11.50pm.
1.35 PM **I Know What You Did Last Summer** As 8.00pm.
3.35 **How to Train Your Dragon** Fantasy with Mason Thames. (2025, PG, 125min) ★★★★
5.50 **M3GAN 2.0** Sci-fi thriller sequel with Allison Williams. (2025, 15, 120min) ★★★

10.00 The Gentleman

8.00 **I Know What You Did Last Summer** Horror reboot starring Madelyn Cline and Chase Sui Wonders. A group of young friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 PREMIERE **The Gentleman** Action thriller starring Ron Perlman. An elderly gentleman, haunted by a brutal murder, embarks on a quest for vengeance. With Megan Montaner. (2025, 15, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **One More Shot** Fantasy comedy with Emily Browning. (2025, 15, 91 min) ★★★
1.30 AM **Prisoner of War** Action thriller starring Scott Adkins. (2025, 15, 112min) ★★★
3.40 **to 6.00** AM **King Ivory** Thriller. (2024, 15, 130min)

Sky Cinema Jurassic

303 303 403 503 517

7.10 AM **Jurassic Park III** (2001)
8.45 **Jurassic World** As 6.55pm.
10.50 **Jurassic World: Fallen Kingdom** As 9.00pm.
1.00 PM **Jurassic Park** As 11.10pm.
3.10 **The Lost World: Jurassic Park** Adventure sequel. (1997, PG, 129min) ★★★
5.20 **Jurassic Park III** Thriller sequel. (2001, PG, 92min) ★★★
6.55 **Jurassic World** Adventure sequel starring Chris Pratt. (2015, 12, 124min) ★★★★

6.55 Jurassic World

Jurassic World (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jurassic World: Fallen Kingdom** Adventure sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Jurassic Park** Steven Spielberg's monster thriller starring Sam Neill and Laura Dern. A billionaire showman creates an island leisure park populated by genetically engineered dinosaurs. (1993, PG, 127min) ★★★★★
1.25 AM **The Lost World: Jurassic Park** As shown at 3.10pm.
3.45 **Jurassic Park III** As 5.20pm.
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.55 AM **The Bridges at Toko-Ri** War drama starring William Holden. (1954, U, 99min) ★★★
8.45 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
11.25 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
1.35 PM **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
3.45 **Little Women** Period drama. (1994, U, 114min) ★★★
5.45 **Legends of the Fall** Epic period drama starring Brad Pitt. (1994, 15, 133min) ★★★★
8.00 **Cool Hand Luke** Drama starring Paul Newman as a chain gang convict who becomes a hero to his fellow prisoners. (1967, 15, 126min) ★★★★★
10.10 **It Ends with Us** Drama based on Colleen Hoover's novel, starring Blake Lively. A woman's abusive relationship is shaken after her first love reappears. (2024, 15, 125min) ★★★
12.25 AM **Valentine's Day** Romantic comedy starring Ashton Kutcher. (2010, 12, 125min) ★★★
2.30 **Anora** Romantic comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
5.00 **to 7.15** AM **About Time** Fantasy. (2013, 12, 120min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.30 AM **The Lawnmower Man** Thriller. (1992, 15, 105min) ★★★
9.55 **Us** Horror with Lupita Nyong'o. (2019, 15, 116min) ★★★★
11.55 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
1.50 PM **Nosferatu** Fantasy horror. (2024, 15, 132min) ★★★★
4.15 **Companion** Sci-fi horror with Jack Quaid and Sophie Thatcher. (2024, 15, 97min) ★★★★
6.00 **Pitch Black** Sci-fi chiller with Vin Diesel and Radha Mitchell. (1999, 15, 108min) ★★★★
8.00 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. After a photographer and his girlfriend visit her parents, he suspects there is more to the locals than meets the eye. (2017, 15, 104min) ★★★★★
9.50 **Smile 2** Mystery horror sequel starring Naomi Scott, Kyle Gallner and Rosemarie DeWitt. (2024, 18, 127min) ★★★★
12.00 M'T **Salem's Lot** Horror. (2024, 15, 109min) ★★★
1.55 AM **Pet Sematary** Supernatural thriller. (1989, 18, 103min) ★★★
3.40 **The Pact** Thriller starring Caity Lotz. (2012, 15, 85min) ★★★
5.15 **to 6.50** AM **AfrAid** Sci-fi horror. (2024, 15, 84min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.15 AM **A Dog's Purpose** (2017)
9.00 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★
10.55 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★
12.25 PM **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12) ★★
2.10 **Teenage Mutant Ninja Turtles: Out of the Shadows**
4.10 **The Smurfs** Adventure. (2011, U, 103min) ★★
6.00 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★

Sky Cinema Action

307 307 407 507 521

7.30 AM **Mortal Kombat: Annihilation** As 2.20am.
9.10 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★
11.15 **The Matrix Revolutions** Thriller sequel. (2003, 15) ★★★
1.30 PM **Rampage** Adventure. (2018, 12, 107min) ★★★
3.20 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★
5.25 **The Matrix: Resurrections** Sci-fi action thriller sequel. (2021, 15, 148min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **Jackass Presents: Bad Grandpa .5** (2014, 15) ★★
9.00 **Blazing Saddles** Western. (1974, 12, 90min) ★★★★
10.35 **Semi-Pro** (2008, 15) ★★
12.10 PM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
2.00 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
4.10 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
6.00 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **The Bikeriders** Drama. (2023, 15, 116min) ★★★★
9.20 **The Perfect Storm** (2000)
11.30 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
1.30 PM **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
3.35 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
5.30 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio and Ken Watanabe. (2010, 12, 148min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sherlock Holmes and the Secret Weapon** Thriller. (1942, b/w, PG, 68min) ★★
12.25 PM **The Lost World** Fantasy. (1960, PG, 98min) ★★
2.20 **Dante's Peak** (1997, 12) ★★★
4.25 **Jumanji: Welcome to the Jungle** Fantasy comedy. (2017, 12, 119min) ★★★★
6.45 **Independence Day: Resurgence** Sci-fi sequel. (2016, 12, 120min) ★★★

7.50 A Minecraft Movie

10.25 The Warriors

8.00 Singin' in the Rain

10.10 The Perfect Storm

11.05 White House Down

7.50 A Minecraft Movie Fantasy adventure starring Jack Black, Jason Momoa, Emma Myers and Jennifer Coolidge. (2025, PG, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Stardust Fantasy comedy starring Claire Danes and Charlie Cox. A young man enters a magical kingdom to retrieve a falling star for his beloved in exchange for her hand in marriage. (2007, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 Spy Kids 2: Island of Lost Dreams Comedy adventure sequel starring Alexa Vega. (2002, U, 100min) ★★★★
1.30 AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Adventure sequel starring Megan Fox and Will Arnett. (2016, 12, 112min) ★★★
3.35 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
5.35 **to 8.00** AM **The Wiz** Musical. (1978, U, 133min) ★★

8.00 The Mummy Returns Adventure sequel starring Brendan Fraser and Rachel Weisz. A dashing ex-legionnaire and his wife confront old and new adversaries – an evil ancient Egyptian high priest and a warrior who has been frozen in time for five millennia. (2001, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 The Warriors Thriller with Michael Beck. A New York street gang have to fight their way across New York to reach the safety of their own turf. (1979, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
2.20 **Mortal Kombat: Annihilation** Action fantasy sequel. (1997, 15, 91 min) ★★
4.00 **to 6.20** AM **Shooter** Thriller. (2007, 15, 125min) ★★★★

8.00 Singin' in the Rain Musical about the transition from silents to talkies in 1920s Hollywood, starring Gene Kelly, Donald O'Connor and Debbie Reynolds. (1952, U, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 How to Lose a Guy in 10 Days Romantic comedy starring Kate Hudson and Matthew McConaughey. A magazine journalist sets out to seduce and then alienate an advertising executive, but her target has his own agenda. (2003, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Napoleon Dynamite** Comedy. (2004, PG, 95min) ★★★★
1.25 AM **Jackass: The Movie** Comedy. (2002, 18, 87min) ★
2.55 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
4.35 **to 6.20** AM **Role Models** Comedy starring Paul Rudd. (2008, 15, 99min) ★★★★

8.00 Ocean's Twelve Caper thriller sequel starring George Clooney, Brad Pitt and Matt Damon. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they attempt to steal $160million in Europe. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Perfect Storm Fact-based action drama starring George Clooney and Mark Wahlberg. In 1991, six New England fishermen get caught in a terrifying storm. (2000, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Hallow Road** Thriller. (2025, 15, 80min) ★★★★
1.45 **The Godfather Part III** Gangster drama sequel. (1990, 15, 162min) ★★★★
4.35 **to 6.25** AM **Caddo Lake** Thriller. (2024, 12) ★★★

Independence Day: Resurgence (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 M3GAN Sci-fi horror starring Allison Williams and Violet McGraw. A robotics engineer at a toy company builds a life-like doll that begins to take on a life of its own. With Ronny Chieng. (2022, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 White House Down Action thriller starring Channing Tatum and Jamie Foxx. A lone cop strives to save the day after heavily armed terrorists seize control of the White House. (2013, 12, 131 min) ★★★
1.40 **to 3.50** AM **The King** Psychological thriller with Gael Garcia Bernal and William Hurt. (2005, 15, 105min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

7.25 AM **Sixteen Candles** Comedy. (1984, 12, 89min) ★★★
9.15 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
11.05 **Caddyshack** As 1.50am.
12.45 PM **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
2.20 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★

4.00 **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★
6.00 **Do the Right Thing** Spike Lee's controversial comedy drama. (1989, 15, 120min) ★★★★★
8.00 **Dirty Harry** Thriller with Clint Eastwood and Harry Guardino. (1971, 15, 103min) ★★★★★
10.00 **The Exorcist** Horror chiller starring Max von Sydow, Linda Blair and Jason Miller. A priest battles to exorcise a powerful demon possessing a young girl. (1973, 18, 121min) ★★★★★

12.05 AM **The Last Starfighter** Sci-fi adventure. (1984, PG) ★★★
1.50 **Caddyshack** Comedy. (1980, 15, 95min) ★★★
3.35 **The Witches of Eastwick** Fantasy. (1987, 18) ★★★★
5.40 **to 6.20** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.35 AM **The Golden Child** (1986)
8.10 **The Brady Bunch Movie** Spoof comedy. (1995, 12, 89min) ★★★
9.45 **Forces of Nature** Comedy. (1999, 12, 105min) ★★★
11.35 **Shirley Valentine** Comedy. (1989, 15, 108min) ★★★★
1.30 PM **The Wedding Singer** Romantic comedy with Adam Sandler and Drew Barrymore. (1998, 12, 97min) ★★★★

3.15 **In & Out** Comedy starring Kevin Kline. (1997, 12, 91 min) ★★★
4.50 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
6.20 **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
8.00 **Dumb and Dumber** Comedy with Jim Carrey and Jeff Daniels. (1994, 12, 107min) ★★★
9.50 **The Cable Guy** Black comedy starring Matthew Broderick. (1996, 12, 96min) ★★★★

11.30 **The Golden Child** Fantasy adventure starring Eddie Murphy. (1986, PG, 93min) ★★
1.05 AM **In & Out** As 3.15pm.
2.40 **Wayne's World 2** Comedy sequel. (1993, PG, 95min) ★★★
4.35 **to 6.15** AM **48 Hrs** Thriller. (1982, 15, 97min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.25 AM **Happy Feet** Animation. (2006, U, 108min) ★★★★
9.20 **Happy Feet Two** Animated musical comedy sequel. (2011, U, 100min) ★★★
11.05 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
12.45 PM **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★

2.25 **Madagascar: Escape 2 Africa** Animated adventure sequel. (2008, PG, 89min) ★★★
4.00 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
5.35 **Bee Movie** Animated comedy. (2007, U, 91 min) ★★★
7.15 **The Garfield Movie** Animation with the voice of Chris Pratt. (2023, U, 101 min) ★★★
9.00 **The Lego Movie** Animated comedy with the voices of Chris Pratt and Elizabeth Banks. (2014, U, 100min) ★★★★★

10.50 **Extinct** Animated adventure. (2021, U, 84min) ★★★
12.25 AM **Deep Sea** Animation. (2023, PG, 112min) ★★★
2.25 **The Emoji Movie** As 4.00pm.
3.55 **Bee Movie** As 5.35pm.
5.30 **to 7.20** AM **Transformers One** Animation. (2024, PG) ★★★★

Movies 24

312 313 419

7.00 AM **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
9.00 **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
11.00 **Signed, Sealed, Delivered: A Tale of Three Letters** Mystery. (2024, PG, 90min) ★★
1.00 PM **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★
3.00 **A Melbourne Match** Romantic drama. (2026, PG, 90min) ★★

5.00 **Planning for Joy** Romantic comedy starring Chelsey Reist. (2022, PG, 86min) ★★
7.00 **Mystery Island: Winner Takes All** Drama starring Elizabeth Henstridge and Charlie Weber. (2025, PG, 90min) ★★
9.00 **Love for Starters** Comedy starring Stephanie Bennett and Jonathan Cherry. An interior designer joins forces with a celebrity chef to transform her father's struggling restaurant. (2022, PG, 85min) ★★

11.00 **The Royal Nanny** Comedy. (2022, PG, 84min) ★★
1.00 AM **Sense and Sensibility** Drama. (2024, U, 84min) ★★
3.00 **to 5.00** AM **Notes of Autumn** Drama. (2023, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Dick Tracy Returns** (1938)
8.05 **Gaolbreak** (1961, b/w, U) ★★
9.20 **The Magic Sword** (1962) ★★
10.55 **The Beverly Hillbillies** (S2)
11.25 **The Lamp in Assassin Mews** Comedy. (1962, b/w, U) ★★
12.45 PM **Batman** 52/60. (S2)
1.20 **The Lamp Still Burns** Drama. (1943, b/w, PG, 90min) ★★
3.05 **Night Mail** (1936, U) ★★★★
3.30 **Give Us a Clue**

4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **Hannay** 3/6. (S1)
7.00 **That's My Boy** 3/6. (S1)
7.30 **The Vise** 14/26. (S2)
8.00 **Memories of Making Sergeant Cork** With William Gaunt.
8.05 **Sergeant Cork** 5/13. (S3)
9.10 **Who Do You Do?**
9.45 **Confessions from a Holiday Camp** Comedy. (1977, 18) ★
11.30 **The Heritage Chart Show**
12.35 AM **Breathless** Drama. (1960, b/w, PG, 90min) ★★★★★

2.25 **How to Undress in Public Without Undue Embarrassment**
3.25 **Food Flash: Cod Liver Oil**
3.30 **The Rogues** 2/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 8/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

8 PM
9 PM
10 PM
11 PM

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE LPGA Tour Golf** Coverage of the fourth and final day of the Honda LPGA Thailand staged at Siam Country Club.
8.30 **Goals on Sunday**
9.00 **LIVE Men's T20 World Cup** Coverage of a Super Eight match staged at Pallekele International Cricket Stadium in Kandy.
1.00 PM **LIVE Premier League Nottingham Forest v Liverpool.** The top-flight match staged at the City Ground, where the hosts will look to do the double over their opponents. Kick-off **2.00pm**.
4.25 **LIVE Super Sunday Tottenham Hotspur v Arsenal.** Coverage of the Premier League match from Tottenham Hotspur Stadium. Kick-off **4.30pm**.
7.00 **LIVE PGA Tour Golf** Coverage of day four of the Genesis Invitational at Riviera Country Club in Pacific Palisades, California.
11.30 **LIVE NBA Basketball Los Angeles Lakers v Boston Celtics.** Coverage of the inter-conference match at Crypto.com Arena. Tip-off **11.30pm**.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Stories**
6.30 **The Big Interview**
7.00 **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
12.30 PM **LIVE Super Sunday Sunderland v Fulham.** Coverage of the Premier League match at the Stadium of Light. Raul Jimenez scored an 84th-minute winner to earn Fulham a 1-0 victory in the reverse fixture. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday Tottenham Hotspur v Arsenal.** Coverage of the Premier League match from Tottenham Hotspur Stadium. The reverse fixture at the Emirates saw Eberechi Eze score his first Arsenal hat-trick to help the Gunners earn a 4-1 victory. Kick-off is at **4.30pm**.
7.30 **Super Sunday: Extra Time**
8.30 **Premier League 360: Big Sam's Bolton**
10.30 **Premier League Highlights** Nottingham Forest v Liverpool. **11.00** Sunderland v Fulham.
11.30 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **PL Best Goals 2011/12**
5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 **LIVE EFL Sheffield United v Sheffield Wednesday.** The Steel City derby in the Championship held at Bramall Lane. United claimed a 3-0 win in the reverse fixture thanks to a brace by Tyrese Campbell and a late strike from Thomas Cannon. Kick-off **12.30pm**.
2.30 PM **LIVE SPFL Livingston v Rangers.** Coverage of the Scottish Premiership match staged at The Home of the Set Fare Arena. Kick-off **3.00pm**.
6.00 **EFL Highlights** Championship.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **EFL** A chance to see Sheffield United v Sheffield Wednesday.
10.00 **EFL Highlights** Championship.
11.00 **SPFL Highlights**
11.15 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **Best Scottish Premiership Goals** Archive highlights.
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Rivalries** East Midlands.
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Men's T20 World Cup**
7.30 **The Story of the Men's T20 World Cup Final 2024**
8.30 **Men's T20 World Cup**
9.00 **LIVE Men's T20 World Cup** Coverage of a Super Eight match from Pallekele International Cricket Stadium in Kandy.
1.00 PM **LIVE Men's T20 World Cup** Coverage of a Super Eight match staged at Narendra Modi Stadium, Ahmedabad.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup** Another chance to see a Super Eight match from Pallekele International Cricket Stadium in Kandy.
10.00 **Best of ICC WT20** India v Pakistan in the 2007 final.
10.15 **Best of England v South Africa** The 2011 World Cup match.
10.30 **Men's T20 World Cup** Action from a Super Eight match staged at Narendra Modi Stadium.
11.00 **Men's T20 World Cup** A Super Eight match staged at Pallekele International Cricket Stadium.
12.00 M'T **to 6.00** AM **Men's T20 World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **LIVE LPGA Tour Golf** Coverage of the fourth and final day of the Honda LPGA Thailand staged at Siam Country Club.
8.30 **LIVE DP World Tour Golf** Coverage of day four of the Magical Kenya Open staged at Karen Country Club in Nairobi, where South African Jacques Kruyswijk was victorious last year.
1.30 PM **Beyond the Scorecard**
2.00 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
2.30 **Trey's Tips** Expert advice.
2.45 **LIVE PGA Tour Golf** Coverage of the featured groups on day four of the Genesis Invitational held at Riviera Country Club in California.
6.00 **LIVE PGA Tour Golf** Further coverage of the fourth day of the Genesis Invitational at Riviera Country Club. The only American victor in this event this decade is 2021 champion Max Homa, with Adam Scott winning this title for the second time in 2020.
11.30 **PGA Tour Champions**
12.30 AM **The Open – Official Films**
1.30 **DP World Tour Golf**
3.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

6.00 AM **What I Wore**
6.30 **UEFA Champions League**
7.00 **LIVE Isuzu UTE A-League Newcastle Jets v Macarthur Bulls.** Coverage from McDonald Jones Stadium. Kick-off **7.00am**.
9.00 **UEFA Europa League & Conference League Magazine**
10.00 **UEFA Champions League**
10.30 **Training Day** Tottenham.
10.45 **LIVE Cycling** The seventh stage of the men's UAE Tour.
12.45 PM **FA Cup: The People's Story**
1.00 **LIVE Women's FA Cup Chelsea v Manchester United.** Coverage of the fifth-round tie at Kingsmeadow. Kick-off **1.30pm**.
4.00 **LIVE Women's FA Cup Liverpool v Everton.** The fifth-round match. Kick-off **4.30pm**.
7.00 **Ella Toone's Away Days**
7.30 **LIVE Serie A AS Roma v Cremonese.** Italian top-flight action. Kick-off **7.45pm**.
9.45 **Training Day** Tottenham.
10.00 **UEFA Europa League & Conference League Magazine**
11.00 **Women's FA Cup** Round five.
1.00 AM **Serie A** Roma v Cremonese.
2.00 **Premiership Women's Rugby**
3.00 **to 6.00** AM **Men's Cycling**

TNT Sports 2

411 414 522 409 431

6.00 AM **Winter Olympic Games**
8.00 **Buongiorno Milano**
9.00 **LIVE Winter Olympic Games – Bobsleigh** Coverage of heat three of the 4-man bobsleigh staged at Cortina Sliding Centre. **10.00** Coverage from day 16. **11.00 Bobsleigh** Coverage of heat four of the 4-man bobsleigh held at Cortina Sliding Centre. **12.15** PM Day 16 from Italy. **12.45 Ice Hockey** The men's gold medal match at Milano Santagiulia Ice Hockey Arena. **4.15** Further day 16 coverage.
5.30 **Winter Olympic Games** Coverage of the closing ceremony of Milan Cortina at Verona Arena.
10.30 **Ciao Cortina** The latest news.
11.00 **Winter Olympic Games – Bobsleigh** The third and fourth heats of the 4-man bobsleigh.
12.00 M'T **Winter Olympic Games – Curling** Women's final.
1.00 AM **Winter Olympic Games – Ice Hockey** Men's final.
2.00 **Ciao Cortina** The latest news.
2.30 **Winter Olympic Games – Bobsleigh** Action from the heats.
3.30 **Winter Olympic Games**
5.30 **to 6.00** AM **Ciao Cortina**

Sky Sports Action

412 410 517 507 426 446

7.00 AM **Super League Highlights**
8.00 **Super Bowl LX Highlights**
9.00 **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Super League**
5.00 **Super Bowl LX Highlights**
6.00 **LIVE NBA Basketball Oklahoma City Thunder v Cleveland Cavaliers.** Coverage of the inter-conference match staged at Paycom Center. The Thunder claimed a 136-104 victory when they visited the Cavaliers a month ago, with Shai Gilgeous-Alexander top-scoring on 30 points, marginally ahead of teammate Chet Holmgren, who had 28. Tip-off **6.00pm**.
8.30 **Super League Highlights**
8.45 **Women's Super League**
9.00 **NFL Highlights** New England Patriots v Los Angeles Chargers.
10.00 **Super League Highlights**
11.00 **LIVE NBA Basketball Los Angeles Lakers v Boston Celtics.** Coverage of the inter-conference match at Crypto.com Arena. Tip-off **11.30pm**.
2.00 AM **Super League**
5.00 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
12.30 PM **LIVE Premier League Crystal Palace v Wolverhampton Wanderers.** Coverage of the top-flight match staged at Selhurst Park, as the teams meet for the second time this season. The Eagles claimed a 2-0 victory in the reverse fixture last November courtesy of goals from Daniel Muñoz and Yeremy Pino. Kick-off **2.00pm**.
4.30 **Sports Sunday**
6.00 **LIVE NBA Basketball Oklahoma City Thunder v Cleveland Cavaliers.** Coverage of the inter-conference match at Paycom Center. Tip-off **6.00pm**.
8.30 **Sky Sports Catch Up**
9.00 **LIVE ATP Tennis** Coverage of the Delray Beach Open final, a hard-court tournament at Delray Beach Tennis Center in Florida.
11.00 **Sky Sports Catch Up**
12.00 M'T **Premier League Darts** Night three from OVO Hydro.
4.00 AM **Ladies European Tour Golf**
5.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA & ATP Tennis**
2.00 PM **WTA Tennis** The Dubai Tennis Championships final.
4.00 **ATP Tennis** Doha Open final.
6.00 **WTA All Access**
6.30 **WTA Tennis** Action from the Dubai Tennis Championships final.
7.30 **ATP Tennis** Doha Open final.
8.30 **LIVE ATP Tennis** Coverage of the ATP Rio Open final at Jockey Club Brasileiro in Rio de Janeiro.
10.30 **LIVE ATP Tennis** Coverage of the ATP Delray Beach Open final, a hard-court tournament staged at Delray Beach Tennis Center.
11.00 **WTA Tennis** A review of the Dubai Tennis Championships.
11.30 **ATP Tennis** Doha Open final.
12.30 AM **Bitesize Tennis**
1.30 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Super League**
8.45 **My Icon** Christine Ohuruogu.
9.00 **PGA Tour Golf**
10.00 **WTA Tennis** A recent final.
12.00 NOON **ATP Tennis** Doha Open.
2.00 PM **Super League**
4.45 **My Icon** Nigel Owens.
5.00 **Super League** Toulouse Olympique v Castleford Tigers.
7.05 **My Icon** Sporting influences.
7.30 **Premier League Darts** Night three from OVO Hydro, Glasgow.
11.30 **WTA & ATP Tennis**
2.00 AM **Elise Christie – No Filter**
3.40 **Darts Top Five Moments**
3.45 **Darts Gold** Part v Harrington.
4.00 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE Isuzu UTE A-League Central Coast Mariners v Western Sydney Wanderers.** The Australian top-flight match at Polytec Stadium. Kick-off **6.00am**.
8.00 **Sign Up – Into Football**
8.45 **LIVE Winter Olympic Games – Cross Country Skiing** The women's 50km mass start classic.
12.30 PM **LIVE Men's Cycling Pro Series** Coverage from the fifth stage of the Tour of Andalucia.
2.30 **LIVE Men's Cycling Pro Series** Stage five of the Tour of Algarve.
4.15 **Fishing: On the Bank**
5.15 **Isuzu UTE A-League**
7.15 **World Superbikes**
8.00 **WRC Review** Rally Sweden.
9.00 **Fishing: On the Bank**
10.00 **Men's Cycling** Highlights.
1.00 AM **Isuzu UTE A-League**
3.00 **World Superbikes**
3.45 **TNT Sports Reload**
4.00 **Premier League Legends**
4.30 **to 6.00** AM **Ultimate Pool**

TNT Sports 4

414 416 524 411 434

7.00 AM **TNT Sports Reload**
7.15 **Discovery Golf**
7.45 **T20 International Cricket**
8.45 **LIVE Winter Olympic Games – Cross Country Skiing** The women's 50km mass start classic. **9.45 Curling** Coverage from the women's gold medal game.
1.30 PM **WRC Review**
2.30 **LIVE Premiership Women's Rugby Loughborough Lightning v Bristol Bears.** Coverage from cinch Stadium @ Franklin's Gardens. Kick-off **3.00pm**.
5.15 **T20 International Cricket**
6.15 **TNT Sports Reload**
6.30 **Fencing Grand Prix**
7.30 **Ultimate Pool** Recent action.
9.00 **TNT Sports Reload**
9.30 **UFC** Highlights and features.
1.00 AM **T20 International Cricket**
2.00 **Formula E Highlights**
4.00 **WRC Review** Rally Sweden.
5.00 **to 6.00** AM **Fishing**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
7.00 **United Rugby Championship**
9.00 **Football** Highlights and features.
12.55 PM **LIVE LaLiga Getafe v Sevilla.** Coverage of the Spanish top-flight game at Estadio Coliseum. Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 **LIVE LaLiga Barcelona v Levante.** Coverage of the Spanish top-flight match from Camp Nou. Kick-off **3.15pm**.
5.15 **LaLiga Match Highlights**
5.25 **LIVE LaLiga Celta Vigo v Mallorca.** Coverage of the match at Estadio Abanca-Balaidos. Kick-off **5.30pm**.
7.30 **LaLiga Match Highlights**
7.55 **LIVE LaLiga Villarreal v Valencia.** The Spanish top-flight match from Estadio de la Cerámica. Kick-off **8.00pm**.
10.00 **Temples of Sport**
10.30 **SPFL** St Mirren v Motherwell.
12.30 **to 6.00** AM **Football**

Premier Sports 2

420 552

6.00 AM **Bike World** Magazine.
6.30 **NASCAR Trucks**
9.30 **Motorsport** Valentino Rossi.
10.00 **LaLiga** Osasuna v Real Madrid.
12.00 NOON **Temples of Sport**
12.30 PM **LaLiga Match Highlights**
12.40 **Eredivisie Highlights**
1.40 **Eredivisie** Ajax v NEC Nijmegen.
3.40 **LIVE Eredivisie AZ Alkmaar v Sparta Rotterdam.** Coverage of the Dutch top-flight match from AFAS Stadion. Kick-off **3.45pm**.
5.45 **LaLiga Match Highlights** Action from Getafe v Villarreal.
6.00 **NASCAR Highlights**
7.00 **LIVE NASCAR** Coverage of the Autotrader 400 at Echopark Speedway in Hampton, Georgia.
12.00 M'T **Bike World**
12.30 AM **Motorsport** Valentino Rossi.
1.00 **Eredivisie** A chance to see AZ Alkmaar v Sparta Rotterdam. **3.00** Ajax v NEC Nijmegen.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **The Best of F1 2025**
7.00 **Formula 1** Pre-season testing.
11.40 **F1 Explained: Rules of Engagement**
11.45 **Testing Wrap** Pre-season review.
12.15 PM **Formula 1** The first session of day six of pre-season testing.
4.55 **F1 Explained: Rules of Engagement**
5.00 **Formula 1** The second session of day six of pre-season testing.
9.40 **The Story of the 2025 Season**
9.50 **Formula 1** Season highlights.
10.00 **Testing Wrap** Pre-season review.
10.30 **Formula 1** Highlights from the 2025 Abu Dhabi Grand Prix.
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

23 February

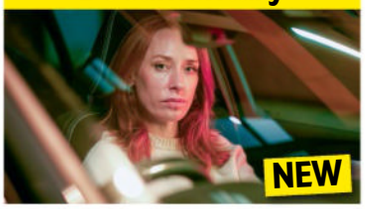
Evening Planner

Monday

Factual

Bear Grylls: Wild Reckoning
BBC1, 2pm (box set, BBC iPlayer)
The adventurer takes warring individuals out on wild adventures, in the hopes of helping them settle their differences.

Documentary



AI Confidential with Hannah Fry
BBC2, 9pm (box set, BBC iPlayer)
Prof Hannah Fry meets people whose lives have been changed by technology.

Drama

Dirty Business
C4, 9pm (box set, C4 Streaming)
David Thewlis and Jason Watkins star in this fact-based drama about two friends who set out to investigate water pollution.

OnDemand

Disney+

Paradise
Available today
Sterling K Brown returns for a second season of the political thriller, heading above ground to look for his missing wife.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Trace, Track... †	9.00 Silent Witness		10.00 News; Local News	10.40 Industry
	102 BBC2	7.00 Global Eye	7.30 Grand Tours of...	8.00 Mastermind	8.30 University...	9.00 AI Confidential with Hannah Fry		10.00 Small Prophets	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Fletchers'...	8.00 Emmerdale	8.30 Coronation...	9.00 The Lady		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Batch from Scratch: Cooking for Less		9.00 Dirty Business		10.05 Night Coppers	
	105 5	7.00 Celebrity Puzzling		8.00 Motorway Cops: Catching Britain's...		9.00 Police Interceptors: Taking Down the...		10.00 The Curfew	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Rise of Animals...		9.00 Film: Force of Nature: The Dry 2			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear		9.00 The Traitors Ireland			
	116 BBC4	7.00 Wild China		8.00 Raiders of the Lost Past with Janina...		9.00 Call My Bluff	9.30 Face the Music	10.00 The Joy of AI	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Love Island All Stars: The Live Final			10.35 Family Guy
	136 MORE4	◂ 6.50 The Dog House Australia		7.55 The Dog House		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 The Great Celebrity Bake Off for...		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent				10.00 The Equalizer	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 A Knight of the Seven...	9.40 The Iris Affair		
	110 U&GOLD	7.00 Porridge	7.35 Dad's Army	8.15 Victoria Wood as Seen on TV		9.00 dinnerladies			10.15 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.35 Richard Osman's House of Games			9.00 Will & Ralf Should Know Better		10.00 QI XL	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Endeavour	
	120 ITV4	7.00 Aussie Pickers		8.00 The Motorbike Show		9.00 Film: xXx: Return of Xander Cage			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's The Wheel		10.00 Al Murray: One Man, One Guvnor...	
	152 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			10.10 The Leftovers
	113 SKY MAX	◂ 6.00 Film: Stargate: Ark of Truth		8.00 A League of Their Own		9.00 Last Week Tonight with John...	9.50 Harry Potter 20th Anniversary: Return to...		
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: La Vie Est Belle			9.45 Nicola Benedetti & Friends		
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 The Supervet				10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrapyard Dynasty		9.00 Secrets Underground		10.00 Ancient Unexplained Files	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Air Jaws Strikes Back		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Yukon Rescue	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Gold Wars Downunder		10.00 Hells Angels: Kingdom Come	
	155 U&YESTERDAY	7.00 Caribbean with Simon Reeve		8.00 Wilderness with Simon Reeve		9.00 Indian Ocean with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.10 History of the Sitcom		8.00 The Bambers: Murder at the Farm				10.00 Marathon: The Patriots Day Bombing	
FILMS - Sky Cinema	301 PREMIERE	◂ 6.30 The Naked Gun		8.00 I Know What You Did Last Summer				10.00 The Gentleman	
	302 CULT CLASSICS	◂ 6.00 Quadrophenia		8.00 Groundhog Day			9.45 Ace Ventura Pet Detective		
	303 WILD WORLDS	◂ 6.30 Cloverfield		8.00 Pacific Rim					10.15 Rampage
	304 GREATS	◂ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	305 ANIMATION	◂ 5.45 The Pirates!...	7.35 Smurfs: The Lost Village			9.20 Open Season			
	306 FAMILY	◂ 6.00 Lemony Snicket's A Series of...		8.00 The Borrowers			9.35 The Wiz		
	307 ACTION	◂ 5.55 Mad Max: Fury Road		8.00 Twister				10.00 Shooter	
	308 COMEDY	◂ 6.05 See No Evil, Hear No Evil		8.00 Shirley Valentine				9.55 Yesterday	
	309 THRILLER	◂ 5.50 Ocean's Twelve		8.00 Ocean's Thirteen					10.10 Shaft
	310 DRAMA	◂ 5.55 About Time		8.00 The Blind Side					10.10 The Friend
	311 SCI-FI	◂ 5.20 2012		8.00 Battleship					10.10 Sinners
	313 FILM4	◂ 6.40 Jumanji: The Next Level				9.00 Flamin' Hot			
SPORT	401 MAIN EVENT	◂ 6.30 MNF – Live: Everton v Manchester United (Kick-off 8.00)							
	402 PREMIER LEAGUE	◂ 6.30 MNF – Live: Everton v Manchester United (Kick-off 8.00)							
	403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 EFL...	7.50 EFL – Live: Walsall v Milton Keynes Dons (Kick-off 8.00)				10.00 SPFL...	10.30 Bundesliga...
	405 CRICKET	7.00 ICC Men's T20...	7.30 The Story of the ICC Men's T20 World...		8.30 ICC Men's T20...	9.00 ICC Men's T20...	9.30 ICC Men's T20...	10.00 ICC Men's T20...	10.30 ICC Men's T20...
	410 TNT SPORTS 1	7.00 Adobe Women's FA Cup – Live: London City Lionesses v Tottenham Hotspur Women (Kick-off 7.30)						10.00 UEFA Magazine	10.30 Serie A
	411 TNT SPORTS 2	7.00 Welsh Open Snooker – Live: Further coverage from the first day of the tournament							

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 NEW SERIES **Bear Grylls: Wild Reckoning** Bear helps people resolve rifts. *See feature, page 12.* (S)
■ Entire series on BBC iPlayer
2.30 **Marcus Wareing Simply Provence** Flavour combinations. (S)(R)
3.00 **Escape to the Country** New edition In Northumberland. (S)
3.45 **Clean It, Fix It** (S)(R)
4.30 **Antiques Road Trip** New edition
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Silent Witness

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** The Brannings have an eventful lunch, Callum faces a moral dilemma, and Ravi applies for a job at the car lot. (S)(AD)

8 PM

8.00 **Panorama: The Rising Cost of Health Benefits** Bronagh Munro investigates the rise in disability benefits. (S)
8.30 **Trace, Track, Get My Car Back** A former police officer tracks a stolen MG in Leeds. (S)(R)

9 PM

9.00 **Silent Witness** New episode *Grace of God – Part One:* 7/10. Jack vents the rage he feels over the violence he encounters at work by getting into a drunken bar brawl. (S29) (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Industry** New episode *Points of Emphasis:* 7/8. After discovering a long-held secret, Yasmin and Henry have to decide what their next move is, while Whitney's strategy with Tender is to keep on expanding. (S4) (S)(AD)
11.40 **The Traitors Ireland** 11/12. The remaining contestants lie for their lives in an attempt to get the Grand Finale. (S)(R)
12.30 AM 12/12. Twenty four players arrived at Slane Castle, a handful remain. The final mission has another prize amount at stake, but who will claim it? (S)(R)
1.25 **Weather for the Week Ahead** (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.05 AM **A to Z of TV Gardening** (S)(R)
6.50 **Sign Zone: Dragons' Den** (S)(R)
7.50 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Unbeatable** Quiz show. (S)(R)
2.15 **The Boss** Quiz show. (S)(R)
3.00 **The Vintage French Farmhouse** From Sommières. (S)(R)
3.45 **Villages by the Sea** (S)(R)
4.15 **Oceans** Sea of Cortez. (S)(R)(AD)
5.15 **Flog It!** From Crathes Castle. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Michelle Ackerley, Katie Derham, Karen Hauer and Geoff Norcott. (S)
6.30 NEW SERIES **Do You Know Your Place?** Quiz hosted by Vernon Kay, with guests Anneka Rice, Shane Todd and Remi Burgz. (S)

9.00 AI Confidential with Hannah Fry

7 PM

7.00 **Global Eye** Featuring investigations from BBC correspondents across the world. (S)
7.30 **Grand Tours of Scotland's Rivers** 5/6. Paul Murton follows the course of the South Esk. (S)(R)

8 PM

8.00 **Mastermind** New edition Specialist subjects include the London 2012 Olympic Games. (S)
8.30 **University Challenge** New edition Amol Rajan hosts as the second round of quarter-finals begins. (S)

9 PM

9.00 NEW SERIES **AI Confidential with Hannah Fry** 1/3. The mathematician explores stories emerging from the world of AI, meeting individuals whose lives have been transformed by this new technology. (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **Small Prophets** New episode 3/6. Kacey visits Marvin Gardens to see the prophets and is shocked by what she is shown. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.05 FILM **Dark Waters** Drama starring Mark Ruffalo. A defence attorney takes on a lawsuit against a chemical company and unravels a history of pollution. With Anne Hathaway and Tim Robbins. (S)(AD) (2019, 12, 120min) ★★★★
1.05 AM **Sign Zone: Countryfile** Marking 30 years since the *Sea Empress* oil spill. (S)(R)
2.00 **Sign Zone: Silent Witness** (S)(R)
2.55 **Sign Zone: Question Time** (S)(R)
3.55 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are in Stoke-on-Trent, assessing items including a collection of 500 vinyl records, a painting that has been in the loft for 40 years and a haul of gold sovereigns. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Lady

7 PM

7.30 **Fletchers' Family Farm** There is an emergency on the farm when a ewe becomes sick, Kelvin readies the older piglets for market, and a visit to A&E is in order after a run-in with a wasp's nest. (S)(R)(AD)

8 PM

8.00 **Emmerdale** Joe wants to seek revenge on Cain, Aaron reaches out to Bear, and Ross reckons he has a foolproof plan. (S)(AD)
8.30 **Coronation Street** Mal locks Bernie in the cafe to declare his feelings. (S)(AD)

9 PM

9.00 **The Lady** New episode 2/4. Jane's composure starts to fracture and puts her position with the duchess at risk, but a lifeline appears in the shape of Tommy Cressman. (S1) (S)(AD)
■ Entire series on ITVX

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Cold Case Forensics: The Murder of Lynette White** 2/3. Forensic scientist Dr Angela Gallop and her team detail the methods that helped them crack the 1988 murder of Lynette White in Cardiff. (S)(R)(AD)
11.35 NEW TO ITV1 **Olivia Attwood: The Price of Perfection** 1/6. Olivia explores the UK's weight-management industry and how trends for losing weight are changing. *Previously on ITV2.* (S)
12.25 AM **Teleshopping**
3.00 **The Summit** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Shark! Celebrity Infested Waters** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 13-15/27. (S9) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 10-13/24. (S3) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 NEW SERIES **Four in a Bed** The first venue of the week is Hotel Penzance in Cornwall. (S)
5.30 NEW SERIES **Come Dine with Me** Social media comedian Kulvir hosts the first dinner party of the week from Bradford. (S)
6.00 NEW SERIES **A Place in the Sun** Jean Johansson helps a woman who is hoping to find a holiday home on Spain's Costa Blanca. (S)

8.00 Batch from Scratch

7 PM

7.00 **News** (S)

8 PM

8.00 NEW SERIES **Batch from Scratch: Cooking for Less** A guide to batch cooking presented by Joe Swash and Suzanne Mulholland. In this edition, they head to Yorkshire to help the Long family curb their food waste. (S)(AD)

9 PM

9.00 NEW SERIES **Dirty Business** 1/3. Fact-based drama starring David Thewlis and Jason Watkins. A retired police detective asks questions about pollution in his local river. *See feature, page 7.* (S1) (S)(AD)
■ Continues tomorrow

10 PM

10.05 **Night Coppers** On the beat with the police officers who patrol the city of Brighton after dark. Dakota and Dan are assigned to a football fan who has been knocked out in the street. (S)(R)(AD)
11.10 **Night Coppers** (S)(R)(AD)
12.10 AM NEW **Walter Presents: Obsessed** 1/6. French drama starring Cecile Bois. Subtitled. (S1)
■ Entire series on C4 Streaming
1.05 NEW **Nostalgie** Short film. (S)
1.25 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
2.15 **The Tony Blair Story** (S)(SL)(R)
3.35 **The Great Icelandic Swim with Ross Edgley** (S)(SL)(R)(AD)
4.30 **Sunday Brunch** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Good Ship Murder** *At Sea:* 5/8. The ship hosts a high-stakes poker tournament – with deadly results. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition Singer Paige prepares for one of her most important gigs to date. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition A red kite feeding centre in the heart of mid-Wales. (S)
6.05 **The Motorway** Motorway patroller Tony is attacked. (S)(R)
6.55 **News** (S)

7.00 Celebrity Puzzling

7.00 NEW SERIES **Celebrity Puzzling** Jeremy Vine returns with the quiz, with guests Owain Wyn Evans and Tim Vine joining team captains Sally Lindsay and Carol Vorderman. (S)
7.55 **News** (S)

8.00 **Motorway Cops: Catching Britain's Speeders** New edition Sgt Tom Elvidge heads to Grimsby on the hunt for a criminal who is linked to multiple burglaries, and is also known for not having a driving licence. (S)

9.00 NEW SERIES **Police Interceptors: Taking Down the Shoplifting Gangs** Officers tackle thieves terrorising supermarkets and shops, with armed units scrambled to hunt for a violent shoplifter. (S)

10.00 **Curfew** New episode 4/6. A week before her murder, a persistent client is harassing Helen and threatening to reveal her identity, so she calls the police. (S1) (S)
■ Continues tomorrow

11.05 **Traffic Cops** A woman is caught driving her partner's car with no licence. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Friends** (S3) (S)(R)(AD)
3.45 **The Hoover Dam: Building the Impossible** (S)(R)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Ningaloo: Australia's Ocean Wonder** Documentary. (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **A League of Their Own** (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *McMansion & Wife:* Lisa puts a stop to Nelson's bullying spree. (S)(R)
5.30 *Thirst Trap – A Corporate Love Story:* A college dropout bewitches Mr Burns into funding her project. (S)(R)
6.00 **The Office (US)** 24/25. Part one of two. Michael, Karen and Jim vie for a corporate role. (S)(R)
6.30 25/25. Part two of two. Jan decides to move in with a hesitant Michael. (S3) (S)(R)

9.00 Force of Nature: The Dry 2

7.00 **The Simpsons** *Iron Marge:* Bart and Lisa delve into Marge's past to show they know her. (S)(R)
7.30 *Ae Bonny Romance:* After Willie is kidnapped, the Simpsons follow him all the way to Scotland. (S)(R)

8.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 2/2. The naturalist concludes his exploration by taking a look at how mammals came to dominate the Earth. (S)(R)

9.00 FILM **Force of Nature: The Dry 2** Mystery thriller sequel starring Eric Bana and Anna Torv. Five women participate in a hiking retreat, but only four come out the other side. Federal agents Aaron Falk and Carmen Cooper head into the mountains hoping to find their informant still alive. With Deborra-Lee Furness and Robin McLeavy. (S)(AD) (2024, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Last Week Tonight with John Oliver** A satirical look at news and pop culture topics. (R)
11.45 **The Essex Murders** 3/3. The hunt for an alternative suspect in the Essex Boys murders. (S)(R)
12.45 AM **The Force: North East** New homeowners discover a cannabis farm in their loft. (S)(R)
1.40 **Road Wars** Double bill. (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.55-7.00pm Party Political Broadcast **8.30-9.00** Banjo and Ro's Grand Island Hotel **11.40** Sportscene: SWPL Highlights **12.10am** Scotcast **12.40** The Traitors Ireland **2.25** Weather for the Week Ahead **2.30-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00pm Jane Rea's Bloomin' Wild **8.30-9.00** Panorama: The Rising Cost of Health Benefits **10.40** True North: Principal Ballerina **11.10** The Traitors Ireland **12.55am** Michael McIntyre's Big Show **1.55-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm Scrum V Top 5 – Jonathan Davies **8.30-9.00** Bear Grylls: Wild Reckoning **10.40** Panorama: The Rising Cost of Health Benefits **11.10** Industry **12.10am** The Truth About My Murder **12.50** The Traitors Ireland **1.40-6.00am** BBC News

BBC1 North/Yorkshire/Lincolnshire
Sky 954/955, Freesat 954/955
8.30-9.00pm Sing When You're Winning

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Cumasc: Seisiúin sa Black Gate **11.05** Small Prophets **11.35** FILM Dark Waters (2019, 12, 120min) ★★★★ **1.35-2.00am** BBC News

WALES
Sky 968, Freesat 968
10.00am LIVE Snooker: The Welsh Open **4.30-5.15pm** The Boss **7.00-8.00** LIVE Snooker: The Welsh Open **11.05** Snooker: The Welsh Open **11.50** Grand Tours of Scotland's Rivers **12.20-1.05am** The Vintage French Farmhouse

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell **12.30** Heno **1.00** Iaith ar Daith **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar **8.25** Ciao! Colleen Ag Owain **8.55** Newyddion a'r Tywydd **9.00** Ffermio **9.33** Y Tywydd **9.35** Sgorio **10.05** Mike Bubbins: Un Mewn Miliwn **11.05-11.30pm** Ar Led

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** A look at the creatures that failed to make Steve Backshall's list. **7.30** A look back at highlights of the series.
8.00 **Top Gear** James May takes part in a world rallycross race. With actor Nicholas Hoult.
9.00 **The Traitors Ireland** New edition 11/12. The remaining contestants – both Faithful and Traitor – lie for their lives in an attempt to get the Grand Finale. **9.55** Series finale 12/12. Twenty four players arrived at Slane Castle, a handful remain. The final mission has another prize amount at stake, but who will claim it?
10.45 **Amandaland** 1/6. *Motherland* spin-off starring Lucy Punch. (S1)
11.15 **Amandaland** 2-6/6. (S1)
1.45 AM **Long Story Short: Peak Male Excellence**
2.00 **The Kim Kardashian Diamond Heist**
2.45 **to 3.55** AM **RuPaul's Drag Race UK vs the World**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Wild China** Examining some of the environmental concerns on the country's eastern seaboard.
8.00 **Raiders of the Lost Past with Janina Ramirez** The art and cultural historian heads to the Greek island of Crete to find the truth behind the myth of the Minotaur.
9.00 **Call My Bluff** With Tom Baker, Alan Coren, Gabrielle Drake and Miriam Stoppard.
9.30 **Face the Music** With Brian Redhead, John Bird, Arianna Stassinopoulos and Walter Susskind.
10.00 **The Joy of AI** Jim Al-Khalili looks at how machines have been created that can simulate, augment, and even outperform the human mind – and why this is not necessarily a bad thing.
11.00 **The Horizon Guide to AI**
12.00 M'T **Romancing the Stone: The Golden Ages of British Sculpture**
1.00 AM **The Australian Wars**
2.00 **Face the Music**
2.30 **to 3.30** AM **Wild China**

MORE4

136/137 127 147 18 124 15

8.55 AM **The Perfect Pitch**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw attempt to restore the smallest car they have ever worked on. **5.50** Restoring a Jaguar Mk2 that has been in its owner's family for 40 years.
6.50 **The Dog House Australia** A woman who suffered a brain injury seeks a new dog.
7.55 **The Dog House** Analyst Tom regards dog ownership as a high-risk activity, but his girlfriend offers reassurance.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** 1/5. Amanda Owen and her family breathe life back into a derelict farmhouse, battling against the Dales weather on one of the most remote building sites in Britain.
10.00 **24 Hours in A&E** Nurse Emma helps 71-year-old Thomas who has suffered a suspected stroke, and has a narrow window of time to give him a life-saving drug.
11.05 **24 Hours in A&E**
12.05 AM **999: On the Front Line** Documentary.
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons**
7.00 **Hollyoaks** A newly released resident seeks revenge.
7.30 **The Simpsons** *Much Apu About Something:* Sanjay's son turns the Kwik-E-Mart into a health-food store.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Jeremy Paxman, Joe Wilkinson, Sally Lindsay and Georgia Toffolo take part.
9.00 **Gogglebox** *Piers Morgan Uncensored* is appraised.
10.00 **Gogglebox** Opinions on *Britain's Got Talent*.
11.05 **Dating Naked UK**
12.05 AM **Naked Attraction**
1.10 **Gogglebox**
3.05 **The Simpsons**
3.30 **The Goldbergs**
4.15 **Modern Family**
4.40 **Don't Tell the Bride**
5.35 **to 6.00** AM **Rude(ish) Tube Shorts**

Monday

primetime

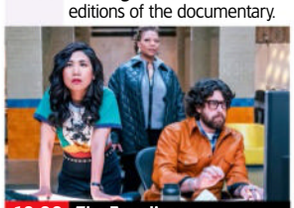
MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: Canada's Front Line** Double bill.
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 22/22. (S5)
1.00 PM **The Rookie** 7&8/20. (S1)
3.00 **Law & Order: Criminal Intent** 3/23. The murders of a university president and his assistant present the team with a number of suspects. (S2)
4.00 **Nothing to Declare** Six editions of the documentary.



10.00 The Equalizer

7 PM
7.00 **Police 24/7** A traffic accident uncovers a prostitute and drug dealer up to no good.

8 PM
8.00 **Law & Order: Criminal Intent** *Love on Ice:* 8/16. A man who is being blackmailed is bludgeoned to death.

9 PM
9.00 **Law & Order: Criminal Intent** *Traffic:* 9/16. An abrasive magazine editor is murdered. (S9)

10 PM
10.00 **The Equalizer** *Hunting Grounds:* 7/10. McCall races to find a woman snatched by a killer. (S1)
11.00 **The Rookie** 22/22. (S4)
12.00 M'T **FBI** 20/22. (S5)
1.00 AM **Law & Order: Criminal Intent** 3/16. (S9)
2.00 **The Rookie** New episode (S8)
3.00 **Road Wars** Double bill.
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **The Sopranos** 6&7/21. (S6)
10.00 **House of the Dragon** (S1)
1.55 PM **House of the Dragon** 1/8. Alicent grows concerned by Aegon's Small Council. **3.00** 2/8. Ser Criston Cole concocts a plan for revenge. **4.20** 3/8. Daemon arrives at Harrenhal to raise an army. **5.40** 4/8. Cole mounts a campaign in the Crownlands.
6.50 **Game of Thrones** 1/10. Robb Stark marches south. (S2)

9.00 A Knight of the Seven...

7.55 **Game of Thrones** *The Night Lands:* 2/10. Tyrion chastises Cersei for alienating Joffrey's subjects, and Theon is reunited with his father on the Iron Islands. (S2)
9.00 **A Knight of the Seven Kingdoms** Series finale 6/6. Dunk considers his next move. (S1)
9.40 **The Iris Affair** *Ex Nihilo:* 5/8. Iris uses her wits to get herself out of a corner and enlist policewoman Nico. **10.40** *The Oblivion Suite:* 6/8. Iris puts together an audacious plan to rescue Joy. (S1)
11.40 **The Iris Affair** 7&8/8. (S1)
1.45 AM **The Last of Us** 6&7/7. Double bill of the drama. (S2)
4.00 **Game of Thrones**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **A League of Their Own**
1.00 PM **A League of Their Own** With guests Laura Kenny, Big Zuu and Tony Bellew.
2.00 **FILM Stargate Origins: Catherine** Sci-fi prequel. (2018, 12, 104min) ★★
4.00 **FILM Stargate: Continuum** Sci-fi adventure spin-off. (2008, PG, 99min) ★★
6.00 **FILM Stargate: Ark of Truth** Sci-fi adventure spin-off starring Michael Shanks. (2008, 12, 97min) ★★★

9.50 Return to Hogwarts

FILM Stargate: Ark of Truth (film started at 6.00pm) SEX ●●● VIOLENCE ●●● LANG ●●●
8.00 **A League of Their Own** Romesh Ranganathan hosts, with Sean Dyche, Tony Bellew and Alan Carr joining the regulars.
9.00 **Last Week Tonight with John Oliver** New edition A satirical look at news and pop culture.
9.50 **Harry Potter 20th Anniversary: Return to Hogwarts** Cast and crew members celebrate 20 years since the franchise's first film.
11.50 **Never Mind the Buzzcocks** With Joel Dommett, Glen Matlock and Abi Harding. **12.55** AM With Duncan James.
2.00 **NEW SERIES The Dyers' Caravan Park** Actor Danny Dyer and his daughter Dani try to run a Kent holiday park.
3.00 **Brit Cops: Frontline Crime UK**
4.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.15 **Real Housewives of Beverly Hills** Reality series.
12.10 PM **Dinner Date** Double bill.
2.10 **The Only Way Is Essex**
3.10 **Real Housewives of Orange County** Reality series.
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Love Island: All Stars

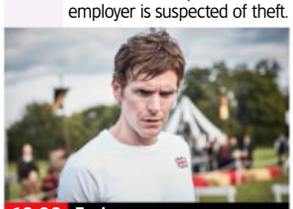
7.00 **Deal or No Deal** Stephen Mulhern hosts as Janet takes on the Banker for the chance to win life-changing money.
8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.
9.00 **Love Island All Stars: The Live Final** Series finale Join host Maya Jama for all the drama as the winning couple for this year is announced.
10.35 **Family Guy** 2/20. Ida's relationship status with Brian changes. (S18)
11.05 **Family Guy** 17/20. (S17)
11.30 **American Dad!** New episode
12.05 AM **American Dad!** (S14)
12.35 **Bob's Burgers** 5/22. (S13)
1.05 **Real Housewives of Orange County** New edition
2.00 **Plebs** 1/8. (S2)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.20 PM **Midsomer Murders** *Strangler's Wood:* A woman is strangled where three similar killings occurred previously.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *The Heart of a Man:* A hard-up local employer is suspected of theft.



10.00 Endeavour

6.55 **Heartbeat** *Out of the Long Dark Night:* Carol calls the police when she finds a couple's cottage has been vandalised.
8.00 **Midsomer Murders** *Sins of Commission:* Barnaby and Scott uncover corruption, sexual scandal and financial mismanagement among Midsomer St Michael's literary community as they investigate the murder of an author.
10.00 **Endeavour** *Quartet:* Morse investigates an assassination attempt at a sporting event, but the case is quickly closed.
11.50 **Trial & Retribution** 2/6. When a girl falls from a Ferris wheel, it is thought to be an accident until DS Satchell's aunt comes forward with suspicions of foul play. (S12)
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Designing the Hebrides**
3.00 **Sign Zone: Eat the Town** From Penicuik.
3.30 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **Life on the Bay** Documentary about a caravan park in Fife. **8.30** Live entertainment starts up again at the Fife caravan park.
9.00 **Designing the Hebrides** Transforming a cafe and bookshop on Skye. **9.30** Transforming two spaces on the Isle of Mull.
10.00 **River City** New episode Mikey begs DCI Douglas for information about the investigation.
10.30 **Two Doors Down** (S2)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Limmy's Show**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace**
9.00 **Ballers** 9&10/10. (S1)
10.10 **Sex and the City** (S3)
11.20 **Entourage** (S4)
12.30 PM **Will & Grace** (S6)
1.30 **Sex and the City** (S3)
2.45 **Ballers** 1&2/10. (S2)
3.50 **And Just Like That...**
4.45 **The Office (US)** (S3)
5.45 **Will & Grace** (S6)
6.45 **Community** (S1)
7.45 **Sex and the City** (S3)
9.00 **Real Time with Bill Maher** New edition The comedian and his guests discuss the week's events.
10.10 **And Just Like That...** *Apples to Apples:* 4/12. Aidan suggests that Carrie spend time with his sons after extending her trip. (S3)
11.10 **Community** 7&8/25. Double bill. (S1)
12.10 AM **Entourage** (S4)
1.30 **Ballers** 9/10. (S1)
2.10 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Veep**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Jacqueline du Pré: Genius and Tragedy**
7.45 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **The Art Mysteries**
3.00 **Landscape Artist of the Year** From Dover Castle.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: La Vie Est Belle**
9.45 **Nicola Benedetti & Friends** A concert by the violinist at the Ulster Hall in Belfast.
11.15 **Classic FM Live: Hall of Fame 2023**
1.15 AM **The Lost Music of Auschwitz**
2.45 **Klimt and The Kiss**
4.00 **Landmark**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 6/20. (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager** (S6)
7.00 **Star Trek: The Next Generation** 14/26. (S7)
8.00 **Primeval** 1/7. Cutter grapples with Claudia Brown being erased from history. (S2)
9.00 **FBI** 19&20/22. (S5)
11.00 **Grimm** 19/22. (S5)
12.00 M'T **Warrior** 2/10. (S1)
1.00 AM **Cop Squad**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show hosted by Warwick Davis.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Laura Kenny and Krishnan Guru-Murthy try to answer 15 questions correctly in the hope of winning £1 million for charity.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Jack tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location Revisited** House-hunters in Windsor and Sheffield.
7.00 **Walkers Unpacked: Inside the Crisp Factory** Behind the scenes at Walkers as a new flavour is launched.
8.00 **Kirstie and Phil's Love It or List It** Kirstie catches up with a couple in Cullercoats, North Tyneside.
9.00 **24 Hours in A&E** Staff deal with a spate of needle-spiking attacks.
10.00 **The Tony Blair Story**
2.05 AM **Night Coppers**
3.10 **to 5.00** AM **Ramsay's Kitchen Nightmares USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.10 **Magnum, PI**
9.15 **Kojak**
10.20 **Boon**
11.25 **The Sweeney**
12.35 PM **Dempsey and Makepeace**
1.40 **Magnum, PI**
2.40 **Kojak**
3.50 **Boon** *Do Not Forsake Me:* Ken is hired as a minder.
4.55 **The Sweeney** *Country Boy:* The duo track down burglars who kidnap an engineer.
5.55 **Minder** *Broken Arrow:* Arthur stages a darts tournament.

9.00 xXx: Return of Xander Cage

7.00 **Aussie Pickers** A collector who specialises in FJ Holdens and vintage Indian and Harley Davidson motorcycles.

8.00 **The Motorbike Show** Henry Cole rides through Andalucia and meets up with TV presenter Zef Eisenberg back in the UK.

9.00 FILM **xXx: Return of Xander Cage** Thriller sequel starring Vin Diesel. The spy is brought out of exile to retrieve a powerful weapon that has been stolen by a gang of mercenaries. (2016, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 FILM **Hot Fuzz** Cop thriller spoof starring Simon Pegg. (2007, 15, 115min) ★★★★
1.25 AM **Lost** 9/25. (S1)
2.10 **Auto Mundial**
2.35 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 5/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 6/26. (S6)
2.00 **Primeval** 1&2/7. (S2)
4.00 **Stargate SG-1** 20/22. (S2)
5.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** 5/26. The crew become afflicted by peculiar symptoms while mapping a dense globular cluster. (S6)

10.10 The Leftovers

7.00 **Star Trek: Deep Space Nine** *Sacrifice of Angels:* 6/26. Part two of two. Captain Sisko leads a dangerous mission. (S6)

8.00 **Stargate SG-1** *Show and Tell:* 20/22. Invisible aliens plot to destroy mankind during a war of attrition against the Goa'uld. (S2)

9.00 **Westworld** *Phase Space:* 6/10. Dolores calculates her next move, and Elsie gets closer to finding the truth about Delos. (S2)

10.10 **The Leftovers** *Lens:* 6/10. Some unexpected visitors get under Nora's skin, and she and Erika must face painful questions. (S2)

11.15 **Wynonna Earp** 11/12. Wynonna has another run-in with the Revenants. (S3)
12.05 AM **True Blood** 3/12. Eric loses his memory. **1.05** 4/12. Alcide helps Sookie search for Eric. (S4)
2.05 **Primeval** 1&2/7. (S2)
4.00 **Wynonna Earp** As 11.15pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 6/13. (S7)
11.00 **Hudson & Rex** 6/16. (S6)
12.00 NOON **The Coroner** (S1)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Mentalist** 6/13. (S7)
5.00 **Hudson & Rex** 6/16. (S6)
6.00 **The Coroner** 1/10. First episode of the crime drama about a solicitor taking over the job of coroner in her childhood home town. Stars Claire Goose. (S1)

10.00 Father Brown

7.00 **Father Brown** *The Star of Jacob:* The priest has to contend with a tramp, a missing donkey and a kidnapped baby.

8.00 **Death in Paradise** *Switcharoo:* 5/8. New DI Neville Parker is called in when a woman is found dead in a bathtub. (S9)

9.00 **Death in Paradise** *Meditated in Murder:* 6/8. The leader of a spiritual retreat is strangled. (S7)

10.00 **Father Brown** *The Last Supper:* A food fayre comes to Kembleford – bringing murder with it.

11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S9)
1.00 AM **The Company You Keep** 5/10. Daphne enlists the Nicolettis to steal a book of blackmail from a fixer. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.40 AM **Highlights**
9.30 **Only Fools and Horses**
10.10 **Are You Being Served?**
10.45 **Porridge**
11.20 **Keeping Up Appearances**
11.55 **Last of the Summer Wine**
1.15 PM **The Green Green Grass**
1.55 **Dad's Army**
2.30 **The Thin Blue Line**
3.10 **Are You Being Served?**
3.50 **Porridge**
4.25 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

5.00 Last of the Summer Wine

7.00 **Porridge** Fletch is desperate to get out of making fishing nets.
7.35 **Dad's Army** The platoon share the church hall with the ARP wardens.
8.15 **Victoria Wood as Seen on TV** Comedy sketches, with Julie Walters, Celia Imrie and Duncan Preston.

9.00 **dinnerladies** Tony worries Bren will be distracted during her TV debut. **9.35** First episode of the comedy written by and starring Victoria Wood.
10.15 **Not Going Out** Lucy reveals she is pregnant.
10.55 **Live at the Apollo** Frankie Boyle introduces comedy sets by Simon Evans and Aisling Bea.

11.55 **Keeping Up Appearances**
12.35 AM **dinnerladies** Double bill.
1.50 **Not Going Out** As 10.15pm.
2.35 **Live at the Apollo** As 10.55pm.
3.20 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.35 AM **Border Force: America's Gatekeepers** Double bill.
9.30 **Speed with Guy Martin**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **World's Most Dangerous Roads** Phill Jupitus and Marcus Brigstocke visit Bolivia.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** Dave Myers and Si King head to Thailand.
6.00 **Rick Stein's Long Weekends** Rick heads to Cadiz in Spain.

9.00 Will & Ralf Should Know...

7.00 **Would I Lie to You?** With Cariad Lloyd, Jordan Stephens, Claude Littner and Adrian Edmondson.
7.35 **Richard Osman's House of Games** With Yasmine Akram and Ingrid Oliver. **8.20** With Ade Adepitan, Jean Johansson, Stephen Mangan and Vikki Stone.

9.00 NEW **Will & Ralf Should Know Better** The pair take hobby-hunting to extremes with ice-cold swims and cosplaying.

10.00 **QI XL** Guests David Mitchell, Jo Brand and Sean Lock join regular panellist Alan Davies and host Stephen Fry.
11.00 **Taskmaster** Five new contestants – Iain Stirling, Joe Thomas, Lou Sanders, Paul Sinha and Sian Gibson – take on a series of tasks.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Hypothetical**

+1 hour 211/212 327 74 259

Monday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 7-9/19. (S5)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Capitol Offence:* 3/25. An old friend of Gibbs' claims he is being framed for a murder. **7.00** *Heartland:* 4/25. Gibbs revisits his home town to investigate the murder of a Marine. **8.00** *Nine Lives:* 5/25. A Marine is found dead in his garage, and inquiries lead the team to his former sergeant. (S6) **9.00** New episode *Knight and Day:* 6/20. After the home of a high-level defence contractor is attacked, Knight is assigned to protect his wife, who has a secret past of her own. (S22)
10.00 **Law & Order: Special Victims Unit** (S21&20)
1.45 AM **Blue Bloods** (S9)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** The paediatric team help three-year-old Ivy, who is having an epileptic fit, and 15-year-old Ben, who has a broken toe.
9.00 **Ambulance: Code Red**
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **Plastic Surgery Knifemares**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **The Vanishing Triangle**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Traffic Cops**
10.35 **Police Interceptors**
12.35 PM FILM **Young Guns of Texas** Western. (1962, U, 84min) ★★
2.15 FILM **Belle Starr** Western adventure. (1941, PG, 87min) ★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Officers race to back up a patrol on the tail of a joyrider.
8.00 **Police Interceptors** A disqualified driver will not accept he is wrong.
9.00 **Highway Thru Hell**
10.00 **Police: Night Shift 999**
11.00 **Banged Up Abroad**
12.00 M'T **Extreme Tow Truckers** Documentary.
1.00 AM **Ice Road Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake** Pete helps rescue six Chihuahuas from the home of a hoarder.
8.00 **The Supervet** Professor Noel Fitzpatrick treats a Persian cat that has been hit by a car. **9.00** A 10-month-old puppy is knocked over by a car on a family camping holiday.
10.00 **One Born Every Minute**
12.00 M'T **Louis Theroux's LA Stories** Documentary.
1.00 AM **Louis Theroux: Law & Disorder in Johannesburg**
2.00 **to 3.00** AM **Michael McIntyre's Christmas Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **All Creatures Great and Small**
3.20 **Howards' Way**
4.30 **Shakespeare & Hathaway: Private Investigators** (S1)
5.30 **Porridge**
6.05 **Last of the Summer Wine** Triple bill.
8.00 **Judge John Deed** *Popular Appeal:* A TV show's producers face a manslaughter charge.
10.00 **New Tricks** *ID Parade.*
11.20 **Shakespeare & Hathaway: Private Investigators** (S1)
12.20 AM **Waking the Dead**
1.40 **Porridge**
2.25 **Birds of a Feather**
3.00 **to 4.00** AM **Copper**

+1hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **The Great War in Numbers** Documentary.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **The Great War in Numbers** Documentary.
6.00 **Antiques Roadshow**
7.00 **Caribbean with Simon Reeve** Simon visits Barbados, St Vincent, Venezuela and Colombia.
8.00 **Wilderness with Simon Reeve** The Coral Triangle.
9.00 **Indian Ocean with Simon Reeve** Simon joins a peace-keeping force in war-torn Somalia.
10.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering** Double bill.
2.00 **to 3.00** AM **War Factories**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: What Happened Next**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip**
9.00 **Secret Life of the Auction House** The logistics team face some challenges.
10.00 **The Yorkshire Auction House** Clearing out a huge aviation collection.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 12-14/24. (S8)
1.00 PM **The Waltons** (S4)
3.00 **Ballykissangel** (S3)
4.10 **Born and Bred** 1/6. (S1)
5.20 **Doctor Finlay** 3/6. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 11/24. Frank contracts hepatitis. **8.00** 12/24. Hawkeye writes home at Christmas. **8.30** 13/24. A nurse makes a confession. **9.00** 14/24. Trapper and Hawkeye fix Radar up. **9.30** 15/24. Hawkeye invents a colleague. **10.00** 16/24. Guest stars Leslie Nielsen. **10.30** 17/24. Guest stars Ron Howard. (S1)
11.00 **The New Avengers**
12.00 M'T **The Avengers**
1.00 AM **M*A*S*H** (S1)
2.25 **Home to Roost** (S3)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 10/30. (S1)
12.00 NOON **FILM The Big Lift** Melodrama. (1950, b/w, PG, 119min) ★★★
2.40 PM **FILM The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
4.30 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers** (S1)
7.00 **The Avengers** (S5)
8.00 **The Baron** 11/30. (S1)
9.00 **FILM Rambo** Action drama sequel starring Sylvester Stallone. (2008, 18, 90min) ★★★
10.55 **FILM Braven** Thriller. (2018, 15, 94min) ★★★
12.55 AM **The Baron** (S1)
1.55 **The Avengers** (S5)
2.50 **Police Ten 7**
3.15 **FILM Kentucky Rifle** Western with Chill Wills. (1956, U, 84min) ★★
4.35 **to 6.00** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Emma Fielding Mystery: More Bitter Than Death** Crime drama. (2019, PG, 90min) ★★
10.05 **Unforgettable** (S4)
11.05 **Castle** 19/23. (S6)
12.05 PM **The Chronicle Mysteries: Deep End**
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 20&21/23. (S6)
9.00 **The Chronicle Mysteries: Helped to Death** Crime drama.
10.55 **FILM Lost Letter Mysteries: From Paris with Love** Drama. (2015, PG, 85min) ★★
12.50 AM **FILM The Black Widow Killer** Thriller. (2018, 12, 90min) ★
2.30 **FILM Ring of Deceit** Mystery thriller. (2009, PG, 90min) ★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM **FILM A Little Daytime Drama** Comedy. (2021, PG, 90min) ★★
10.20 **FILM Technically Yours** Drama. (2025, PG) ★★
12.20 PM **FILM Two Tickets to Paradise** Romance. (2022, PG, 84min) ★★
2.15 **FILM BFF Bride** Drama. (2019, PG, 77min) ★★
4.10 **FILM Dream Wedding** Romantic drama. (2023, U, 89min) ★★
6.05 **FILM All of My Heart: Inn Love** Romance. (2017, PG, 90min) ★★
8.00 **FILM The Wedding Wish** Romantic comedy. (2007, PG, 90min) ★★
10.00 **FILM Forever in My Heart** Romantic drama. (2019, U, 90min) ★★
11.55 **FILM October Kiss** Romantic drama. (2015, PG, 95min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM BFF Bride** As 2.15pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **The Tony Hancock Show**
9.00 **Bubblegum & Cheese**
10.00 **The Jukebox Rewind**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn Street...**
12.30 PM **The Top Secret Life...**
1.00 **Wish Me Luck** (S2)
2.00 **The Champions**
3.00 **Bubblegum & Cheese**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S3)
6.30 **The Fenn Street Gang**
7.00 **The Top Secret Life of Edgar Briggs**
7.30 **The Brian Conley Show**
8.00 **The Champions** (S1)
9.00 **Wish Me Luck** (S2)
10.00 **Drop the Dead Donkey**
10.30 **FILM Fanny Hill** Comedy. (1964, 18, 104min) ★★
12.30 AM **Stereo Underground**
1.30 **Soap** 19/25. (S1)
2.30 **Dark Skies** 15/20. (S1)
3.30 **Drop the Dead Donkey**
4.00 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** From Australia.
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A storm closes in on the fleet. **8.00** The arctic storm ravages the fleet.
9.00 **Body Bizarre** A man who suffered facial injuries from a tiger attack undergoes surgery. **10.00** A 12-year-old from India who suffers an infestation of ants.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Chef Grudge Match**
7.00 **Hairy Bikers: Route 66**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Delicious** Four editions.
3.00 **Hairy Bikers: Route 66**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Adam Richman Eats Italy** New editions Adam is in Turin to taste the most iconic foods. **9.30** Adam is in Genoa to sample iconic dishes.
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 11/26. (S5)
9.00 **The A-Team** 16/23. (S4)
10.00 **The Invaders** 14/17. (S1)
11.00 **FILM Age of the Dragons** Action fantasy. (2010, 12, 90min) ★
1.00 PM **FILM The Scarlet Blade** Adventure. (1963, U, 83min) ★★
2.45 **FILM Sinbad and the Eye of the Tiger** Fantasy. (1977, U, 108min) ★★★
5.00 **Star Trek** 21/26. (S2)
6.00 **The Invaders** 15/17. (S1)
7.00 **The A-Team** 17/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Rambo: Last Blood** Thriller sequel. (2019, 18, 89min) ★★
10.50 **FILM The Alamo** Western drama. (2004, 12, 137min) ★★★
1.30 AM **FILM Blind Fury** Comedy adventure. (1989, 18, 87min) ★★
3.15 **to 5.10** AM **FILM The House of the Devil** Horror. (2009, 18) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM The Pledge** Western drama. (2008, PG, 79min) ★★★
11.00 **The Lost World** (S2)
12.00 NOON **FILM Post Impact** Sci-fi adventure. (2003, 15, 91min) ★★
2.00 PM **The Gambler V: Playing for Keeps**
4.00 **Walker, Texas Ranger**
5.00 **FILM Geo-Disaster** Sci-fi action drama. (2017, 12, 90min) ★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** 11/23. (S2)
9.00 **FILM Thick As Thieves** Crime thriller starring Morgan Freeman. (2009, 15, 104min) ★★
11.05 **FILM The Man Called Noon** Western adventure starring Richard Crenna. (1973, 15, 98min) ★★
1.00 AM **FILM Thick As Thieves** As 9.00pm.
3.00 **FILM Geo-Disaster**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **When Big Things Go Wrong** Double bill.
1.05 PM **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island**
10.00 **Secrets in the Ice**
11.00 **Forbidden History**
12.00 M'T **History's Greatest Myths**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **When Big Things Go...**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Ben Fogle: New Lives...**
12.00 NOON **Walking Wartime Britain**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Britain's Greatest Ships**
7.00 **Walking Wartime Britain** In East Anglia.
8.00 **Ben Fogle: New Lives in the Wild** Utah.
9.00 **Susan Calman's Grand Day Out** From Yorkshire.
10.00 **Britain's Most Scenic Counties: Cheshire**
11.00 **Jane McDonald: Lost in Japan**
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting at Christmas**
2.00 **22 Kids & Counting**
3.00 **Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Angela Griffin and Antony Worrall Thompson compete.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Celebrity Who Wants to Be a Millionaire? Christmas Special**
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase** Triple bill.
10.00 **The Chase: I'm a Celebrity... Special** With former campmates Rita Simons, Malique Thompson-Dwyer, Fleur East and James McVey.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 20/24. Sheldon takes the guys to meet a reclusive scientist. **8.30** 21/24. Raj tries to take the credit for Penny's discovery. (S11)
9.00 **Hollywood Demons** New edition When a fan's admiration of a celebrity turns to obsession, stalking becomes a reality for those in the limelight.
11.00 **Death by Fame** The death of Hollywood star Lloyd Avery.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: Inspired Unemployed**
10.00 **Everybody Loves Raymond** (S2)
1.00 PM **Friends** 1-12/24. (S1)
7.00 **Friends** 13/24. Chandler sees Rachel in the nude. **7.30** 14/24. Chandler meets an old flame. **8.00** 15/24. Monica applies for a new job. **8.30** 16/24. Phoebe's twin sister visits. (S1)
9.00 **Michael McIntyre's The Wheel** Game show.
10.00 **Al Murray: One Man, One Guvnor Uncut**
11.00 **Iain Stirling's Roast the Internet**
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park**
3.25 **Rosie Jones Tries to Help** With Ed Gamble.
3.30 **Michael McIntyre's The Wheel** Game show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Spin City** (S1)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 17-20/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers: The Inspired Unemployed**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** (S1)
7.00 **Everybody Loves Raymond** Six episodes of the series, including at: **9.30** 18/25. Ray enlists his mother's help. (S2)
10.00 **Friends** 1-6/24. (S1)
1.00 AM **The Ricky Gervais Show** Double bill.
2.00 **Utopia** 2/8. (S2)
2.30 **Teachers** (S2)
3.00 **Reno 911!** (S4&5)
3.45 **Important Things**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
11.00 **Steptoe and Son** (S1)
11.35 **Oh, Doctor Beeching!**
12.10 PM **Rising Damp** (S2)
12.40 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 10/15. (S3)
2.45 **Minder** 12/13. (S3)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** Sitcom. (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.05 **Some Mothers Do 'Ave 'Em** 5/6. (S2)
6.45 **Rising Damp** 1/8. (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 7/10. (S5)
9.00 **Benidorm** 3/7. (S4)
10.00 **Shameless** 3/8. (S4)
11.00 **Man About the House**
11.30 **Rising Damp** 2/6. (S4)
12.00 M'T **Benidorm** (S4)
1.00 AM **Minder** 7/10. (S5)
2.00 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Catfish: The TV Show**
7.40 **FriendZone**
8.00 **Teen Mom UK: Next Generation**
9.00 **Ink Master: Angels** New edition A battle of experience takes place in Phoenix, Arizona.
10.00 **Tattoo Fixers** A fashion designer wants his creepy tattoo amended.
11.00 **Black Ink Crew New York** New edition Ceaser drops a bombshell during the crew's Jamaican trip.
12.00 M'T **Tattoo Fixers**
1.00 AM **Dating Naked**
2.00 **Jersey Shore**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Diesel Brothers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions of the series, including at: **4.30** Cement and soft drinks.
5.00 **Alaska: Homestead Rescue** An unexpected accident leads to a construction site injury. **6.00** The Raneys create a self-automated homestead in the Alaskan wilderness.

10.00 Ancient Unexplained Files

7.00 Wheeler Dealers Mike Brewer and Ant Anstead claim ownership of a seriously distressed 1965 Dodge A-100 Sportsman.

8.00 Scrapyard Dynasty Terry and Lyndsay take a break in the Lake District, where Lyndsay has a surprise in store.

9.00 Secrets Underground Rob Nelson heads to Lake Michigan to investigate an unexplained Bermuda Triangle-like phenomenon.

10.00 Ancient Unexplained Files Archaeologists try to solve the mystery behind an ancient burial ground in Germany.

11.00 **Expedition Unknown** Josh Gates investigates a scandal over Wild West legend Buffalo Bill Cody's remains.
12.00 M'T **Deadliest Catch**
1.00 AM **Secrets Underground**
2.00 **Ancient Unexplained Files**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked** With Tracy Morgan.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** Double bill.
5.00 **Lone Star Law** A team of special Texas Game Wardens try to stop drug-smuggling operations across the border.
6.00 **Dr Jeff: Rocky Mountain Vet** A class of fourth-graders count on Dr Jeff to save the life of their pet hedgehog.

11.00 Mountain Monsters

7.00 Treehouse Masters Pete Nelson installs a stainless steel kitchen in the trees for a family of sweet-makers.

8.00 Air Jaws Strikes Back Shark experts return to Plettenberg in South Africa to study battles between sharks and seals.

9.00 Alaska: The Last Frontier Otto and Atz brave flooded rivers to bring the cattle back to the homestead.

10.00 Alaskan Bush People The Browns must balance the fate of their new community with the success of the homestead.

11.00 **Mountain Monsters** The team are offered a dangerous deal.
12.00 M'T **Crikey! It's the Irwins** The zoo welcomes four Sumatran elephants.
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Gladiators: Warriors of the Ancient World**
11.00 **Nazi Megastructures: Battle Ready** Documentary.
12.00 NOON **Colossal Machines**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **Hurricane Apocalypse: Drain the Oceans**
5.00 **Ice Road Rescue**
6.00 **Toronto Airport Uncovered** Bad weather causes disruption.

10.00 Yukon Rescue

7.00 Air Crash Investigation The crash of American Eagle Flight 4184 near Roselawn, which killed all 68 people on board.

8.00 Air Crash Investigation New edition The pilots of a New Zealand turboprop pull off a remarkable wheels-up landing.

9.00 Air Crash Investigation Investigating why Air Florida Flight 90 stalled straight after take-off and plunged into a river.

10.00 Yukon Rescue New edition Ray faces a string of solo vehicle-retrieval missions on a storm-battered highway.

11.00 **Air Crash Investigation**
12.00 M'T **Inside Sydney Airport**
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **Exotic Animal ER**
4.35 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Forged with Steele**
9.15 **Pawn Stars**
10.10 **Storage Wars** Four editions.
12.00 NOON **Beyond the Myth: The SS Unveiled**
1.00 PM **Gold Wars Downunder**
2.00 **American Pickers**
3.00 **Life After People**
6.00 **American Pickers** In Arizona, Mike relives the thrill of speedway history thanks to a motorbike-loving family of adrenaline junkies.

9.00 Gold Wars Downunder

7.00 Forged in Fire The finalists recreate Hattori Hanzo's 1,000-layer katana from Quentin Tarantino's *Kill Bill* films.

8.00 American Pickers New edition Mike and his team explore the hidden gems of a Utah motorcycle museum.

9.00 Gold Wars Downunder New edition Donnie and Ronnie have a bust up, threatening Donnie's dream of owning a lease.

10.00 Hells Angels: Kingdom Come Series finale The death of Greg Woolley coincides with the rise of a new king.

11.00 **History's Most Shocking** The moment when three giant snakes fell out of a family's roof, and an aeroplane crash in the Los Padres National Forest in California.
12.00 M'T **Life After People**
2.50 AM **Gold Wars Downunder**
3.40 **American Pickers**
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Michelle Pfeiffer**
8.00 **The Directors**
8.55 **100 Foot Wave**
10.00 **Spector** 1-4/4. Documentary about the life of Phil Spector.
2.00 PM **Hitsville: The Making of Motown** The history of the Motown record label.
4.00 **Discovering: Michelle Pfeiffer**
5.00 **The Directors**
6.00 **100 Foot Wave** 1/6. The decade-long odyssey of surfer Garrett McNamara to ride a 100-foot wave.

8.00 The Bambers

7.10 History of the Sitcom 1/8. The development of situation comedies, beginning by looking at the depictions of families.

8.00 The Bambers: Murder at the Farm 1/4. Documentary exploring the true story of the White House Farm murders.

9.00 The Bambers: Murder at the Farm 2/4. Jeremy Bamber pins the blame for the murders on his sister at the trial.

10.00 Marathon: The Patriots Day Bombing A film documenting some of the survivors of the Boston Marathon attack.

12.00 M'T **Villeneuve Pironi: Racing's Untold Tragedy** The relationship between Formula 1 drivers Gilles Villeneuve and Didier Pironi.
2.00 AM **Lennox: The Untold Story** The life story of former boxer Lennox Lewis.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Kate Winslet**

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **Guz Khan's Custom Cars** New edition Guz fits air ride suspension to his Honda S2000 and test-drives a Porsche.
10.00 **Mock the Week** Satirical panel show with a stand-up twist, hosted by Dara O Briain.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops Philadelphia**
7.00 **Forensic Detectives**
9.00 **FBI Files**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Murder in the Heartland** Documentary.
7.00 **Judge Rinder's Crime Stories** Examining the cases of David Irwin and Michelle Stewart.
8.00 **Murder on CCTV**
9.00 **The Real Death in Paradise** True-crime.
10.00 **The Suitcase Murders**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** The tragic story of Sarah Williams.
8.00 **48 Hours** New edition Peter Van Sant interviews Melody Farris, a woman convicted of killing her husband on their Georgia farm.
9.00 **Storm of Suspicion** New edition The story of Janice Dodson, who found her husband dead during a hunting trip.
10.00 **Murder UK** New edition The case of Kylie Dembrey, who fell for Mark Sinclair, unaware his charm hid a violent abuser.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **48 Hours** Ray Wright.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective** Double bill.
4.00 **48 Hours** Prominent LA therapist Amie Harwick is murdered.
5.00 **Medical Detectives** The investigation of a hit-and-run leads to a convincing video reconstruction. **5.30** A doctor is accused of assaulting two female patients. **6.00** Tree ring growth helps investigators to solve a case. **6.30** A man goes to great lengths to prove his mother's innocence.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Brit Cops: Frontline Crime UK** Documentary.
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation** John Haigh.
12.00 NOON **What the Killer Did Next** Michael Ryan.
1.00 PM **Killer in My Village**
2.00 **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **The Real CSI: Miami**
10.00 **Murder Uncut**
11.00 **Police 24/7**
12.00 M'T **Catching the Killer**
1.00 AM **What the Killer...**
2.00 **Britain's Most Evil Killers** New edition
3.00 **Murdered at First Sight**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **1066: A Year to Conquer England**
9.35 **WW2: Battle of Crete**
10.45 **When Patsy Cline Was Crazy** As 8.20pm.
11.55 **Mafia's Greatest Hits**
1.00 PM **1066: A Year to Conquer England**
2.30 **WW2: Battle of Crete**
3.40 **When Patsy Cline Was Crazy** As 8.20pm.
4.50 **Mafia's Greatest Hits**
5.55 **1066: A Year to Conquer England**
7.15 **WW2: Battle of Crete**
8.20 **When Patsy Cline Was Crazy** A profile of the country music singer.
9.35 **Mafia's Greatest Hits** The story of Roy DeMeo of the Gambino family.
10.40 **1066: A Year to Conquer England**
12.00 M'T **WW2: Battle of Crete** Documentary.
1.10 **to 2.00** AM **NEW SERIES Weathered: Earth's Extremes**

Sky Nature

145 113/114 189 354 369

6.00 AM **Amazing Animal Friends**
7.00 **Monkey Life**
8.00 **Africa's Claws and Jaws**
9.00 **Hope for Wildlife**
10.00 **Great Blue Wild**
11.00 **Ningaloo: Australia's Ocean...**
12.00 NOON **Brazil Untamed**
1.00 PM **Monkey Life**
2.00 **Africa's Claws and Jaws**
3.00 **Hope for Wildlife**
4.00 **Great Blue Wild**
5.00 **Wildlife Icons**
6.00 **Brazil Untamed**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 2/2. Documentary.
9.00 **Extraordinary Animals**
10.00 **Brazil Untamed**
11.00 **Wildlife Icons**
12.00 M'T **Ningaloo: Australia's Ocean Wonder** Documentary.
1.00 AM **Amazing Animal Friends**
2.00 **David Attenborough's Rise of Animals: Triumph of the...**
3.00 **Extraordinary Animals**
4.00 **Africa's Claws and Jaws**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Curse of the Ancients**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **History of Weapons**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **Britain's Lost Battlefields with Rob Bell** The Battle of Bannockburn in June 1314.
4.00 **Curse of the Ancients**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **History of Weapons**
8.00 **Combat Ships** The evolution of amphibious assault crafts.
9.00 **History's Most Shocking** Footage of a woman nearly sucked up by a tornado.
10.00 **Death Coast** A hurricane forces the team into a secluded cove.
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **Britain's Lost Battlefields...**
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **NASA's Unexplained Files**
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made** A look at how special effects snow is made. **6.30** How three-wheel electric bikes are manufactured. **7.00** A look at how Wild West holsters are manufactured. **7.30** The making of animatronic dinosaurs and garage doors. **8.00** The technology behind the making of Grammy Awards. **8.30** The technology behind the manufacture of apple cider.
9.00 **How the Universe Works** New discoveries surrounding dark matter and energy. **10.00** New discoveries reveal NASA's *Cassini* spacecraft's secrets, which explored Saturn and its moons until it vaporised in its atmosphere.
11.00 **NASA's Unexplained Files**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Murdertown**
1.00 PM **Meet, Marry, Murder**
2.00 **Buried in the Backyard**
3.00 **Somebody's Hiding Something**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Meet, Marry, Murder** New edition A woman in New Jersey claims her husband has been shot on Christmas Day.
9.00 **Skegness Psycho: 28 Miles to Murder** Series finale 2/2. The story of Daniel Boulton, who walked for 12 hours to murder his former partner and her son.
10.00 **Ed Gein: Original Psycho**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Meet, Marry, Murder** New edition True crime series.
2.00 **Interrogation Raw**
3.00 **Homicide Hunter**
4.00 **Court Cam**
5.00 **to 6.00** AM **Meet, Marry, Murder**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest Animals: Freaky Families**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Critter Fixers: Country Vets**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet** The vet treats a sheep with a tooth infection.
7.00 **Yukon Vet Compilations**
9.00 **Built to Survive** Island-dwelling animals, from the dingo to the death adder snake. **9.30** Phil Breslin ventures into the Australian savannah.
10.00 **Alaska: The Next Generation** Kaleb uses bush ingenuity to save a relic, and Johnny Rolfe explores uncharted territory.
11.00 **Ice Road Rescue**
12.00 M'T **Northwoods Survival**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Monster Fish**

Discovery History

174 147 181

7.00 AM **Attack and Capture: The Story of U-Boat 505**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Exploring new discoveries surrounding dark matter and energy.
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Attack and Capture: The Story of U-Boat 505** The German submarine's capture by the US Navy.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Top Gear**
1.00 PM **Top Gear**
5.00 **The Two Ronnies**
8.00 **The Two Ronnies Christmas Special** A festive edition of the comedy show from 1984. West End star Elaine Paige joins in the sketches, jokes and songs.
9.00 **The Two Ronnies** Vintage comedy from Messrs Barker and Corbett, featuring the Opticians and You Can Say That Again sketches. **10.00** Vintage comedy sketches, including News Interrupted by Jackanory. **11.00** More comedy sketches, including Strange Ice-Cream Flavours and Two Men Discussing Creation at the Pub.
12.00 M'T **The Two Ronnies Christmas Special** As 8.00pm.
1.00 AM **The Two Ronnies**
3.50 **The Two Ronnies Christmas Special** As shown at 8.00pm.
4.40 **The Two Ronnies**
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Forbidden: Dying for Love**
9.00 **American Monster**
11.00 **Disappeared**
12.00 NOON **Evil Lives Here**
1.00 PM **American Monster**
3.00 **Disappeared**
4.00 **Evil Lives Here**
5.00 **Mean Girl Murders**
7.00 **Where Murder Lies** A 20-year investigation uncovers two bodies and a lifetime of lies. **8.00** When a mother-of-three went missing, residents of the small town of Renovo searched everywhere for her. Two suspicious ransom notes led police to a suspect.
9.00 **Faking It: Tears of a Crime** The story of Ian Stewart, who killed his wife – and years later, killed his millionairess fiancée.
10.00 **The Curious Case of Natalia Grace: The Final Chapter**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Mean Girl Murders**
4.00 **to 6.00** AM **Where Murder Lies**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers**
9.00 **Sydney Harbour Patrol**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Big** Richard joins the crew of the *Marie Maersk* container ship.
1.00 PM **Roadworthy Rescues**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Sydney Harbour Patrol**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz discover a shed full of rare gems in Bedfordshire.
9.00 **Kevin Hart's Muscle Car Crew** A visit to the Dockweiler VW Bug show gives Joey some ideas.
10.00 **Outback Truckers**
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic...**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.40 **King Ivory** As 1.40am.
9.00 **One More Shot** Comedy. (2025, 15, 91min) ★★★
10.40 **The Gentleman** As 10.00pm.
12.30 PM **I Know What You Did Last Summer** As 8.00pm.
2.30 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
4.45 **Reckless** Action comedy with Scott Adkins. (2026, 15, 91min)
6.30 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★

8.00 I Know What You Did...

8.00 I Know What You Did Last Summer Horror reboot starring Madelyn Cline and Chase Sui Wonders. A group of young friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Gentleman Thriller starring Ron Perlman. An elderly gentleman, haunted by a brutal murder, embarks on a quest for vengeance. (2025, 15, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Neighborhood Watch** Thriller starring Jeffrey Dean Morgan and Jack Quaid. (2025, 15, 92min) ★★★★
1.40 AM **King Ivory** Thriller starring James Badge Dale and Ben Foster. (2024, 15, 130min)
4.00 **to 6.00** AM **Prisoner of War** Thriller starring Scott Adkins. (2025, 15, 112min) ★★★

Sky Cinema Wild Worlds

303 303 403 503 517

6.00 AM **Deep Sea** As 3.30am.
8.00 **Gator Creek** Horror thriller. (2025, 15, 87min) ★
9.30 **Beast of War** Thriller. (2025, 15, 87min) ★★★★
11.15 **The Dark Tower** As 1.45am.
1.00 PM **Rampage** As 10.15pm.
3.00 **Arcadian** As 12.05am.
4.45 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
6.30 **Cloverfield** Disaster movie starring Lizzy Caplan and TJ Miller. (2007, 15, 81min) ★★★

6.30 Cloverfield

8.00 Pacific Rim Epic sci-fi action adventure starring Charlie Hunnam, Idris Elba and Rinko Kikuchi. Humanity creates giant fighting robots to repel alien monsters emerging through a breach in the Pacific Ocean. (2013, 12, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Rampage Fantasy adventure starring Dwayne Johnson. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
1.45 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
3.30 **Deep Sea** Animation. (2023, PG, 112min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Burning an Illusion** (1981)
9.05 **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
11.20 **Little Women** Period drama. (1994, U, 114min) ★★★
1.30 PM **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
3.40 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★
5.55 **About Time** Romantic comedy fantasy. (2013, 12, 120min) ★★★

8.00 The Blind Side Fact-based drama starring Sandra Bullock. A wealthy white southerner adopts a homeless black teenager and spurs him on to sporting success. With Quinton Aaron. (2009, 12, 129min) ★★★
10.10 The Friend Drama starring Naomi Watts and Bill Murray. When a solitary writer adopts and bonds with a Great Dane that belonged to a late friend, she comes to terms with her past. (2024, 15, 123min) ★★★★

12.10 AM **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
3.30 **Burning an Illusion** Drama. (1981, 15, 103min) ★★★
5.20 **to 7.15** AM **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
8.15 **Die Alone** Zombie horror. (2024, 15, 91min) ★★★★
9.50 **Battleship** As 8.00pm.
12.00 NOON **Pitch Black** Sci-fi chiller. (1999, 15, 108min) ★★★★
1.55 PM **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
3.30 **Get Out** Psychological thriller. (2017, 15, 104min) ★★★★★

5.20 **2012** Epic disaster movie. (2009, 12, 158min) ★★★
8.00 Battleship Sci-fi action adventure starring Taylor Kitsch and Rihanna. A hot-headed US Navy lieutenant leads the fight back against alien invaders. (2012, 12, 126min) ★★★
10.10 Sinners Horror thriller starring Michael B Jordan. Twin brothers return to their hometown to start over, and find a dark force waiting to welcome them back. (2025, 15, 132min) ★★★★

12.30 AM **AfrAid** Sci-fi horror starring John Cho. (2024, 15, 84min) ★★
2.00 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
3.45 **Us** Horror with Lupita Nyong'o. (2019, 15, 116min) ★★★★
5.45 **to 6.30** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

8.00 AM **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
10.00 **The Smurfs** Family adventure. (2011, U, 103min) ★★
11.55 **Blithe Spirit** As 3.45am.
1.50 PM **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★
4.05 **A Minecraft Movie** Fantasy. (2025, PG, 101min) ★★★
6.00 **Lemony Snicket's A Series of Unfortunate Events** Family fantasy comedy. (2004, PG, 103min) ★★★★

6.00 A Series of Unfortunate...

8.00 **The Borrowers** Adventure with John Goodman. The little people who live under the floorboards are thrown into panic when the family upstairs move house. (1997, U, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **The Wiz** Motown musical updating of *The Wizard of Oz* based on the hit Broadway show, starring Diana Ross as a Harlem schoolteacher spirited to a fantasy New York City. With Michael Jackson. (1978, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Save the Cinema** Fact-based comedy drama with Samantha Morton and Tom Felton. (2021, 12, 109min) ★★★
1.55 AM **It Takes Two** Family comedy. (1995, U, 97min) ★
3.45 **Blithe Spirit** Family comedy. (2020, 12, 95min) ★★★
5.35 **to 7.20** AM **My Penguin Friend** Drama with Jean Reno. (2024, PG, 98min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.20 AM **Cinema List: Bingeable**
6.40 **xXx: Return of Xander Cage**
8.30 **The Matrix: Resurrections** Sci-fi action thriller sequel. (2021, 15, 148min) ★★★
11.00 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★
1.10 PM **Black Hawk Down** War drama. (2001, 15) ★★★
3.45 **The Mummy Returns** Adventure. (2001, 12) ★★★★
5.55 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★

5.55 Mad Max: Fury Road

8.00 **Twister** Disaster movie starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. With Cary Elwes and Jami Gertz. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Shooter** Action thriller starring Mark Wahlberg and Danny Glover. A former Marine sniper is framed for a political assassination and forced to go on the run. (2007, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
1.55 **xXx: Return of Xander Cage** Action thriller. (2016, 12) ★★★
3.45 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
5.25 **to 8.25** AM **The Good, the Bad and the Ugly** Western. (1966, 15, 155min) ★★★★★

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **Talladega Nights: The Ballad of Ricky Bobby** Action comedy. (2006, 15) ★★★★
8.25 **Kangaroo Jack** (2003, PG) ★
10.05 **The Terminal** (2004) ★★★★
12.15 PM **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
2.05 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
4.05 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
6.05 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★

6.05 See No Evil, Hear No Evil

8.00 **Shirley Valentine** Romantic comedy starring Pauline Collins as a bored housewife who finds sun, wine and love on a Greek island. With Tom Conti, Bernard Hill and Alison Steadman. (1989, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Yesterday** Danny Boyle's comedy starring Himesh Patel. A musician wakes up after being hit by a bus to find he is the only person in the world who remembers The Beatles. (2019, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
1.40 AM **Jackass: The Movie** Comedy. (2002, 18, 87min) ★
3.10 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
4.50 **Sky Cinema Preview**
5.35 **to 7.30** AM **We're the Millers** Comedy with Jason Sudeikis. (2013, 15, 110min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **Psycho** As 12.00m't.
8.20 **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
10.25 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
12.20 PM **Murder by Numbers** Thriller. (2002, 15) ★★★
2.25 **Hallow Road** Horror thriller. (2025, 15, 80min) ★★★★
3.50 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
5.50 **Ocean's Twelve** Thriller sequel. (2004, 12, 125min) ★★★★

5.50 Ocean's Twelve

8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon, Al Pacino and Ellen Barkin. A charismatic thief and his gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Shaft** Crime thriller starring Samuel L Jackson. A New York cop seeks to bring down the racist killer of a young black student. (2000, 18, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Psycho** Alfred Hitchcock's notorious horror chiller. (1960, b/w, 15, 109min) ★★★★★
2.00 AM **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
3.40 **Maggie Moore(s)** Comedy thriller. (2023, 15, 99min) ★★★
5.25 **to 7.05** AM **The Stranger in My Home** Melodramatic thriller. (2025, 15, 91min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Fixed Bayonets!** Samuel Fuller's Korean War drama. (1951, b/w, PG, 93min) ★★★
12.50 PM **Anzio** World War Two drama. (1967, PG, 117min) ★★★
3.10 **Decision at Sundown** Western. (1957, PG, 77min) ★★
4.45 **The Rare Breed** Western. (1966, U, 97min) ★★★
6.40 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★

9.00 Flamin' Hot

Jumanji: The Next Level (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Flamin' Hot** Fact-based comedy drama starring Jesse Garcia. In the mid-1970s, a cleaner at a snack company suggests a spicy twist to one of the organisation's most popular lines. (2022, 12, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.55 **Call Jane** Fact-based drama starring Elizabeth Banks, Sigourney Weaver and Chris Messina. (2022, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

1.15 **to 3.30** AM **I'm Your Man** German sci-fi comedy drama starring Maren Eggert and Dan Stevens. Subtitled. (2021, 15, 105min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

6.20 AM **The NeverEnding Story** Fantasy. (1984, U, 94min) ★★★
8.00 **The Last Starfighter** Sci-fi adventure with Robert Preston. (1984, PG, 100min) ★★★
9.45 **The Lawnmower Man** (1992)
12.00 NOON **Dirty Harry** Thriller. (1971, 15, 103min) ★★★★★
2.00 PM **Boyz N the Hood** Oscar-nominated urban drama. (1991, 15, 111min) ★★★★★
4.00 **Do the Right Thing** Spike Lee's controversial comedy drama. (1989, 15, 120min) ★★★★★
6.00 **Quadrophenia** Cult teen drama. (1979, 15, 115min) ★★★★
8.00 **Groundhog Day** Romantic fantasy comedy starring Bill Murray and Andie MacDowell. (1993, PG, 103min) ★★★★★
9.45 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
11.15 **The Cable Guy** Black comedy. (1996, 12, 96min) ★★★★
12.55 AM **The Witches of Eastwick** Offbeat comedy fantasy. (1987, 18, 118min) ★★★★
2.55 **Logan's Run** Sci-fi adventure. (1976, PG, 115min) ★★★★
4.55 **to 7.15** AM **The Lawnmower Man** Thriller with Pierce Brosnan. (1992, 15, 105min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.15 AM **The Brady Bunch Movie** Comedy. (1995, 12, 89min) ★★★
7.50 **Tootsie** Comedy starring Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
9.50 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
11.25 **The Naked Gun 2½: The Smell of Fear** (1991, 15) ★★★
1.00 PM **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
2.30 **Billy Madison** Comedy. (1995, PG, 90min) ★★
4.10 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
6.00 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★
12.10 AM **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
2.25 **Demolition Man** Sci-fi action thriller. (1993, 15, 114min) ★★★
4.25 **Sky Cinema Preview**
5.25 **to 8.25** AM **The Godfather** Francis Ford Coppola's gangster epic. (1971, 15, 167min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.20 AM **Rango** Animated Western. (2011, PG, 103min) ★★★★
9.20 **The Lego Movie** Animation with the voice of Chris Pratt. (2014, U, 100min) ★★★★★
11.05 **Smurfs: The Lost Village**
12.40 PM **Transformers One** Animated sci-fi adventure. (2024, PG, 104min) ★★★★
2.30 **Extinct** Animated adventure. (2021, U, 84min) ★★★
4.00 **Monsters vs Aliens** Animated sci-fi monster movie. (2009, PG, 90min) ★★★
5.45 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★
7.35 **Smurfs: The Lost Village** Animated family adventure. (2017, U, 87min) ★★★
9.20 **Open Season** Animation. (2006, PG, 86min) ★★★★
11.00 **Mavka: The Forest Song** Animated fantasy adventure. (2023, PG, 99min) ★★
12.50 AM **Into the Wonderwoods** Animation. (2024, U) ★★★
2.30 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
4.05 **Batman: Return of the Caped Crusaders** (2016, PG) ★★★★
5.35 **to 7.20** AM **Monsters vs Aliens**

Movies 24

312 313 419

7.00 AM **When Love Springs** Comedy. (2023, PG, 84min) ★★
9.00 **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
11.00 **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★
1.00 PM **You, Me, and that Mountain Retreat** Romantic comedy. (2023, PG, 86min) ★★
3.00 **Napa Ever After** Romantic drama. (2023, PG, 90min) ★★
5.00 **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
7.00 **Blind Date Book Club** Romantic drama starring Erin Krakow and Robert Buckley. (2024, PG, 90min) ★★
9.00 **Love Hacks** Romantic drama with Annie Clark and Romaine Waite. A relationship coach believes she can fix any romance and creates a podcast to prove it. (2022, PG, 90min) ★★
11.00 **The Story of Love** Romantic comedy. (2022, PG, 91min) ★★
1.00 AM **Modeled with Love** Drama starring Ashley Argota Torres. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Luckless in Love** Romantic comedy drama. (2023, PG, 86min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 33/38. (S1)
6.30 **The Traitor** Mystery thriller. (1957, b/w, PG, 88min) ★★
8.10 **Mark of the Phoenix** Thriller. (1958, b/w, U, 68min) ★
9.25 **Rogue's Yarn** Murder mystery. (1957, b/w, PG, 77min) ★★
11.00 **Captain Kidd** Adventure. (1945, b/w, PG, 105min) ★★★
12.45 PM **Three Sundays to Live** Thriller. (1957, b/w, U) ★★★
2.05 **The First of the Few** World War Two biopic with Leslie Howard. (1942, b/w, U, 114min) ★★★★
4.25 **Carry On Screaming** Horror comedy with Harry H Corbett. (1966, PG, 96min) ★★★★
6.25 **Mobilise Your Scrap**
6.30 **The Vise** 14/26. (S2)
7.00 **The Footage Detectives**
8.00 **Reckless** 6/6. (S1)
9.05 **Gideon's Way** 21/26. (S1)
10.05 **Jekyll & Hyde** Classic horror thriller starring Michael Caine. (1989, 15, 96min) ★★★
12.05 AM **A Good Read: Sherlock Holmes** *A Scandal in Bohemia.*
1.00 **Budgie** 4/13. (S1)
2.00 **Beat the Devil** Comedy thriller. (1953, b/w, U, 89min) ★★★
3.45 **Warp Speed** Sci-fi thriller. (1980, 15, 105min) ★★
5.30 **to 6.00** AM **Honey West**

MONDAY Sport

23 February

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Analysing decisions.
10.00 LIVE **ATP Tennis** Day one of the ATP Dubai Tennis Championships, a hard-court tournament staged at Aviation Club Tennis Centre.
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match at Wankhede Stadium, Mumbai.
5.00 **The Premier League Show**
6.30 LIVE **Monday Night Football** **Everton v Manchester United.** Coverage of the Premier League match staged at Hill Dickinson Stadium. Kick-off **8.00pm**.
11.00 LIVE **Golf: TGL** **Atlanta Drive v Boston Common.** Coverage of the team match at SoFi Center in Florida.
12.00 M'T LIVE **NBA Basketball** **Detroit Pistons v San Antonio Spurs.** Coverage of the inter-conference match staged at Little Caesars Arena. Tip-off **12.00m't**.
2.30 AM LIVE **NBA Basketball** **Houston Rockets v Utah Jazz.** The Western Conference match at Toyota Center. Tip-off **2.30am**.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
6.30 **Premier League Highlights**
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years**
2.00 PM **Premier League Highlights** Action from Aston Villa v Leeds. **2.30** Chelsea v Burnley. **3.00** West Ham v Bournemouth. **3.30** Nottingham Forest v Liverpool at the City Ground. **4.00** Sunderland v Fulham. **4.30** The key moments from Tottenham Hotspur v Arsenal.
5.00 **The Premier League Show**
6.00 **Ref Watch** Analysing decisions.
6.30 LIVE **Monday Night Football** **Everton v Manchester United.** Coverage of the Premier League match staged at Hill Dickinson Stadium. The hosts won the reverse fixture at Old Trafford in November. Kick-off **8.00pm**.
11.00 **Premier League 360: Big Sam's Bolton**
1.00 AM **Premier League Highlights**
1.30 **Ref Watch** Analysing decisions.
2.00 **The Big Interview**
2.30 **MNF Hits** Everton v Man United.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2021 play-off finals.
9.00 **SPFL Round-Up**
9.15 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **Retro League One**
12.00 NOON **EFL League One Goals**
12.30 PM **EFL League Two Goals**
1.00 **EFL Highlights** Championship.
1.30 **SPFL Round-Up**
1.45 **SPFL Highlights**
2.00 **EFL Highlights**
5.00 **EFL League One Goals**
5.30 **EFL League Two Goals**
6.00 **SPFL Round-Up**
6.15 **SPFL Highlights**
6.30 **Bundesliga Highlights Show**
7.30 **EFL Highlights** Championship.
7.45 **EFL Greatest Games**
7.50 LIVE **EFL** **Walsall v Milton Keynes Dons.** Coverage of the League Two match at Pallet-Track Bescot Stadium. Kick-off **8.00pm**.
10.00 **SPFL Round-Up**
10.15 **SPFL Highlights**
10.30 **Bundesliga Highlights Show**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **to 6.00** AM **EFL Rivalries**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Men's T20 World Cup**
11.00 **Men's T20 World Cup – The Greatest Matches**
11.30 **The Story of the Men's T20 World Cup Final 2024**
12.30 PM **Men's T20 World Cup**
1.00 LIVE **Men's T20 World Cup** Coverage of a Super Eight match at Wankhede Stadium, Mumbai.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup** A Super Eight match staged at Pallekele International Cricket Stadium. **7.00** Australia v Sri Lanka in the Group B match from Pallekele International Cricket Stadium.
7.30 **The Story of the Men's T20 World Cup Final 2024**
8.30 **Men's T20 World Cup Review Show** A look back.
9.00 **Men's T20 World Cup** Action from a Super Eight match.
9.30 **Men's T20 World Cup Review**
10.00 **Men's T20 World Cup** Action from the Super Eight stage staged at Wankhede Stadium, Mumbai.
10.30 **Men's T20 World Cup Review**
11.00 PM **to 6.00** AM **Men's T20 World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **PGA Tour Golf**
11.30 **DP World Tour Golf** The fourth day of the Magical Kenya Open.
4.30 PM **Chronicles of a Champion Golfer** Profiles of leading players.
5.30 **Beyond the Scorecard**
6.00 **PGA Tour Champions**
7.00 **PGA Tour Golf** Event highlights.
8.00 **DP World Tour Golf**
8.30 **Tour Golf Highlights**
9.00 **Beyond the Scorecard**
9.30 **Golf** Asia-Pacific Championship.
10.00 LIVE **TGL** **Atlanta Drive v Boston Common.** The team match held at SoFi Center in Palm Beach.
12.00 M'T **DP World Tour Golf**
12.30 AM **Beyond the Scorecard**
1.00 **The Open – Official Films**
2.00 LIVE **TGL** **Los Angeles v Atlanta Drive.** Coverage of the team match held at SoFi Center in Palm Beach.
4.00 **School of Golf** Expert advice.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tennis** Event highlights.
10.00 LIVE **ATP Tennis** Day one of the Dubai Tennis Championships held at Aviation Club Tennis Centre.
2.00 PM **WTA Tennis** Event review.
2.30 **ATP Tour This Week**
3.00 LIVE **ATP Tennis** Further coverage of the first day of the Dubai Tennis Championships.
4.00 LIVE **WTA & ATP Tennis** The latest events on the Tours.
9.00 LIVE **WTA Tennis** The opening day of the Mérida Open staged at Yucatán Country Club in Mexico.
11.00 LIVE **WTA & ATP Tennis** Further coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
4.00 **to 6.00** AM LIVE **ATP Tennis** Day one of the Acapulco Open at Arena GNP Seguros in Mexico.

TNT Sports 1

410 413 521 408 430

6.00 AM **Premiership Women's Rugby** Recent highlights.
7.00 **PREM Rugby Cup**
8.00 **Premier League**
9.30 **Premier League Stories**
10.00 **Premier League: Big Interview**
10.30 **The Breakdown**
11.00 **Snooker** Scottish Open final.
1.00 PM LIVE **Snooker** Coverage of day one of the Welsh Open from Venue Cymru in Llandudno.
5.00 **A-League Highlights**
5.30 **A-League Women Highlights**
6.00 **The Breakdown**
6.15 **Ella Toone's Away Days**
6.45 **Training Day** Tottenham.
7.00 LIVE **Women's FA Cup** **London City v Tottenham Hotspur.** The fifth-round tie staged at Copperjax Community Stadium. Kick-off is at **7.30pm**.
10.00 **Champions League Magazine**
10.30 **Serie A** Lecce v Inter Milan. **11.30** AS Roma v Cremonese.
12.30 AM **Women's T20 International Cricket**
3.30 **to 6.00** AM LIVE **Women's One-Day International Cricket** **Australia v India.** The first ODI in the three-match series from Allan Border Field in Brisbane.

TNT Sports 2

411 414 522 409 431

6.00 AM **World Superbikes**
7.15 **Sign Up – Into Football**
8.00 **Champions League Classics**
8.30 **Champions League Magazine**
9.00 **UEFA Europa League & Conference League Magazine**
10.00 **Serie A** AS Roma v Cremonese. **11.00** Lecce v Inter Milan.
12.00 NOON **Sign Up – Into Football**
12.45 PM **Champions League – Classics** Archive highlights.
1.15 **Champions League – Stories of the Finals** The 2011 final.
1.30 **Women's T20 International Cricket** Australia v India.
2.30 **Women's FA Cup** Action from Birmingham City v Chatham Town. **3.30** Chelsea v Manchester Utd. **4.30** Liverpool v Everton.
5.30 **Champions League Magazine**
6.00 **UEFA Europa League & Conference League Magazine**
7.00 LIVE **Snooker** Coverage of day one of the Welsh Open from Venue Cymru in Llandudno.
11.00 **PREM Rugby Cup**
12.00 M'T **Premiership Women's Rugby** Recent highlights.
1.00 AM **Fishing: On the Bank**
2.00 **Snooker** Welsh Open day one.
4.00 **to 6.00** AM **PL Legends**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Super League** Hull Kingston Rovers v Castleford Tigers replay.
9.00 **Super League** Warrington Wolves v Leeds Rhinos from 2025.
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Seattle Seahawks v San Francisco 49ers.
4.00 **Super League Highlights**
4.15 **Women's Super League**
4.30 **Super League Highlights**
5.00 **NFL Highlights** New England Patriots v Houston Texans.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Highlights** Chicago Bears v Los Angeles Rams.
9.00 **Super League Highlights**
10.30 **Super Bowl LX Highlights** Seattle Seahawks v New England Patriots at Levi's Stadium.
11.30 LIVE **NBA Basketball** **Detroit Pistons v San Antonio Spurs.** Coverage of the inter-conference match at Little Caesars Arena. Tip-off **12.00m't**.
2.30 AM LIVE **NBA Basketball** **Houston Rockets v Utah Jazz.** Coverage of the Western Conference encounter from Toyota Center. Tip-off **2.30am**.
5.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** A look back at some of the big refereeing decisions.
10.00 **Sky Sports FC** Interactive show covering the major football news.
12.00 NOON **Lunchtime Live** A look at all the major sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news with live analysis and comments.
4.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
9.00 LIVE **WTA Tennis** Coverage of day one of the WTA Mérida Open, a hard-court tournament held at Yucatán Country Club in Mexico.
11.00 LIVE **WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open, and WTA Austin Open.
4.00 **to 6.00** AM LIVE **ATP Tennis** Day one of the ATP Acapulco Open, a hard-court tournament at Arena GNP Seguros in Mexico.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **ATP Tennis** Event highlights.
11.00 **ATP/WTA Tour Classic Matches**
1.00 PM **PGA Tour Golf**
2.00 **PL Greatest Games**
3.00 **PDC Classics** Archive action.
3.30 **F1 2025 Season Review**
5.30 **WTA Tennis** Dubai Championships.
6.00 **ATP Tennis** Event highlights.
8.00 **Super League** Replay of Toulouse Olympique v Castleford Tigers.
10.05 **My Icon** Sporting influences.
10.30 **30 Years of the PDC World Champs** Darts documentary.
11.00 **The Taylor Years**
11.30 **The Greatest Final 2007**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Formula 1** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **ATP/WTA Tour**

TNT Sports 3

413 415 523 410 432

6.00 AM **World Superbikes**
7.15 **Sign Up – Into Football**
8.00 **Champions League Classics**
8.30 **Champions League Magazine**
9.00 **UEFA Europa League & Conference League Magazine**
10.00 **Men's Cycling** UAE Tour.
11.00 **Men's Cycling Pro Series**
1.00 PM **World Superbikes**
2.00 **Premiership Women's Rugby**
3.00 **PREM Rugby Cup** Highlights from Gloucester v Sale Sharks.
4.00 **Serie A** Italian football action.
6.00 LIVE **Ultimate Pool** Coverage of Group Eight of the Women's Champions League, as leading eight-ball players battle it out.
9.30 **The Gruppetto** Cycling news.
9.45 **Kenny Allstar's Number 1's**
10.00 **A-League Highlights** Action from the 18th round of fixtures.
10.30 **A-League Women Highlights**
11.00 **UFC** Strickland v Hernandez.
2.00 AM **Women's FA Cup**
3.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **A-League** Match highlights.
12.00 NOON **UEFA Champions League Highlights Show**
1.00 PM **UEFA Europa League & Conference League Highlights**
2.00 **A-League** Recent highlights from the Australian top-flight, including Adelaide United v Perth Glory, Wellington Phoenix v Auckland FC and Sydney FC v Brisbane Roar.
8.00 **The Gruppetto** Cycling news.
8.15 **Sign Up – Into Football**
9.00 **Fishing: On the Bank**
10.00 **Cycling** The seventh and final stage of the men's UAE Tour.
11.00 **Men's Cycling Pro Series** Tour of Andalucia stage five. **12.00** M'T Action from the fifth stage of the Tour of Algarve.
1.00 AM **World Superbike Highlights**
2.00 **MotoGP** Season review.
3.00 **Champions League Highlights**
4.00 **UEFA Europa League & Conference League Highlights**
5.00 **to 6.00** AM **Fishing**

Premier Sports 1

419 551

6.00 AM **Swedish Hockey League** A replay of Brynas v Djurgarden.
8.00 **NHL: This is Hockey**
9.00 **Argentine Primera** A replay of Boca Juniors v Racing Club.
11.00 **LaLiga** Getafe v Sevilla.
1.00 PM **Sporting Greats**
1.30 **SPFL** St Mirren v Motherwell.
3.30 **Sporting Greats**
4.00 **LaLiga** Another chance to see Barcelona v Levante at Camp Nou. **6.00** A replay of Celta Vigo v Mallorca at Estadio de Balaídos.
7.55 LIVE **LaLiga** **Alavés v Girona.** Coverage of the Spanish top-flight match held at Mendizorrotza. Kick-off **8.00pm**.
10.00 **Sporting Countdowns**
10.30 **LaLiga** Villarreal v Valencia.
12.30 AM **Sporting Greats**
1.00 **LaLiga** Alavés v Girona.
3.00 **United Rugby Championship** A replay of Lions v Sharks.
5.00 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 552

6.00 AM **MotorSport** A look at the career of Valentino Rossi.
6.30 **NASCAR** Another chance to see the Autotrader 400.
10.30 **Bike World** Magazine.
11.00 **NASCAR O'Reilly Series** Action from EchoPark Speedway which is in Hampton, Georgia.
2.00 PM **Motorsport** Featuring a look at the career of Valentino Rossi.
2.30 **Temples of Sport** Iconic sporting venues from around the globe.
3.00 **Eredivisie** Another chance to see AZ Alkmaar v Sparta Rotterdam. **5.00** A replay of Ajax v NEC Nijmegen at Johan Cruyff Arena.
7.00 **Football's Greatest**
8.00 **Elite Ice Hockey League** Glasgow Clan v Fife Flyers.
10.00 **Football's Greatest**
10.30 **LaLiga** A replay of Real Sociedad v Real Oviedo at Anoeta Stadium.
12.30 AM **Football's Greatest**
1.30 **NASCAR** Autotrader 400.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **The Best of F1 2025**
7.00 **Formula 1** Season highlights.
12.00 NOON **Formula 1** First session on day four of pre-season testing.
4.40 PM **F1 Features**
5.00 **Formula 1** Second session on day four of pre-season testing.
9.40 **F1 Explained: Driving Style**
9.45 **The Story of the 2025 Season**
9.55 **Ted DHL Logistics**
10.00 **Testing Wrap** Day four review.
10.30 **Formula 1** Mexico City GP.
10.55 **Ferrari Monza 1975**
11.00 **Testing Wrap** Day four review.
11.30 **Formula 1** Monaco Grand Prix.
12.00 M'T **to 6.00** AM **The Best of F1**

Tuesday

24 February

Evening Planner

Football

Champions League Play-Offs 2nd Leg
TNT Sports & Prime Video
Tonight's matches include Newcastle v Qarabag and Leverkusen v Olympiacos.

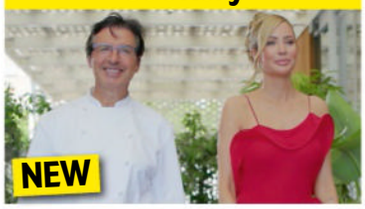
Cookery

Great British Menu
BBC2, 7pm (times vary)
Andi Oliver presents as chefs nationwide design dishes based on the theme of British movies. Continues to Thursday.

Factual

The Dyers' Caravan Park
Sky One, 9pm
Danny Dyer and daughter Dani are on a mission to save the great British caravan holiday, taking on a holiday park in Kent.

Cookery



The Heat
ITV2, 9pm
A group of 10 young chefs aim to impress Jean-Christophe Novelli at his exclusive restaurant in Barcelona.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 MasterChef: The Professionals		9.00 Silent Witness		10.00 News; Local News	10.40 Trying †
	102 BBC2	7.00 Great British Menu		8.00 Digging for Britain		9.00 The Zero Line: Inside Russia's War		10.00 QI	10.30 Newsnight
	103 ITV1		7.15 The Martin Lewis Money...	8.00 Emmerdale	8.30 Coronation...	9.00 The Summit		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bargain Holiday Secrets		9.00 Dirty Business		10.05 Gogglebox	
	105 5	7.00 Celebrity Puzzling		8.00 The Yorkshire Vet		9.00 Ben Fogle: New Lives in the Wild		10.00 The Curfew	
	106 SKY ONE	◂ 6.30 Film: Man of Steel				9.00 The Dyers' Caravan Park		10.00 John Bishop 25 Tour: Live from Dublin	
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	7.30 The Weakest Link	8.15 Alan Carr's Picture Slam	9.00 RuPaul's Drag Race UK vs the World		10.10 Dinosaur	
	116 BBC4	7.00 Canals: The...	7.30 Gareth...	8.00 Keeping Up...	8.30 Yes, Prime...	9.00 Ardal O'Hanlon: Tomb Raider		10.00 Storyville: Rebuilding Bucha	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 The Heat		10.00 Family Guy	
	136 MORE4	◂ 6.50 The Dog House Australia		8.00 Car S.O.S.		9.00 Saving Country Houses with...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 The Great Celebrity Bake Off for...		9.00 Gogglebox		10.00 Naked Attraction	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent		9.00 The Rookie		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 Succession		10.10 Euphoria	
	110 U&GOLD	7.00 Porridge	7.35 Dad's Army	8.20 dinnerladies				10.15 Not Going Out	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Endeavour	
	120 ITV4	7.00 More Than Machine		8.00 World Superbike Highlights		9.00 Ice Road Truckers		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Shanghai Knights			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld		10.10 The Leftovers	
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 Whitstable Pearl				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Father Brown		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Garbo: Where Did You Go?				9.55 Becoming Marilyn	
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 One Born Every Minute				10.00 Ambulance Australia	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 The Best of Wheeler Dealers		9.00 Gold Rush		10.00 Ed Stafford's Rite of Passage	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 The Pool Master		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: The Apocalypse				10.00 Hidden Histories	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Weird Britain		9.00 Britain's X Files		10.00 Secrets in the Sand	
	155 U&YESTERDAY	7.00 Caribbean with Simon Reeve		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	114 SKY DOCS	7.00 History of the Sitcom		8.00 An American Bombing: The Road to April 19th				10.00 The Bambers: Murder at the Farm	
FILMS – Sky Cinema	301 PREMIERE	◂ 6.20 One More Shot		8.00 I Know What You Did Last Summer				10.00 The Gentleman	
	302 CULT CLASSICS	◂ 5.45 Waterworld		8.00 Blade Runner				10.00 The Running Man	
	303 WILD WORLDS	◂ 6.00 Kong: Skull Island		8.00 Godzilla x Kong: The New Empire				10.00 Gladiator II	
	304 GREATS	◂ 6.10 Enter the Dragon		8.00 Robin Hood: Prince of Thieves					10.25 High Plains Drifter
	305 ANIMATION	◂ 5.40 Scoob!	7.25 The Lego Batman Movie			9.20 Open Season 2			
	306 FAMILY	◂ 6.00 Hook			8.30 The SpongeBob Movie: Sponge Out of Water			10.15 Bookworm	
	307 ACTION	◂ 5.30 Black Hawk Down		8.00 Man of Steel					10.25 Mortal Kombat
	308 COMEDY	◂ 6.00 Just Go With It		8.00 The Hangover			9.45 The Hangover Part II		
	309 THRILLER	◂ 5.50 Ocean's Thirteen		8.00 Along Came a Spider				10.00 Sleepers	
	310 DRAMA	◂ 5.45 American Sniper		8.00 Lee				10.00 The Bodyguard	
	311 SCI-FI	◂ 6.00 The Chronicles of Riddick		8.00 Constantine				10.10 Blade	
	313 FILM4	◂ 6.50 Men in Black: International				9.00 BlackBerry			
SPORT	401 MAIN EVENT	◂ 5.00 Tennis – Live	7.30 EFL – Live: Southampton v Queens Park Rangers (Kick-off 8.00)						10.30 TGL – Live
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special						10.15 Match Officials Mic'd Up	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Southampton v Queens Park Rangers (Kick-off 8.00)						10.30 SPFL Round-Up
	405 CRICKET	7.00 ICC Men's T20 World Cup							
	410 TNT SPORTS 1	7.00 Sign Up – Into Football	7.45 UEFA Champions League – Live: Inter Milan v Bodo/Glimt (Kick-off 8.00)						10.30 PL Reload
	411 TNT SPORTS 2	◂ 6.30 Superbike...	7.30 Kenny Allstar's...	8.00 UEFA Champions League – Live: Bayer Leverkusen v Olympiacos (Kick-off 8.00)				10.00 Isuzu UTE...	10.30 A-League...

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

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6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** New edition From Newcastle. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Bear Grylls: Wild Reckoning** New edition Siblings reunite. (S)
2.30 **Marcus Wareing Simply Provence** Fish dishes. (S)(R)
3.00 **Escape to the Country** New edition From Shropshire. (S)
3.45 **Clean It, Fix It** (S)(R)
4.30 **Antiques Road Trip** New edition Antique-hunting in Lincolnshire. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 MasterChef: The Professionals

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Johnny tries to resolve an escalating situation, while Penny is torn over a life-changing decision. (S)(AD)

8 PM

8.00 **MasterChef: The Professionals** New edition 7/21. The judges welcome the next four chefs into the kitchen, who face a test set by 2022 champion Nikita Pathakji. (S)(AD)
■ Continues tomorrow

9 PM

9.00 **Silent Witness** New episode *Grace of God – Part Two:* 8/10. With Jack in prison, Nikki and the team work to prove their colleague's innocence before they are also arrested for their own transgressions. (S29) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Trying** New episode *Lift Me Up:* 7/8. Just as Nikki is told she has been promoted at work, Jason is given bad news. (S2) (S)(AD)
11.05 **Trying** Series finale *I'm Scared:* 8/8. The day of Karen and Scott's wedding arrives. (S2) (S)(AD)
11.35 **Dinosaur** 5/6. Nina hopes a work event might be just the distraction she needs. (S)(R)(AD)
12.05 AM 6/6. Nina wants to make things right. (S2) (S)(R)(AD)
12.30 **Would I Lie to You?** With guests Jonathan Ross, Kate Garraway, JB Gill and Michelle Wolf. (S)(R)
1.00 **Weather for the Week Ahead** (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.00 AM **Bear Grylls: Wild Reckoning**
6.30 **Escape to the Country** (S)(R)(AD)
7.15 **Bargain Hunt** (S)(R)(AD)
8.00 **Sign Zone: Marcus Wareing Simply Provence** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Unbeatable** Game show. (S)(R)
2.15 **The Boss** Quiz show. (S)(R)
3.00 **The Vintage French Farmhouse**
3.45 **Villages by the Sea** (S)(R)
4.15 **Oceans** Southern Ocean. (S)(R)
5.15 **Flog It!** From Hampshire. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Michelle Ackerley, Katie Derham, Karen Hauer and Geoff Norcott. (S)
6.30 **Do You Know Your Place?** New edition The quiz hosted by Vernon Kay heads to Cardiff. (S)

6.30 Do You Know Your Place?

7.00 **NEW SERIES Great British Menu** Four chefs from north west England compete with some blockbuster canapes, starters and fish dishes celebrating the British movie industry. (S)(AD)
■ Continues tomorrow

8.00 **Digging for Britain** 2/6. Alice Roberts heads to the south of England to see the earliest money made in Britain and a haul of Roman treasure that brings to life the fall of the empire in Britain. (S)(R)(AD)

9.00 **NEW The Zero Line: Inside Russia's War** One-off documentary about the war in Ukraine, using secretly filmed footage from Russian soldiers and civilians to expose the scale of horror unfolding on the Russian side. (S)(AD)

10.00 **QI** Guests Nabil Abdulrashid, Joe Lycett and Lou Sanders join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
10.30 **Newsnight** (S)
11.00 **FILM Malcolm X** Spike Lee's biopic starring Denzel Washington as the militant black leader, tracing Malcolm Little's transformation from zoot-suited Harlem gangster to controversial poltical activist. (S) (1992, 15, 190min) ★★★★
2.10 AM **Sign Zone: Death in Paradise** 4/8. An elderly parishioner is killed by a large cross. (S15) (S)(R)(AD)
3.10 **Sign Zone: The Walsh Sisters** 1/6. Drama. (S1) (S)(R)(AD)
4.00 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and his team are in Cirencester, Gloucestershire, where a jewellery collection helps pay for a trip to America and Henry Nicholls spends more than planned. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Summit

7.15 **The Martin Lewis Money Show: Live** New edition Ahead of tomorrow's Energy Price Cap announcement, Martin shares the information needed to take action when it is confirmed. (S)

8.00 **Emmerdale** Kim persuades Joe to test Graham's loyalty, while a farm emergency worries Cain. (S)(AD)
8.30 **Coronation Street** Jodie is tracked down by a girl called Olivia, and Bernie threatens to report Mal. (S)(AD)

9.00 **The Summit** New edition 5/8. The Mountain's Keeper gives one of the group a tough decision, while tensions increase in the group when they are forced to camp in the wild. (S)(AD)
■ Continues tomorrow

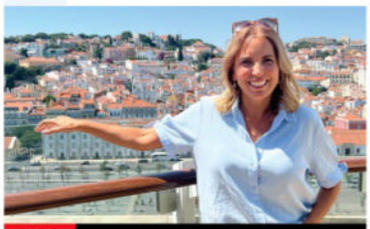
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **NEW TO ITV1 The Heat** A group of ambitious young chefs take on the hottest job of their lives – working in Barcelona with chef Jean-Christophe Novelli. Hosted by Olivia Attwood. *Previously shown on ITV2.* (S)(AD)
11.45 **The Summit** As 9pm. (S)(R)(AD)
12.35 AM **Teleshopping**
3.00 **Dermot O'Leary's Taste of Ireland** Dermot visits Kinsale in Co Cork, known as the gourmet capital of Ireland. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jeremy Pang's Hong Kong Kitchen** With chef Simon Rimmer. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 16-18/27. (S9) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 14-17/24. (S3) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition Twins Sara and Paula invite their rivals to their boutique hotel in Devon, The Horn of Plenty. (S)
5.30 **Come Dine with Me** New edition Jason plans a menu of Yorkshire's finest dishes on the second of the week's parties from Bradford. (S)
6.00 **A Place in the Sun** New edition A couple look for a property on the shores of Lake Como, Italy. (S)



8.00 Bargain Holiday Secrets

7.00 **News** (S)

8.00 **Bargain Holiday Secrets** New edition 4/5. Jasmine Harman hears from tourist industry insiders who present a guide to enjoying a city break without breaking the bank, from cheap flights to free luggage and top hotels. (S)(AD)

9.00 **Dirty Business** New episode 2/3. Fact-based drama about the dirty water scandal. A family search for answers when their eight-year-old daughter dies after playing on a beach. (S1) (S)(AD)
■ Concludes tomorrow

10.05 **Gogglebox** The armchair critics appraise *Black Mirror, Gladiators, Britain's Got Talent, Celebrity Bake Off, The1% Club* and *The Apprentice.* (S)(R)(AD)
11.05 **Gogglebox** (S)(SL)(R)(AD)
12.10 AM **999: What Happened Next** A violent carjacking leads to a dramatic car chase. (S)(R)(AD)
1.05 **Secret Genius** The final 12 players face a quickfire round. (S)(R)(AD)
2.00 **The Last Leg** (S)(SL)(R)
2.55 **The Tony Blair Story** (S)(R)(AD)
3.50 **Couples Come Dine with Me** (R)
4.40 **Sunday Brunch** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Good Ship Murder** *Sicily:* 6/8. The luxury liner sails to Sicily and a family saga begins to unfold. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition Mum-of-two Kayleigh teams up with two friends to start a girl group. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition A look at winter on Islay. (S)
6.05 **The Motorway** A freak hailstorm causes chaos for the patrollers as three cars crash. (S)(R)
6.55 **News** (S)

8.00 The Yorkshire Vet

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts, with team captains Sally Lindsay and Carol Vorderman joined by Nina Wadia and Russell Kane. (S)
7.55 **News** (S)

8.00 NEW SERIES **The Yorkshire Vet** Shona Searson rushes to an emergency calving, while Peter Wright's patient is a Samoyed – a dog originally bred for herding reindeer and pulling sleds in the Arctic. (S)

9.00 **Ben Fogle: New Lives in the Wild** New edition Ben travels to America to meet Randilyn, a woman on a perpetual walk across the country. He uncovers what first set her on this never-ending path. (S)

10.00 **Curfew** New episode 5/6. Pamela is shaken by new evidence that the killer is a woman, while Cass crosses a line at an event at the school. (S1) (S)
■ Concludes tomorrow

11.05 **Call the Bailiffs: Time to Pay Up** Documentary. (S)(R)(AD)
12.05 AM **Rogue Claimers** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Cleopatra: Seductress, Goddess, Murderer, Queen** Docudrama. (S)(R)
4.10 **Friends** (S3) (S)(R)(AD)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

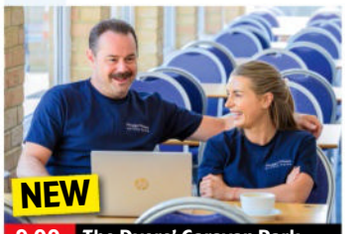
+1 hour 205 305 38 128 253

SKY ONE

NEW CHANNEL

106 106 109 346 361

6.00 AM **Road Wars** (R)
7.00 **Monkey Life** (S)(R)
8.00 **Big Cats: An Amazing Animal Family** (S)(R)(AD)
9.00 **Shark: British Isles Special with Steve Backshall** (S)(R)
10.00 **Promo Loop** (R)
12.00 NOON **Attenborough's Journey** Documentary. (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S13) (S)(R)
3.00 **S.W.A.T.** 1/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Lisa Gets an A:* Lisa cheats in an exam. (S)(R)
5.30 *Homer Simpson in Kidney Trouble:* Homer offers to donate a kidney to Grampa. (S)(R)
6.00 *Mayored to the Mob:* Homer is appointed bodyguard to Mayor Quimby. (S)(R)



9.00 The Dyers' Caravan Park

6.30 FILM **Man of Steel** Fantasy adventure exploring the origins of the iconic DC Comics character Superman, starring Henry Cavill, Amy Adams and Michael Shannon. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. With Kevin Costner, Diane Lane and Russell Crowe. (S) (2013, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9.00 NEW SERIES **The Dyers' Caravan Park** 1/6. Danny Dyer and his daughter Dani try their hands at running a holiday park in Kent, but face scepticism from residents and staff. *See feature, page 11.* (S)(AD)

10.00 **John Bishop 25 Tour: Live from Dublin** A performance recorded at the 3Arena in the Irish capital, in which the comedian marks 25 years since he stepped onto the stage with a show celebrating his career. (S)(R)

11.45 **Grimm** 1/22. First episode of the fantasy crime drama with David Giuntoli. Portland homicide detective Nick Burkhardt learns that he is descended from hunters tasked with protecting humanity. (S1) (S)(R)
12.45 AM **Police 24/7** (S)(R)
1.45 **The Force: Manchester** (S)(R)
2.35 **Road Wars** Vehicle crime. (R)
3.00 **Hawaii Five-0** 1/24. (S1) (S)(R)
4.00 **S.W.A.T.** 1/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City **10.40** Dinosaur **11.35** Scotcast **12.05am** Trying **1.00** Would I Lie to You? **1.30** Weather for the Week Ahead **1.35-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Spotlight **11.40** Industry **12.45am** Trying **1.40-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm The Truth About My Murder **11.20** Trying **12.15am** Black Waters: The Sea Empress Disaster **1.15-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Farm 999

WALES
Sky 968, Freesat 968
10.00am LIVE Snooker: The Welsh Open **4.30pm** First Minister's Questions **5.30-6.00** Villages by the Sea **7.00** LIVE Snooker: The Welsh Open **8.00-9.00** Great British Menu **11.00** Snooker: The Welsh Open **11.45** FILM Dark Waters (2019, 12, 120min) ★★★★ **1.45am** The Pembrokeshire Coast: A Wild Year **2.05-2.10am** The Best Dishes Ever

ITV1

As main ITV1 except:
WALES
10.45-11.45pm Sharp End

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Cegin Bryn: Tir a Môr **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Reform UK: Tu ol I'r Llenni **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Llyn **6.30** Sgorio **6.57** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion a'r Tywydd **9.00** Amour & Mynydd **10.00** Taith Bywyd **11.00-11.35pm** Y Fets

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall and the team visit Costa Rica.
7.30 **The Weakest Link** Romesh Ranganathan hosts a radio and podcast special.
8.15 **Alan Carr's Picture Slam** Contestants from London, Manchester and Haywards Heath take part in the quiz.
9.00 **RuPaul's Drag Race UK vs the World** New edition 5/8. The queens let their bodies do the talking as they star in silent movies, with direction from *Doctor Who* showrunner Russell T Davies. With guest judge Will Poulter.
10.10 **Dinosaur** 5/6. Nina hopes a work event might be just the distraction she needs. **10.35** 6/6. Nina wants to make things right. (S2)
11.00 FILM **Fall** Thriller starring Grace Caroline Currey. (2022, 15, 107min) ★★★
12.45 AM **Top Gear**
1.45 **Robbie Savage: Making Macclesfield FC**
3.45 **to 4.00** AM **Press X on the BBC**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Canals: The Making of a Nation** The people who operated the canal boats during Victorian times.
7.30 **Gareth Edwards' Great Welsh Adventure** Gareth and Maureen visit Llandudno.
8.00 **Keeping Up Appearances** Hyacinth invites the new vicar to her house for tea.
8.30 **Yes, Prime Minister** Jim is horrified at allegations of phone-tapping.
9.00 **Ardal O'Hanlon: Tomb Raider** The actor explores major archaeological finds in Ireland's history.
10.00 NEW **Storyville: Rebuilding Bucha** The fragile recovery of Bucha, Ukraine, years after the Russian occupation.
11.30 **Storyville: iHuman**
1.05 AM **Canals: The Making of a Nation** As 7.00pm.
1.35 **Romancing the Stone: The Golden Ages of British Sculpture**
2.35 **to 3.35** AM **British History's Biggest Fibs with Lucy Worsley**

MORE4

136/137 127 147 18 124 15

8.55 AM **The Perfect Pitch**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a classic 1960s Mercedes. **5.50** Fuzz and Tim restore a 1967 Aston Martin DB6.
6.50 **The Dog House Australia** Juliana and her three children are looking for a dog to enjoy the back garden in their new home.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend put their restoration skills to the test when they restore a Wolseley Hornet, a car that has no manual and needs rare parts.
9.00 **Saving Country Houses with Penelope Keith** New edition Secrets are unearthed at Staffordshire's Whitmore Hall. Ashby Manor's historic connections to the architect Edwin Lutyens are revealed, in both the house and in its gardens.
10.00 **24 Hours in A&E** Doctors treat a 75-year-old man who has suffered a stroke.
11.05 **24 Hours in A&E**
12.10 AM **Saving Country Houses with Penelope Keith**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons**
7.00 **Hollyoaks** Rex struggles with the truth he is hiding.
7.30 **The Simpsons** *Love Is in the N2-O2-Ar-CO2-Ne-He-CH4:* Professor Frink plays matchmaker.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Louis Theroux, Jenny Eclair, Russell Howard and Ovie Soko take part.
9.00 **Gogglebox** Opinions on *Heartstopper* and *The Circle*.
10.00 **Naked Attraction** Dog groomer Nico seeks a date.
11.05 **Dating Naked UK**
12.05 AM **Gogglebox**
2.10 **Naked Attraction**
3.00 **The Simpsons**
3.25 **The Goldbergs**
4.15 **Modern Family**
4.40 **Don't Tell the Bride**
5.35 **to 6.00** AM **Rude(ish) Tube Shorts**

TUESDAY Entertainment

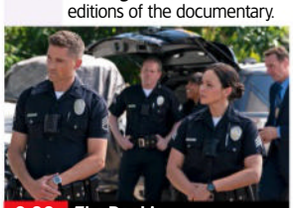
The Sky Max channel has ceased to broadcast

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: Canada's Front Line** Double bill.
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 1/13. (S6)
1.00 PM **The Rookie** 9&10/20. (S1)
3.00 **Law & Order: Criminal Intent** 4/23. An assistant district attorney takes the law into his own hands by gunning down a hired killer. (S2)
4.00 **Nothing to Declare** Six editions of the documentary.



9.00 The Rookie

7 PM
7.00 **Police 24/7** Officers respond to a domestic violence call and pursue people suspected of throwing rocks at cars.

8 PM
8.00 **Law & Order: Criminal Intent** *Disciple:* 10/16. Stevens thinks an innocent man may have been sent to the electric chair. (S9)

9 PM
9.00 **The Rookie** New episode *Fast Andy:* 2/18. The president visits Los Angeles, and Miles's instincts are tested. (S8)

10 PM
10.00 **Law & Order: Special Victims Unit** *Third Man Syndrome:* 8/13. Benson supports a home-bound witness. (S25)
11.00 **FBI** Double bill. (S6&5)
1.00 AM **Law & Order: Criminal Intent** 4/16. (S9)
2.00 **Matlock** New episode (S2)
3.00 **Law & Order: Criminal Intent**
4.00 **Road Wars**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **The Sopranos** 8&9/21. (S6)
10.00 **The White Lotus** 3-5/7. (S2)
1.40 PM **The White Lotus** 6/7. Lucia helps the Di Grassos search for long-lost relatives.
3.00 7/7. Tanya grows wary of Quentin's motives. (S2)
4.30 1/8. New guests arrive at the Thailand resort.
5.40 2/8. Kate and Jaclyn discuss Laurie's divorce. (S3)
6.50 **Game of Thrones** 3/10. Maester Luwin helps Bran. (S2)

10.10 Euphoria

7.55 **Game of Thrones** *Garden of Bones:* 4/10. Tyrion struggles to find a way to curb Joffrey's excesses, and Daenerys arrives at the walled city of Qarth. (S2)

9.00 **Succession** *Nobody Is Ever Missing:* 10/10. Logan finds himself in defence mode as word of the takeover bid spreads. (S1)

10.10 **Euphoria** *Bonnie and Clyde:* 5/10. Nate and Maddy have to face the police in the aftermath of the carnival. (S1)
11.15 **Euphoria** 6/10. Harper is blindsided by evidence.
12.20 AM 7/10. Harper gets real with Cam and Daphne.
1.25 8/10. Ethan grows suspicious of Cam. (S1)
2.40 **Game of Thrones** (S2)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.20 **Real Housewives of Beverly Hills** Reality series.
12.15 PM **Dinner Date**
2.15 **The Only Way Is Essex**
3.15 **Real Housewives of Orange County** Reality series.
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

9.00 The Heat

7.00 **Deal or No Deal** Stephen Mulhern hosts as Wendy takes on the banker for the chance to win life-changing money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 **NEW SERIES The Heat** Olivia Attwood hosts as a group of young chefs work in Barcelona with Jean-Christophe Novelli.

10.00 **Family Guy** 8/20. Brian finds out uncomfortable truths about a hero.
10.30 10/20. Peter gets a job as a nurse. (S19)
11.00 **Family Guy** (S18&17)
11.55 **American Dad!** (S14)
12.55 AM **Bob's Burgers** 7/22. (S13)
1.20 **The Real Housewives of Orange County** New edition The reunion continues.
2.10 **to 3.00** AM **Grosse Pointe Garden Society** New episode

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Dead Man's Eleven:* A wealthy landowner's wife is found battered to death with a bat.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Take Three Girls:* Anti-fur protester Sue Padgett finds herself in deep trouble.

8.00 Vera

6.55 **Heartbeat** *Hey Hey LBJ:* Joe suspects the sudden disappearance of a teenage girl has something to do with her boyfriend.

8.00 **Vera** *Black Ice:* The detective investigates when a seemingly beloved resident of a coastal community is fatally driven off the road.

10.00 **Endeavour** *Icarus:* Morse investigates the sudden disappearance of a teacher from a secretive public school.
11.50 **Trial & Retribution** 5/6. Part one of two. Satchell witnesses a gangland killing.
12.50 AM 6/6. Part two of two. Satchell wants to confront the Bilkins gang head-on, but Walker urges caution. (S12)
1.50 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.10 **Magnum, PI**
9.15 **Kojak**
10.20 **Boon**
11.25 **The Sweeney**
12.30 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.40 **Kojak**
3.45 **Boon**
4.50 **The Sweeney** *Thou Shalt Not Kill:* A bank robbery turns into a hostage crisis.
5.55 **Minder** *PoeticJustice, Innit:* Terry's girlfriend Debbie gets caught up in a robbery.

8.00 World Superbike Highlights

7.00 **More Than Machine** New edition The trials and tribulations of competing in rally driving at the highest level.

8.00 **World Superbike Highlights** Action from the opening round at Australia's Phillip Island Grand Prix Circuit.

9.00 **Ice Road Truckers** Lisa Kelly has a close encounter with an 18-wheeler on the Dalton Highway.

10.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa and Jon Moxley.
12.00 M'T **Dark Side of the Ring** Investigating the story of Jimmy Snuka, whose girlfriend died in their motel room.
12.55 AM **Auf Wiedersehen, Pet**
1.55 **Shardlake**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Harbour** Alan Cowper's daughter tries out for Scotland's under-15s football team.
8.00 **NEW SERIES This Farming Life** Dairy farmers Lucy and Adam risk it all with a huge financial gamble.
9.00 **NEW SERIES Murder Case: The Hunt for Arlene Fraser's Killer** 1/2. A look at the 1998 disappearance of an Elgin mother-of-two.
10.00 **Scotland: The Promised Land** How Scotland was shaped politically and culturally after World War One.
11.00 **Scotcast** Martin Geissler hosts topical discussion.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** Scotland's complex history of race crime.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Ballers** 1&2/10. (S2)
10.20 **Sex and the City** (S3)
11.30 **Entourage** (S5)
12.30 PM **Will & Grace** (S6)
1.30 **Sex and the City** (S3)
2.40 **Ballers** 3&4/10. (S2)
3.50 **And Just Like That...**
4.45 **The Office (US)** (S3)
5.45 **Will & Grace** (S6)
6.45 **Community** (S1)
7.45 **Sex and the City** 15/18. Samantha helps plan a bat mitzvah.
8.20 16/18. Carrie holds a seminar. (S3)
9.00 **FILM The Death of Stalin** Political satire with Andrea Riseborough and Jason Isaacs. (2017, 15, 106min) ★★★★
11.05 **And Just Like That...** 5/12. Charlotte and LTW go glamping. (S3)
11.55 **Community** (S1)
12.55 AM **Entourage** (S5)
1.55 **Ballers** (S1&2)
3.05 **Curb Your Enthusiasm**
3.45 **to 5.00** AM **Veep**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Van Gogh by Vincent**
3.00 **Anyone Can Sing**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Garbo: Where Did You Go?** Portrait of the icon.
9.55 **Becoming Marilyn**
11.10 **Buster Keaton: The Genius Crushed by Hollywood**
12.10 AM **The V&A Presents Alice: Curiouser and Curiouser**
2.00 **Landscape Artist of the Year** New edition
3.00 **Erotic Adventures of Anais Nin**
4.30 **Inside Art**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 7/20. (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager** (S6)
7.00 **Star Trek: The Next Generation** 15/26. (S7)
8.00 **Primeval** 2/7. Connor sets out to develop an anomaly detector. (S2)
9.00 **Fire Country** 8/22. (S1)
10.00 **FBI: International** (S1)
11.00 **Grimm** 20/22. (S5)
12.00 M'T **Warrior** 3/10. (S1)
1.00 AM **Cop Squad**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Zee tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the quiz hosted by Adil Ray.
9.00 **Wheel of Fortune** Graham Norton hosts the game show as business strategist Mubeen, theatre technician Emma, and ambulance controller Paddy compete to solve word puzzles.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location** House-hunters in Kent and Edinburgh.
7.00 **The Roman Empire by Train with Alice Roberts** Exploring Rome.
8.00 **Sailing the Shipping Forecast with the Rev Richard Coles**
9.00 **Night Coppers** A football fan has been knocked out.
10.00 There is a gas leak at a petrol station.
11.05 **Secret Genius**
12.10 AM **24 Hours in A&E**
1.10 **Ramsay's Kitchen Nightmares USA**
2.15 **Gogglebox** Double bill.
4.20 **to 4.50** AM **Travel Man: 48 Hours In Malmö**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 6/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 7/26. (S6)
2.00 **Primeval** 3&4/7. (S2)
4.00 **Stargate SG-1** 21/22. (S2)
5.00 **Star Trek: Voyager** 9/26. (S2)
6.00 **Star Trek: The Next Generation** 6/26. An intern learns her true heritage and faces a challenging question. Guest stars Olivia D'Abo. (S6)

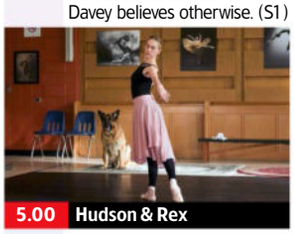
11.15 Wynonna Earp

7.00 **Star Trek: Deep Space Nine** *You Are Cordially Invited:* 7/26. Worf brings forward his wedding to Dax. (S6)
8.00 **Stargate SG-1** *1969:* 21/22. The team are propelled back to 1969 and come under suspicion at a military base. (S2)
9.00 **Westworld** *Les Ecorches:* 7/10. Maeve is faced with a scene from her past, and Bernard meets up with an old friend. (S2)
10.10 **The Leftovers** *A Most Powerful Adversary:* 7/10. Nora gives Kevin and Jill some news, while Laurie makes a decision. (S2)
11.15 **Wynonna Earp** 12/12. The time has come to neutralise the family curse. (S3)
12.05 AM **True Blood** 5/12. Sookie bonds with a debilitated Eric. **1.05** 6/12. Sookie sets out in search of Jason. (S4)
2.05 **Primeval** 3&4/7. (S2)
4.00 **Wynonna Earp** As 11.15pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 7/13. (S7)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **The Coroner** (S1)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S12&13)
4.00 **The Mentalist** 7/13. (S7)
5.00 **Hudson & Rex** 7/16. An instructor at a prestigious ballet school dies mysteriously. (S6)
6.00 **The Coroner** 2/10. A body washes ashore, and Jane thinks it's a botched sea burial – but Davey believes otherwise. (S1)


5.00 Hudson & Rex

7.00 **Father Brown** *The Labyrinth of the Minotaur:* Lady Felicia's wayward niece Bunty finds herself suspected of murder.
8.00 **Death in Paradise** *Murder on Mosquito Island:* 6/8. A survival course goes tragically wrong when the leader is found dead. (S9)
9.00 **Father Brown** *The Last Supper:* A food fayre comes to Kembleford – bringing murder with it.
10.00 **Death in Paradise** *Melodies of Murder:* 8/8. A reggae band's reunion is blighted when the guitarist is found dead. (S7)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S9)
1.00 AM **The Company You Keep** 6/10. Birdie reaches out to an old flame to help the family steal a painting. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.20 **Dad's Army**
10.00 **Are You Being Served?**
10.35 **Porridge**
11.15 **Keeping Up Appearances**
11.55 **Last of the Summer Wine**
1.10 PM **The Green Green Grass**
1.50 **dinnerladies**
2.30 **Dad's Army**
3.05 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

10.15 Not Going Out

7.00 **Porridge** Fletcher takes on the role of agony aunt for his fellow inmates.
7.35 **Dad's Army** Mainwaring has too much to drink and suffers a hangover during a weekend course.
8.20 **dinnerladies** The first episode of the comedy starring Victoria Wood.
9.00 **dinnerladies** The staff await a royal visit, but first Stan has to pick a toupee. **9.35** Bren's mother Petula wreaks havoc and incurs Stan's wrath.
10.15 **Not Going Out** Lee wins £1,000 in a writing competition.
10.55 **Keeping Up Appearances** Emmet rehearses a musical production.
11.30 **dinnerladies** Double bill.
12.40 AM **Not Going Out** As 10.15pm.
1.20 **The Green Green Grass**
2.00 **Don't Wait Up**
2.30 **Not Going Out** As 10.15pm.
3.10 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Dave Gorman: Modern Life Is Goodish**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Speed with Guy Martin**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **World's Most Dangerous Roads** From Albania.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** From Thailand.
6.00 **Rick Stein's Long Weekends** The chef visits Thessaloniki.

11.00 Taskmaster

7.00 **Would I Lie to You?** With Richard Osman, Robert Rinder, Katherine Ryan and Denise Lewis.
7.40 **Richard Osman's House of Games** With Ingrid Oliver and Tom Rosenthal. **8.20** With Ade Adepitan, Jean Johansson, Stephen Mangan and Vikki Stone.
9.00 **QI XL** Guests Jan Ravens, Jimmy Carr and Clive Anderson join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, with Reginald D Hunter and Charlene White.
11.00 **Taskmaster** Paul Sinha shows off his full acting range.
12.00 M'T **Mock the Week** With Angela Barnes and Ed Byrne.
12.40 AM **Mock the Week Christmas Special**
1.20 **Would I Lie to You?**
2.00 **to 4.00** AM **Hypothetical**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **All Creatures Great and Small** 10/14. James runs into trouble at the dog track. (S3)
3.20 **Howards' Way**
4.30 **Shakespeare & Hathaway: Private Investigators**
5.30 **Porridge**
6.05 **Last of the Summer Wine**

8.00 Whitstable Pearl

7.20 **Last of the Summer Wine** After seeing a man skiing on a van roof, the pals are intrigued to discover it is an old friend.
8.00 **Whitstable Pearl** *The Offer:* 3/6. Molly Stratton asks Pearl for help when she receives anonymous threats.
9.00 **Whitstable Pearl** *The Gumshoe and the Femme Fatale:* 4/6. After changing her will, an ageing actor is attacked. (S2)
10.00 **New Tricks** *Painting on Loan:* A painting in the Queen's private collection is found to be a fake. Guest stars Anthony Head.
11.20 **Shakespeare & Hathaway: Private Investigators** 1/10. A pampered dog runs away from a life of luxury. (S2)
12.20 AM **Waking the Dead**
1.40 **Porridge**
2.15 **Birds of a Feather**
3.00 **to 4.00** AM **Copper**

+1 hour 243 316 60 260

Tuesday

7 PM
8 PM
9 PM
10 PM

U&Drama is now up here

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 10-12/19. (S5)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Murder 2.0:* 6/25. A serial killer begins posting footage of his crimes online. **7.00** *Collateral Damage:* 7/25. The team investigate when a security guard is killed during a bank robbery. **8.00** *Cloak:* 8/25. Gibbs sends DiNozzo and Ziva on a decoy mission as they try to catch a spy in the NCIS. (S6)
9.00 **Law & Order** New episode *Big Brother:* 3/22. Riley's personal and professional lives clash when his brother is connected to a murder. (S24)
10.00 **Law & Order: Special Victims Unit** (S21&20)
1.45 AM **Person of Interest**
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Street Cops: Catching the Yobs** A stabbing leaves a teenager in critical condition.
10.00 **999: Critical Condition** A man is injured after being trapped in his car.
11.00 **Skin A&E**
12.00 M'T **999: Killer on the Line** Documentary.
12.55 AM **GPs: Behind Closed Doors** Medical series.
1.55 **Casualty 24/7: Every Second Counts**
2.45 **The Vanishing Triangle**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
12.00 NOON **FILM The Hired Hand** Western drama. (1971, 12, 93min) ★★★
1.55 PM **FILM War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Dog handler Darren tries to end a rooftop stand-off. **7.00** Paul engages in a high-speed pursuit in Stockton-on-Tees.
8.00 **Motorway Cops: Catching Britain's Speeders** PC Anderson races to a hit-and-run. **9.00** Humber Bridge staff call police about a car smelling of cannabis.
10.00 **Police: Suspect No 1**
11.00 **Banged Up Abroad**
12.00 M'T **Extreme Tow Truckers** Documentary.
1.05 AM **Ice Road Truckers**
2.05 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake** Documentary.
8.00 **One Born Every Minute** A couple focus on their new adventure. **9.00** A couple receive some worrying news.
10.00 **Ambulance Australia** Responders rush to the scene of a chemical attack at the Consulate General of Argentina. **11.00** The responders deal with some New Year's Eve madness.
12.00 M'T **Louis Theroux: Under the Knife**
1.00 AM **Louis Theroux: Law & Disorder in Lagos**
2.00 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **The Great War in Numbers** Documentary.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **The Great War in Numbers** Documentary.
6.00 **Antiques Roadshow**
7.00 **Caribbean with Simon Reeve** The adventurer heads to Nicaragua, Honduras and Jamaica.
8.00 **Bangers & Cash: Restoring Classics** A 1973 Ford Escort Mexico becomes the team's most expensive purchase to date.
9.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering**
2.00 **to 3.00** AM **War Factories**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** North Yorkshire.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: What Happened Next**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip**
9.00 **Who Do You Think You Are?** Sue Perkins traces her ancestry.
10.00 **Long Lost Family: What Happened Next** The story of a woman who wanted to find her US Air Force father.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Really has moved to here

TUESDAY Entertainment

Really has moved to the previous page – we now list Together TV

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 12-14/24. (S8)
1.00 PM **The Waltons** (S4)
3.00 **Ballykissangel** (S3)
4.10 **Born and Bred** (S1)
5.20 **Doctor Finlay** 4/6. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 18/24. Hawkeye writes to his father. **8.00** 19/24. Hawkeye decides to donate his long johns to Trapper. **8.30** 20/24. The 4077th must tackle an unexploded bomb. (S1)
9.00 **Brush Strokes** Triple bill of the sitcom. (S5)
11.00 **The New Avengers** 11/13. The trio set out to uncover the truth about a typhoon that caused chaos in 1969. (S2)
12.00 M'T **The Avengers** (S5)
1.00 AM **M*A*S*H** (S1)
2.25 **A Fine Romance** (S1)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 11/30. (S1)
12.00 NOON **FILM The Tall Men** Western. (1955, PG, 122min) ★★★
2.30 PM **FILM Seminole Uprising** Western. (1955, PG, 74min) ★★
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S5)
8.00 **The Baron** (S1)
9.00 **FILM Beyond the Law** Thriller starring DMX and Steven Seagal. (2019, 15, 89min) ★
10.55 **FILM Hours** Thriller. (2013, 12, 93min) ★★
1.00 AM **The Baron** (S1)
2.00 **The Avengers** (S5)
2.55 **Police Ten 7**
3.20 **FILM Disaster Zone: Volcano in New York** Thriller. (2006, 12) ★★
4.50 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Ruby Herring Mysteries: Silent Witness** (2019, PG) ★★
10.05 **Castle** 20&21/23. (S6)
12.05 PM **FILM An Aurora Teagarden Mystery: Three Bedrooms, One Corpse** Crime drama. (2016, PG, 84min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 22&23/23. (S6)
9.00 **FILM An Aurora Teagarden Mystery: The Julius House** Thriller. (2016, PG, 90min) ★★
10.55 **FILM Garage Sale Mysteries: The Art of Murder** Crime drama. (2017, PG, 95min) ★★
12.50 AM **FILM Lies and Deception** Thriller. (2005, PG, 82min) ★
2.25 **FILM Amber Alert** Thriller. (2016, PG) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM **FILM Key to Love** Drama. (2023, U) ★★
10.20 **FILM Love at Lookout Lake** Romantic comedy. (2025, U, 89min) ★★
12.20 PM **FILM North to Home** Drama. (2022, PG) ★★
2.15 **FILM A Snapshot of Forever** Comedy. (2022, PG, 86min) ★★
4.10 **FILM The Perfect Bride** Romantic comedy. (2017, PG, 84min) ★★
6.05 **FILM The Perfect Bride: Wedding Bells** Romantic drama. (2018, PG, 84min) ★★
8.00 **FILM Eat, Drink and Be Married** Romantic drama. (2019, U, 89min) ★★
9.50 **FILM Truly, Madly, Sweetly** Drama. (2018, PG, 82min) ★★
11.45 **FILM Frozen in Love** Drama. (2018, PG) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Snapshot of Forever**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Edwardian Farm**
1.15 PM **Rick Stein's Food Stories** Jerk chicken.
2.00 **Love Your Garden**
3.00 **Flipping Profit**
4.00 **New Home DIY**
5.00 **The Greatest Auction**
6.00 **My Floating Home**
7.00 **Garden Rescue**
8.00 **Love Your Garden** Alan Titchmarsh helps create a Bollywood dream garden in Hemel Hempstead.
9.00 **Supermarket Secrets Revealed** Documentary.
10.00 **FILM On the Game** Comedy with Lloyd Lamble and Gloria Maley. (1974, 18, 90min) ★★
12.00 M'T **FILM Can You Keep It Up for a Week?** Bawdy comedy. (1974, 18, 94min) ★
2.00 AM **My Floating Home**
3.00 **Edwardian Farm**
4.15 **to 5.00** AM **Rick Stein's Food Stories**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Jukebox Rewind**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn Street...**
12.30 PM **The Top Secret...**
1.00 **The Prime of Miss Jean Brodie** 5/7. (S1)
2.00 **Boon** 6/13. (S3)
3.00 **Bubblegum & Cheese**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S3)
6.30 **The Fenn Street Gang**
7.00 **The Top Secret Life of Edgar Briggs** 12/13. (S1)
7.30 **The Brian Conley Show**
8.00 **Boon** 6/13. (S3)
9.00 **McCallum** Drama.
10.00 **Drop the Dead Donkey**
10.30 **Naughty!** Documentary.
12.15 AM **Stereo Underground**
1.15 **Hank the Cowboy**
1.30 **Soap** 21/25. (S1)
2.30 **Dark Skies** 16/20. (S1)
3.30 **Drop the Dead Donkey**
4.00 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** In South Africa.
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A second major storm hits the fleet. **8.00** The fleet battle against mental and physical breakdown.
9.00 **Hoffman Family Gold** State inspectors make a surprise visit to the mine.
10.00 **Deadliest Catch**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Adam Richman Eats Italy** Double bill.
7.00 **The Hairy Bikers' Northern Exposure**
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals for Every Day** Double bill.
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Delicious** Watercress.
1.30 **James Martin: Sweet**
3.00 **The Hairy Bikers' Northern Exposure**
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
10.30 **Mary Berry's Foolproof Cooking**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 12/26. (S5)
9.00 **The A-Team** 17/23. (S4)
10.00 **The Invaders** 15/17. (S1)
11.00 **FILM Zodiac: Signs of the Apocalypse** Thriller. (2014, PG, 90min) ★
1.00 PM **FILM Gunfighters** Western adventure. (1947, PG, 87min) ★★
3.00 **FILM Last of the Mohicans** Adventure. (1977, U, 97min) ★★
5.00 **Star Trek** 22/26. (S2)
6.00 **The Invaders** 16/17. (S1)
7.00 **The A-Team** 18/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Lawless** Crime drama with Tom Hardy and Shia LaBeouf. (2012, 18, 111min) ★★★★
11.15 **FILM The Outsider** Thriller. (2014, 15) ★★
1.10 AM **FILM Vengeance: A Love Story** Thriller. (2017, 15, 99min) ★★
3.10 **to 5.00** AM **FILM The Hatton Garden Job** Drama. (2017, 15) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Gambler V: Playing for Keeps**
11.00 **The Lost World** (S2)
12.00 NOON **FILM Geo-Disaster** Drama. (2017, 12, 90min) ★
2.00 PM **The Gambler V: Playing for Keeps**
4.00 **Walker, Texas Ranger**
5.00 **FILM Island of Terror** Sci-fi horror starring Peter Cushing. (1966, PG, 90min) ★★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** (S2)
9.00 **FILM Night Hunter** Thriller starring Henry Cavill, Ben Kingsley and Alexandra Daddario. (2018, 15, 88min) ★★
11.00 **FILM Code Name: Geronimo** Action drama starring Cam Gigandet. (2012, 15, 96min) ★★
1.00 AM **FILM Night Hunter**
3.00 **FILM Island of Terror**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Wood Green.
6.40 **NEW SERIES Canadian Pickers**
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Swamp People**
1.05 PM **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly** New edition
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Junk & Disorderly**
10.00 **Rust Valley Restorers**
11.00 **Road Wars**
12.00 M'T **Bermuda Triangle**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **Swamp People**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Ben Fogle: New Lives in the Wild** Utah
12.00 NOON **Walking Wartime Britain**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **Scenic Railway Journeys**
6.00 **The Queen Mary: Great British Royal Ships**
7.00 **Walking Wartime Britain** South Wales.
8.00 **Ben Fogle: New Lives in the Wild** Sweden.
9.00 **The Hotel Inspector** Alex Polizzi helps a West Midlands hotel owner.
10.00 **Rich House, Poor House**
11.00 **Rich Holiday, Poor Holiday** Reality series.
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Louisa Lytton and Zoe Ball compete.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Who Wants to Be a Millionaire? Olympic Special** Contestants include Roger Black and Jonathan Edwards.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** The Rev Kate Bottley, Dr Ranj Singh, Georgia Toffolo and Ed Byrne compete.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 4/24. The gang learn Sheldon has a best friend he has never mentioned before. **8.30** 5/24. Howard and Raj clash over a show at the planetarium. (S12)
9.00 **Mock the Week** Comedy panel show with a standup twist, hosted by Dara O Briain.
10.00 **FILM Zoolander** Comedy starring Ben Stiller, Owen Wilson and Christine Taylor. (2001, 12, 89min) ★★★★
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Impractical Jokers: The Inspired Unemployed**
10.00 **Everybody Loves Raymond** (S2)
12.00 NOON **Michael McIntyre's The Wheel**
1.00 PM **Friends** (S1)
9.00 **FILM Shanghai Knights** Action comedy sequel starring Jackie Chan and Owen Wilson. (2003, 12, 109min) ★★★
11.15 **Kevin Bridges: The Brand New Tour** Stand-up from 2018.
12.15 AM **Whose Line Is It Anyway? USA**
1.15 **South Park** (S12)
2.45 **Rosie Jones Tries to Help** With Tom Allen.
2.50 **Al Murray: One Man, One Guvnor Uncut**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Spin City** 3&4/24. (S2)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 19-22/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers: The Inspired Unemployed**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 3&4/24. (S2)
7.00 **Everybody Loves Raymond** (S2)
10.00 **Friends** 7-12/24. (S1)
1.00 AM **The Ricky Gervais Show** Double bill.
2.00 **Utopia** 3/8. (S2)
2.30 **Teachers** 15/20. (S2)
3.00 **Reno 911!** (S5)
3.45 **Jimmy Carr's Am I the A**hole?** A woman obsessed with STI checks.
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.55 **Steptoe and Son** (S1)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S2)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 11/15. (S3)
2.45 **Minder** 13/13. (S3)
3.50 **Just Good Friends** (S2)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** Sitcom. (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.05 **Some Mothers Do 'Ave 'Em** 6/6. (S2)
6.45 **Rising Damp** 2/8. (S2)
7.15 **Whatever Happened to the Likely Lads?**
7.55 **Minder** 8/10. (S5)
9.00 **Benidorm** 4/7. (S4)
9.55 **Shameless** 4/8. (S4)
11.00 **Man About the House**
11.30 **Rising Damp** 3/6. (S4)
12.00 M'T **Benidorm** 4/7. (S4)
1.00 AM **Minder** 8/10. (S5)
2.00 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: The TV Show**
10.00 **Catfish: The Dramatic**
11.00 **Catfish: The TV Show**
4.00 PM **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Catfish: The TV Show**
8.00 **The Hills** Double bill.
9.00 **Just Tattoo of Us**
10.00 **Dating Naked**
11.00 **Black Ink Crew New York** New edition Dutchess and Ceaser meet for the first time since their break-up.
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Lolo endure some pain in the butt. **12.30** AM Series finale
1.00 **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality series.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
10.30 **Discovery Changed My Life**
11.00 **Diesel Brothers**
12.00 NOON **Overhaulin'**
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** The Raneys receive a request from a family in Missouri. **6.00** The Raneys must move a cabin into the flood zone as Marty's dam is put to the test.

9.00 Gold Rush

7.00 Wheeler Dealers Mike Brewer and Ant Anstead bring a sought-after 1965 Austin-Healey 3000 MKIII to auction.

8.00 The Best of Wheeler Dealers Mike and Ant share their favourite moments from the series.

9.00 Gold Rush New edition Tony's crew members defect to Parker's, leaving him to rely on less experienced operators.

10.00 Ed Stafford's Rite of Passage The adventurer explores how different cultures mark the transition to manhood.

11.00 **Deadliest Catch** Sig and Keith risk fishing far from land, while Johnathan strategically sets pots near a submarine volcano.
1.00 AM **Gold Rush** As 9.00pm.
2.00 **Ed Stafford's Rite of Passage** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked**
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** The zoo's lone tree kangaroo gets a new mate. **4.00** The bat-eared fox becomes a zoo ambassador.
5.00 **Lone Star Law** The wardens investigate a jet-ski accident.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff faces a surgery he has never performed before.

6.00 Dr Jeff

7.00 Treehouse Masters Two tastemakers hire Pete Nelson to create a treetop structure with a wall of windows and a crow's nest.

8.00 The Pool Master A restaurant owner and his family want an oasis in their desert garden to fit their ultra-organic lifestyle.

9.00 Alaska: The Last Frontier Atz Lee races to restore the fuel supply, and Charlotte tries to save a newborn calf.

10.00 Alaskan Bush People Billy gives daughter Rain major responsibility as barn construction goes full bore at the ranch.

11.00 **Mountain Monsters** The team enter the Dark Forest, where they are searching for the Woman of the Woods.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Air Jaws Strikes Back**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Pirates: Behind the Legends**
11.00 **Nazi Megastructures: Battle Ready** Documentary.
12.00 NOON **Colossal Machines**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **The Secrets of Pompeii's Dead: Drain the Oceans**
5.00 **Ice Road Rescue** The police put Thord under pressure to rescue a truck from a tunnel.
6.00 **Toronto Airport Uncovered**

10.00 Hidden Histories

7.00 Air Crash Investigation The 1985 Manchester runway disaster, in which an aircraft's engine failed, causing 55 deaths.

8.00 World War II: The Apocalypse How Jewish and Polish prisoners were forced into slave labour in Nazi-occupied France.

9.00 World War II: The Apocalypse Featuring footage of battles in Asia, Stalingrad and Egypt.

10.00 Hidden Histories James Holland explores key events of World War Two, beginning with the Battle of Monte Cassino.

11.00 **Air Crash Investigation**
12.00 M'T **Inside Sydney Airport** Storms close the runways.
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Forged with Steele**
9.15 **Pawn Stars**
10.10 **Storage Wars** Four editions.
12.00 NOON **Hitler's Engineers**
1.00 PM **Britain's X Files**
2.00 **Secrets in the Sand**
3.00 **Secrets in the Jungle** Triple bill of editions, including at: **5.00** Paleontologists discover a near-perfect fossil.
6.00 **American Pickers** Robbie Wolfe and Jersey Jon Szalay inspect drag-race memorabilia.

8.00 Weird Britain

7.00 Forged in Fire The two final competitors re-create one of the most intricate weapons in history, the steel crossbow.

8.00 Weird Britain Andy McGrath explores the mysteries of Herefordshire, one of England's most rural counties.

9.00 NEW SERIES **Britain's X Files** Investigative journalist Tim Tate reveals government investigations into the paranormal.

10.00 Secrets in the Sand New edition Examining extraordinary curiosities once concealed within the planet's desert sands.

11.00 **Secrets in the Dark** In the ancient Burnt City of Shahre Sukhteh, Iran, archaeologists uncover a remarkable discovery – the oldest-known prosthetic eye, made of gold.
12.00 M'T **Mystery Places**
2.50 AM **Britain's X Files**
3.40 **Weird Britain** As 8.00pm.
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Mel Gibson**
8.00 **The Directors**
9.00 **100 Foot Wave**
10.00 **Elvis Presley: The Searcher**
2.00 PM **Red Elvis: The Cold War Cowboy** Documentary about a pop star who defected to the Soviet Bloc in the 1970s.
3.50 **My Icon: Kadeen Corbin**
4.00 **Discovering: Mel Gibson**
5.00 **The Directors**
6.00 **100 Foot Wave** 2/6. After many setbacks, Garrett catches a wave that changes everything.

8.00 An American Bombing

7.00 History of the Sitcom 2/8. Comedy shows set in the workplace, which offer insights into the state of the US workforce.

8.00 An American Bombing: The Road to April 19th The surge in homegrown political violence in the US through the story of the 1995 Oklahoma City bombing, showing the roots of anti-government sentiment and its reverberations.

10.00 The Bambers: Murder at the Farm 3/4. Jeremy's relationship with his parents comes under the microscope.

11.00 **The Bambers: Murder at the Farm** 4/4. Jeremy Bamber is imprisoned for life but decides to challenge the verdict.
12.00 M'T **The Two Escobars**
2.00 AM **Showbiz Kids** The impact of working as a child actor in the entertainment industry.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Mel Gibson**

Tuesday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried: Classic Combine**
3.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried: Classic Cars**
9.00 **Richard Hammond's Workshop** New edition Things appear to be on the up when the team land a Morgan job.
10.00 **Guz Khan's Custom Cars** Guz fits air ride suspension to his Honda.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Combine**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops Detroit**
7.00 **Forensic Detectives**
9.00 **FBI Files**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Murder in the Heartland** Documentary.
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Body Cam** New edition A lone officer must keep her cool to safely detain a homicide suspect.
10.00 **Scene of the Crime with Tony Harris**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** How the village of Bosham, West Sussex, was rocked by the death of Valerie Graves.
8.00 **48 Hours** New edition Erin Moriarty looks into the case of college student Catina Salarno.
9.00 **Storm of Suspicion** New edition The body of Cliff Carden is found in the Sequatchie River.
10.00 **Secrets of a Murder Detective** New edition The case of 14-year-old Nathaniel Shani, who was fatally stabbed in Manchester in 2023.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Secrets of a Murder Detective** As 10.00pm.
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **48 Hours** Amie Harwick.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective**
4.00 **48 Hours** Las Vegas investigative reporter Jeff German makes his own headlines.
5.00 **Medical Detectives** A grandmother is found dead in her hotel room. **5.30** Two brothers whose rocky relationship ended in disaster. **6.00** A clue suggests a killing could be linked to a previous murder. **6.30** The discovery of a hidden fingerprint helps detectives solve a case.
7.00 **Judge Judy** Back-to-back real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation**
12.00 NOON **What the Killer Did Next** Documentary.
1.00 PM **Killer in My Village**
2.00 **Forensics: Catching the Killer** Double bill.
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** **9.00** New edition Paul McNaughton.
10.00 **World's Most Notorious Killers**
11.40 **Police 24/7**
12.35 AM **World's Most Evil...**
1.30 **What the Killer Did...**
2.30 **Murders That Shocked...**
3.30 **Murdered at First Sight**
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **1066: A Year to...**
9.35 **WW2: Battle of Crete**
10.45 **Weathered: Earth's...**
11.55 **Mafia's Greatest Hits**
1.00 PM **1066: A Year to Conquer England**
2.30 **WW2: Battle of Crete**
3.40 **Weathered: Earth's...**
4.55 **Mafia's Greatest Hits**
6.00 **1066: A Year to Conquer England**
7.15 **WW2: Battle of Crete**
8.30 NEW SERIES **Weathered: Earth's Extremes** 1/6. Maiya May journeys across America to explore climate tipping points. **9.00** New edition 2/6. Maiya visits a community that relocated due to climate change.
9.35 **Mafia's Greatest Hits**
10.45 **1066: A Year to Conquer England**
12.00 M'T **WW2: Battle of Crete** Documentary.
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/145 113/114 135 354 369

6.00 AM **Amazing Animal Friends**
7.00 **Monkey Life**
8.00 **Africa's Claws and Jaws**
9.00 **Hope for Wildlife**
10.00 **Great Blue Wild**
11.00 **Ningaloo: Australia's Ocean...**
12.00 NOON **Brazil Untamed**
1.00 PM **Monkey Life**
2.00 **Africa's Claws and Jaws**
3.00 **Hope for Wildlife**
4.00 **Great Blue Wild**
5.00 **Wildlife Icons**
6.00 **Brazil Untamed**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Wild City** Exploring Singapore's islands, which are home to a host of remarkable creatures.
9.00 **My Best Friend's an Animal**
10.00 **Brazil Untamed**
11.00 **Wildlife Icons**
12.00 M'T **Ningaloo: Australia's Ocean Wonder** Documentary.
1.00 AM **Amazing Animal Friends**
2.00 **David Attenborough's Wild City**
3.00 **My Best Friend's an Animal**
4.00 **Africa's Claws and Jaws**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Curse of the Ancients**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **History of Weapons**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Britain's Lost Battlefields with Rob Bell** The Battle of Hastings.
4.00 **Curse of the Ancients**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **History of Weapons** Experts take a look at the weapons dominating from the skies.
8.00 **Combat Ships** Combat-revolutionary ships and the designers behind them.
9.00 **Secret Wars Uncovered**
10.00 **Secrets of the Hells Angels**
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Britain's Lost Battlefields with Rob Bell** The Battle of Hastings.
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Inside the Tower of London**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Alien Highway**
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **Savage Builds** Adam stages a food fight with his *Mythbusters* friend, Tory Belleci, and the pair build a rapid-fire weapon that shoots out hot dogs. **10.00** Adam teams up with *Lord of the Rings* filmmaker Peter Jackson to restore a deadly fleet of fighter planes. They stage a high-flying dogfight straight out of World War Two.
11.00 **You Have Been Warned** The smartest and bravest people use science to take their skills to the next level, from opening a bottle using a feather, to using another person as a snowboard. **12.00** M'T Featuring the world's first skydive from a drone and explosive-packed refrigerators.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Crimes That Shook Britain**
1.00 PM **Meet, Marry, Murder**
2.00 **Buried in the Backyard**
3.00 **Imperfect Murder**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Meet, Marry, Murder** New edition The lies of a missing woman's husband are exposed.
9.00 **Murder on Trial** New edition
10.00 **Killer Grannies** The carefully tended garden of a boarding house hides a tale of horror.
11.00 **Homicide Squad: New Orleans** The story of a murder in front of a local nightclub.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The First 48**
2.00 **Killer Grannies** New edition
3.00 **Sin City Gigolo: A Murder in Las Vegas** Series finale
4.15 **Court Cam**
5.05 **to 6.00** AM **Meet, Marry, Murder**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest Animals**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Killer Safari**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet** The vet races to save the lives of pets attacked by wild predators of the Yukon.
7.00 **Secrets of the Zoo** An alligator breaks out of its restraints during a medical examination.
8.00 **Crocodile King** Examining the territorial crocodile.
9.00 **The Croc that Ate Jaws** Experts judge what would happen if a crocodile fought a shark.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Northwoods Survival**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Monster Fish**

Discovery History

174 147 181

7.00 AM **Planes That Changed the World** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** New discoveries about NASA's *Cassini* spacecraft.
1.00 PM **NASA's Unexplained Files**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The formation of a black hole.
8.00 **Planes That Changed the World** The SR-71 Blackbird.
9.00 **Secrets Underground** The mysterious disappearance of ships on Lake Michigan.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **999 Rescue Squad**
1.00 PM **999 Rescue Squad**
5.00 **TOTP: 1998**
5.40 **TOTP: 1999**
6.20 **TOTP: 1998** Performances by 911, Cliff Richard, REM, Billie Piper and George Michael. **7.00** Performances by Jennifer Paige, Lutricia McNeal, Aerosmith and Deetah.
7.35 **TOTP: Christmas 1998** The top-selling songs of 1998, plus the Christmas number one.
8.15 **TOTP: 1998**
9.00 **TOTP: 1999**
9.40 **TOTP: 1998**
10.55 **TOTP: Christmas 1998**
11.35 **TOTP: 1998**
12.20 AM **TOTP: 1999**
1.00 **TOTP: 1998**
2.15 **TOTP: Christmas 1998**
2.55 **TOTP: 1998**
3.30 **TOTP: 1999**
4.00 **TOTP: 1998**
5.00 **TOTP: Christmas 1998**
5.35 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Mean Girl Murders**
9.00 **American Monster**
11.00 **Disappeared**
12.00 NOON **Evil Lives Here**
1.00 PM **American Monster**
3.00 **Disappeared**
4.00 **Evil Lives Here**
5.00 **Pandora's Box: Unleashing Evil**
7.00 **Murder Loves Company** A murder within a small square-dancing community in Texarkana, Arkansas. **8.00** The case of a murder in quaint neighbourhood in Jacksonville, Florida.
9.00 **Signs of a Psychopath** A 24-year-old man falls under the spell of a 47-year-old widow.
10.00 **American Monster: Abuse of Power** A so-called 'anti-corruption' sheriff in Georgia abuses his position.
11.00 **Undercover Underage**
12.00 M'T **Unbreakable: Live to Tell**
2.00 AM **Pandora's Box: Unleashing Evil**
4.00 **to 6.00** AM **Murder Loves Company**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers**
9.00 **Sydney Harbour Patrol**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Big** The world's longest underground railway connection.
1.00 PM **Roadworthy Rescues**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Outback Truckers**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz find a rare 1929 Standard Teignmouth pick-up.
9.00 **Kevin Hart's Muscle Car Crew** The Boyz visit a high-end car auction at Barrett-Jackson.
10.00 **Outback Truckers**
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic...**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

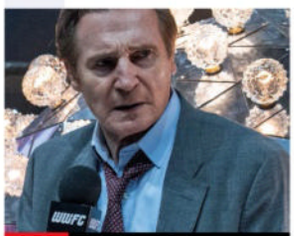
+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **One More Shot** (2025)
7.40 **The Gentleman** As 10.00pm.
9.20 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
11.30 **I Know What You Did Last...**
1.30 PM **Neighborhood Watch** Thriller. (2025, 15) ★★★★
3.10 **Reckless** Action comedy with Scott Adkins. (2026, 15, 91 min)
4.50 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
6.20 **One More Shot** Comedy. (2025, 15, 91 min) ★★★



4.50 The Naked Gun

8.00 I Know What You Did Last Summer Horror reboot starring Madelyn Cline and Chase Sui Wonders. A group of young friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Gentleman Thriller starring Ron Perlman. An elderly gentleman, haunted by a brutal murder, embarks on a quest for vengeance. (2025, 15, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **M3GAN 2.0** Sci-fi thriller sequel with Allison Williams. (2025, 15, 120min) ★★★
2.00 AM **Bone Lake** Comedy thriller starring Alex Roe. (2024, 18, 94min) ★★★
3.45 **Prisoner of War** Action thriller. (2025, 15, 112min) ★★★
5.45 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Wild Worlds

303 303 403 503 517

6.00 AM **Gator Creek** As 2.05am.
7.30 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
9.20 **Gladiator II** As 10.00pm.
11.50 **Pacific Rim** Sci-fi adventure. (2013, 12, 126min) ★★★
2.05 PM **Cloverfield** Disaster movie. (2007, 15, 81min) ★★★
3.35 **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★★
6.00 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★

6.00 Kong: Skull Island

8.00 Godzilla x Kong: The New Empire Fantasy adventure starring Rebecca Hall and Dan Stevens. Two ancient monsters clash in an epic battle against an undiscovered threat hidden within the Earth. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Gladiator II Historical drama sequel starring Paul Mescal. The son of a slain Roman General enters the Colosseum in an attempt to bring glory back to Rome. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Beast of War** Thriller. (2025, 15, 87min) ★★★★
2.05 **Gator Creek** Horror thriller. (2025, 15, 87min) ★
3.40 **47 Metres Down** Horror. (2017, 15, 89min) ★★★
5.15 **to 7.10** AM **Deep Sea** Animated family adventure. (2023, PG, 112min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Escape to Victory** Wartime drama. (1981, PG, 111 min) ★★
9.15 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
11.25 **I, Tonya** Biopic starring Margot Robbie. (2017, 15, 119min) ★★★★
1.25 PM **The Friend** Drama. (2024, 15, 123min) ★★★★
3.25 **Jerry Maguire** As 12.10am.
5.45 **American Sniper** Biopic. (2014, 15, 127min) ★★★★

8.00 Lee Biopic of World War Two photographer Lee Miller, who was determined to document the truth of the Nazi regime. Stars Kate Winslet, Alexander Skarsgård and Andy Samberg. (2023, 15, 117min) ★★★
10.00 The Bodyguard Romantic thriller with Kevin Costner and Whitney Houston. A professional bodyguard falls in love with the superstar singer-actress he has been assigned to protect. (1992, 15, 129min) ★★★

12.10 AM **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
2.30 **Quartet** Comedy drama starring Maggie Smith, Tom Courtenay and Billy Connolly. (2012, 12, 94min) ★★★★
4.10 **to 6.10** AM **Escape to Victory**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.30 AM **Out of Darkness** (2022)
8.00 **2012** Epic disaster movie. (2009, 12, 158min) ★★★
10.40 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
12.15 PM **Timestalker** As 12.25am.
1.50 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★
3.40 **Sinners** Ryan Coogler's horror starring Michael B Jordan. (2025, 15, 132min) ★★★★

6.00 The Chronicles of Riddick Sci-fi adventure sequel to *Pitch Black*, starring Vin Diesel. (2004, 15, 119min) ★★★
8.00 Constantine Supernatural horror thriller based on the *Hellblazer* comic books, starring Keanu Reeves and Rachel Weisz. (2005, 15, 121min) ★★★
10.10 Blade Adventure chiller based on the Marvel Comic character, starring Wesley Snipes as the half-human, half-vampire warrior Blade. (1998, 18, 121min) ★★★

12.25 AM **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
2.10 **MaXXXine** Thriller starring Mia Goth. (2024, 18, 110min) ★★★
4.05 **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
5.45 **to 6.15** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.20 AM **The SpongeBob Movie: Sponge Out of Water** (2015)
9.00 **Bookworm** As 10.15pm.
10.55 **It Takes Two** Family comedy. (1995, U, 97min) ★
12.45 PM **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★
2.40 **My Penguin Friend** Drama. (2024, PG, 98min) ★★★★
4.25 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
6.00 **Hook** Fantasy. (1991, U) ★★★

6.00 Hook

8.30 The SpongeBob Movie: Sponge Out of Water Animated comedy featuring the voices of Tom Kenny and Antonio Banderas. The cheery sea creature and his friends venture onto dry land to recover a secret formula. (2015, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Bookworm Comedy starring Elijah Wood and Nell Fisher. An 11-year-old girl's world is turned upside down when her estranged father takes her on a wild adventure. (2024, 12, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Jack the Giant Slayer** Fantasy starring Nicholas Hoult. (2013, 12, 114min) ★★★
2.15 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
4.00 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★
5.40 **to 7.30** AM **The Tiger Rising** Drama. (2022, PG) ★★★

Sky Cinema Action

307 307 407 507 521

8.25 AM **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
10.10 **Twister** Disaster movie. (1996, PG, 114min) ★★★
12.10 PM **Mr Nice Guy** As 12.25am.
1.45 **Venom: Let There Be Carnage** Fantasy sequel. (2021, 15, 97min) ★★★
3.30 **Bumblebee** *Transformers* prequel with Hailee Steinfeld. (2018, PG, 114min) ★★★★
5.30 **Black Hawk Down** War drama. (2001, 15, 144min) ★★★

5.30 Black Hawk Down

8.00 Man of Steel Fantasy adventure exploring the origins of the iconic DC Comics character Superman, starring Henry Cavill, Amy Adams and Michael Shannon. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. (2013, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Mortal Kombat Martial arts action fantasy based on the video game, starring Christopher Lambert, Robin Shou and Bridgette Wilson. (1995, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Mr Nice Guy** Action comedy starring Jackie Chan. (1996, 15, 88min) ★★★
1.55 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★
4.05 **to 8.30** AM **The Brothers Grimm** Fantasy adventure. (2005, 12, 118min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **The Blues Brothers** Cult comedy. (1980, 15) ★★★★★
9.50 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
11.55 **The Intern** Comedy. (2015, 12, 121min) ★★★★
2.00 PM **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
4.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
6.00 **Just Go With It** Romantic comedy. (2011, 12, 117min) ★

8.00 The Hangover

8.00 The Hangover Comedy starring Bradley Cooper, Zach Galifianakis and Ed Helms. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Hangover Part II Comedy sequel starring Bradley Cooper. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother despite severe memory loss. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
1.15 AM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
2.55 **The Death of Stalin** Satire. (2017, 15, 106min) ★★★★
4.55 **The Cinema List: Bingeable**
5.20 **to 7.10** AM **Alfie** Comedy drama remake starring Jude Law. (2004, 15, 106min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.05 AM **Restless** As 4.40am.
8.40 **Retribution** Action thriller. (2023, 12, 91min) ★★
10.15 **Thieves Highway** Thriller. (2025, 15, 110min) ★★★
11.45 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
1.50 PM **Nightcrawler** Thriller. (2014, 15, 115min) ★★★★
3.50 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
5.50 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★

10.00 Sleepers

8.00 Along Came a Spider Crime thriller starring Morgan Freeman and Monica Potter. A forensic psychologist is called in to solve a kidnapping case. With Michael Wincott and Penelope Ann Miller. (2001, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

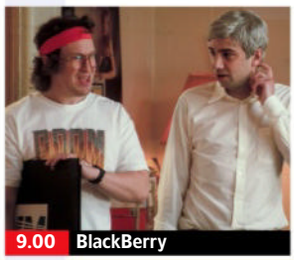
10.00 Sleepers Fact-based drama starring Kevin Bacon, Robert De Niro, Dustin Hoffman, Jason Patric and Brad Pitt. Years after being abused by guards at a reform school, four former teenage friends take their revenge. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Bikeriders** (2023)
2.30 **Taxi Driver** Martin Scorsese's drama with Robert De Niro. (1976, 18, 110min) ★★★★★
4.40 **to 6.25** AM **Restless** Dark thriller. (2024, 15, 89min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Crash Dive** Wartime drama. (1943, U, 105min) ★★
1.10 PM **Twelve O'Clock High** World War Two drama. (1949, b/w, U, 132min) ★★★★★
4.00 **First Knight** Romantic mythical drama starring Sean Connery. (1995, PG, 134min) ★★★
6.50 **Men in Black: International** Fantasy comedy sequel starring Chris Hemsworth. (2019, 12, 110min) ★★★



9.00 BlackBerry

Men in Black: International (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 BlackBerry Fact-based comedy drama starring Jay Baruchel and Glenn Howerton. The creators of the world's first smartphone weather a series of disastrous events before the gadget's eventual demise. (2023, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **John Wick: Chapter 3 – Parabellum** Action thriller sequel starring Keanu Reeves and Halle Berry. The seemingly invincible assassin is tracked by armies of bounty hunters. (2019, 15, 130min) ★★★★
1.55 **to 3.50** AM **Journeyman** Boxing drama directed by and starring Paddy Considine. (2017, 15, 92min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

7.15 AM **Quadrophenia** Cult drama. (1979, 15, 115min) ★★★★
9.15 **The Cable Guy** Black comedy. (1996, 12, 96min) ★★★★
10.55 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
12.25 PM **Groundhog Day** Fantasy. (1993, PG, 103min) ★★★★★
2.10 **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
3.45 **Trading Places** Comedy. (1983, 15, 116min) ★★★★★
5.45 **Waterworld** Sci-fi adventure. (1995, 12, 134min) ★★★
8.00 **Blade Runner** Ridley Scott's futuristic thriller starring Harrison Ford and Rutger Hauer. (1982, 15, 130min) ★★★★★
10.00 **The Running Man** Sci-fi adventure starring Arnold Schwarzenegger as an escaped convict forced to participate in a deadly, gladiatorial game show. (1987, 18, 101min) ★★★
11.45 **Oldboy** South Korean thriller starring Choi Min-sik. Subtitled. (2003, 18, 120min) ★★★★
1.45 AM **Logan's Run** Sci-fi adventure set in the year 2274, starring Michael York and Jenny Agutter. (1976, PG, 115min) ★★★★
3.45 **to 6.00** AM **Waterworld** (1995)

Sky Cinema Greats

304 304 404 504 518

8.25 AM **Jackie Chan's First Strike** Thriller. (1996, 12, 83min) ★★
9.55 **Streetfighter** Action drama. (1994, 12, 102min) ★★
11.50 **Raiders of the Lost Ark** Steven Spielberg's action adventure. (1981, PG, 115min) ★★★★★
1.50 PM **Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure. (1984, PG, 118min) ★★★
3.55 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★
6.10 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
8.00 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner. (1991, PG, 138min) ★★
10.25 **High Plains Drifter** Western starring Clint Eastwood. (1972, 18, 105min) ★★★★
12.20 AM **Two Mules for Sister Sara** Western. (1969, 15, 114min) ★★★
2.15 **Shenandoah** Western. (1965, PG, 101min) ★★★★
4.10 **Sky Cinema Preview**
5.10 **to 8.30** AM **The Godfather Part II** Epic gangster sequel. (1974, 18, 200min) ★★★★★

Sky Cinema Animation

305 305 405 500 514

7.20 AM **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
9.10 **Open Season** Animation. (2006, PG, 86min) ★★★★
10.50 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
12.40 PM **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
2.20 **Rock Dog 2: Rock Around the Park** Animation. (2021, U) ★★
4.00 **Rock Dog 3: Battle the Beat** Animated comedy adventure sequel. (2022, U, 90min) ★★
5.40 **Scoob!** Animated comedy. (2020, PG, 93min) ★★★
7.25 **The Lego Batman Movie** Animated family comedy. (2017, U, 104min) ★★★★
9.20 **Open Season 2** Animated comedy adventure sequel. (2008, PG, 73min) ★★★
10.50 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
12.20 AM **Batman: Return of the Caped Crusaders** Animation. (2016, PG, 78min) ★★★★
1.50 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
3.15 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
4.45 **to 6.25** AM **Rock Dog 2: Rock...**

Movies 24

312 313 419

7.00 AM **Love's Greek to Me** Drama. (2023, PG, 90min) ★★
9.00 **Spring Breakthrough** Drama. (2023, PG, 90min) ★★
11.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★
1.00 PM **Field Day** Comedy. (2023, PG, 84min) ★★
3.00 **Signed, Sealed, Delivered: To the Moon and Back** Mystery. (2025, PG, 90min) ★★
5.00 **May the Best Wedding Win** Comedy. (2023, PG, 85min) ★★
7.00 **Sense and Sensibility** Romantic drama with Deborah Ayorinde. (2024, U, 84min) ★★
9.00 **Heart of the Manor** Romantic comedy starring Ashlynn Yennie and Ross Jirgl. A real-estate agent finds herself in competition with a developer who wants to buy her family's historic estate. (2021, PG, 85min) ★★
11.00 **Never Too Late to Celebrate** Drama. (2023, PG, 90min) ★★
1.00 AM **A Safari Romance** Romantic comedy drama. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **Romantic Rewrite** Romantic comedy drama. (2022, PG, 82min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Adventures of Jim Bowie** 1/38. Western. (S1)
6.35 **Piccadilly Third Stop** Thriller. (1960, b/w, PG, 90min) ★★
8.20 **Night Was Our Friend** Thriller. (1951, b/w, PG, 61min) ★★
9.35 **Highly Dangerous** Comedy spy thriller. (1950, b/w, U, 85min) ★★
11.20 **Live Now, Pay Later** Black comedy starring Ian Hendry. (1962, b/w, 18, 104min) ★★★
1.25 PM **The Big Day** Drama. (1960, b/w, PG, 62min) ★★★
2.40 **The Bells Go Down** Drama. (1943, b/w, U, 85min) ★★★
4.25 **Behind the Mask** Hospital drama. (1958, PG, 99min) ★★
6.25 **Whiplash** 3/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Passenger** 3/3. (S1)
9.05 **And Then There Were None** Agatha Christie crime thriller. (1945, b/w, PG, 98min) ★★★
11.05 **Hammer House of Mystery and Suspense** 11/13. (S1)
12.40 AM **Eartha Kitt: Just an Old-Fashioned Girl**
1.00 **Budgie** 5/13. (S1)
2.00 **Serious Charge** Drama. (1959, b/w, PG, 95min) ★★★
4.00 **Target: The Corruptors** (S1)
5.00 **The David Niven Show**
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 999 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **ATP Tennis** Coverage of day two of the ATP Dubai Tennis Championships staged at Aviation Club Tennis Centre.
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match from Pallekele International Cricket Stadium in Kandy.
5.00 LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open and WTA Merida Open.
7.30 LIVE **EFL** **Southampton v Queens Park Rangers.** Coverage of the Championship match held at St Mary's Stadium. Kick-off **8.00pm**.
10.30 LIVE **Golf: TGL** **New York v The Bay.** Coverage of the team match staged at SoFi Center in Palm Beach, Florida.
12.00 M'T **Sky Sports News**
2.00 AM LIVE **Golf: TGL** **Boston Common v New York.** Coverage of the team match held at SoFi Center in Palm Beach.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 998 502 420 440

6.00 AM **Premier League Highlights**
9.00 **Transfer 360** Double bill.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Highlights** Crystal Palace v Wolverhampton Wanderers. **12.30** PM Aston Villa v Leeds. **1.00** Chelsea v Burnley. **1.30** Highlights from West Ham United v Bournemouth.
2.00 **Premier League Highlights** Nottingham Forest v Liverpool. **2.30** Sunderland v Fulham. **3.00** Highlights from Tottenham Hotspur v Arsenal. **3.30** Everton v Manchester Utd.
4.00 **Premier League Review**
5.00 **The Premier League Show**
7.00 **Gillette Labs Soccer Special**
10.15 **Match Officials Mic'd Up** PGMOL Chief Refereeing Officer Howard Webb joins Michael Owen.
10.45 **Netbusters** A look back at the weekend's Premier League action.
11.15 **Premier League Years** Classic games, infamous blunders and moments of skill from 2009/10.
1.15 AM **PL Retro** Manchester United v Arsenal from 2002.
3.15 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 997 503 421 441

6.00 AM **EFL Highlights**
9.00 **EFL Greatest Games**
10.00 **Retro League One**
12.00 NOON **SPFL Highlights**
12.30 PM **Bundesliga Highlights**
1.30 **EFL League One Goals**
2.00 **EFL League Two Goals**
2.30 **EFL Highlights** Championship.
3.00 **SPFL Round-Up**
3.15 **SPFL Highlights**
3.30 **EFL Highlights**
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights**
6.00 **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **EFL Highlights** Championship.
7.30 LIVE **EFL** **Southampton v Queens Park Rangers.** Coverage of the Championship match held at St Mary's Stadium. Kick-off **8.00pm**.
10.30 **SPFL Round-Up**
10.45 **SPFL Highlights**
11.00 **EFL League One Goals**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **Best SPFL Goals**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

405 405 996 505 422 442

6.00 AM **Men's T20 World Cup**
11.00 **The Story of the Men's T20 World Cup Final 2024**
12.00 NOON **Men's T20 World Cup**
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match from Pallekele International Cricket Stadium in Kandy.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup – The Greatest Matches**
6.30 **Men's T20 World Cup** Action from a Super Eight match staged at Wankhede Stadium, Mumbai.
7.00 **Men's T20 World Cup** Another chance to see a Super Eight match from Pallekele International Cricket Stadium in Kandy.
11.00 **Best of ICC WT20**
11.15 **Best of England v South Africa**
11.30 **Men's T20 World Cup** Action from a Super Eight match. **12.30** AM India v Pakistan.
1.00 **Men's T20 World Cup – The Greatest Matches**
1.30 **ICC Men's T20 World Cup**
4.00 **Men's T20 World Cup – The Greatest Matches**
4.30 **to 6.00** AM **T20 World Cup**

Sky Sports Golf

406 406 995 506 423 443

6.00 AM **Best of the Open Zone**
8.00 **Playing Lessons**
9.00 **Golf** Asia-Pacific Championship.
9.30 **Legends Tour Golf**
10.30 **PGA Tour Golf** Highlights.
11.30 **DP World Tour Golf**
12.00 NOON **Ladies European Tour**
1.00 PM **PGA Tour Golf**
2.00 **TGL** Two match replays.
6.00 **Ladies European Tour Golf**
7.00 **PGA Tour Golf** Action from day four of the Genesis Invitational.
8.00 **TGL** Los Angeles v Atlanta Drive.
10.00 LIVE **TGL** **New York v The Bay.** Coverage of the team match staged at SoFi Center in Palm Beach, Florida.
12.00 M'T **PGA Tour Golf**
1.00 AM **The Open – Official Films**
2.00 LIVE **TGL** **Boston Common v New York.** Coverage of the team match held at SoFi Center in Palm Beach.
4.00 **School of Golf** Expert advice.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 988 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **ATP Tennis** Coverage of the second day of the ATP Dubai Tennis Championships staged at Aviation Club Tennis Centre.
2.00 PM **WTA Tennis** Event reviews.
3.00 LIVE **ATP Tennis** Continued coverage of day two of the ATP Dubai Tennis Championships staged at Aviation Club Tennis Centre. Second and third seeds Alex de Minaur and Andrey Rublev both feel at the first hurdle last year, losing to Marin Cilic and Quentin Halys respectively.
4.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open,and WTA Austin Open.
4.30 **to 6.00** AM LIVE **ATP Tennis** Day two of the ATP Acapulco Open at Arena GNP Seguros.

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **Women's One-Day International Cricket** **Australia v India.** Coverage of the first ODI in the three-match series at Allan Border Field in Brisbane.
12.00 NOON **TNT Sports Reload**
12.45 PM **The Gruppetto**
1.00 LIVE **Welsh Open Snooker** Coverage from the second day at Venue Cymru in Llandudno. Mark Selby beat Scotland's Stephen Maguire 9-6 in last year's final.
5.00 **The Breakdown**
5.30 **Premier League: Big Interview**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **Sign Up – Into Football**
7.45 LIVE **UEFA Champions League** **Inter Milan v Bodo/Glimt.** Coverage of the knockout play-off second-leg clash stage at the San Siro. Kick-off **8.00pm**.
10.30 **Premier League Reload**
10.45 **World Superbike Rewind**
11.00 **UEFA Europa League & Conference League Magazine**
12.00 M'T **UEFA Champions League**
1.30 AM **Serie A** Action from Italy.
3.30 **Premier League Legends**
4.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 2

411 414 522 409 431

6.00 AM **Premier League Review**
7.00 **Women's FA Cup** London City v Tottenham Hotspur.
8.00 **World Superbike Highlights**
9.00 **MotoGP Highlights**
12.00 NOON **Premier League Review**
1.00 PM **UEFA Champions League Magazine** News and updates.
1.30 **UEFA Europa League & Conference League Magazine**
2.30 **MotoGP Highlights**
6.30 **World Superbike Highlights**
7.30 **Kenny Allstar's Number 1's**
8.00 LIVE **UEFA Champions League** **Bayer Leverkusen v Olympiacos.** Coverage of the knockout play-off second-leg from BayArena. Kick-off **8.00pm**.
10.00 **Isuzu UTE A-League Highlights** The 18th round of fixtures.
10.30 **A-League Women Highlights** The 17th round of fixtures.
11.00 **MotoGP Highlights** The 2025 MotoGP Grand Prix of Aragon.
12.00 M'T **MotoGP Highlights**
2.00 AM **Welsh Open Snooker** Action from the second day at Venue Cymru in Llandudno.
4.00 **The Breakdown**
5.30 **to 6.00** AM **Kenny Allstar's Number 1's**

Sky Sports Action

412 410 993 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **Super Bowl LX Highlights**
4.00 **Super League Highlights**
4.15 **Women's Super League**
4.30 **Super League Highlights** Wigan Warriors v Leigh Leopards in the second 2024 semi-final. **4.45** Hull KR v Warrington Wolves in the first 2024 semi-final.
5.00 **NFL Highlights** Los Angeles Chargers v Pittsburgh Steelers.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** The latest news.
8.30 **NFL Highlights** Washington Commanders v Seattle Seahawks.
9.30 **NBA Basketball** A replay of Houston Rockets v Utah Jazz.
11.30 LIVE **NBA Basketball** **Cleveland Cavaliers v New York Knicks.** Coverage of the Eastern Conference match staged at Rocket Arena. Tip-off **12.30am**.
3.00 AM LIVE **NBA Basketball** **Portland Trail Blazers v Minnesota Timberwolves.** Coverage of the Western Conference match staged at Moda Center. Tip-off **3.00am**.
5.30 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 992 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
4.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
7.35 LIVE **EFL** Coverage of a Championship match.
9.45 LIVE **WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
11.30 LIVE **NBA Basketball** **Cleveland Cavaliers v New York Knicks.** Coverage of the Eastern Conference match staged at Rocket Arena. Tip-off **12.30am**.
3.00 AM LIVE **NBA Basketball** **Portland Trail Blazers v Minnesota Timberwolves.** Coverage of the Western Conference match staged at Moda Center. Tip-off **3.00am**.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA & ATP Tennis**
11.00 **ATP/WTA Tour Classic Matches**
1.00 PM **PGA Tour Champions**
2.00 **PL Greatest Games**
3.00 **PDC Classics** Archive action.
4.00 **Premier League Darts** Night three from OVO Hydro, Glasgow.
8.00 **PGA Tour Golf** Day four of the AT&T Pebble Beach Pro-Am. **9.00** Day four of the Genesis Invitational in Pacific Palisades.
10.00 **PGA Tour Champions**
11.00 **The Insiders** NFL news.
1.00 AM **Formula 1** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **ATP/WTA Tour**

TNT Sports 3

413 415 523 410 432

6.00 AM **Welsh Open Snooker**
8.00 **Isuzu UTE A-League Highlights**
8.30 **A-League Women Highlights**
9.00 **UEFA Champions League Magazine** News and action.
9.30 **UEFA Europa League & Conference League Magazine**
10.30 **Fishing: On the Bank**
11.30 **TNT Sports Cricket Reload**
12.00 NOON **Women's FA Cup**
4.00 PM **The Gruppetto**
4.15 **Premier League Review**
5.15 **UEFA Champions League**
5.45 LIVE **UEFA Champions League** **Atletico Madrid v Club Brugge.** Coverage of the knockout play-off second-leg staged at Riyadh Air Metropolitano. Kick-off **5.45pm**.
7.45 **TNT Sports Cricket Reload**
8.00 **Women's ODI Cricket**
9.00 **Premiership Women's Rugby**
10.00 **Women's FA Cup**
2.00 AM **Women's ODI Cricket**
3.00 **UFC Greatest Fights**
5.00 **to 6.00** AM **What I Wore**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Action from Italy.
8.00 **Premiership Women's Rugby**
9.00 **PREM Rugby Cup**
10.00 **Isuzu UTE A-League**
4.00 PM **A-League Women**
4.30 **Fishing: On the Bank**
5.30 **PREM Rugby Cup**
6.30 **Isuzu UTE A-League Highlights**
7.00 LIVE **Welsh Open Snooker** Coverage from the second day at Venue Cymru in Llandudno, Wales. Five of the last six winners of this event have been English, with the likes of Mark Selby, Gary Wilson and Shaun Murphy all succeeding here since 2020. Selby beat Scotland's Stephen Maguire 9-6 in last year's final to claim his second Welsh Open title.
9.00 LIVE **Welsh Open Snooker** Further coverage from the second day at Venue Cymru in Llandudno.
11.00 **Fishing: On the Bank**
12.00 M'T **to 6.00** AM **Isuzu UTE A-League**

Premier Sports 1

419 551

6.00 AM **Motorsport** Drew Gibson.
7.00 **LaLiga** Villarreal v Valencia.
9.00 **NASCAR Highlights**
10.00 **Eredivisie Highlights**
11.00 **Scottish Football Social Club**
12.00 NOON **LaLiga Match Highlights**
1.30 PM **United Rugby Championship** Lions v Sharks.
3.30 **SPFL** St Mirren v Motherwell.
5.30 **Top 14 Rugby Union Highlights** The 17th round of fixtures.
6.00 **NASCAR Highlights**
7.00 **Eredivisie Highlights**
8.00 **Scottish Football Social Club** A round-up of the latest news.
9.00 **LaLiga Match Highlights**
10.00 **Sporting Greats**
11.00 **NASCAR Highlights**
12.00 M'T **Eredivisie Highlights**
1.00 AM **Scottish Football Social Club** The latest news and results.
2.00 **LaLiga Match Highlights**
2.30 **Motorsport** Drew Gibson.
3.30 **Swedish Hockey League**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Bike World** Magazine.
6.30 **NASCAR Trucks**
9.30 **Motorsport** Valentino Rossi.
11.00 **Eredivisie** A chance to see AZ Alkmaar v Sparta Rotterdam. **1.00** PM Ajax v NEC Nijmegen.
3.00 **Football's Greatest**
4.00 **Top 14 Rugby Union** A replay of Bordeaux Begles v Castres.
6.00 **LaLiga** Another chance to see Real Betis v Rayo Vallecano from Estadio Benito Villamarín. **8.00** Osasuna v Real Madrid staged at Estadio El Sadar.
10.00 **Football's Greatest** A selection of the finest players in history discuss their careers.
11.00 **Top 14 Rugby Union** A replay of Stade Francais v Toulouse.
1.00 AM **Temples of Sport** Iconic venues from around the globe.
2.00 **LaLiga** Another chance to see Real Sociedad v Real Oviedo staged at Reale Arena.
4.00 **to 6.00** AM **Top 14 Rugby Union**

Sky Sports F1

407 407 994 507 424 444

6.00 AM **The Best of F1 2025**
7.00 **Formula 1** Highlights.
12.00 NOON **Formula 1** In Bahrain.
4.40 PM **F1 Explained: Tyres**
4.45 **Formula 1** Season highlights.
4.55 **F1 Explained: Tyres**
5.00 **Formula 1** Pre-season testing.
9.40 **Myles Rowe and His Camera**
9.45 **Formula 1** Season highlights.
9.55 **Ted DHL Logistics**
10.00 **Testing Wrap** Pre-season review.
10.30 **Formula 1** São Paulo Grand Prix.
10.55 **F1 Explained: Rules of Engagement**
11.00 **Testing Wrap** Pre-season review.
11.30 **Formula 1** Australian Grand Prix.
11.50 **The Story of the 2025 Season**
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 25 February

Evening Planner

Thriller

The Stolen Girl
ITV1, 9pm (box set, ITVX)
A nine-year-old girl disappears while on a sleepover at a friend's house. Stars Holliday Grainger and Denise Gough.

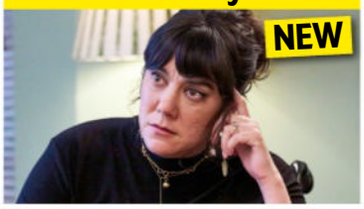
Documentary

LS Lowry: The Unheard Tapes
BBC2, 9pm
Sir Ian McKellen gives a voice to artist LS Lowry, famous for his 'Matchstick Men'.

Comedy

National Theatre Live: Dr Strangelove
Sky Arts, 9pm
Steve Coogan stars in this stage version of Stanley Kubrick's Cold War satire.

Comedy



We Might Regret This
BBC2, 10pm (box set, BBC iPlayer)
As the comedy returns, we catch up with Freya (Kyla Harris) and Abe, whose relationship was hanging in the balance.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 MasterChef: The Professionals		10.00 News; Local News	10.40 MOTD...
	102 BBC2	7.00 Great British Menu		8.00 Your Home Made Perfect		9.00 LS Lowry: The Unheard Tapes		10.00 We Might...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Celebrity Lingo	8.00 Emmerdale	8.30 Coronation...	9.00 The Stolen Girl		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It		9.00 Dirty Business		10.05 First Dates	
	105 5	7.00 Celebrity Puzzling		8.00 Alice Roberts: Our Hospital Through...		9.00 The Surgeon		10.00 The Curfew	
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs Hollywood Stunts		9.00 Film: The Beekeeper			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Dragons' Den		9.00 The Apprentice		10.00 Apprentice...	10.30 Tell Me Lies
	116 BBC4	7.00 Canals: The...	7.30 Gareth...	8.00 The Secret Genius of Plants		9.00 Tribe		10.00 Lowry: A Simple Man	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 The Heat		10.00 Family Guy	
	136 MORE4	◂ 6.50 The Dog House Australia		7.55 The Dog House		9.00 Our Yorkshire Pub Rescue with Jon...		10.00 Perfect Pub Walks with Bill Bailey	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 The Great Celebrity Bake Off for...		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent		9.00 Matlock		10.00 FBI	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 Under Salt Marsh		10.00 Atomic	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army	8.20 dinnerladies					10.15 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Grace				10.00 Endeavour	
	120 ITV4	7.00 Aussie Pickers		8.00 Junk & Disorderly		9.00 Film: Diamonds Are Forever			10.10 Film: Diamonds Are Forever
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats Uncut	
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			10.10 The Leftovers
	143 U&DRAMA	◂ 6.45 Last of the Summer Wine		8.00 The Marlow Murder Club				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 NCIS: Sydney		10.00 Miss Scarlet	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Landscape Artist of the Year		9.00 National Theatre Live: Dr Strangelove			
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 NCIS: New Orleans				10.00 Elementary	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers						10.00 Kindig Customs	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: Hitler Takes on the East				10.00 Gladiators: Warriors of the Ancient...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Britain's Most Historic Towns		9.00 The Curse of Oak Island		10.00 Forged in Fire	
	155 U&YESTERDAY	7.00 Ireland with Simon Reeve		8.00 Bangers & Cash: Restoring Classics		9.00 Classic Car Kings		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 History of the Sitcom		8.00 Ghislaine Maxwell: Epstein's Shadow					
FILMS - Sky Cinema	301 PREMIERE	◂ 6.30 The Naked Gun		8.00 I Know What You Did Last Summer				10.00 M3GAN 2.0	
	302 CULT CLASSICS	◂ 6.00 Demolition Man		8.00 Team America: World Police			9.40 Gremlins		
	303 WILD WORLDS	◂ 5.40 Waterworld		8.00 The Meg				10.00 47 Metres Down	
	304 GREATS	◂ 6.10 Beverly Hills Cop		8.00 Beverly Hills Cop II			9.45 Beverly Hills Cop 3		
	305 ANIMATION	◂ 6.00 Turbo	7.50 The Pirates! In an Adventure with Scientists				9.35 The Garfield Movie		
	306 FAMILY	◂ 6.00 Wicked			8.40 Harold and the Purple Crayon				10.15 Cats & Dogs
	307 ACTION	◂ 6.10 Birds Of Prey And The Fantabulous...		8.00 300				10.00 Bad Boys II	
	308 COMEDY	◂ 6.00 How to Lose a Guy in 10 Days		8.00 Little Fockers			9.40 Big Daddy		
	309 THRILLER	◂ 6.15 Drop		8.00 RocknRolla				10.00 Taxi Driver	
	310 DRAMA	◂ 6.00 Peggy Sue Got Married		8.00 Cookster: The Darkest Days				10.00 The Boy in the Striped Pyjamas	
	311 SCI-FI	◂ 5.50 Riddick		8.00 The Nun			9.50 The Crazies		
	313 FILM4	◂ 6.45 Cowboys & Aliens				9.00 Ambulance			
SPORT	401 MAIN EVENT	◂ 5.00 Tennis – Live	7.30 EFL – Live: Stoke City v Oxford United (Kick-off 8.00)						10.30 Elise Christie...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 Match Officials...	8.00 Premier League 360 – Big Sam's Bolton				10.00 PL Stories	10.30 Match...
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Stoke City v Oxford United (Kick-off 8.00)						10.30 EFL Highlights
	405 CRICKET	7.00 ICC Men's T20...	7.30 ICC Men's T20 World Cup		8.30 ICC Men's T20...	9.00 ICC Men's T20 World Cup			
	410 TNT SPORTS 1	7.00 Reload	7.30 UEFA Champions League – Live: Real Madrid v Benfica (Kick-off 8.00)						10.31 PL Netbusters
	411 TNT SPORTS 2	◂ 6.30 Isuzu UTE A-League	7.45 UEFA Champions League – Live: Paris Saint-Germain v Monaco (Kick-off 8.00)					10.00 Isuzu UTE A-League	

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** New edition From Hertfordshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Bear Grylls: Wild Reckoning** New edition Two men try to rekindle their friendship. (S)(AD)
2.30 **Marcus Wareing Simply Provence** The region's beef. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Clean It, Fix It** (S)(R)
4.30 **Antiques Road Trip** New edition Antique-hunting in Norfolk. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Vernon Kay co-presents the topical show. (S)

7.30 **EastEnders** Ravi loses control after a difficult day, Johnny wrestles with a situation, and Denzel puts a plan into action. (S)(AD)

8 PM

8.00 NEW SERIES **The Repair Shop** The team restore a ceremonial Chinese lion dance costume, a pair of well-loved traditional beer pumps, two ceramic maquettes and a diamond engagement ring. (S)(AD)

9 PM

9.00 **MasterChef: The Professionals** New edition 8/21. The 2022 champion Nikita Pathakji is back to test the next four contestants' skills, asking them to re-create two of her recipes. (S)(AD)
■ Continues on Friday

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: UEFA Champions League** Action from the play-off round second-leg ties, including Newcastle United v Qarabag at St James' Park and Real Madrid v Benfica at the Bernabéu. (S)
12.00 M'T FILM **Point Break** Director Kathryn Bigelow's action thriller starring Patrick Swayze and Keanu Reeves. FBI agent Johnny Utah goes undercover to join a gang of surfers who have been pulling off daring bank robberies disguised as former US presidents. (S)(AD) (1991, 15, 115min) ★★★★
1.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Escape to the Country** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Marcus Wareing Simply Provence** (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Unbeatable** Game show. (S)(R)
2.15 **The Boss** Quiz show. (S)(R)
3.00 **The Vintage French Farmhouse** A visit to a market in Vauvert. (S)(R)
3.45 **Villages by the Sea** (S)(R)
4.15 **Oceans** The Red Sea. (S)(R)(AD)
5.15 **Flog It!** From Surrey. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Michelle Ackerley, Katie Derham, Karen Hauer and Geoff Norcott. (S)
6.30 **Do You Know Your Place?** New edition Vernon Kay returns to his hometown of Bolton. (S)

6.00 House of Games

7.00 **Great British Menu** New edition The three remaining chefs from north west England compete over mains and desserts inspired by the British movie industry. (S)(AD)
■ Continues tomorrow

8.00 **Your Home Made Perfect** Architects Will Foster and Julian McIntosh compete to remodel a 1920s semi-detached in Enfield, north London, for a couple who are struggling with a disconnected layout. Hosted by Angela Scanlon. (S)(R)(AD)

9.00 NEW **LS Lowry: The Unheard Tapes** Documentary providing an insight into the 'matchstick men' painter, with Ian McKellen lip-synching recordings from the last four years of his life. *See feature, page 21.* (S)(AD)

10.00 NEW SERIES **We Might Regret This** 1/4. Return of the comedy drama. Freya makes a sudden decision. (S2) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** Reflecting on the week's major global news stories. (S)
11.30 **The Zero Line: Inside Russia's War** Documentary. (S)(R)(AD)
12.30 AM **Sign Zone: The Apprentice** The teams create an advertising campaign for bottled water. (S)(R)
1.30 **Sign Zone: The Apprentice: Unfinished Business** (S)(R)(AD)
2.00 **Sign Zone: Lord of the Flies** (S)(R)
3.00 **Sign Zone: Great British Menu** (R)
4.00 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team of antiques dealers are in Solihull, West Midlands, where Simon Schneider falls in love with a vintage political poster. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Emmerdale

7.30 NEW SERIES **Celebrity Lingo** Adil Ray hosts the game of words as *Countdown*'s Rachel Riley and radio host Richie Anderson take on actors Lesley Joseph and Claire Sweeney in a battle to win big money for charity. (S)

8.00 **Emmerdale** Vinny is worried about his love life, and Kim orders Graham to leave. (S)(AD)
8.30 **Coronation Street** Bernie tells Kit about Mal's stalking, and Shona mislays her wedding ring. (S)(AD)

9.00 NEW SERIES **The Stolen Girl** 1/5. Thriller starring Denise Gough. Elisa Blix goes to collect her young daughter Lucia from a sleepover, and discovers her child and the other girl's family have vanished. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **Cold Case Forensics: The Murder of Rachel Nickell** 1/3. A look at evidence that brought Rachel Nickell's killer to justice. (S)(R)(AD)
12.35 AM **Teleshopping**
3.00 **Tonight: Online Reviews – Can You Trust Them?** (S)(SL)(R)
3.25 **Ainsley's Taste of the Bahamas** From John Watling's Distillery. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Gary Barlow's Wine Tour: South Africa** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 19-21/27. (S9) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 18-21/24. (S3) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition Simon and Vanessa host at the Angove Guest House in Weymouth. (S)
5.30 **Come Dine with Me** New edition On the third night in Bradford, Gaby hopes her Sardinian soirée will impress her guests. (S)
6.00 **A Place in the Sun** New edition A couple search for a holiday home in Costa Adeje on Tenerife, with a budget of £450,000. (S)

6.00 A Place in the Sun

7.00 **News** (S)

8.00 **Kirstie and Phil's Love It or List It** Lothianburn couple Heather and Tim enlist the help of the hosts to see if they can improve the seven-acre property they live in or if they should start afresh somewhere else. (S)(R)(AD)

9.00 **Dirty Business** Series finale 3/3. Concluding part of the fact-based drama starring David Thewlis and Jason Watkins. A surfer believes his chronic illness is a result of surfing in polluted water. (S1) (S)(AD)
■ Entire series on C4 Streaming

10.05 **First Dates** Kathleen, a 64-year-old singer with a *Top of the Pops* past, meets Sue, a campervan-loving former handywoman who is embracing her new life after coming out. (S)(R)(AD)
11.10 **8 Out of 10 Cats Does Countdown** With Judi Love and Katherine Parkinson. (S)(R)
12.10 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.00 FILM **Tolkien** Biopic with Nicholas Hoult. (S) (2019, 12, 115min) ★★★★
2.55 **Dispatches: Palestine Action – The Truth Behind the Ban** (S)(R)
3.50 **Location, Location, Location** (R)
4.40 **Great Pottery Throw Down** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical debate. (S)
3.00 **The Good Ship Murder** *Barcelona:* 7/8. A killer strikes in Barcelona. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition Dog rescuers Paul and Mick organise a dog walk for potential adopters. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition Sally from the Northamptonshire Badger Group checks on an urban badger sett. (S)
6.05 **The Motorway** Patrollers find a car on the M60 on fire. (S)(R)
6.55 **News** (S)

10.00 Curfew

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts as Carol Vorderman and Sally Lindsay and are joined by Marcus Brigstocke and Mark Pougatch. (S)
7.55 **News** (S)

8.00 **Alice Roberts: Our Hospital Through Time** New edition 2/6. Alice uncovers the hospital's past and reveals how centuries of medical innovation continue to inform life-saving work in the modern day. (S)

9.00 **The Surgeon** New edition 2/4. Cameras follow consultant breast surgeon Sascha Dua working within one of the largest specialist breast units in the country – Broomfield Hospital in Essex. (S)

10.00 **Curfew** Series finale 6/6. The police race against time to save the hostages, and the truth about Helen's murder is finally revealed. (S1) (S)
■ Entire series on 5 Streaming

11.05 **Ambulance: Code Red** (S)(R)
12.05 AM **Trauma Room One** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Friends** (S3) (S)(R)(AD)
2.55 **Alex Polizzi: My Hotel Nightmare** (S)(R)
3.45 **World's Most Scenic Railway Journeys** From Spain. (S)(R)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S)(R)
9.00 **NCIS: Los Angeles** (S)(R)
10.00 **Will & Grace** (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Great Barrier Reef with David Attenborough** (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S13) (S)(R)
3.00 **S.W.A.T.** 2/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 1/19. Part one of two. After Michael hits Meredith with his car, she learns she is infected with rabies. (S)(R) **6.30** 2/19. Part two of two. Michael feels guilty about the incident with Meredith and hosts a charity fun run. (S4) (S)(R)

9.00 The Beekeeper

7.00 **The Simpsons** *Wild Barts Can't Be Broken:* Chief Wiggum enforces a curfew after the school is damaged by vandals. (S)(R) **7.30** *Sunday, Cruddy Sunday:* Homer organises a trip to the Super Bowl. (S)(R)

8.00 **Rob & Romesh vs Hollywood Stunts** The duo take on more challenges, beginning by heading off to Los Angeles to throw themselves into the world of Hollywood stuntmen. (S)(AD)

9.00 **FILM The Beekeeper** Action thriller starring Jason Statham. An apparently unassuming man finds someone important to him has been scammed and driven to harm, so seeks vengeance on those responsible. With Jeremy Irons, Minnie Driver and Jemma Redgrave. (S)(AD) (2023, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Grimm** 2/22. Nick and Hank are called in to investigate the case of a teenager who was attacked while breaking into a house, and find the homeowners are not what they appear to be. (S1) (S)(R)
12.00 M'T **Police 24/7** (S)(R)
1.00 AM **The Force: Manchester** (R)
2.00 **Road Wars** (R)
3.00 **Hawaii Five-0** 2/24. (S1) (S)(R)
4.00 **S.W.A.T.** 2/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30-3.00pm Politics Scotland **12.00m't** Debate Night **1.00am** Scotcast **1.30** Weather for the Week Ahead **1.35-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Nolan Live New edition **11.40** MOTD: UEFA Champions League **1.00-1.55am** Dinosaur

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm True North: Principal Ballerina **11.00** Spotlight **12.00m't** NEW SERIES We Might Regret This **12.30am** Unspun World with John Simpson **1.00-2.00am** Sign Zone: The Apprentice

WALES
Sky 968, Freesat 968
10.00am LIVE Snooker: The Welsh Open **4.30-5.15pm** The Boss **7.00** LIVE Snooker: The Welsh Open **8.00-9.00** Great British Menu New edition **11.00** Snooker: The Welsh Open **11.45** Unspun World with John Simpson **12.15-12.30am** Planet Earth: A Lion's Tale

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Cartrefi Cymru **1.30** Ciao! Colleen Ag Owain **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Antur y Gorllewin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Pizza: Chwe' Gwlad **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Y Deis New edition **8.55** Newyddion a'r Tywydd **9.00** Amour & Mynydd New edition **10.00** Après: Amour & Mynydd New edition **10.30** Y Byd ar Bedwar **11.00-11.35pm** Welsh Whisperer – Ni'n Teithio Nawr!

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** The challenges of filming in Alaska. **7.30** Searching for the world's biggest wasp.
8.00 **Dragons' Den** Pitches include a low-sugar cookie business and a sea-moss powered wellness brand.
9.00 **The Apprentice** Big Zuu joins Lord Sugar to help judge as the candidates are tasked with creating an advertising campaign for bottled water.
10.00 **The Apprentice: Unfinished Business** Angela Scanlon and her guests take a look at the candidates' performances.
10.30 **Tell Me Lies** 1/8. Lucy returns to Baird College for her second year hoping to put the mistakes of the past behind her. (S2)
11.20 **Tell Me Lies** 2&3/8. (S2)
1.00 AM **The Kim Kardashian Diamond Heist**
1.45 **Dinosaur** 5&6/6. (S2)
2.35 **Man Eater** Comedy.
2.45 **to 4.00** AM **RuPaul's Drag Race UK vs the World**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Canals: The Making of a Nation** Liz McIvor explores the Manchester Ship Canal.
7.30 **Gareth Edwards' Great Welsh Adventure** Gareth and his wife Maureen Edwards head to St Davids.
8.00 **The Secret Genius of Plants** 1/2. Exploring the world of plants and their vital role on Earth, starting with a look at studies on plant sense.
8.50 **Britain's Wild Places: Robins of Eden** How robins have taken to nesting in Cornwall's Eden Project.
9.00 **Tribe** Bruce Parry treks into the high Himalayan mountains of Bhutan.
10.00 **Lowry: A Simple Man** A ballet celebrating the centenary of the birth of painter LS Lowry.
11.00 **Castles: Britain's Fortified History**
12.00 M'T **Beautiful Equations**
1.00 AM **Canals: The Making of a Nation** As 7.00pm.
1.30 **Tribe** As 9.00pm.
2.30 **to 3.30** AM **Castles: Britain's Fortified History**

MORE4

136/137 127 147 18 124 15

8.55 AM **The Perfect Pitch**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw get a Renault 5 GT Turbo back on the road. **5.50** Fuzz and Tim restore a Fiat 500 for a man who has faced a series of tragedies.
6.50 **The Dog House Australia** Graduate Georgie is looking for a dog to share the next phase of her life with.
7.55 **The Dog House** Frankie the Chihuahua tries to play it cool when he meets best friends Paulette and Jackie.
9.00 **Our Yorkshire Pub Rescue with Jon Richardson** New edition It's demolition day at the pub, and the Plough's volunteers dig deep to clear out and rebuild the cellar in order to prepare it for when it'll be storing drinks again.
10.00 **Perfect Pub Walks with Bill Bailey** Bill and Happy Mondays frontman Shaun Ryder head to Somerset.
11.05 **24 Hours in A&E**
12.10 AM **Our Yorkshire Pub Rescue with Jon Richardson** As 9.00pm.
1.15 **Emergency Helicopter Medics** Documentary.
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons**
7.00 **Hollyoaks** Mercedes returns from rehab with a shocking proposal.
7.30 **The Simpsons** *Gal of Constant Sorrow:* Bart invites a homeless woman to live in his wardrobe.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Patsy Palmer, Scarlett Moffatt, Richard Dreyfuss and James Buckley.
9.00 **Gogglebox** Opinions on *Hunted, Made in Chelsea* and *Bake Off: The Professionals.*
10.00 **Gogglebox** *Starstruck, This Is Going to Hurt* and *The Home Edit* are appraised.
11.05 **Dating Naked UK**
12.10 AM **Naked Attraction**
1.20 **Gogglebox**
3.20 **The Simpsons**
3.45 **The Goldbergs**
4.35 **Don't Tell the Bride**
5.30 **to 6.00** AM **Rude(ish) Tube Shorts**

+1 hr 235/236 306 30 123 256

Wednesday primetime primetime

WEDNESDAY Entertainment

The Sky Max channel has ceased to broadcast

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: Canada's Front Line** Double bill.
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 2/13. (S6)
1.00 PM **The Rookie** 11&12/20. (S1)
3.00 **Law & Order: Criminal Intent** 5/23. Goren and Eames investigate the murder of a mother-of-two and discover a link with a counterfeiting operation. (S2)
4.00 **Nothing to Declare**

9.00 Matlock

7 PM
7.00 **Police 24/7** Officers must deal with a situation involving a woman with illegal drugs and cancer.

8 PM
8.00 **Law & Order: Criminal Intent** *Lost Children of the Blood:* 11/16. A congressman's daughter is killed. (S9)

9 PM
9.00 **Matlock** New episode *Call It a Christmas Gift:* 8/16. The city's fire department comes under investigation. (S2)

10 PM
10.00 **FBI** *Remorse:* 2/13. The team investigate the murder of the president of the New York Federal Reserve. (S6)
11.00 **FBI** Double bill. (S6&5)
1.00 AM **Law & Order: Criminal Intent** 5/16. (S9)
2.00 **FBI** New episode 4/22. (S8)
3.00 **Law & Order: Criminal Intent**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
7.55 **The Sopranos** 10&11/21. (S6)
10.00 **Succession** (S1&2)
2.25 PM **Succession** 3/10. Logan informs the team about his decision to acquire Pierce.
3.30 4/10. Kendall and Logan arrange a secret meeting.
4.35 5/10. Kendall makes his case to Naomi Pierce.
5.40 6/10. An unexpected threat emerges. (S2)
6.50 **Game of Thrones** 5/10. Lord Baelish spots an chance to further his own ambitions. (S2)

10.00 Atomic

7.55 **Game of Thrones** *The Old Gods and the New:* 6/10. Qhorin gives Jon a chance to prove himself, and Daenerys vows to reclaim what she believes is rightfully hers. (S2)

9.00 **Under Salt Marsh** 5/6. Bull closes in on the truth behind an illegal operation at the heart of all three cases. (S1)

10.00 **Atomic** *Al Britani:* 1/5. Two men become caught up in a cartel's plot to transport uranium across north Africa. (S1)
11.00 **Atomic** 2/5. The cartel has kidnapped Max's girlfriend.
12.00 M'T 3/5. Max and JJ try to secure safe passage to Syria.
1.00 AM 4&5/5. (S1)
3.00 **Mare of Easttown** (S1)
4.05 **Game of Thrones** (S2)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.20 **Real Housewives of Beverly Hills** Reality series.
12.15 PM **Dinner Date**
2.15 **The Only Way Is Essex**
3.15 **Real Housewives of Orange County** Reality series.
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

7.00 Wheel of Fortune

7.00 **Wheel of Fortune** Graham Norton hosts as contestants compete for the chance to spin the wheel and win big money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **The Heat** New edition The chefs let their hair down after a tough service with a night out, and Djordje keeps his options open.

10.00 **Family Guy** 11/20. Brian finds himself bonding with his new girlfriend's son.
10.30 12/20. Stewie tries to combat ageing. (S19)
11.00 **Family Guy** (S18&17)
11.55 **American Dad!** (S14)
12.50 AM **Bob's Burgers** 8/22. (S13)
1.20 **The Real Housewives of Orange County** Series finale There is a heated face-off.
2.10 **to 3.00** AM **Grosse Pointe Garden Society** New episode

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.20 PM **Midsomer Murders** *Blood Will Out:* A magistrate is found shot after a confrontation with a group of travellers.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Danse Macabre:* Joe and Carol join forces when a girl is found to be at risk.

8.00 Grace

6.55 **Heartbeat** *Missing Persons:* The safety of two young girls causes concern, while a new arrival causes a stir.

8.00 **Grace** *Not Dead Yet:* A shocking attack on the Brighton music scene and a gruesome discovery on a pig farm force Grace to split his team to investigate both.

10.00 **Endeavour** *Pylon:* The detective has been assigned to a quiet rural area in 1969, but is reunited with his former CID colleagues when he discovers the body of a missing schoolgirl.
11.50 **A Touch of Frost** *Appropriate Adults:* Jack tackles the most sensitive and unenviable investigation of his career.
1.55 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.10 **Magnum, PI**
9.15 **Kojak**
10.20 **Boon**
11.25 **The Sweeney**
12.30 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Boon**
4.50 **The Sweeney** *Selected Target:* Two former cellmates attempt to throw Regan off their trail.
5.55 **Minder** *Back in Good Old England:* Terry is pleased when a friend returns to England.

9.00 Diamonds Are Forever

7.00 **Aussie Pickers** Lucas and Adam meet a couple who have been collecting together since their honeymoon.

8.00 **Junk & Disorderly** Henry Cole and the team head to Newark autojumble in a final bid to afford the 1950s Buick.

9.00 **FILM Diamonds Are Forever** James Bond adventure starring Sean Connery and Jill St John. British secret service agent 007 goes on the trail of smuggled diamonds and discovers a world-threatening conspiracy. (1971, PG, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Millionaire Hot Seat** Quiz hosted by Jeremy Clarkson.
11.55 **English Football League Highlights** Recent action.
12.55 AM **Wrestling: AEW Collision**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Our Lives: The Haggis Hunters** Following the families competing in the World Haggis Championships in Perth.
8.00 **Grand Tours of Scotland's Lochs** Paul Murton explores the lochs of Skye.
9.00 **Debate Night** Topical debate on the big issues affecting Scotland.
10.00 **River City** New episode A reluctant Lenny takes up a new hobby with an unlikely mentor.
10.30 **NEW SERIES Jules and Greg's Wild Swim** Julie Wilson Nimmo and Greg Hemphill visit Scotland's southern coastline.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** The harsh reality women face in the justice system.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Ballers** 3&4/10. (S2)
10.20 **Sex and the City** (S3)
11.30 **Entourage** (S5)
12.30 PM **Will & Grace** (S6)
1.30 **Sex and the City** (S3)
2.45 **Ballers** 5&6/10. (S2)
3.50 **And Just Like That...**
4.45 **The Office (US)** (S3)
5.45 **Will & Grace** (S6)
6.45 **Community** (S1)
7.45 **Sex and the City** 17/18. Carrie tries to apologise to Natasha.
8.20 18/18. Carrie receives a surprise phone call. (S3)
9.00 **Last Week Tonight with John Oliver**
9.45 **Ania Magliano: I Can't Believe You've Done This** Stand-up performance from 2022.
11.00 **And Just Like That...**
11.50 **Community** 11&12/25.
12.50 AM **Entourage** (S5)
1.50 **Ballers** 2&3/10. (S2)
3.00 **Curb Your Enthusiasm**
3.45 **to 5.00** AM **Veep**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Gilbert and Sullivan: A Motley Pair**
6.30 **Nicola Benedetti & Friends** From Belfast.
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Dickens in Italy with David Harewood**
3.00 **Anyone Can Sing**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Present**
8.00 **Landscape Artist of the Year** New edition
9.00 **NEW National Theatre Live: Dr Strangelove**
10.55 **Science Fiction in the Atomic Age**
11.55 **The Directors**
12.55 AM **Catching Fire**
3.05 **Pompeii: Sin City**
4.30 **My Greatest Shot**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 8/20. (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager** (S6)
7.00 **Star Trek: The Next Generation** 16/26. (S7)
8.00 **Landscape Artist of the Year** New edition From Ouse Valley Viaduct.
9.00 **The Rookie** (S2)
11.00 **Grimm** 21/22. (S5)
12.00 M'T **Warrior** 4/10. (S1)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **Wheel of Fortune**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Brian tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based game show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** A team of five friends take part.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location Revisited**
7.00 **George Clarke's Building Home**
8.00 **Bargain Holiday Secrets** How to enjoy an affordable city break.
9.00 **The Roman Empire by Train with Alice Roberts** From Rome.
10.00 **FILM Predator** Sci-fi action fantasy. (1987, 15, 107min) ★★★★
12.05 AM **Gogglebox**
1.10 **8 Out of 10 Cats Does Countdown**
2.15 **Batch from Scratch: Cooking for Less**
3.15 **Devon and Cornwall**
3.55 **to 5.00** AM **The Great Pottery Throw Down**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 7/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 8/26. (S6)
2.00 **Primeval** 5&6/7. (S2)
4.00 **Stargate SG-1** 22/22. (S2)
5.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** 7/26. The crew are transformed into children, and the Ferengi claim the *Enterprise* as salvage. (S6)

2.00 Primeval

7.00 **Star Trek: Deep Space Nine** *Resurrection:* 8/26. The double of Kira's slain love requests asylum on Deep Space Nine. (S6)
8.00 **Stargate SG-1** *Out of Mind:* 22/22. Part one of two. O'Neill wakes from cryonic suspension. (S2)
9.00 **Westworld** *Kiksuya:* 8/10. Maeve's life hangs in the balance, and a member of the Ghost Nation tells the story of their journey to consciousness. (S2)
10.10 **The Leftovers** *International Assassin:* 8/10. As Kevin battles to rid himself of Patti, he finds he must face an impossible choice. (S2)
11.20 **Wynonna Earp** 1/12. Wynonna desperately looks for a way into the Garden. (S4)
12.10 AM **True Blood** 7&8/12. Double bill of the drama. (S4)
2.10 **Primeval** 5&6/7. (S2)
4.00 **Wynonna Earp** As 11.20pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 8/13. (S7)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **The Coroner** (S1)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S13)
4.00 **The Mentalist** 8/13. (S7)
5.00 **Hudson & Rex** 8/16. Charlie goes undercover in prison to investigate a murder. (S6)
6.00 **The Coroner** 3/10. Jane's quest for the truth puts her life in danger when the new mayor is found dead. (S1)

9.00 NCIS: Sydney

7.00 **Father Brown** *The Eve of St John:* The priest investigates when a group of pagans are suspected of killing one of their own.
8.00 **Death in Paradise** *Death in the Salon:* 7/8. The owner of a hair salon is killed in puzzling circumstances. (S9)
9.00 **NEW SERIES NCIS: Sydney** *Gone Fission:* 1/8. Australian crime drama spin-off with Olivia Swann and Todd Lasance. (S1)
10.00 **Miss Scarlet** *The Thames Reaper:* 3/6. A notorious serial killer is on the loose. (S5)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S9)
1.00 AM **The Company You Keep** 7/10. Charlie becomes Emma's new CIA asset and is tasked with spying on Daphne. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.10 **Dad's Army**
9.55 **Are You Being Served?**
10.30 **Porridge**
11.10 **Keeping Up Appearances**
11.50 **Last of the Summer Wine**
1.10 PM **The Green Green Grass**
1.50 **dinnerladies**
2.25 **Dad's Army**
3.10 **Are You Being Served?**
3.50 **Porridge**
4.25 **Dad's Army**
5.10 **Last of the Summer Wine**
6.25 **Keeping Up Appearances**

7.00 Porridge

7.00 **Porridge** The inmates discover there is a thief at large in the prison.
7.40 **Dad's Army** A daring bid to rescue Walker and Godfrey from a stricken pumping station goes awry.
8.20 **dinnerladies** Bren's mother Petula wreaks havoc in the factory.
9.00 **dinnerladies** Philippa has a bright idea for raising the kitchen staff's spirits. **9.35** The girls celebrate Japanese-style at their work party.
10.15 **Not Going Out** Lee and Tim attempt to befriend a lesbian couple.
10.50 **Keeping Up Appearances** Hyacinth auditions for a part in Emmet's musical.
11.30 **dinnerladies** Double bill.
12.50 AM **Not Going Out** As 10.15pm.
1.25 **The Green Green Grass**
2.00 **Don't Wait Up**
2.40 **Not Going Out** As 10.15pm.
3.10 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Dairy products.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Guy Martin: Proper Jobs**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **World's Most Dangerous Roads** From Turkey.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** From Japan.
6.00 **Rick Stein's Long Weekends** The chef heads to Palermo.

5.00 The Hairy Bikers' Asian...

7.00 **Would I Lie to You?** Unseen material from the comedy panel show.
7.40 **Richard Osman's House of Games** Contestants include Stephen Mangan and Yasmine Akram. **8.20** With Ade Adepitan, Jean Johansson, Stephen Mangan and Vikki Stone.
9.00 **QI XL** Barry Humphries, Bill Bailey, Rich Hall and Alan Davies answer Stephen Fry's questions on the subject of gravity.
10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Phil Wang and Hannah Fry.
11.00 **Taskmaster** Joe Thomas struggles with a definition.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Richard Ayoade's Question Team** With Dane Baptiste.
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **All Creatures Great and Small** 11/14. An outbreak of poisoning hits the district. (S3)
3.20 **Howards' Way**
4.30 **Shakespeare & Hathaway: Private Investigators**
5.30 **Porridge**
6.05 **Last of the Summer Wine**

9.00 The Marlow Murder Club

7.20 **Last of the Summer Wine** Howard is dismayed when Marina unwittingly buys him a life-like gorilla.
8.00 **The Marlow Murder Club** 1/6. A wealthy baronet suddenly dies alone in his study the day before his wedding.
9.00 **The Marlow Murder Club** 2/6. As the suspects' alibis stack up, Judith, Becks and Suzie are pushed to their limits. (S2)
10.00 **New Tricks** *1984:* The team re-examine the unsolved case of a peace protester found dead near a nuclear base in 1984.
11.20 **Shakespeare & Hathaway: Private Investigators** 2/10. A role-playing battle in the woods goes wrong. (S2)
12.20 AM **Waking the Dead**
1.40 **Porridge**
2.25 **Birds of a Feather**
2.55 **to 4.00** AM **Copper**

+1 hour 243 316 60 260

Wednesday

7 PM
8 PM
9 PM
10 PM

U&Drama is now up here

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 13-15/19. (S5)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Dagger:* 9/25. The team attempt to stop a criminal stealing government secrets. **7.00** *Road Kill:* 10/25. A petty officer involved in an underground fight club is murdered. **8.00** *Silent Night:* 11/25. A robbery is committed by a man believed dead for 17 years. (S6)
9.00 **Criminal Minds** *Ghost:* 5/10. The BAU team investigate what appears to be a copycat killer when they head to Illinois to uncover the truth behind a string of fatal shootings. (S15)
10.00 **Law & Order: Special Victims Unit** (S21&20)
1.45 AM **NCIS** 6/20. (S22)
2.40 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **Street Cops: Catching the Yobs**
8.00 **Call the Bailiffs: Time to Pay Up** Squatters are removed from a council-owned building.
9.00 **FILM Fifty Shades Darker** Erotic drama sequel with Jamie Dornan and Dakota Johnson. (2017, 18, 118min) ★★
11.20 **Swingers: Couples Wanted!** The practice of partner-swapping.
12.20 AM **Adults Only: Wannabe Porn Stars**
1.20 **Police Interceptors**
3.10 **The Vanishing Triangle**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
12.00 NOON **FILM Lust for Gold** Western. (1949, b/w, PG, 90min) ★★
1.50 PM **FILM Stagecoach** Western starring John Wayne. (1939, b/w, U, 99min) ★★★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Officers raid a cannabis farm in an old restaurant. **7.00** Liam and police dog Titan take part in a full-scale manhunt.
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Traffic Cops**
10.00 **Special Forces: Most Daring Missions**
11.00 **Banged Up Abroad**
12.00 M'T **Extreme Tow Truckers** Documentary.
1.00 AM **Ice Road Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake** Documentary.
8.00 **NCIS: New Orleans** *You'll Do:* 21/23. LaSalle's family life begins to seriously affects his work. **9.00** *How Much Pain Can You Take?* 22/23. The elusive Baitfish murders LaSalle's girlfriend Savannah. (S1)
10.00 **Elementary** *A Giant Gun, Filled with Drugs.*
11.00 **Ambulance Australia**
12.00 M'T **Inside the Ambulance**
12.30 AM **Louis Theroux: Law & Disorder in Philadelphia**
1.50 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **The Great War in Numbers** Documentary.
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **The Great War in Numbers** Documentary.
6.00 **Antiques Roadshow**
7.00 **Ireland with Simon Reeve** 1/2. The history of the island of Ireland.
8.00 **Bangers & Cash: Restoring Classics** Derek points the team towards one of his favourite motors – a 1983 Daimler Double Six.
9.00 **Classic Car Kings**
10.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering** Double bill.
2.00 **to 3.00** AM **War Factories**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: What Happened Next**
6.00 **Money for Nothing**
7.00 **Salvage Hunters** Drew Pritchard scours the wild items at Chester Zoo.
8.00 **Antiques Road Trip** Louise Gostelow and David Harper search for bargains in Cumbria and Lancashire.
9.00 **Who Do You Think You Are?** Double bill.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Really has moved to here

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY Entertainment

Great! TV

157 167 170 34 32

8.10 AM **Highway to Heaven**
10.10 **Little House on the Prairie** 17&18/24. (S8)
1.00 PM **The Waltons** (S4)
3.00 **Ballykissangel** (S3)
4.10 **Born and Bred** (S1)
5.20 **Doctor Finlay** 5/6. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 21/24. Hawkeye experiences a crisis of professional confidence. **8.00** 22/24. Frank threatens to transfer to another unit, but is persuaded to stay. **8.30** 23/24. Celebrations are short-lived when news of a ceasefire proves inaccurate. (S1)
9.00 **Whatever Happened to the Likely Lads?**
11.00 **The New Avengers**
12.00 M'T **The Avengers** (S6)
1.00 AM **M*A*S*H** (S1)
2.25 **A Fine Romance** (S1)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron**
12.00 NOON FILM **They Came to Cordura** Western. (1959, PG, 123min) ★★★
2.40 PM FILM **When the Daltons Rode** Western. (1940, b/w, PG) ★★
4.30 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers** (S1)
7.00 **The Avengers** (S5)
8.00 **The Baron** 13/30. (S1)
9.00 FILM **Assault on Station 33** Thriller. (2021, 15, 90min) ★★
11.00 FILM **American Siege** Thriller with Bruce Willis. (2021, 15, 91min) ★★
1.00 AM **The Baron** (S1)
2.00 **The Avengers** (S5)
2.55 **Police Ten 7**
3.20 FILM **Operation Cross Eagles** Wartime drama. (1969, 12, 90min) ★★
4.40 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Ruby Herring Mysteries: Her Last Breath** Thriller. (2019, PG, 84min) ★★
10.05 **Castle** 22&23/23. (S6)
12.05 PM **Hailey Dean Mysteries: A Prescription for Murder**
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 1&2/23. (S7)
9.00 **Hailey Dean Mysteries** Drama starring Kellie Martin and Lauren Holly.
10.55 FILM **An Emma Fielding Mystery: Site Unseen** Crime drama starring Courtney Thorne-Smith. (2017, PG, 90min) ★★
12.50 AM FILM **Mistaken** Thriller starring Lana and Bénédicte Décary. (2008, 12, 90min) ★★
2.30 FILM **Evil Nanny** Thriller. (2016, 12, 90min) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM FILM **Pumpkin Pie Wars** Romantic comedy. (2016, PG, 79min) ★★
10.05 FILM **One Perfect Match** Romantic comedy. (2023, PG, 87min) ★★
12.15 PM FILM **Rip in Time** Drama. (2022, PG) ★★
2.05 FILM **A Wedding for Belle** Romantic drama. (2025, PG, 90min) ★★
4.05 FILM **Stop the Wedding** Drama. (2016, U) ★★
6.00 FILM **The Wedding Arrangement** Drama. (2022, PG, 89min) ★★
8.00 FILM **The Engagement Dress** Romantic drama. (2023, PG, 90min) ★★
9.55 FILM **For the Love of Chocolate** Comedy. (2021, PG, 85min) ★★
11.55 FILM **Season for Love** Romantic drama. (2018, PG, 84min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **A Wedding for Belle**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Edwardian Farm**
1.15 PM **Rick Stein's Food Stories** In Suffolk.
2.00 **Love Your Garden**
3.00 **Flipping Profit**
4.00 **New Home DIY**
5.00 **The Greatest Auction**
6.00 **My Floating Home**
7.00 **Garden Rescue** The team help Sylvia and Matthew in Wokingham.
8.00 **Love Your Garden** Alan and his team turn a suburban plot in Hull into a wildlife retreat.
9.00 **Me and My Affair**
10.00 FILM **Permissive** Drama starring Maggie Stride and Gay Singleton. (1970, 18, 88min) ★★
12.00 M'T FILM **Come Play with Me** Comedy starring Pat Ashley. (1977, 18, 90min) ★★
2.00 AM **My Floating Home**
3.00 **Edwardian Farm**
4.15 **to 5.00** AM **Rick Stein's Food Stories**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Jukebox Rewind**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn Street Gang** 17/18. (S3)
12.30 PM **The Top Secret...**
1.00 **Wish Me Luck** (S2)
2.00 **The Champions** (S1)
3.00 **Bubblegum & Cheese**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S3)
6.30 **The Fenn Street Gang**
7.00 **The Top Secret Life of Edgar Briggs** (S1)
7.30 **The Brian Conley Show**
8.00 **The Champions** (S1)
9.00 **Wish Me Luck** (S2)
10.00 **Drop the Dead Donkey**
10.30 FILM **Sex and the Other Woman** Comedy. (1972, 18, 85min) ★★
12.15 AM **Stereo Underground**
1.15 **Hank the Cowboy**
1.30 **Soap** 23-25/25. (S1)
3.00 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **The Snake Catcher**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition The crew kick off a new waterside build.
10.00 **Barnwood Builders** New edition Mark and the guys salvage a cabin picked by the youngest member of the crew.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Tom Kerridge Secrets of the Pub Kitchen** Double bill.
7.00 **The Hairy Bikers' Northern Exposure**
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals for Every Day** Double bill.
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Sweet**
3.00 **The Hairy Bikers' Northern Exposure**
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Barefoot Contessa – Back to Basics**
7.00 **Great British Bake Off**
9.00 **Jamie Cooks Italy**
10.00 **Adam Richman Eats Italy** Food from Turin. **10.30** From Genoa.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 13/26. (S5)
9.00 **The A-Team** 18/23. (S4)
10.00 **The Invaders** 16/17. (S1)
11.00 FILM **Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
1.00 PM FILM **Cowboy** Western drama. (1958, PG, 90min) ★★★
2.55 FILM **Donovan's Reef** Action comedy. (1963, U, 104min) ★★★
5.00 **Star Trek** 23/26. (S2)
6.00 **The Invaders** 17/17. (S1)
7.00 **The A-Team** 19/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 FILM **Vertical Limit** Adventure thriller. (2000, 12, 124min) ★★★
11.25 FILM **The Enforcer** Crime action thriller. (2022, 18, 90min) ★★
1.15 AM FILM **Maximum Conviction** Thriller. (2012, 15, 93min) ★★
3.10 **to 5.00** AM FILM **Rogue Hostage** Thriller. (2021, 15, 93min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Gambler V: Playing for Keeps**
11.00 **The Lost World** (S2)
12.00 NOON FILM **Island of Terror** Horror. (1966, PG, 90min) ★★★
2.00 PM FILM **The People That Time Forgot** Fantasy. (1977, U) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** (S2)
9.00 FILM **Flight of the Intruder** War drama. (1991, 15, 113min) ★
11.15 FILM **The Business** Drama with Danny Dyer. (2004, 18, 97min) ★★
1.10 AM FILM **The Witches** Hammer horror. (1966, 15, 91min) ★★
3.00 FILM **Asteroid-a-geddon** As 5.00pm.
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Swamp People**
1.05 PM **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal** A visit to Wood Green.
9.00 **Paranormal: Caught on Camera** New editions
11.00 **The Proof Is Out There**
12.00 M'T **Mysteries from Above** Documentary.
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **Swamp People**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Ben Fogle: New Lives in the Wild** Sweden.
12.00 NOON **Walking Wartime Britain**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Scenic Railway Journeys**
6.00 **Great British Ships**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** Laos.
9.00 **The River Thames: Then & Now** The history of the river.
10.00 **Secrets of the River Clyde** How the Clyde has been at the heart of shipbuilding for centuries.
11.00 **Enigma: The Monster of Loch Ness**
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Kyran Bracken and Sammy Winward compete in the quiz.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Celebrity Who Wants to Be a Millionaire?**
4.00 **Bridge of Lies** Quiz.
5.00 **The Bidding Room**
6.00 **Tenable** Five university friends take part.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With *Emmerdale* stars Anthony Quinlan, Louisa Clein, James Moore and Dominic Brunt.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory**
9.00 **The Bad Skin Clinic** New edition Samantha's severe lymphedema has left her legs swollen, scaly and painful and she is barely able to walk.
10.00 **The Bad Skin Clinic** Ashleigh has lost all her hair, but a new treatment gives her hope, and Serena refuses to leave home due to facial hair. **11.00** Nick is so embarrassed about the cyst on his penis, and he hasn't seen a doctor about it in 25 years.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: Inspired Unemployed**
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S2&3)
1.00 PM **Friends** (S1&2)
7.30 **Friends** 6/24. Guest stars Chrissie Hynde. **8.00** 7/24. Rachel confesses all to Ross. **8.30** 8/24. Ross draws up a list of Rachel's good and bad points. (S2)
9.00 **Michael McIntyre's Big Show** With George Ezra and Peter Crouch.
10.00 **8 Out of 10 Cats Uncut**
10.50 **8 Out of 10 Cats: Best Bits** Compilation.
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **South Park** (S12)
3.05 **Michael McIntyre's Big Show** As 9.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Spin City** 6&7/24. (S2)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 21-24/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 6&7/24. (S2)
7.00 **Everybody Loves Raymond** Six episodes of the sitcom, including at: **9.30** 5/26. Guest stars Katherine Helmond. (S3)
10.00 **South Park** (S15)
1.00 AM **The Ricky Gervais Show** Double bill.
2.00 **Utopia** 4/8. (S2)
2.30 **Teachers** 16/20. (S2)
3.00 **Reno 911!** 4&5/16. (S5)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.55 **Steptoe and Son** (S2)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S2)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 12/15. (S3)
2.45 **Minder** 1/11. (S4)
3.50 **Just Good Friends** (S2)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** Sitcom. (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S7)
6.45 **Rising Damp** 3/8. (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 9/10. (S5)
9.00 **Benidorm** 5/7. (S4)
10.00 **Shameless** 5/8. (S4)
11.00 **Man About the House**
11.30 **Rising Damp** 4/6. (S4)
12.00 M'T **Benidorm** 5/7. (S4)
1.00 AM **Minder** 9/10. (S5)
2.05 **Till Death Us Do Part**
2.40 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: The TV Show**
4.00 PM **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Catfish: The TV Show**
8.00 **Teen Mom UK: Next Generation** New edition Chloe opens up to her mum.
9.00 **True Life Crime UK** The shocking truth surrounding the attack on Conner Marshall.
10.00 **Ridiculousness** New edition Rob, Steelo, and Lolo Wood play pool basketball.
11.00 **Tattoo Fixers**
12.00 M'T NEW SERIES **Ridiculousness**
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality series.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Overhaulin'** Double bill.
1.00 PM **Deadliest Catch** Keith sets a decoy to lure Sig away. **2.00** The lucrative Opilio Crab winter fishery reopens.
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** Stuart Rinker's homestead is threatened by a wildfire. **6.00** Misty creates her first ever subterranean garden.

10.00 Kindig Customs

7.00 **Wheeler Dealers** Mike Brewer and Ant Anstead enter the market for American SUVs with a Jeep Grand Wagoneer.
8.00 **Wheeler Dealers** Mike Brewer and Ant Anstead take on a Alfa Romeo Spider Quadrifoglio with a rare hard-top.
9.00 **Wheeler Dealers** Mike buys a 58-year-old Dormobile campervan, but Elvis has a huge amount of work to do.
10.00 **Kindig Customs** New edition Dave and Kev check out all the oddball cars at the Syracuse Nationals car show.
11.00 **Expedition Unknown** Josh braves South Carolina's swamps to find the lost treasure of Anne Bonny.
12.00 M'T **Deadliest Catch**
1.00 AM **Wheeler Dealers**
2.00 **Kindig Customs** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** With Betty White.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees** Mariah is devastated when she learns that a friend has died.
3.00 **The Zoo** Double bill.
5.00 **Lone Star Law** The search is on for an alligator that bit a man and his 13-year old son.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog is rushed after eating marijuana-infused chocolates.

5.00 Lone Star Law

7.00 **Treehouse Masters** Pete Nelson designs a beehive-style structure for couple Donald and Alison Farmer.
8.00 **Rugged Justice** The force solves an illegal elk shooting, and stops convicted felons from hunting illegally.
9.00 **Alaska: The Last Frontier** Alaskan family the Kilchers struggle through a record-breaking harsh winter.
10.00 **Alaskan Bush People** Ami prepares for a critical medical check-up, and a rogue bear destroys Bam's new beehives.
11.00 **Mountain Monsters** The hunters learn that a creature known as the Black Wolf roams the Dark Forest.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **The Pool Master**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Pirates: Behind the Legends**
11.00 **Nazi Megastructures: Battle Ready** Documentary.
12.00 NOON **Colossal Machines**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **The Amber Room: Drain the Oceans**
5.00 **Ice Road Rescue** A 10-man team recover a capsized trailer and its valuable cargo.
6.00 **Toronto Airport Uncovered**

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** The pilots of a New Zealand turboprop pull off a remarkable wheels-up landing.
8.00 **Apocalypse: Hitler Takes on the East** Following the German invasion of the USSR during World War Two.
9.00 **Apocalypse: Hitler Takes on the East** In October 1941, Hitler believes his triumph over the USSR is imminent.
10.00 **Gladiators: Warriors of the Ancient World** How Emperor Commodus's obsession with fame spiralled into megalomania.
11.00 **Air Crash Investigation** A private jet goes out of control.
12.00 M'T **Yukon Rescue**
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Forged with Steele**
9.15 **Pawn Stars** A Fiat Microcar.
10.10 **Storage Wars** Triple bill.
12.00 NOON **Hitler's Engineers**
1.00 PM **The Curse of Oak Island**
2.00 **Beyond Skinwalker Ranch** Four editions, including at: **4.00** Andy uncovers evidence that ties to Skinwalker Ranch. **5.00** A trip to a site of ancient Native American petroglyphs.
6.00 **American Pickers** Mike and Jersey visit Connecticut.

7.00 Forged in Fire

7.00 **Forged in Fire** Two competitors are tasked to re-create a sword wielded by some of history's fiercest soldiers.
8.00 **Britain's Most Historic Towns** Professor Alice Roberts reveals the history of Belfast, the UK's most Victorian city.
9.00 **The Curse of Oak Island** New edition Documentary following two brothers searching for treasure on a Nova Scotia island.
10.00 **Forged in Fire** New edition Champions from previous seasons compete against one of the expert judges.
11.00 **My Paranormal Nightmare** A young boy fears he has no one to turn to when he begins to see shadow people.
12.00 M'T **Beyond Skinwalker Ranch** Triple bill of editions.
2.50 AM **The Curse of Oak Island**
3.40 **Britain's Most Historic Towns**
4.25 **Pawn Stars** Chum chases a lead on a 1963 Fiat Microcar.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Richard Attenborough** As 4.00pm.
8.00 **The Directors**
9.00 **100 Foot Wave**
10.00 **Pee-wee as Himself**
2.00 PM **Val** Documentary.
4.00 **Discovering: Richard Attenborough** The career of the Oscar-winning director.
5.00 **The Directors** The life and work of Mervyn LeRoy.
6.00 **100 Foot Wave** 3/6. Brazilian surfers new to Nazare fail to heed safety advice.

6.00 100 Foot Wave

7.00 **History of the Sitcom** 3/8. Comedy shows that revolve around friendships, exploring TV's challenging quest for inclusivity.
8.00 **Ghislaine Maxwell: Epstein's Shadow** 1/3. The complicated and mysterious life of the former socialite.
9.00 **Ghislaine Maxwell: Epstein's Shadow** 2/3. The story of how Ghislaine went to New York and fell in love with Jeffrey Epstein.
10.05 **Ghislaine Maxwell: Epstein's Shadow** 3/3. The former socialite leaves Jeffrey Epstein to distance herself from his crimes.
11.00 **2000 Meters to Andriivka** Documentary following a Ukrainian platoon as they traverse a heavily fortified mile of forest to liberate a strategic village from Russian forces.
1.10 AM **Pantani: The Accidental Death of a Cyclist**
3.10 **Right to Fight**
5.00 **to 6.00** AM **Discovering: Richard Attenborough**

Wednesday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** Angus Ashworth uncovers a collection of radio equipment. **9.00** New edition Angus unearths vintage toys and faces a downsizing dilemma.
10.00 **Celebrity Yorkshire Auction House** Angus foxtrots into Oti Mabuse's glitzy home and faces a fridge freezer first.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops Detroit**
7.00 **Forensic Detectives**
9.00 **FBI Files**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder in the Heartland**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV** The case of KJ Taylor, who was killed during a drive-by shooting.
9.00 **Deadly Legacy** The case of John Wayne Gacy.
10.00 **People Magazine Investigates**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** Michael O'Leary is murdered by his best friend Andrew Jones.
8.00 **48 Hours** New edition C.C. Opanowski survived a vicious attack by her ex-boyfriend.
9.00 **Storm of Suspicion** New edition A bar owner, Joe Wongchoy, is found shot to death in his apartment.
10.00 **Fatal Fall: Murder or Accident?** New edition The case of Leslie Neulander, who died at home in the arms of her husband.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Fatal Fall: Murder or Accident?** As 10.00pm.
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
10.45 **Teleshopping**
11.00 **48 Hours** Jeff German.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective** A father is murdered by a gang. **3.00** The murder of Jodie Chesney.
4.00 **48 Hours** The intriguing case of Kouri Richins.
5.00 **Medical Detectives** Investigators uncover a 'signature' that links an assault to a murder. **5.30** Using cat hairs to track down a woman. **6.00** DNA testing helps to solve a case. **6.30** A mother investigates her own daughter's murder.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation**
12.00 NOON **Killer in My...**
2.00 PM **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **What the Killer Did Next** Joy Morgan.
10.00 **Killing Mum and Dad**
11.00 **Police 24/7**
12.00 M'T **World's Most Evil Killers** The crimes of John Eric Armstrong.
1.00 AM **Britain's Most Evil...**
2.00 **Murders That Shocked the Nation**
3.00 **Murdered at First Sight**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **1066: A Year to Conquer England**
9.30 **WW2: Battle of Crete**
10.40 **Weathered: Earth's Extremes** Double bill.
11.50 **Mafia's Greatest Hits**
1.00 PM **1066: A Year to Conquer England**
2.25 **WW2: Battle of Crete**
3.40 **Weathered: Earth's Extremes** Double bill.
4.50 **Mafia's Greatest Hits**
5.55 **1066: A Year to Conquer England**
7.15 **WW2: Battle of Crete**
8.25 **Weathered: Earth's Extremes** New editions Heat in Portland, Oregon and Medellín. **9.00** The severe impacts of droughts and floods on agriculture.
9.35 **Mafia's Greatest Hits**
10.40 **1066: A Year to Conquer England**
12.00 M'T **WW2: Battle of Crete** Documentary.
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Sky Nature

124/145 113/114 135 354 369

6.00 AM **Amazing Animal Friends**
7.00 **Monkey Life**
8.00 **Africa's Wild Horizons**
9.00 **Hope for Wildlife**
10.00 **Great Blue Wild**
11.00 **Moon: Nature's Secret Force**
12.00 NOON **Brazil Untamed**
1.00 PM **Monkey Life**
2.00 **Africa's Wild Horizons**
3.00 **Hope for Wildlife**
4.00 **Great Blue Wild**
5.00 **Secret Life of the Kangaroo**
6.00 **Brazil Untamed**
7.00 **Monkey Life** Double bill.
8.00 **Islands** A look at K'gari in Queensland, also known as Fraser Island, featuring footage of stingrays hunting soldier crabs in the tidal shallows.
9.00 **Arctic from Above**
10.00 **Brazil Untamed**
11.00 **Secret Life of the Kangaroo**
12.00 M'T **Moon: Nature's Secret...**
1.00 AM **Amazing Animal Friends**
2.00 **Islands** As 8.00pm.
3.00 **Arctic from Above**
4.00 **Africa's Wild Horizons**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Curse of the Ancients**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **History of Weapons**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Britain's Lost Battlefields with Rob Bell** The events that led to the Battle of Watling Street.
4.00 **Curse of the Ancients**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **History of Weapons**
8.00 **Combat Ships** The Battle of Trafalgar in October 1805.
9.00 **Secrets in the Ice** New insights into prehistoric penguin evolution.
10.00 **Rome: Rise and Fall of an Empire** The story of Claudius's conquest of Britain.
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Britain's Lost Battlefields...**
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Inside the Tower of London**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **The Gamechangers: Inventing the World** Double bill.
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **In Search of Monsters** Experts analyse new evidence that could prove the Beast of Bray Road is terrorising a Wisconsin town. Plus, the question of whether a human-wolf hybrid is spreading across America. **10.00** Experts analyse new evidence that could prove the legendary beast known as Chupacabra is real – and that there are two versions of the bloodsucking creature.
11.00 **Expedition X** A strange phenomenon that has been haunting Mammoth Cave in Kentucky for generations. **12.00** M'T Phil and Jessica follow strange orbs of light into an active volcano in Washington.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Killer Britain with Dermot Murnaghan** Double bill.
1.00 PM **Meet, Marry, Murder**
2.00 **Buried in the Backyard**
3.00 **Murder by Medic**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Meet, Marry, Murder** New edition True-crime series.
9.00 **Killer Grannies** New edition A death on a farm looks like a tragic suicide, but police uncover a sprawling cover-up.
10.00 **Sin City Gigolo: A Murder in Las Vegas** Series finale A lawyer questions the investigation.
11.15 **Fatal Family Feuds**
12.10 AM **Britain's Darkest Taboos**
1.05 **The First 48**
2.00 **Interrogation Raw**
3.00 **Homicide Hunter**
4.00 **Court Cam**
5.00 **to 6.00** AM **Meet, Marry, Murder**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest Animal Faces**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Malika the Lion Queen**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** The staff throw a leaving party for two polar bears that are being sent to another zoo.
8.00 **Wild Uganda: Perils in Paradise** A look at the wildlife of Uganda's heartlands.
9.00 **Wild Yellowstone** The national park's diverse range of wildlife.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Northwoods Survival**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Monster Fish of the Congo**

Discovery History

174 147 181

7.00 AM **Planes That Changed the World** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The search for alien life on other planets in the galaxy.
1.00 PM **Mysteries at the Castle**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Planes That Changed the World** Focusing on the DC-3.
9.00 **Secrets Underground** The story of a legendary train filled with stolen Nazi gold said to be hidden in Poland.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **999 Rescue Squad**
1.00 PM **999 Rescue Squad**
5.00 **Doctor Who** *Pyramids of Mars – Part Two:* 10/26. An archaeologist unleashes an evil force. Stars Tom Baker. **5.35** *Pyramids of Mars – Part Three:* 11/26. The Time Lord battles extraterrestrials in 1911. **6.05** *Pyramids of Mars – Part Four:* 12/26. The Doctor tries to solve a series of logical puzzles to prevent Sutekh escaping his pyramid prison. **6.40** *The Android Invasion – Part One:* 13/26. The Doctor battles to thwart an invasion of Earth by the sinister Kraals. **7.15** *The Android Invasion – Part Two:* 14/26. Sarah causes issues for the Doctor when the pair arrive in an unusual village. **7.50** *The Android Invasion – Part Three:* 15/26. The Kraal make plans to wipe out the human race with a virus. (S13)
8.55 **Doctor Who**
12.15 **to 6.00** AM **Doctor Who**

+1hour 266 376

ID

154 140 166

8.00 AM **Pandora's Box: Unleashing Evil**
9.00 **American Monster**
11.00 **Disappeared**
12.00 NOON **Evil Lives Here**
1.00 PM **American Monster**
3.00 **Disappeared**
4.00 **Evil Lives Here**
5.00 **Cops UK: Bodycam Squad**
7.00 **Murder Under the Friday Night Lights** Two Oklahoma high-school football coaches mysteriously vanish in 1976. **8.00** In Texas, a former high-school football star is murdered in broad daylight.
9.00 **High Speed Chase** In Florida, a boat thief runs from the law, kicking off a speedboat chase.
10.00 **Good Cop, Bad Cop** The murder of a hardworking Syrian immigrant in Jacksonville, Florida.
11.00 **Real Time Crime**
12.00 M'T **Before They Kill Again**
2.00 AM **Cops UK: Bodycam Squad**
4.00 **to 6.00** AM **Murder Under the Friday Night Lights**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers**
9.00 **Outback Truckers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Big** Richard visits Tottenham Hotspur Football Stadium.
1.00 PM **Roadworthy Rescues**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Outback Truckers**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz find a rare custom IRIS Sporting Trials Car.
9.00 **Kevin Hart's Muscle Car Crew** The Boyz prepare for their official Car Club Launch.
10.00 **Outback Truckers**
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic...**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **King Ivory** Crime thriller. (2024, 15, 145min)
8.55 **The Gentleman** As 3.00pm.
10.45 **I Know What You Did Last...**
12.45 PM **How to Train Your Dragon** Fantasy adventure. (2025, PG, 125min) ★★★★
3.00 **The Gentleman** Crime thriller. (2025, 15, 89min) ★★
4.50 **One More Shot** Comedy. (2025, 15, 91min) ★★★
6.30 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★

10.00 M3GAN 2.0

8.00 **I Know What You Did Last Summer** Horror reboot starring Madelyn Cline and Chase Sui Wonders. A group of young friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

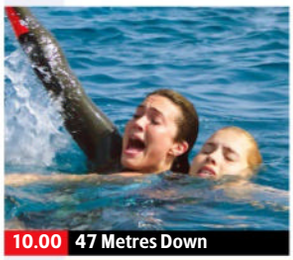
10.00 **M3GAN 2.0** Sci-fi action thriller sequel starring Allison Williams. Two years after M3GAN's rampage, Gemma is forced to resurrect the doll to take down a military-grade weapon. (2025, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **One More Shot** (2025)
1.50 **Bone Lake** Comedy thriller. (2024, 18, 94min) ★★★
3.30 **Neighborhood Watch** Thriller starring Jeffrey Dean Morgan. (2025, 15, 92min) ★★★★
5.10 **to 7.00** AM **The Gentleman**

Sky Cinema Wild Worlds

303 303 403 503 517

7.10 AM **Beast of War** As 1.55am.
8.45 **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★★
11.10 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★
1.10 PM **Godzilla x Kong: The New Empire** Fantasy. (2023, 12, 115min) ★★★
3.10 **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
5.40 **Waterworld** Sci-fi adventure. (1995, 12, 134min) ★★★



10.00 47 Metres Down

8.00 **The Meg** Sci-fi action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. With Bingbing Li, Rainn Wilson and Ruby Rose. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **47 Metres Down** Horror starring Mandy Moore and Claire Holt. Two sisters vacationing in Mexico become trapped in a shark cage at the bottom of the ocean. (2017, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
1.55 AM **Beast of War** Thriller. (2025, 15, 87min) ★★★★
3.35 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Peggy Sue Got Married**
8.10 **I, Tonya** Biopic starring Margot Robbie. (2017, 15, 119min) ★★★★
10.15 **Jackie** Biopic starring Natalie Portman as Jacqueline Kennedy. (2016, 15, 100min) ★★★★
12.00 NOON **The Bodyguard** Romantic thriller starring Kevin Costner. (1992, 15, 129min) ★★★
2.15 PM **Quartet** Comedy drama. (2012, 12, 94min) ★★★★
4.00 **Black Dog** Chinese drama. (2024, 12, 110min) ★★★
6.00 **Peggy Sue Got Married** Romantic fantasy comedy. (1986, 15, 104min) ★★★★
8.00 **Cookster: The Darkest Days** Drama with Craige Middleburg. (2024, 15, 119min) ★★★
10.00 **The Boy in the Striped Pyjamas** Wartime drama based on the book by John Boyne, starring Asa Butterfield, Vera Farmiga and David Thewlis. (2008, 12, 94min) ★★★★
11.40 **The Blind Side** Fact-based drama starring Sandra Bullock. (2009, 12, 129min) ★★★
1.50 AM **Black Dog** As 4.00pm.
3.45 **Sky Cinema Preview**
4.20 **to 6.35** AM **American Sniper** Biopic starring Bradley Cooper. (2014, 15, 127min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.15 AM **Sick** As shown at 1.40am.
7.50 **The Ritual** Horror thriller. (2017, 15, 94min) ★★★
9.40 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★
11.40 **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★
1.50 PM **Constantine** Supernatural thriller starring Keanu Reeves. (2005, 15, 121min) ★★★
4.00 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
5.50 **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★
8.00 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. A troubled priest and a novice nun discover a religious order's dark secret and battle a malevolent force. (2018, 15, 96min) ★★★
9.50 **The Crazies** Horror thriller remake starring Timothy Olyphant and Radha Mitchell. (2010, 15, 101min) ★★★★
11.45 **MaXXXine** Thriller starring Mia Goth. (2024, 18, 110min) ★★★
1.40 AM **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
3.15 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
5.00 **to 6.45** AM **Jules** Sci-fi comedy drama. (2023, 12, 87min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **Ride On** Action drama. (2023, PG, 126min) ★★★
9.45 **Hook** Fantasy adventure. (1991, U, 140min) ★★★
12.15 PM **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
2.15 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel. (2003, U, 84min) ★★★
3.55 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★
6.00 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★

8.40 Harold and the Purple...

8.40 **Harold and the Purple Crayon** Adventure starring Zachary Levi. A character who lives in a hand-drawn world tumbles into the present day as a flesh-and-blood man. (2024, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

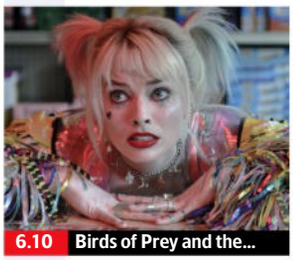
10.15 **Cats & Dogs** Fantasy comedy featuring the voices of Tobey Maguire, Alec Baldwin, Sean Hayes and Susan Sarandon. (2001, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Spy Kids** Children's action comedy starring Antonio Banderas and Carla Gugino. (2001, U, 88min) ★★★★
1.20 AM **Spy Kids 2: Island of Lost Dreams** Action comedy sequel starring Alexa Vega. (2002, U, 100min) ★★★★
3.05 **Spy Kids 3: Game Over**
4.35 **to 6.25** AM **Monster Trucks**

Sky Cinema Action

307 307 407 507 521

8.30 AM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
10.35 **Mortal Kombat** (1995) ★★★
12.20 PM **Mortal Kombat: Annihilation** (1997, 15) ★★
2.05 **Venom: Let There Be Carnage** Fantasy. (2021, 15) ★★★
3.45 **Transformers** (2007) ★★★★
6.10 **Birds of Prey and the Fantabulous Emancipation of One Harley Quinn** Fantasy. (2020, 15, 109min) ★★★★


6.10 Birds of Prey and the...

8.00 **300** Epic adventure starring Gerard Butler and Lena Headey. In 480 BC, 300 Spartans face overwhelming odds when they make a defiant stand against the Persian enemy at the Battle of Thermopylae. (2006, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Bad Boys: Ride or Die** Action comedy sequel with Will Smith and Martin Lawrence. (2024, 15, 115min) ★★★
2.35 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
4.30 **to 6.25** AM **Mortal Kombat** Fantasy action adventure. (2021, 15, 110min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
9.05 **Billy Madison** Comedy. (1995, PG, 90min) ★★
10.40 **Arthur** (1981, 15) ★★★★
12.20 PM **The Golden Child** Fantasy. (1986, PG, 93min) ★★
1.55 **Tootsie** (1982, 15) ★★★★
3.55 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
6.00 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★

6.00 How to Lose a Guy in 10...

8.00 **Little Fockers** Comedy sequel with Ben Stiller and Robert De Niro. A male nurse must prove to his father-in-law that he is worthy of taking his place as the family patriarch. (2010, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Big Daddy** Comedy starring Adam Sandler as a law school graduate who adopts a five-year-old boy to impress his girlfriend. With Kristy Swanson and Joey Lauren Adams. (1999, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Daddy's Home 2** Comedy sequel starring Will Ferrell. (2017, 12, 100min) ★★★
1.00 AM **Jackass: The Movie** Comedy. (2002, 18, 87min) ★
2.30 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
4.10 **Sky Cinema Preview**
4.55 **to 6.30** AM **Blazing Saddles** Mel Brooks' Western spoof. (1974, 12, 90min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **Paradise Highway** Thriller. (2022, 15, 115min) ★★★★
8.35 **Psycho** As shown at 4.25pm.
10.35 **Absolution** Crime thriller. (2024, 15, 112min) ★★★
12.40 PM **Along Came a Spider** Thriller. (2001, 15) ★★★
2.25 **Three Days of the Condor** Thriller. (1975, 15) ★★★★
4.25 **Psycho** Horror chiller remake. (1998, 15, 100min) ★
6.15 **Drop** Thriller starring Meghann Fahy. (2025, 15, 95min) ★★★★

10.00 Taxi Driver

8.00 **RocknRolla** Guy Ritchie's crime comedy thriller starring Gerard Butler and Tom Wilkinson. Two East End crooks trigger a feud between a London crime boss and a Russian mobster. With Mark Strong and Idris Elba. (2008, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Taxi Driver** Martin Scorsese's disturbing drama starring Robert De Niro as a New York taxi driver obsessed with saving a child prostitute. With Jodie Foster. (1976, 18, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Collateral** Director Michael Mann's thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★
2.15 **True Romance** Crime thriller scripted by Quentin Tarantino. (1993, 18, 118min) ★★★★
4.30 **to 6.20** AM **Kill** Thriller. (2023, 15, 94min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sea Wife** Romantic drama. (1957, PG, 82min) ★★
12.40 PM **The Mark of Zorro** Swashbuckling adventure. (1940, b/w, U, 94min) ★★★★
2.30 **The Major and the Minor** Comedy. (1942, b/w, U) ★★★
4.35 **Drums Along the Mohawk** Adventure. (1939, PG) ★★★
6.45 **Cowboys & Aliens** Sci-fi Western starring Daniel Craig. (2011, 12, 119min) ★★★

9.00 Ambulance

Cowboys & Aliens (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Ambulance** Crime drama starring Jake Gyllenhaal. A man desperate for money asks for help from his adoptive brother, a criminal who instead offers him a score, but their getaway goes wrong. With Yahya Abdul-Mateen II. (2022, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.45 **Boss Level** Action comedy starring Frank Grillo. A former Special Forces operative wakes every day, stuck in a time loop with assassins trying to kill him. With Mel Gibson. (2021, 15, 100min) ★★★
1.45 **to 4.00** AM **Proxima** Sci-fi drama starring Eva Green, Matt Dillon and Zélie Boulant. (2019, 12, 107min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

6.00 AM **Sky Cinema Preview**
6.45 **Escape to Victory** As 11.25pm.
8.50 **Snakes on a Plane** Action thriller. (2006, 15, 105min) ★★★
10.40 **Napoleon Dynamite** Comedy. (2004, PG, 95min) ★★★★
12.25 PM **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
2.00 **Trading Places** Comedy. (1983, 15, 116min) ★★★★★
4.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★
6.00 **Demolition Man** Sci-fi thriller starring Sylvester Stallone. (1993, 15, 114min) ★★★
8.00 **Team America: World Police** Spoof of Hollywood action movies performed by puppets. (2004, 15, 98min) ★★★★
9.40 **Gremlins** Horror comedy from director Joe Dante, starring Zach Galligan and Phoebe Cates. (1984, 12, 106min) ★★★★
11.25 **Escape to Victory** World War Two drama starring Sylvester Stallone. (1981, PG, 111min) ★★
1.25 AM **Pulp Fiction** Writer/director Quentin Tarantino's comedy thriller starring John Travolta. (1994, 18, 154min) ★★★★★
4.05 **to 6.05** AM **Demolition Man**

Sky Cinema Greats

304 304 404 504 518

8.30 AM **Rashomon** Classic Japanese drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
10.15 **The Bridges at Toko-Ri** War drama. (1954, U, 99min) ★★★
12.15 PM **Robin Hood: Prince of Thieves** Fantasy adventure. (1991, PG, 138min) ★★
2.40 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
4.25 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
6.10 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
9.45 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. (1994, 15, 104min) ★★
11.30 **Bad Boys** Action comedy thriller. (1995, 15, 118min) ★★★
1.30 AM **The Krays** British crime drama. (1990, 18, 119min) ★★★
3.30 **Fatal Attraction** Thriller. (1987, 15, 120min) ★★★★
5.30 **The Cinema List: Sky Originals**
5.45 **to 8.15** AM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★

Sky Cinema Animation

305 305 405 500 514

6.25 AM **Open Season 2** Animated sequel. (2008, PG, 73min) ★★★
7.50 **Rock Dog 3: Battle the Beat** Animated sequel. (2022, U) ★★
9.30 **Scoob!** Animated comedy. (2020, PG, 93min) ★★★
11.15 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
12.40 PM **Scooby-Doo! The Sword and the Scoob** Animation. (2021, PG, 76min) ★★★
2.05 **The Lego Batman Movie** Animation. (2017, U) ★★★★
4.00 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
6.00 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
7.50 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★
9.35 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
11.25 **Open Season 3** Animated sequel. (2010, U, 74min) ★★
12.50 AM **Noah's Ark** (2024, U) ★★★
2.35 **Lego DC Comics Super Heroes: The Flash** (2018, U) ★★★
4.05 **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
5.35 **to 7.15** AM **Riverdance: The Animated Adventure** Animation. (2021, U, 90min) ★★★

Movies 24

312 313 419

7.00 AM **Love in Whitbrooke** Drama. (2021, PG, 88min) ★★
9.00 **His and Hers** Romantic drama. (2024, PG, 90min) ★★
11.00 **A Bridesmaid in Love** Romantic comedy drama. (2022, PG, 87min) ★★
1.00 PM **A Nashville Legacy** Comedy. (2023, PG, 85min) ★★
3.00 **Love Hacks** Romantic drama. (2022, PG, 90min) ★★
5.00 **The Story of Love** Romantic comedy. (2022, PG, 91min) ★★
7.00 **For The Love of Lily** Romantic drama starring Ashton Leigh. (2024, PG, 90min) ★★
9.00 **CrimeTime: Freefall** Mystery drama starring Lyndie Greenwood and Danny Dworkis. The leading actor in a crime series helps a real-life detective to solve a murder in her home town. (2024, PG, 90min) ★★
11.00 **Royal-Ish** Romantic drama. (2025, PG, 84min) ★★
1.00 AM **Love's Greek to Me** Romantic drama with Torrey DeVitto. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Spring Breakthrough** Romantic drama. (2023, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Bulldog Drummond Comes Back** (1937, b/w, U) ★★
7.10 **There Is Another Sun** Drama. (1951, b/w, PG, 95min) ★★★
9.00 **The Voice of Merrill** Thriller. (1952, b/w, PG, 81min) ★★
10.40 **Shepherd on the Rock** Drama. (1994, PG, 95min) ★★★
12.40 PM **SOS Pacific** Adventure. (1959, b/w, PG, 91min) ★★
2.25 **The Brothers** 11/16. (S7)
3.30 **Dial 999** 38/39. (S1)
4.00 **Sherlock Holmes in Dressed to Kill** Mystery. (1946, b/w, U) ★★★
5.20 **13 East Street** Crime thriller. (1952, b/w, PG, 70min) ★★★
6.30 **Those British Faces: A Tribute to Alastair Sim**
7.00 **Out of Town**
7.30 **Scotland Yard** 22/39. (S1)
8.05 **Buccaneer** 1/13. Drama. (S1)
9.10 **An Inspector Calls** Drama. (1954, b/w, PG, 79min) ★★★★
10.45 **California Suite** Comedy. (1978, 12, 103min) ★★★
12.50 AM **Budgie** 6/13. (S1)
1.50 **The Last Man on Earth** Horror. (1964, b/w, PG, 86min) ★★★★
3.30 **The Case of Marcel Duchamp** Mystery. (1984, PG) ★★★
5.30 **Look at Life**
5.40 **to 6.00** AM **Everything By Design**

Sky Sports Main Event

401 401 999 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 LIVE **ATP Tennis** Coverage of the third day of the ATP Dubai Tennis Championships, a hard-court tournament staged at Aviation Club Tennis Centre.
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match staged at R. Premadasa Stadium, Colombo.
5.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
7.30 LIVE **EFL** **Stoke City v Oxford United.** Coverage of the Championship match at bet365 Stadium, as the teams meet for the second time this season. Kick-off **8.00pm**.
10.30 **Elise Christie: No Filter** The Olympian looks at her career.
12.10 AM **Sky Sports News**
1.30 **to 6.30** AM LIVE **LPGA Tour Golf** Coverage of the opening day of the HSBC Women's World Championship staged at Sentosa Golf Club in Singapore.

Sky Sports Premier League

402 402 998 502 420 440

6.00 AM **PL Greatest Games**
6.30 **Premier League Highlights**
8.00 **SNF** West Ham v Bournemouth.
8.30 **Premier League Highlights**
9.30 **MNF Hlts** Everton v Man United.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years** Clips from the 2009/10 season.
2.00 PM **PL Retro** Chelsea v Manchester United from 2006.
4.00 **Match Officials Mic'd Up**
4.30 **Netbusters** The weekend's action in the Premier League.
5.00 **The Premier League Show**
7.00 **Premier League Stories**
7.30 **Match Officials Mic'd Up** PGMOL Chief Refereeing Officer Howard Webb joins Michael Owen in the studio.
8.00 **Premier League 360 – Big Sam's Bolton** Sam Allardyce's iconic Bolton team of the early 2000s in the Premier League.
10.00 **Premier League Stories**
10.30 **Match Officials Mic'd Up**
11.00 **Premier League Years** A look back at the 2010/11 season.
1.00 AM **PL Retro** A rerun of Arsenal v Leicester City from 2017.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 997 503 421 441

6.00 AM **EFL** The 2023 play-off finals.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL League One Goals**
12.30 PM **EFL League Two Goals**
1.00 **Celtic's Invincibles**
2.00 **Bundesliga Highlights Show**
3.00 **EFL Highlights**
3.30 **EFL League One Goals**
4.00 **EFL League Two Goals**
4.30 **SPFL Round-Up**
4.45 **SPFL Highlights**
5.00 **EFL Highlights** Championship.
7.30 LIVE **EFL** **Stoke City v Oxford United.** Coverage of the Championship match from bet365 Stadium. In the reverse fixture, Lewis Baker scored twice either side of a volley from Steven Nzonzi to steer the Potters to their first-ever away win over the U's. Kick-off **8.00pm**.
10.30 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **Old Firm Derby Best Goals**
2.30 **Edinburgh Derby Best Goals**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 996 505 422 442

6.00 AM **Men's T20 World Cup**
8.30 **Men's T20 World Cup – The Greatest Matches**
9.00 **Men's T20 World Cup**
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match staged at R. Premadasa Stadium, Colombo.
5.00 **Best of WT20** The 2007 final.
5.15 **Best of England v South Africa** The 2011 World Cup match.
5.30 **Best of WT20** Action from England v India at Lord's in 2009. **5.45** Action from England v Australia in the 2010 final.
6.00 **The Story of the Men's T20 World Cup Final 2024**
7.00 **Men's T20 World Cup – The Greatest Matches**
7.30 **Men's T20 World Cup** Action from a Super Eight match.
8.30 **Men's T20 World Cup Review**
9.00 **Men's T20 World Cup** A Super Eight match from R. Premadasa Stadium, Colombo. **9.30** Action from a Super Eight match from Wankhede Stadium.
10.00 **Men's T20 World Cup**
1.30 AM **Men's T20 World Cup – The Greatest Matches**
2.00 **to 6.00** AM **T20 World Cup**

Sky Sports Golf

406 406 995 506 423 443

6.00 AM **TGL** Action from Florida.
8.00 **Ladies European Tour Golf**
10.00 **LPGA Tour Golf** In Thailand.
12.00 NOON **Ladies European Tour Golf** Tournament highlights.
2.00 PM **TGL** Two match replays.
6.00 **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf Highlights** From Durban.
8.00 **Legends Tour Golf** Action from the Staysure Marbella Legends.
9.00 **Beyond the Scorecard**
9.30 **TGL** Boston Common v New York at SoFi Center in Palm Beach.
11.30 **DP World Tour Golf** Highlights from the Magical Kenya Open.
12.00 M'T **PGA Tour Champions**
1.00 AM **Golf Academy**
1.30 **to 6.30** AM LIVE **LPGA Tour Golf** Coverage of the opening day of the HSBC Women's World Championship staged at Sentosa Golf Club in Singapore.

Sky Sports Tennis

408 408 988 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **ATP Tennis** Day three of the Dubai Tennis Championships at Aviation Club Tennis Centre.
2.00 PM **ATP Tour This Week**
2.30 **WTA Tennis** Doha Open review.
3.00 LIVE **ATP Tennis** Continued coverage of day three of the Dubai Tennis Championships held at Aviation Club Tennis Centre. Danil Medvedev and Stefanos Tsitsipas were the two highest ranked placers in the 2025 second-round draw and they both progressed with victories over Giovanni Mpetshi Perricard and Karen Khachanov respectively.
4.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
4.00 **to 6.00** AM LIVE **ATP Tennis** Coverage of the third day of the ATP Acapulco Open staged at Arena GNP Seguros in Mexico.

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **A-League Highlights**
8.00 LIVE **Isuzu UTE A-League** **Macarthur Bulls v Central Coast Mariners.** From Campbelltown Sports Stadium. Kick-off **8.00am**.
10.00 **Adobe Women's FA Cup**
11.00 **Welsh Open Snooker**
1.00 PM LIVE **Welsh Open Snooker** Coverage of the third day at Venue Cymru in Llandudno.
5.00 **World Superbike Rewind**
5.15 **UEFA Champions League – Stories of the Finals**
5.30 **Discovery Golf**
6.00 **Serie A – Full Impact**
6.30 **Premier League Breakdown**
7.00 **TNT Sports Reload**
7.30 LIVE **UEFA Champions League** **Real Madrid v Benfica.** The knockout play-off second-leg at the Bernabeu. Kick-off **8.00pm**.
10.30 **Premier League Netbusters**
11.00 **Premier League Stories**
11.30 **Serie A – Full Impact**
12.00 M'T **UEFA Champions League**
2.00 AM **UEFA Europa League & Conference League Magazine**
3.00 **A-League Highlights**
4.30 **to 6.00** AM **Ultimate Pool**

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **Women's International T20 Cricket** **New Zealand v Zimbabwe.** Coverage of the first T20 in the three-match series staged at Seddon Park in Hamilton.
10.15 **Women's ODI Cricket**
11.15 **Sign Up – Into Football**
12.00 NOON **MotoGP Highlights**
3.00 PM LIVE **UEFA Youth League** **Real Madrid U19 v Chelsea U19.** Coverage of the round-of-16 match held at Estadio Alfredo Di Stéfano. Kick-off **3.00pm**.
5.00 **UEFA Champions League**
5.15 **TNT Sports Cricket Reload**
5.30 **Women's T20 International Cricket** New Zealand v Zimbabwe.
6.30 **Isuzu UTE A-League**
7.30 **Premier League Reload**
7.45 LIVE **UEFA Champions League** **Paris Saint-Germain v Monaco.** Coverage of the knockout play-off second-leg from Parc des Princes. Kick-off **8.00pm**.
10.00 **Isuzu UTE A-League** Macarthur Bulls v Central Coast Mariners.
11.00 **MotoGP Highlights**
2.00 AM **Welsh Open Snooker**
4.00 **Ultimate Pool** Recent action.
5.30 **to 6.00** AM **Discovery Golf**

Sky Sports Action

412 410 993 510 426 446

6.00 AM **Super League** Hull Kingston Rovers v Castleford Tigers. **9.00** A chance to see Wigan Warriors v Leigh Leopards.
12.15 PM **Super League Highlights**
1.00 **Good Morning Football**
3.00 **NFL Highlights** Seattle Seahawks v Los Angeles Rams.
4.00 **Super League Highlights** Action from the 2024 Grand Final.
4.15 **Women's Super League** St Helens v York Valkyrie in the 2024 Grand Final.
4.30 **Super League Highlights** Wigan Warriors v Leigh Leopards. **4.45** Action from Hull Kingston Rovers v Warrington Wolves.
5.00 **NFL Highlights** Washington Commanders v Seattle Seahawks.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** The latest news.
8.30 **NFL Bitesize Highlights**
9.00 **Super League Highlights**
11.00 **NFL Highlights** Kansas City Chiefs v Philadelphia Eagles.
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Highlights** Minnesota Vikings v Atlanta Falcons.
2.00 **Super League** Wakefield Trinity v Leeds Rhinos from 2025.
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 992 504 427 447

6.00 AM **Sky Sports News** Round-up of the sports news.
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news with live analysis and comments.
4.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open, and WTA Austin Open.
7.35 LIVE **EFL** All the action from a Championship encounter.
9.45 LIVE **WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Dubai Tennis Championships at Aviation Club Tennis Centre, ATP Acapulco Open at Arena GNP Seguros, WTA Merida Open at Yucatán Country Club, and WTA Austin Open at Westwood Country Club.
4.00 **to 6.00** AM LIVE **ATP Tennis** Coverage of the third day of the ATP Acapulco Open, a hard-court tournament staged at Arena GNP Seguros in Mexico.

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.15 **Super League** A match replay.
10.00 **PGA Tour Golf** Day four of the Genesis Invitational in California.
11.00 **ATP/WTA Tour Classic Matches**
1.00 PM **ATP Tennis** Highlights from the Delray Beach Open final.
2.00 **PL Greatest Games**
3.00 **World Club Challenge** A replay of Hull KR v Brisbane Broncos.
6.00 **ATP Tour This Week**
6.30 **Premier League Darts** The third night at OVO Hydro.
10.30 **Elise Christie – No Filter**
12.10 AM **PL Greatest Games**
1.00 **Formula 1** Action from 2025.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **ATP/WTA Tour**

TNT Sports 3

413 415 523 410 432

6.00 AM **European Football**
7.30 **Ally's Social Club**
8.15 **UEFA Champions League**
8.30 **Premier League Review**
9.30 **UEFA Champions League**
11.00 **Premier League Netbusters**
11.30 **UEFA Europa League & Conference League Magazine**
12.30 PM **UEFA Champions League**
1.00 **Premier League**
3.00 **UEFA Champions League**
4.30 **Premier League Review**
5.30 **Kenny Allstar's Number 1's**
5.45 LIVE **UEFA Champions League** **Atalanta v Borussia Dortmund.** Coverage of the knockout play-off second-leg. Kick-off **5.45pm**.
7.45 **TNT Sports Reload**
8.00 LIVE **UEFA Champions League** **Juventus v Galatasaray.** Coverage of the knockout play-off second-leg. Kick-off **8.00pm**.
10.00 **Ultimate Pool** Group Eight.
11.30 **UFC** Highlights and features.
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **Welsh Open Snooker**
8.00 **World Superbike Highlights**
9.00 **Fishing: On the Bank**
10.00 **Premiership Women's Rugby**
11.00 **PREM Rugby Cup**
12.00 NOON **Serie A** Recent action.
2.00 PM **Fishing: On the Bank**
3.00 **Formula E Unplugged**
4.00 **World Superbike Highlights** Action from the opening round of the season in Victoria, Australia.
7.00 LIVE **Welsh Open Snooker** Coverage from the third day at Venue Cymru in Llandudno.
11.00 **Women's T20 International Cricket** New Zealand v Zimbabwe: Action from the first T20 in the three-match series held at Seddon Park, Hamilton.
12.00 M'T **Women's One-Day International Cricket** Australia v India from Allan Border Field.
1.00 AM **Adobe Women's FA Cup**
5.00 **to 6.00** AM **Premiership Women's Rugby**

Premier Sports 1

419 551

6.00 AM **Motorsport**
8.00 **Argentine Primera**
10.00 **Sporting Greats**
11.00 **Eredivisie Highlights**
12.00 NOON **NASCAR Highlights**
1.00 PM **Football** Highlights and news.
5.00 **United Rugby Championship**
7.00 **NHL Tonight** Highlights.
8.00 **Eredivisie Highlights**
9.00 **Football** Highlights and features.
10.10 **Women's Football Weekly**
10.40 **LaLiga Match Highlights**
10.55 LIVE **Brasileiro Serie A** **Cruzeiro v Corinthians.** From Estádio Governador Magalhães Pinto. Kick-off **11.00pm**.
1.00 AM **LaLiga Match Highlights**
1.30 **NHL: This is Hockey**
2.00 LIVE **NHL Ice Hockey** **Utah Mammoth v Colorado Avalanche.** Coverage of the Western Conference match from Delta Center. Face-off **2.00am**.
5.00 **NHL: This is Hockey**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **Eredivisie** Two match replays.
11.00 **Football's Greatest**
11.30 **Top 14 Rugby Union**
1.30 PM **Football's Greatest**
2.00 **LaLiga** Two match replays.
5.55 **Argentine Primera**
7.55 LIVE **Argentine Primera Division** **Newell's Old Boys v Estudiantes.** At Estadio Marcelo Alberto Bielsa.
10.00 **Temples of Sport**
11.00 **Football's Greatest**
11.30 **NHL Tonight** Defensemen.
12.30 AM LIVE **NHL Ice Hockey** **Tampa Bay Lightning v Toronto Maple Leafs.** Coverage of the match at Benchmark International Arena. Face-off **12.30am**.
3.30 **to 6.30** AM LIVE **NHL Ice Hockey** **Anaheim Ducks v Edmonton Oilers.** Coverage of the Western Conference match staged at Honda Center. Face-off **3.30am**.

Sky Sports F1

407 407 994 507 424 444

6.00 AM **The Best of F1 2025**
7.00 **Formula 1** Season highlights.
12.00 NOON **Formula 1** In Bahrain.
4.40 PM **F1 Explained: Tyres**
4.45 **Formula 1** Season highlights.
4.55 **F1 Explained: Driving Style**
5.00 **Formula 1** The second session of the sixth day of pre-season testing.
9.40 **Myles Rowe and His Camera**
9.45 **Formula 1** Season highlights.
9.55 **Ted DHL Logistics**
10.00 **Testing Wrap** Pre-season testing.
10.30 **Indycar Season Preview**
11.00 **Testing Wrap** Pre-season testing.
11.30 **Indycar Season Preview**
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

26 February

Evening Planner

Documentary

Murder Case: The Hunt for Arlene Fraser's Killer
BBC2, 9pm (box set, BBC iPlayer)
The true-crime series returns, starting with the disappearace of an Elgin woman.

Documentary

The Dunblane Tapes
C4, 9pm
Thirty years on from the school shooting, this documentary looks at the campaign to ban private handguns in Britain.

OnDemand

Scrubs
Available today
Almost 16 years on, Sacred Heart doctors JD (Zach Braff, right), Turk and Elliot reunite in a revival of the medical comedy.

OnDemand

Bridgerton
Available today
The concluding part of season four is available from today, and Lady Araminta (Katie Leung) is closer than ever to Sophie.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Dragons' Den		9.00 The Apprentice		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu		8.00 This Farming Life		9.00 Murder Case: The Hunt for Arlene...		10.00 Apprentice...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 Murder on a Knife's Edge: True Crime...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Building Home		9.00 The Dunblane Tapes			10.30 24 Hours in...
	105 5	7.00 Celebrity Puzzling		8.00 Spain with Michael Portillo		9.00 The Hotel Inspector		10.00 A Killer Makes a Call	
	106 SKY ONE	7.00 Premier League Darts – Live: Coverage of the fourth night of the tournament SSE Arena Belfast							
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	8.00 Top Gear		9.00 Two Pints of Lager and a Packet of Crisps			
	116 BBC4	7.00 Canals: The...	7.30 Gareth...	8.00 The Bridge: Fifty Years Across the Forth		9.00 The 39 Steps: The Read with John...		10.00 Film: The 39 Steps	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 The Heat		10.00 Family Guy	
	136 MORE4	‹ 6.50 The Dog House Australia		7.55 The Dog House		9.00 The Antiques Riviera		10.00 999: On the Front Line	
	135 E4	7.00 The Simpsons		8.00 The Great Celebrity Bake Off for...		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent		9.00 FBI		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 The Last of Us		10.05 A Knight of the Seven Kingdoms	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army	8.20 dinnerladies			9.35 Victoria Wood as Seen on...		10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Endeavour	
	120 ITV4	7.00 Aussie Pickers		8.00 Ice Road Truckers		9.00 Film: The World's End			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Crocodile Dundee II			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			10.10 The Leftovers
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Queens of Mystery		9.00 Blue Lights			10.20 New Tricks
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Shakespeare & Hathaway		10.00 Father Brown	
	122 SKY ARTS	7.00 Landscape Artist of the Year		8.00 Discovering Tommy Lee Jones		9.00 Classic Movies: The Story of The Third...		10.00 Classic Literature & Cinema	
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 Honest Renovations		9.00 Louis Theroux: Life on the Edge			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Ed Stafford's Rite of Passage		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Blood Ivory		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Titanic: Case Closed				10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Viking Dead		9.00 History's Deadliest With Ving Rhames		10.00 The UnBelievable with Dan Aykroyd	
	155 U&YESTERDAY	7.00 Ireland with Simon Reeve		8.00 Bangers & Cash		9.00 Hunting Outback Gold		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 History of the Sitcom		8.00 Film: Robin Williams: Come Inside My Mind					10.10 Bright Lights: Starring Carrie...
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 M3GAN 2.0		8.00 I Know What You Did Last Summer				10.00 The Cut	
	302 CULT CLASSICS	‹ 6.20 Team America: World Police		8.00 Edge of Tomorrow				10.05 Pulp Fiction	
	303 WILD WORLDS	‹ 6.20 Journey 2: The Mysterious Island		8.00 Aquaman					10.25 Jaws
	304 GREATS	‹ 5.50 Indiana Jones and the Last Crusade		8.00 Bad Boys				10.00 Sleepers	
	305 ANIMATION		7.20 The Garfield Movie			9.10 Lego DC Comics Super Heroes: The Flash			
	306 FAMILY	‹ 6.00 Look Who's Talking	7.40 Stardust				9.50 MouseHunt		
	307 ACTION	‹ 5.50 The Fall Guy		8.00 Gladiator II					10.30 The Good, the...
	308 COMEDY	‹ 6.10 School of Rock		8.00 The Naked Gun			9.30 The Naked Gun 2½: The Smell of Fear		
	309 THRILLER	‹ 6.15 Black Bag		8.00 Layer Cake				10.00 True Romance	
	310 DRAMA	‹ 6.15 Lost in Translation		8.00 It Ends with Us					10.15 A Star Is Born
	311 SCI-FI	‹ 5.55 Arrival		8.00 Blade Runner					10.10 Blade: Trinity
	313 FILM4	‹ 6.35 Independence Day: Resurgence				9.00 Django Unchained			
SPORT	401 MAIN EVENT	7.00 Premier League Darts – Live: Coverage of the fourth night of the tournament SSE Arena Belfast							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Transfer 360		9.00 Big Interview	9.30 PL Stories	10.00 Transfer 360	
	403 FOOTBALL	7.00 EFL Goals		8.00 SPFL Round-Up	8.30 EFL Highlights			10.00 Bundesliga...	10.30 EFL Goals
	405 CRICKET	7.00 ICC Men's T20...	7.30 ICC Men's T20 World Cup		8.30 ICC Men's T20...	9.00 ICC Men's T20 World Cup			
	410 TNT SPORTS 1	7.00 UEFA Highlights	7.30 UEFA Europa League – Live: Nottingham Forest v Fenerbahce (Kick-off 8.00)						10.30 PL Stories
	411 TNT SPORTS 2	‹ 5.00 UEFA Europa League – Live: VfB Stuttgart v Celtic (Kick-off 5.45); Bologna v SK Brann						10.00 Discovery Golf	10.30 Superbike...

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** New edition From Somerset. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Bear Grylls: Wild Reckoning** New edition A couple with a large age gap struggle to agree on how to parent their seven children. (S)(AD)
2.30 **Marcus Wareing Simply Provence**
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Clean It, Fix It** (S)(R)
4.30 **Antiques Road Trip** New edition A search for bargains in Kent. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Dragons' Den

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** A bad situation looks set to get much worse for Ravi, while Penny lets her guard down with Vinny. (S)(AD)

8 PM

8.00 **Dragons' Den** New edition 5/14. Co-founder and CEO of Refy Beauty, Jenna Meek joins the Dragons as they hear pitches for a phone call-first dating app, gut-friendly ferments and headphone kits for children. (S)(AD)

9 PM

9.00 **The Apprentice** New edition 5/12. Lord Sugar tasks the candidates with selling flowers to the public and creating ambitious floral installations for corporate clients. (S)(AD)
■ *The Apprentice: Unfinished Business* follows on BBC2

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce hosts the topical debate, with a panel of politicians and other guests facing questions from the audience in Birmingham. (S)
11.40 **Newscast** A panel of journalists hosts a weekly round-up from Westminster, delivering the usual mix of serious political analysis and light-hearted gossip. (S)
12.10 AM **Michael McIntyre's Big Show** 5/6. With Peter Crouch, Abbey Clancy, B*Witched, Shane Richie and Gillian Taylforth. Plus, music from Katherine Jenkins. (S)(R)
1.10 **Weather for the Week Ahead** Seven-day forecast. (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bear Grylls: Wild Reckoning**
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Marcus Wareing Simply Provence** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Unbeatable** Quiz show. (S)(R)
2.15 **The Boss** Game show. (S)(R)
3.00 **The Vintage French Farmhouse**
3.45 **Villages by the Sea** (S)(R)
4.15 **Oceans** Atlantic Ocean. (S)(R)(AD)
5.15 **Flog It!** Historic venues. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Michelle Ackerley, Katie Derham, Karen Hauer and Geoff Norcott. (S)
6.30 **Do You Know Your Place?** New edition Vernon Kay takes Anneka Rice, Shane Todd and Remi Burgz to Jedburgh. (S)

8.00 This Farming Life

7 PM

7.00 **Great British Menu** New edition The two highest-scoring chefs from north west England go head-to-head and cook their six-course menus again. With guest judge Debbie McWilliams. (S)(AD)

8 PM

8.00 NEW SERIES **This Farming Life** 1/12. Hampshire dairy farmers Lucy and Adam risk it all with a huge financial gamble, while on the Isle of Arran, Callum and Zara's cows get a haircut. (S)
■ Entire series on BBC iPlayer

9 PM

9.00 NEW SERIES **Murder Case: The Hunt for Arlene Fraser's Killer** 1/2. Examining the 1998 disappearance of Elgin mother-of-two Arlene Fraser. (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **The Apprentice: Unfinished Business** New edition 5/12. Angela Scanlon chats to the latest candidate to be fired. (S)(AD)
10.30 **Newsnight** (S)
11.00 **AI Confidential with Hannah Fry** 1/3. Exploring stories emerging from the world of AI. (S)(R)(AD)
12.00 M'T **FILM Mindhorn** Offbeat comedy starring Julian Barratt. (S) (2016, 15, 85min) ★★★
1.25 AM **Sign Zone: Gladiators** 6/11. Bradley and Barney Walsh host the opening quarter-final. (S)(R)(AD)
2.25 **Sign Zone: Amanda & Alan's Greek Job** (S)(R)(AD)
2.55 **Sign Zone: Great British Menu** (R)
3.55 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are in Bradford, with the show's biggest cash offer of £18,500, and a set of George Jenson spoons pays for flying lessons. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7 PM

7.30 **Tonight: Rising Scams – What You Need To Know** As scammers grow ever more sophisticated, Paul Brand examines what is being done to prevent money being stolen from unsuspecting victims. (S)

8 PM

8.00 **Emmerdale** Bear goes into a downward spiral due to his grief. (S)(AD)
8.30 **Coronation Street** Christina urges George not to relinquish his inheritance, while Kit learns that Mal has been seriously injured. (S)(AD)

9 PM

9.00 NEW SERIES **Murder on a Knife's Edge: True Crime Presents** The case of Wayne Coventry, who sought love after 18 years with his childhood sweetheart, but the father-of-three was murdered in 2019. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are based around logic and common sense. (S)(R)(AD)
11.40 **Who Wants to Be a Millionaire?** Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)(R)
12.30 AM **Teleshopping**
3.00 **Jimmy & Shivi's Farmhouse Breakfast** Jimmy Doherty and Shivi Ramoutar are joined by magician Pete Firman. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **The Floor** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 22-24/27. (S9) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S3&4) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The final stay of the week is at The Drayton Crown in Somerset. (S)
5.30 **Come Dine with Me** New edition Holistic therapist Akili hosts the fourth night in Bradford. (S)
6.00 **A Place in the Sun** New edition Craig Rowe helps Karen and David from the Cotswolds find a new home in Paphos, Cyprus, with a budget of £360,000. (S)

8.00 George Clarke's Building Home

7 PM

7.00 **News** (S)

8 PM

8.00 **George Clarke's Building Home** Series finale 4/4. In Radcliffe-on-Trent, Joel and Nicola restore Joel's grandparents' Victorian cottage to its former glory with a stretched budget and a tight timeline. (S)(AD)

9 PM

9.00 NEW **The Dunblane Tapes** The story of the grassroots campaign to ban private handguns in Britain through recently uncovered recording of John Crozier, a bereaved parent of the Dunblane school shooting in 1996. (S)(AD)

10 PM

10.30 **24 Hours in A&E** Professional superbike rider Max is rushed in after a motorcycle crash, 62-year-old Garry has sliced off two fingers chopping up firewood, and 75-year-old Stephanie has fallen down the stairs. (S)(R)(AD)
11.35 **24 Hours in A&E** (S)(R)(AD)
12.35 AM **FILM Can You Ever Forgive Me?** Comedy drama with Melissa McCarthy and Richard E Grant. (S)(AD) (2018, 15, 105min) ★★★★
2.20 **Travel Man: 48 Hours in Trieste**
2.50 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(SL)(R)
3.40 **Couples Come Dine with Me** (R)
4.35 **Sunday Brunch** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Discussion. (S)
3.00 **The Good Ship Murder** *Malta:* 8/8. A murder in Malta creates another headache for sleuths Jack and Kate. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition Lynda throws a charity lunch for 50 glamorous grandparents. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition Following a London forager. (S)
6.05 **The Motorway** A four-car crash in rush hour puts the patrollers under pressure. (S)(R)
6.55 **News** (S)

9.00 The Hotel Inspector

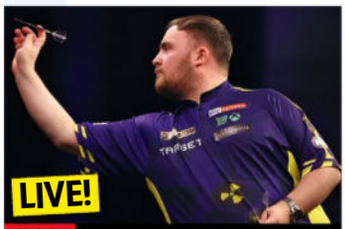
7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts, with guests Zoe Lyons and Scarlette Douglas joining team captains Sally Lindsay and Carol Vorderman. (S)
7.55 **News** (S)
8.00 **Spain with Michael Portillo** Series finale 8/8. Michael explores Ibiza, heading beyond the nightclubs and superyachts to reveal an island with secrets dating back thousands of years. (S)
9.00 NEW SERIES **The Hotel Inspector** In the Devon town of Totnes, Alex Polizzi comes to the aid of Toni, a 74-year-old musician and music teacher who is desperate to save her home and B&B. (S)(AD)
10.00 **A Killer Makes a Call** The story of how a family began their own investigation into their son's death, refusing to believe he died of an overdose, and managed to connect the dots with four other murders. (S)(R)
11.05 **Killer on the Run** New edition
12.05 AM **Mick Philpott: 5 Mistakes That Caught the Killer** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Friends** 12/25. (S3) (S)(R)(AD)
2.55 **Alex Polizzi: My Hotel Nightmare** (S)(R)
3.45 **Rich House, Poor House** (S)(R)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S1) (S)(R)
9.00 **NCIS: Los Angeles** (S13) (S)(R)
10.00 **Will & Grace** (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Great Barrier Reef with David Attenborough** (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S13) (S)(R)
3.00 **S.W.A.T.** 3/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Homer to the Max:* Homer changes his name to Max Power. (S)(R) **5.30** *Sunday, Cruddy Sunday:* Homer organises a trip to the Super Bowl. (S)(R)
6.00 **The F1 Show: Lights Out** An in-depth look ahead to the upcoming Formula 1 season.



7.00 Darts: Premier League

7.00 LIVE **Darts: Premier League** Coverage of the fourth night of the tournament from SSE Arena Belfast, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals scheduled to take place are Luke Littler v Jonny Clayton, Stephen Bunting v Luke Humphries, Michael van Gerwen v Gerwyn Price, and Gian van Veen v Josh Rock. Humphries was the winner in Belfast on night one last year, overcoming Nathan Aspinall, van Gerwen and Chris Dobey.
11.00 **The Dyers' Caravan Park** 1/6. Actor Danny Dyer and his daughter Dani try their hands at running a holiday caravan park in Kent. (S)(R)(AD)
12.00 M'T **Grimm** 3/22. A woman suffers a fatal overdose of bee venom. (S1) (S)(R)
1.00 AM **Police 24/7** (S)(R)
2.00 **Road Wars** (R)
3.00 **Hawaii Five-0** 3/24. (S1) (S)(R)
4.00 **S.W.A.T.** 3/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt New edition **12.00noon-1.00pm** First Minister's Questions **6.55pm** Party Political Broadcast **7.00-7.30** River City **12.10am** Scotcast **12.40** Michael McIntyre's Big Show **1.40** Weather for the Week Ahead **1.45-6.00am** BBC News
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View **11.20** Question Time **12.20am** Newscast **12.50** Would I Lie to You? **1.20-6.00am** BBC News
WALES
Sky 965, Virgin 864, Freesat 965
12.10am The Traitors Ireland **1.00-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
12.00m't BBC News **12.30-1.25am** Sign Zone: Countryfile
WALES
Sky 968, Freesat 968
1.00pm LIVE Snooker: The Welsh Open **4.30-5.15** The Boss **7.00** LIVE Snooker: The Welsh Open **8.00** Great British Menu New edition **9.00** Scrum V: The Warm Up **9.30-10.00** Live at the Apollo **11.00** Snooker: The Welsh Open **11.45pm-12.00m't** Planet Earth: A Tale of Three Bears

ITV1

As main ITV1 except:
WALES
6.20-6.30pm Party Political Broadcast

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys **12.30** Heno **1.00** Y Byd ar Bedwar **1.30** Y Deis **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Stiwdio24/7 **6.25** NEW Darllediad Gwleidyddol **6.30** Ciao! Colleen Ag Owain **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Rownd a Rownd New episode **9.00** Jonathan New edition **10.00** Amour & Mynydd **11.00pm-12.05am** Cynefin

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall examines marine life in the waters of British Columbia. **7.30** Steve explores the wildlife of British Columbia.
8.00 **Top Gear** The presenters find three affordable small cars, and James May meets rally driver Ken Block.
9.00 **Two Pints of Lager and a Packet of Crisps** 1/6. First episode. Donna tries to find herself a boyfriend. **9.30** 2/6. Jonny decides to stop being Mr Nice Guy, while Gaz gets cold feet over his relationship. **10.00** 3/6. Janet feels neglected by Jonny and decides to spice things up. **10.30** 4/6. Gaz fears he may have lost his touch. **11.00** 5/6. Jonny develops an obsession with Louise. **11.30** 6/6. Jonny decides to spice up his dull life. (S1)
12.00 M'T **Tell Me Lies** (S2)
1.45 AM **Dinosaur** 1-3/6. (S2)
3.10 **to 3.55** AM **The Kim Kardashian Diamond Heist**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Canals: The Making of a Nation** How Birmingham's canal network was saved following years of neglect.
7.30 **Gareth Edwards' Great Welsh Adventure** Gareth and his wife Maureen explore the Brecon Beacons.
8.00 **The Bridge: Fifty Years Across the Forth** Documentary celebrating the Forth Road Bridge.
9.00 **The 39 Steps: The Read with John Hannah** New edition The actor reads from John Buchan's classic novel *The 39 Steps*.
10.00 FILM **The 39 Steps** Classic Hitchcock thriller starring Robert Donat. (1935, b/w, U, 87min) ★★★★★
11.20 FILM **Calendar Girls** Comedy with Helen Mirren. (2003, 12, 108min) ★★★★
1.05 AM **The Horizon Guide to AI** Documentary.
2.05 **Canals: The Making of a Nation** As 7.00pm.
2.35 **to 3.35** AM **Raiders of the Lost Past with Janina Ramirez**

MORE4

136/137 127 147 18 124 15

8.55 AM **The Perfect Pitch**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a Sunbeam Alpine. **5.50** Fuzz and Tim restore a Caterham 7 belonging to a former amateur racer.
6.50 **The Dog House Australia** Self-confessed dog lady Jill wants to find a new friend for her 'fur child'.
7.55 **The Dog House** Parents Kirsty and Oliver think maybe a dog can wear out their two-year-old toddler.
9.00 **The Antiques Riviera** New edition 3/6. Sisters Amy and Laura are banking on royal wedding memorabilia to fund a family holiday, while Ann and Ceri have travelled from Wales with heirlooms steeped in history.
10.00 **999: On the Front Line** Paramedics treat a motorcyclist who has landed headfirst after colliding with a car, and an 11-year-old girl who is feeling drowsy after suffering a seizure.
11.05 **999: On the Front Line**
12.10 AM **The Antiques Riviera**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons** Double bill.
7.00 **The Simpsons** *Full Heart, Empty Pool:* Homer and Grampa create a new sport. **7.30** *Lisa the Veterinarian:* Lisa begins an internship at the local vet's surgery.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Tan France, Caroline Quentin, Johanna Konta and Joel Dommett.
9.00 **Gogglebox** Appraisals of *The Masked Dancer* and *Married at First Sight UK*.
10.00 **Gogglebox** Opinions on the state funeral of Elizabeth II.
11.05 **Dating Naked UK**
12.05 AM **Naked Attraction**
1.10 **Gogglebox** Double bill.
3.00 **The Simpsons**
3.30 **The Goldbergs**
4.40 **Don't Tell the Bride**
5.35 **to 6.00** AM **Rude(ish) Tube Shorts**

Thursday

primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: Canada's Front Line** Double bill.
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 3/13. (S6)
1.00 PM **The Rookie** 13&14/20. (S1)
3.00 **Law & Order: Criminal Intent** 8/23. The hunt for a missing woman leads Goren and Eames to an apartment where they find deadly materials including rat poison. (S2)
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 **Police 24/7** A homeless man is stopped for smoking fentanyl, and officers pursue a woman suspected of stealing a car.

8 PM
8.00 **Law & Order: Criminal Intent** *True Legacy:* 12/16. The enterprising owner of a popular food van is murdered. (S9)

9 PM
9.00 **FBI** New episode *Manifest:* 4/22. OA and Maggie are tasked with escorting a senator back to Washington, DC. (S8)

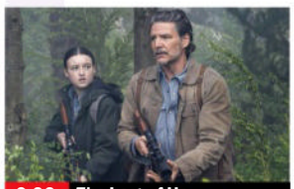
10 PM
10.00 **Fire Country** *Happy to Help:* 7/22. Bode's crew are accused of taking an expensive watch during a fire mop-up. (S1)
11.00 **FBI** Double bill. (S6)
1.00 AM **Law & Order: Criminal Intent** 6&7/16. (S9)
3.00 **Road Wars** Police officers combat vehicle crime.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
7.55 **The Sopranos** 12&13/21. (S6)
10.00 **Band of Brothers** (S1)
1.20 PM **True Detective** Five episodes, including at: **3.35** 3/8. Hart's jealousy gets the better of him when he spots Lisa on a date. **4.40** 4/8. An argument has devastating consequences. **5.45** 5/8. Hart and Cohle make a discovery. (S1)
6.50 **Game of Thrones** 7/10. Theon tries to prove his Ironborn status. (S2)


9.00 The Last of Us

7.55 **Game of Thrones** *The Prince of Winterfell:* 8/10. Arya calls in a debt, and Daenerys' hunger for the Iron Throne prompts her to ignore Jorah Mormont's advice. (S2)

9.00 **The Last of Us** *The Price:* 6/7. Joel surprises Ellie for her birthday, and Joel makes a difficult choice out on patrol. (S2)

10.05 **A Knight of the Seven Kingdoms** *The Morrow:* 6/6. Dunk considers his next move. (S1)
10.45 **The Pacific** *Gloucester/Pavuvu/Banika:* 4/10. Leckie and his comrades arrive in New Britain. (S1)
11.50 **The Pacific** 5&6/10. (S1)
2.00 AM **Under Salt Marsh** Series finale 6/6. (S1)
3.00 **Game of Thrones** (S2)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.20 **Real Housewives of Beverly Hills** Reality series.
12.15 PM **Dinner Date** Double bill.
2.15 **The Only Way Is Essex**
3.15 **Real Housewives of Orange County** Reality series.
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

8.00 The 1% Club

7.00 **Deal or No Deal** Stephen Mulhern hosts as Chris takes on the Banker for the chance to win a life-changing cash prize.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **The Heat** New edition There is chaos in the kitchen that leaves Jean-Christophe with no choice but to shut the restaurant.

10.00 **Family Guy** 5/20. Quagmire opens a cafe. **10.30** 6/20. Peter and Lois tell the kids how they met and fell in love. (S18)
11.00 **Family Guy** 20/20. Brian's campaign to rename the school after Adam West is successful. (S17)
11.30 **American Dad!** (S16&14)
12.30 AM **Bob's Burgers** (S13)
1.25 **Deal or No Deal** As 7.00pm.
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.20 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Death of a Stranger:* A fox-hunt turns sour when a tramp is found dead in the woods.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Taking Stock:* A car-crash victim turns out to have criminal connections.

5.50 Heartbeat

6.55 **Heartbeat** *The Big Chill:* Gina is in danger when the girlfriend of a drug smuggler leads the villain to the Aidensfield Arms.

8.00 **Vera** *Home:* The detective investigates when a mother of two is found dead in her suburban garden – but the case is made more complex when the victim's estranged family put in an appearance.

10.00 **Endeavour** *Apollo:* The detective investigates the deaths of an astrophysicist and his girlfriend in a car accident as the rest of the world awaits news of the first Moon landings.
11.50 **A Touch of Frost** *Quarry:* A confrontation between hunt stewards and saboteurs leads to the death of a protester.
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.10 **Magnum, PI**
9.15 **Kojak**
10.15 **Boon**
11.25 **The Sweeney**
12.30 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.40 **Kojak**
3.45 **Boon**
4.50 **The Sweeney** *In from the Cold:* A villain is arrested for shooting a policeman.
5.55 **Minder** *In:* Arthur is held by the police after a car he is importing is impounded.

9.00 The World's End

7.00 **Aussie Pickers** The team visit a collection of Aussie memorabilia that has been voted as the best in Australia.

8.00 **Ice Road Truckers** Lisa Kelly has a close encounter with an 18-wheeler on the Dalton Highway.

9.00 **FILM The World's End** Sci-fi action comedy starring Simon Pegg and Nick Frost. A pub crawl takes a very bizarre turn for five former friends. With Paddy Considine, Martin Freeman and Rosamund Pike. (2013, 15, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Ligue 1 Highlights** Including Toulouse v Paris FC and Paris Saint-Germain v Metz.
11.45 **Berlin Station** 8/9. (S2)
12.45 AM **The Sweeney** As 4.50pm.
1.45 **Minder** As 5.55pm.
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Entertainment Mix** New edition Culture and arts news presented by Michelle McManus.
8.00 **Scotland's Sacred Islands with Ben Fogle** Ben heads for the Orkneys to investigate Norse Christian heritage.
9.00 **Island Crossings** Bad weather puts Kerrera island's annual triathlon at risk of being cancelled.
10.00 **Situationships with Sophie and Christine** New edition Advice for people whose relationships have taken an unexpected turn.
10.30 **Martin Compston's Scottish Fling** Martin and Phil MacHugh travel through the Central Belt.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Icons of Football** Richard Gough.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Ballers** 5&6/10. (S2)
10.05 **Sex and the City** (S3)
11.20 **Entourage** (S5)
12.30 PM **Will & Grace** (S6)
1.30 **Sex and the City** (S4)
2.40 **Ballers** 7&8/10. (S2)
3.50 **And Just Like That...**
4.45 **The Office (US)** (S3)
5.45 **Will & Grace** (S6)
6.45 **Community** (S1)
7.45 **Sex and the City** 1/18. Carrie feels depressed on her 35th birthday. **8.20** 2/18. Carrie is asked to model in a fashion show. (S4)
9.00 **Maisie Adam: Appraisal** A home town show by the comedian at Harrogate Theatre.
10.15 **Last Week Tonight with John Oliver**
11.00 **And Just Like That...**
11.50 **Community** (S1)
12.50 AM **Entourage** (S5)
2.00 **Ballers** 4&5/10. (S2)
3.10 **Curb Your Enthusiasm**
4.25 **to 5.00** AM **Veep**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **André Rieu: La Vie Est Belle**
7.45 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Dickens in Italy**
3.00 **Anyone Can Sing**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Landscape Artist of the Year** Ouse Valley.
8.00 **Discovering**
9.00 **Classic Movies: The Story of The Third Man**
10.00 **Classic Literature & Cinema** Adventures.
11.00 **The Directors**
12.00 M'T **Nina Simone: The Lost Album**
1.30 AM **Nina Simone: Live**
2.45 **I Hate Jane Austen By Giles Coren**
3.45 **Sky Arts Book Club**
4.45 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 9/20. (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** 17/26. (S7)
8.00 **Primeval** 3/7. (S2)
9.00 **World's Most Evil Killers** Steven Dean Gordon.
10.00 **Killer in My Village**
11.00 **Grimm** 22/22. (S5)
12.00 M'T **Warrior** 5/10. (S1)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five family members from Blackpool take part.
3.00 **Beat the Chasers**
4.00 **Riddiculous**
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show as a contestant tries to open the 22 red boxes in the right order for the chance to win cash.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Married couple Paul and Ellie continue their game, then Denis and his daughter Becca take on the never-ending money ladder.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable**
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location Revisited**
7.00 **Kirstie and Phil's Love It or List It**
8.00 **Batch from Scratch: Cooking for Less** A guide to batch cooking with Joe Swash and Suzanne Mulholland.
9.00 **FILM Dog** Comedy drama starring Channing Tatum. US Army Ranger Briggs escorts a military working dog along America's Pacific Coast to attend the funeral of her handler. (2022, 12, 101min) ★★★
11.00 **Gogglebox**
12.00 M'T **Dirty Business**
3.10 **to 5.00** AM **Night Coppers**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **Star Trek: The Next Generation** 8/26. (S6)
- **12.00** NOON **Star Trek: Voyager**
- **1.00** PM **Star Trek: Deep Space Nine** 9/26. (S6)
- **2.00** **Primeval** Double bill. (S2&3)
- **4.00** **Stargate SG-1** 1/22. (S3)
- **5.00** **Star Trek: Voyager** 11/26. The Kazon steal a transporter control module. (S2)
- **6.00** **Star Trek: The Next Generation** 8/26. The crew take up leisure pursuits. (S6)

8.00 Stargate SG-1

- **7.00** **Star Trek: Deep Space Nine** *Statistical Probabilities:* 9/26. Dr Bashir makes a startling discovery. (S6)
- **8.00** **Stargate SG-1** *Into the Fire:* 1/22. Part two of two. Carter and Jackson watch as O'Neill is implanted with a Goa'uld symbiont. (S3)
- **9.00** **Westworld** *Vanishing Point:* 9/10. The Man in Black is forced to confront memories from his troubled past. (S2)
- **10.10** **The Leftovers** *Ten Thirteen:* 9/10. Meg suffers a personal loss and heads out on a pilgrimage to Miracle. (S2)
- **11.10** **Wynonna Earp** 2/12. Wynonna teams up with a new ally to rescue her family – only to discover that reunions come at a price. (S4)
- **12.00** M'T **True Blood** 9&10/12. Double bill of episodes. (S4)
- **2.00** AM **Primeval** (S2&3)
- **4.00** **Wynonna Earp** As 11.10pm.
- **5.00** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.10** AM **Murdoch Mysteries** (S13)
- **9.00** **Father Brown** As 7.00pm.
- **10.00** **The Mentalist** 9/13. (S7)
- **11.00** **Hudson & Rex** As 5.00pm.
- **12.00** NOON **The Coroner** (S1)
- **1.00** PM **Death in Paradise** (S9)
- **2.00** **Murdoch Mysteries** (S13)
- **4.00** **The Mentalist** 9/13. Guest stars Dylan Baker. (S7)
- **5.00** **Hudson & Rex** 9/16. A police officer is killed in the nightlife district. (S6)
- **6.00** **The Coroner** 4/10. The owner of a local restaurant is shot dead in public by a sniper. (S1)

9.00 Shakespeare & Hathaway

- **7.00** **Father Brown** *The Chedworth Cyclone:* Suspicious circumstances surround the death of a local boxer.
- **8.00** **Death in Paradise** *Now You See Him, Now You Don't:* 8/8. A blind actor is the only witness to her husband's murder. (S9)
- **9.00** **Shakespeare & Hathaway: Private Investigators** 3/10. Frank receives an invitation to a murder mystery party. (S5)
- **10.00** **Father Brown** *The Father, The Son:* Flambeau is stunned to find his estranged father at St Mary's.
- **11.00** **Father Brown** As 7.00pm.
- **12.00** M'T **Death in Paradise** (S9)
- **1.00** AM **The Company You Keep** 8/10. Daphne attempts to use Charlie to help Patrick get out of jail. (S1)
- **2.00** **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.30** AM **Highlights**
- **9.20** **Dad's Army**
- **10.00** **Are You Being Served?**
- **10.35** **Porridge**
- **11.15** **Keeping Up Appearances**
- **11.55** **Last of the Summer Wine**
- **1.15** PM **The Green Green Grass**
- **1.55** **dinnerladies**
- **2.30** **Dad's Army**
- **3.10** **Are You Being Served?**
- **3.50** **Porridge**
- **4.25** **Dad's Army**
- **5.05** **Last of the Summer Wine**
- **6.20** **Keeping Up Appearances**

9.35 Victoria Wood as Seen on TV

- **7.00** **Porridge** Fletch comes up with a plan to sort out Godber's torrid love life.
- **7.40** **Dad's Army** The older members of the platoon attempt to look younger.
- **8.20** **dinnerladies** The girls celebrate Japanese-style at their work party. Guest stars Jack Smethurst.
- **9.00** **dinnerladies** Morale plummets when Dolly and Jean walk out.
- **9.35** **Victoria Wood as Seen on TV** A humorous and moving account of a childhood from the 1920s.
- **10.20** **Not Going Out** The pals plan a surprise party for Lucy's 30th birthday.
- **11.00** **Keeping Up Appearances**
- **11.35** **dinnerladies** As 9.00pm.
- **12.15** AM **Victoria Wood as Seen...**
- **1.00** **Not Going Out** As 10.20pm.
- **1.35** **The Green Green Grass**
- **2.25** **Don't Wait Up**
- **3.00** **Not Going Out**
- **3.30** **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.00** AM **Gadget Man**
- **7.35** **James May's Things You Need to Know** Engineering.
- **8.00** **Border Force: America's Gatekeepers** Double bill.
- **10.00** **Guy Martin: Proper Jobs**
- **11.00** **Rick Stein's Spain**
- **12.00** NOON **Border Force: America's Gatekeepers**
- **2.00** PM **World's Most Dangerous Roads** From Lesotho.
- **3.00** **Top Gear** Double bill.
- **5.00** **The Hairy Bikers' Asian Adventure** From Japan.
- **6.00** **Rick Stein's Spain**

6.00 Rick Stein's Spain

- **7.00** **Would I Lie to You?** With guests Dion Dublin, Bob Mortimer, Debbie McGee and Lucy Porter.
- **7.40** **Richard Osman's House of Games** With Stephen Mangan and Ingrid Oliver. **8.20** With Ade Adepitan, Jean Johansson, Stephen Mangan and Vikki Stone.
- **9.00** **QI XL** Stephen Fry is joined by Sue Perkins, Jimmy Carr, Jack Dee and Alan Davies for questions of a gothic nature.
- **10.00** **Have I Got a Bit More News for You** Romesh Ranganathan hosts the satirical quiz, with Alice Levine and Grayson Perry.
- **11.00** **Will & Ralf Should Know Better** A look at hobbies.
- **12.00** M'T **Would I Lie to You?**
- **12.40** AM **Mock the Week**
- **2.00** **James May's Things You Need to Know** Double bill.
- **2.50** **Would I Lie to You?**
- **3.35** **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

- **7.00** AM **Birds of a Feather**
- **7.40** **The Bill**
- **8.40** **Doctors**
- **9.50** **Classic Holby City**
- **10.50** **Classic Casualty**
- **11.55** **The Bill**
- **12.55** PM **Classic EastEnders**
- **2.10** **All Creatures Great and Small** 12/14. James learns how the other half lives. (S3)
- **3.15** **Howards' Way**
- **4.25** **Shakespeare & Hathaway: Private Investigators**
- **5.25** **Porridge**
- **6.00** **Last of the Summer Wine**

9.00 Blue Lights

- **7.20** **Last of the Summer Wine** Barry wins a competition – but the prize proves more trouble than it is worth.
- **8.00** **Queens of Mystery** *Murder in the Dark – Final Chapter:* 2/6. Part two of two. Mattie races to clear Beth's name. (S1)
- **9.00** **Blue Lights** *The Fear:* 3/6. An assault case has Grace determined to bring the McIntyres to their knees. (S1)
- **10.20** **New Tricks** *Good Work Rewarded:* The team investigate the death of a golfer. Guest stars Isla Blair and Cherie Lunghi.
- **11.40** **Shakespeare & Hathaway: Private Investigators** 3/10. An Eastern European oligarch disappears. (S2)
- **12.40** AM **Waking the Dead**
- **2.00** **Porridge**
- **2.45** **Birds of a Feather**
- **3.15** **to 4.00** AM **Copper**

+1 hour 243 316 60 260

Thursday

7 PM · 8 PM · 9 PM · 10 PM

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Entertainment News**
- **9.10** **NCIS** 16-18/19. (S5)
- **12.00** NOON **Law & Order**
- **6.00** PM **NCIS** *Caged:* 12/25. McGee tries to quell a crisis in a women's prison. **7.00** *Broken Bird:* 13/25. Ducky finds himself accused of war crimes. **8.00** *Love and War:* 14/25. The agents investigate the private life of a murdered US Navy captain. (S6)
- **9.00** **Blue Bloods** *The Real Deal:* 1/19. Danny and Baez grapple with a homicide investigation. **10.00** *Naughty or Nice:* 2/19. Frank finds out the DA's office has a list of police officers they find unreliable. (S10)
- **11.00** **Law & Order: Special Victims Unit** (S21&20)
- **2.45** AM **Law & Order: Criminal Intent** (S5)
- **3.35** **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Bargain-Loving Brits in the Sun**
- **10.00** **Shoplifters: Caught Red Handed**
- **11.00** **Traffic Cops**
- **2.00** PM **Police Interceptors**
- **5.00** **Rogue Claimers**
- **6.00** **Home and Away**
- **7.00** **Casualty 24/7: Every Second Counts**
- **8.00** **GPs: Behind Closed Doors** New edition A 93-year-old with a persistent chesty cough.
- **9.00** **A&E After Dark** Staff at Hull Royal Infirmary battle to save a patient in cardiac arrest.
- **10.00** **Ambulance: Code Red**
- **11.00** **Skin A&E**
- **12.00** M'T **Call the Bailiffs: Time to Pay Up**
- **1.00** AM **Nightmare Tenants, Slum Landlords**
- **2.00** **GPs: Behind Closed Doors** Medical series.
- **2.45** **The Vanishing Triangle**
- **3.35** **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Entertainment News**
- **9.15** **Police Interceptors**
- **11.15** FILM **The Westerner** Western. (1940, b/w, U, 100min) ★★★★
- **1.25** PM FILM **Ace High** Spaghetti Western starring Eli Wallach. (1968, 15, 116min) ★★★
- **4.00** **Trucking Heavy**
- **5.00** **Traffic Cops**
- **6.00** **Police Interceptors**
- **8.00** **Motorway Cops: Catching Britain's Speeders** Officers deal with a speeding driver.
- **9.00** **Mud Mountain Haulers** New edition A million dollars' worth of timber could be stranded unless Craig works out a plan.
- **10.00** **Outback Truckers** Water drillers tackle a difficult river crossing.
- **11.00** **Banged Up Abroad**
- **12.00** M'T **Extreme Tow Truckers** Documentary.
- **1.00** AM **Ice Road Truckers**
- **2.05** **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **MasterChef Australia** Culinary show.
- **7.00** **Tipping Point**
- **10.00** **DIY SOS: The Big Build**
- **12.00** NOON **DIY SOS: Veteran Street**
- **1.00** PM **Tipping Point**
- **4.00** **My Dream Home**
- **6.00** **DIY SOS: The Big Build**
- **7.00** **Pete Wicks: For Dogs' Sake** Pete helps a group of ex-racing greyhounds.
- **8.00** **Honest Renovations** New edition Jessica and Lizzy meet a family of eight – including two sets of twins.
- **9.00** **Louis Theroux: Life on the Edge** Double bill.
- **11.00** **Katie Piper: Locked Up in Louisiana**
- **12.00** M'T **Louis Theroux: The Most Hated Family in America** Documentary.
- **1.00** AM **Louis Theroux: Under the Knife**
- **2.00** **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

- **6.10** AM **Great American Railroad Journeys**
- **8.00** **Bangers & Cash**
- **10.00** **War Factories**
- **11.00** **The Great War in Numbers** Documentary.
- **12.00** NOON **Antiques Roadshow** Double bill.
- **2.00** PM **Bangers & Cash**
- **4.00** **War Factories**
- **5.00** **The Great War in Numbers** Documentary.
- **6.00** **Antiques Roadshow**
- **7.00** **Ireland with Simon Reeve** Giant's Causeway.
- **8.00** **Bangers & Cash** New edition A Morris 1000 finds a new home.
- **9.00** **Hunting Outback Gold** New edition A hidden location where legendary explorer Lasseter may have camped.
- **10.00** **Bangers & Cash**
- **12.00** M'T **Abandoned Engineering**
- **2.00** **to 3.00** AM **War Factories**

+1 hour 255 329

Really

142 153 165 44 149 40

- **6.00** AM **Fantasy Homes by the Sea** Jurassic Coast.
- **7.00** **Teleshopping**
- **8.00** **Escape to the Country**
- **9.00** **Salvage Hunters**
- **12.00** NOON **Antiques Road Trip** Double bill.
- **2.00** PM **The Repair Shop**
- **3.00** **Celebrity Yorkshire Auction House**
- **4.00** **Long Lost Family: What Happened Next**
- **6.00** **Money for Nothing**
- **7.00** **Salvage Hunters**
- **8.00** **Antiques Road Trip** Louise Gostelow and David Harper search for bargains in Wales.
- **9.00** **Ghosts Off Grid** New edition Johnny and Jordyn try to contact spirits in a session called the Devil's Toy Box.
- **10.00** **Help! My House Is Haunted** Four editions.
- **2.00** AM **Teleshopping**
- **4.00** **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Great! TV
157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 21-23/24. (S8)
1.00 PM **The Waltons** (S4)
3.00 **Ballykissangel** (S3)
4.10 **Born and Bred** (S1)
5.20 **Doctor Finlay** 6/6. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 24/24. Captain Kaplan crashes his scout car and ends up in plaster. (S1) **8.00** 1/24. The camp is on its best behaviour for an inspection by a psychiatrist assigned to split up the team. **8.30** 2/24. General Clayton's scout car is bombed. (S2)
9.00 **Rumpole of the Bailey**
11.20 **The New Avengers**
12.20 AM **The Avengers** (S6)
1.20 **M*A*S*H** (S1&2)
2.35 **Home to Roost** (S3)
3.00 **to 4.50** AM **Highway to Heaven**
+1 hour 257

Great! Action
323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 13/30. (S1)
12.00 NOON **FILM The Denver and Rio Grande** Western adventure. (1952, U, 89min) ★★★
2.00 PM **FILM Red Headed Stranger** Western. (1986, 15, 105min) ★★
4.30 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S5)
8.00 **The Baron** 14/30. (S1)
9.00 **FILM Speed** Thriller with Keanu Reeves. (1994, 15, 105min) ★★★★★
11.25 **FILM The Forger** Thriller. (2014, 15, 92min) ★★
1.25 AM **The Baron** (S1)
2.25 **The Avengers** (S5)
3.15 **Police Ten 7**
3.40 **FILM Miami Magma** Sci-fi disaster movie. (2011, 15, 97min) ★★
5.15 **to 5.50** AM **Police Ten 7**
+1 hour 324

Great! Mystery
321 318 425 50 48

8.10 AM **FILM Ruby Herring Mysteries: Prediction Murder** Crime drama. (2020, PG, 89min) ★★
10.05 **Castle** 1&2/23. (S7)
12.05 PM **FILM Framed for Murder** Crime thriller. (2022, 12, 85min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 3&4/23. (S7)
9.00 **FILM Fixer Upper Mysteries: Concrete Evidence** Drama. (2017, PG, 89min) ★★
10.55 **FILM An Emma Fielding Mystery – Past Malice** Drama. (2018, PG, 90min) ★★
12.50 AM **FILM Time of Death** Crime thriller. (2013, PG, 80min) ★★
2.30 **FILM A Killer in My Home** Crime thriller. (2020, 12, 90min) ★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**
+1 hour 322

Great! Romance
319 317 424 52 47

8.10 AM **FILM One Perfect Match** Comedy. (2023, PG, 87min) ★★
10.20 **FILM Never Too Late to Celebrate** Drama. (2023, PG, 90min) ★★
12.20 PM **FILM The Perfect Pairing** Romantic drama. (2022, U, 82min) ★★
2.10 **FILM A Wedding to Remember** Drama. (2020, PG, 85min) ★★
4.10 **FILM The Wedding Ring** Romantic drama. (2020, PG, 86min) ★★
6.05 **FILM Love's Last Resort** Drama. (2017, PG) ★★
8.00 **FILM The Perfect Wedding Match** Comedy. (2021, PG, 86min) ★★
10.00 **FILM Love on the Vines** Romantic drama. (2016, PG, 78min) ★★
11.55 **FILM One Summer** Drama. (2021, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Wedding to Remember**
+1 hour 320

Together TV
170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Edwardian Farm**
1.15 PM **Rick Stein's Food Stories** From London.
2.00 **Love Your Garden**
3.00 **Flipping Profit**
4.00 **New Home DIY**
5.00 **The Greatest Auction**
6.00 **My Floating Home**
7.00 **Garden Rescue**
8.00 **Love Your Garden** Designing a vintage-style garden for two pensioners in Somerset.
9.00 **How to Have a Better Orgasm** Documentary.
10.00 **FILM School For Sex** Comedy starring Derek Aylward and Rose Alba. (1969, 18, 80min) ★★
11.45 **Musketeer** Short drama.
12.00 M'T **FILM Cool It Carol!** Comedy drama starring Robin Askwith. (1970, 18, 101min) ★★
2.00 AM **My Floating Home**
3.00 **Edwardian Farm**
4.15 **to 5.00** AM **Rick Stein's Food Stories**

Rewind TV
182 81 141

6.00 AM **Highlights**
8.30 **That's My Dog**
9.00 **Bubblegum & Cheese**
10.00 **The Jukebox Rewind**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn Street Gang** 18/18. (S3)
12.30 PM **Plymouth Rock**
1.00 **The Prime of Miss Jean Brodie** 6/7. (S1)
2.00 **Boon** 7/13. (S3)
3.00 **Bubblegum & Cheese**
4.00 **Discovering Gardens**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S3)
6.30 **The Fenn Street Gang**
7.00 **Plymouth Rock**
7.30 **The Brian Conley Show**
8.00 **Boon** 7/13. (S3)
9.00 **McCallum** Drama.
10.00 **FILM Horror Hospital** Horror. (1973, 18) ★
11.45 **Stereo Underground**
12.45 AM **London in the Raw**
2.15 **Hank the Cowboy**
2.30 **The Brian Conley Show**
3.00 **to 6.00** AM **Highlights**

DMAX
158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **The Snake Catcher**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The *Saga* is in danger of sinking and Jake needs to act quickly.
9.00 **Expedition X** The team are in New Mexico for a new investigation into the unsolved Socorro Landing Incident.
10.00 **Expedition Bigfoot**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 258 369 153

Food Network
144 152 168 43 148 39

6.00 AM **Jamie Cooks Italy**
7.00 **The Hairy Bikers' Northern Exposure**
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals for Every Day** Double bill.
10.00 **Barefoot Contessa – Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Sweet**
3.00 **The Hairy Bikers' Northern Exposure**
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day** Double bill.
6.00 **Barefoot Contessa – Back to Basics**
7.00 **The Great British Bake Off** The semi-finalists enter Patisserie Week. **8.00** The 2018 final.
9.00 **James Martin's Islands to Highlands**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**
+1 hour 244 368 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 14/26. (S5)
9.00 **The A-Team** 19/23. (S4)
10.00 **The Invaders** 17/17. (S1)
11.00 **FILM Troy: The Odyssey** Fantasy. (2017, PG) ★★
1.00 PM **FILM The Gorgon** Hammer horror. (1964, 15, 83min) ★★★
2.40 **FILM Earthquake** Epic disaster movie. (1974, PG, 129min) ★★★
5.00 **Star Trek** 24/26. (S2)
6.00 **The Invaders** 1/26. (S2)
7.00 **The A-Team** 20/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Upgrade** Sci-fi action thriller. (2018, 15, 100min) ★★★★
11.00 **FILM Machete Kills** Action thriller sequel. (2013, 15, 105min) ★★
1.05 AM **FILM Highlander III: The Final Dimension** Action fantasy sequel. (1995, 15, 99min) ★★
3.00 **to 4.50** AM **FILM Eye of the Tiger** Thriller. (1986, 18, 90min) ★

Legend Xtra
317 316 171 69 138 51

9.00 AM **FILM The People That Time Forgot** Adventure sequel. (1977, U, 96min) ★★
11.00 **The Lost World** (S2)
12.00 NOON **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
2.00 PM **FILM Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Blood River** Western. (1991, PG) ★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** (S2)
9.00 **FILM The Way of the Gun** Crime thriller. (2000, 18, 119min) ★★
11.20 **FILM Beyond the Law** Thriller starring DMX. (2019, 15, 89min) ★
1.10 AM **FILM The Disappearance** Thriller. (1977, 15, 102min) ★★
3.00 **FILM Blood River** (1991)
5.00 **to 6.00** AM **The Lost World**
+1 hour 318 371 139

Blaze
156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** In north London.
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Swamp People**
1.05 PM **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **UFO POV** New edition
10.00 **Alien Disclosure Files**
11.00 **Alien Corridors**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **Swamp People**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **Nazi Megastructures**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Great British Ships**
7.00 **Nazi Megastructures** Ruins left by Hitler's Blitzkrieg tactics.
8.00 **Ben Fogle: New Lives in the Wild** From Laos.
9.00 **The Trial of Paul Burrell** A look at the collapse of the trial of the former royal butler.
10.30 **The Day Diana Died**
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge
130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Quiz show.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** With guests Joan Collins, Stephen Fry and Nigella Lawson.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With guests Amanda Byram, Adam Thomas, Brendan Cole and Naga Munchetty.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill.
4.00 **to 6.00** AM **Bullseye**

TLC
133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy including at: **8.00** 20/24. Raj writes a paper suggesting he has discovered alien life. **8.30** 21/24. Sheldon and Amy face a major dilemma of ethics. (S12)
9.00 **NEW SERIES 90 Day: The Single Life** Sophie arrives in the Dominican Republic for a girls' trip with Liz and Julia, while Kim must deal with the secrets of her past before she can move on.
11.00 **The Bad Skin Clinic**
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**
+1 hr 233/234 313/328 99

Comedy Central
112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** Variety show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 7-12/26. (S3)
1.00 PM **Friends** (S2)
7.30 **Friends** 14/24. Rachel sees Ross in a new light. **8.00** 15/24. Monica falls for an old family friend. **8.30** 16/24. Joey decides to move out. (S2)
9.00 **FILM Crocodile Dundee II** Comedy adventure sequel with Paul Hogan and Linda Kozlowski. (1988, PG, 111min) ★★
11.15 **Jimmy Carr's Am I the A**hole?**
12.15 AM **Whose Line Is It Anyway? USA**
1.40 **South Park** (S12)
3.05 **Al Murray: One Man, One Guvnor Uncut**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154

6.00 AM **Everybody Loves Raymond** 4&5/26. (S3)
7.00 **Teleshopping**
9.00 **Spin City** 9&10/24. (S2)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S8&4)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 9/24. Mike's mother has a fling. **6.30** 10/24. Mike must pick a side. (S2)
7.00 **Everybody Loves Raymond** (S3)
10.00 **Friends** 13-18/24. (S1)
1.00 AM **The Ricky Gervais Show** Double bill.
2.00 **Whose Line Is It Anyway? USA**
3.00 **Reno 911!** 6&7/16. (S5)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV
171 150 56 164 42

8.00 AM **Highlights**
10.50 **Steptoe and Son** (S2)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the House** 1/6. (S4)
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 13/15. (S3)
2.40 **Minder** 2/11. (S4)
3.45 **Just Good Friends** (S2)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S7)
6.45 **Rising Damp** 4/8. (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 1/8. (S6)
9.00 **Benidorm** 6/7. (S4)
9.55 **Shameless** 6/8. (S4)
11.00 **Man About the House**
11.35 **Rising Damp** 5/6. (S4)
12.05 AM **Benidorm** 6/7. (S4)
1.05 **Minder** 1/8. (S6)
2.05 **to 6.00** AM **Highlights**

MTV
126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: Scammed**
9.00 **Catfish: The TV Show**
12.00 NOON **Catfish: The Dramatic** Reality show.
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Catfish: The TV Show: Untold Stories 9**
8.00 **Extreme Hair Wars**
9.00 **Celebrity Ex on the Beach** Chloe puts all her eggs in one basket.
10.00 **Tattoo Fixers**
11.00 **Ridiculousness**
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality show.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made: Dream Cars** Double bill of editions.
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Overhaulin'** Double bill.
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** The Raneys reflect on some of their most challenging and ingenious builds of the series. **6.00** The Raneys count down the five most hostile places in America to homestead in.

9.00 Rite of Passage

7.00 **Wheeler Dealers** Mike Brewer takes on a Porsche 924, the first car he ever turned around on the series.

8.00 **Wheeler Dealers** Mike Brewer and Ant Anstead work on a 1969 Opel GT, which suffers a backfiring engine and body damage.

9.00 **Ed Stafford's Rite of Passage** New edition In Brazil, the adventurer endures the painful bullet-ant ceremony.

10.00 **In the Eye of the Storm** In 2024, a tornado outbreak devastates the Central Plains.

11.00 **Expedition Unknown** Josh dives into the Pacific to find a lost P-47 Thunderbolt.
12.00 M'T **Deadliest Catch**
1.00 AM **Ed Stafford's Rite of Passage** As 9.00pm.
2.00 **In the Eye of the Storm**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Penguins**
10.00 **Tanked** A Christmas tank.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue** The Raneys shelter on their Alaskan homestead. **4.00** Marty hunts for water.
5.00 **Lone Star Law** The wardens go in search of a poacher.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor saves the legs of a puppy that was hit by a car.

8.00 Blood Ivory

7.00 **Treehouse Masters** Pete Nelson creates a climber's haven for an arboreal couple whose love of trees rivals his own.

8.00 **Blood Ivory** Following Tanzanian rangers as they try to counter the unprecedented growth of the ivory industry.

9.00 **Alaska: The Last Frontier** Atz and the family head out on a black bear hunt, and Jane's confidence grows.

10.00 **Alaskan Bush People** Barn construction means its all hands on deck, but someone isn't pulling their weight.

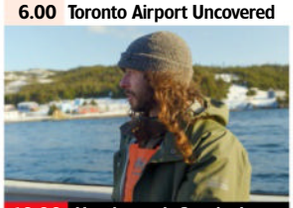
11.00 **Mountain Monsters** Jeff explores the Dark Forest.
12.00 M'T **Crikey! It's the Irwins** Robert tries the biggest Gator move in Australia Zoo history.
1.00 AM **Alaska: The Last Frontier**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Pirates: Behind the Legends**
11.00 **Nazi Megastructures: Battle Ready** Documentary.
12.00 NOON **Colossal Machines**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **Pearl Harbor: Drain the Oceans** Documentary.
5.00 **Ice Road Rescue** Thord's top team battle the biggest blizzard of the winter.
6.00 **Toronto Airport Uncovered**



10.00 Northwoods Survival

7.00 **Air Crash Investigation** An investigation into the fatal collision at Los Angeles International Airport in 1991.

8.00 **Titanic: Case Closed** Tim Malton explains why he believes that strange atmospheric conditions in the Atlantic were to blame for the cruise liner's demise, meaning that rescue boats were unable to help the sinking ship.

10.00 **Northwoods Survival** New edition Margot, Matty, Billy, Emilie and Gilbert step up their pre-season preparations.

11.00 **Air Crash Investigation**
12.00 M'T **Lawless Island** New edition Documentary.
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Curse of Oak Island**
6.55 **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Forged with Steele**
9.15 **Pawn Stars**
10.10 **Storage Wars** Double bill.
12.00 NOON **Hitler's Engineers**
1.00 PM **The UnBelievable with Dan Aykroyd**
2.00 **The UnXplained with William Shatner** Double bill.
4.00 **The UnXplained: Mysteries of the Universe**
6.00 **American Pickers** Robbie and Jersey go hog wild.

9.00 History's Deadliest

7.00 **Forged in Fire** Four bladesmiths return to the Middle Ages when they are tasked with forging a Crusader's Dagger.

8.00 **Viking Dead** A look at the discovery of various sites where Vikings had buried treasure, examining why they did it.

9.00 NEW SERIES **History's Deadliest with Ving Rhames** The actor explores some of history's most astonishing killers.

10.00 NEW SERIES **The UnBelievable with Dan Aykroyd** The strangest-but-true stories in human history.

11.00 **The UnXplained with William Shatner** Triple bill.
1.50 AM **The UnXplained: Mysteries of the Universe** The universe's most strange and inexplicable mysteries.
2.50 **History's Deadliest with Ving Rhames** As 9.00pm.
3.40 **Viking Dead** As 8.00pm.
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: John Hurt**
8.00 **The Directors**
9.00 **100 Foot Wave**
10.00 **Escobar by Escobar** 1-4/4. Exploring the story behind the cursed Escobar empire.
2.00 PM **The Two Escobars** How the fates of two Colombians were permanently linked.
4.00 **Discovering: John Hurt**
5.00 **The Directors**
6.00 **100 Foot Wave** 4/6. Nazare's largest swell to date paves the way for a broken record.

10.10 Bright Lights

7.00 **History of the Sitcom** 4/8. A look at pioneering comedy shows that tackled race and diversity.

8.00 FILM **Robin Williams: Come Inside My Mind** An intimate portrait of the life of the comedian and actor, featuring previously unseen footage and interviews with those closest to him. (2018, 12, 117min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Bright Lights: Starring Carrie Fisher and Debbie Reynolds** Charting the relationship between entertainer Debbie Reynolds and her actress daughter Carrie Fisher, who died within a day of each other in 2016.

12.00 M'T **I Am Paul Walker**
1.50 AM **Trees and Other Entanglements**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: John Hurt**

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Richard Hammond's Workshop** An E-Type.
9.00 **Outback Opal Hunters** New edition The Opal Whisperers are on a mission to unearth something worthwhile.
10.00 **Treasure Hunters Down Under** New edition Bruce and John are back at Burra hunting the old mine pit and gaol.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers World Tour** Double bill.
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops Detroit**
7.00 **Forensic Detectives**
9.00 **FBI Files**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder in the Heartland** Documentary.
7.00 **Judge Rinder's Crime Stories** Fraudsters that are targeting the elderly.
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New edition Myrle's husband dies under strange circumstances.
10.00 **Your Worst Nightmare**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Double homicide.
3.00 **to 4.00** AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** The tragic case of Georgia Williams, who was murdered by a disturbed individual.
8.00 **48 Hours** New edition A woman suspects her mum of double murder.
9.00 **Storm of Suspicion** New edition A pop-up storm may help investigators looking for a triple murderer.
10.00 **The Chem-Sex Cannibal: Murder on the Internet** 2/2. The dangers of online dating apps.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **The Chem-Sex Cannibal: Murder on the Internet** As 10pm.
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
10.45 **Teleshopping**
11.00 **48 Hours** Kouri Richins.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective** Discussing a murder investigation with no body, and a love triangle. **3.00** A look at the 2016 murder of Yang Liu.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A mother and daughter vanish while out shopping. **5.30** The disappearance of singer Walter Scott. **6.00** There are two separate confessions for the same crime. **6.30** An attack on two boys during a fishing trip.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **A1: Britain's Longest Road** Documentary.
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation**
12.00 NOON **Killer in My Village** Double bill.
2.00 PM **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **How I Caught the Killer**
10.00 **Britain's Most Evil Killers**
11.00 **Police 24/7**
12.00 M'T **Killer in My Village**
1.00 AM **What the Killer Did Next** Nicola Stephenson.
2.00 **Murders That Shocked the Nation**
3.00 **Murdered at First Sight**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's...**
8.35 **The Lost Colony of Roanoke** Documentary.
9.35 **Forgotten Allies...**
10.35 **Weathered: Earth's...**
11.50 **Lost World of the Hanging Gardens**
1.00 PM **The Lost Colony of Roanoke** Documentary.
2.00 **Lost World of the Hanging Gardens**
3.10 **Forgotten Allies...**
4.15 **Weathered: Earth's...**
5.30 **Lost World of the Hanging Gardens**
6.40 **The Lost Colony of Roanoke** Documentary.
7.40 **Forgotten Allies: The Search for Burma's Lost Heroes**
8.40 **Weathered: Earth's Extremes** New editions
9.50 **Lost World of the Hanging Gardens**
11.00 **The Lost Colony of Roanoke** Documentary.
12.00 M'T **Forgotten Allies...**
1.05 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/145 113/114 135 354 369

6.00 AM **Amazing Animal Friends**
7.00 **Monkey Life**
8.00 **Africa's Wild Horizons**
9.00 **Hope for Wildlife**
10.00 **Coral City**
11.00 **Moon: Nature's Secret Force**
12.00 NOON **Brazil Untamed**
1.00 PM **Monkey Life**
2.00 **Africa's Wild Horizons**
3.00 **Hope for Wildlife**
4.00 **Coral City**
5.00 **Secret Life of the Kangaroo**
6.00 **Brazil Untamed**
7.00 **Monkey Life** Double bill.
8.00 **My Best Friend's an Animal**
9.00 **A Wild Year on Earth** May brings violent tornados to North America and the life-giving monsoon to India.
10.00 **Brazil Untamed**
11.00 **Secret Life of the Kangaroo**
12.00 M'T **Moon: Nature's Secret Force** Documentary.
1.00 AM **Amazing Animal Friends**
2.00 **My Best Friend's an Animal**
3.00 **A Wild Year on Earth**
4.00 **Africa's Wild Horizons**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Curse of the Ancients**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **History of Weapons**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Britain's Lost Battlefields with Rob Bell** The site of the final battle of the Wars of the Roses.
4.00 **Curse of the Ancients**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **History of Weapons**
8.00 **Combat Ships**
9.00 **How to Lose a War** How each Axis Power had troubles on their own home front.
10.00 **Instruments of Death** Weaponry used in the uprising against the Roman army.
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Britain's Lost Battlefields...**
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Inside the Tower of London**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **The Gamechangers: Inventing the World**
12.00 NOON **Extreme Engineering**
1.00 PM **Codes and Conspiracies**
3.00 **How the Universe Works**
6.00 **How It's Made** A look at how water pumps are made. **6.30** The making of marine turbochargers and champagne. **7.00** How sharpening steel and bladder pumps are made. **7.30** The making of espresso machines and pizza ovens. **8.00** The making of steam cleaners and hand-held pizzas. **8.30** How industrial casters and wedding cakes are made. **9.00** The creation of exhaust headers and limestone artwork. **9.30** The making of guitars out of recycled skateboards. **10.00** A look at the production of racing pulley systems. **10.30** High-end motorcycles.
11.00 **How Do They Do It?**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Nightmare in Suburbia**
1.00 PM **Meet, Marry, Murder**
2.00 **Buried in the Backyard**
3.00 **An Hour to Kill**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Meet, Marry, Murder** A devoted husband turns up shot and burned at home.
9.00 **Homicide Squad: New Orleans** Investigating the murder of a 15-year-old boy.
10.00 NEW SERIES **Ozark Law** The new summer season at Lake of the Ozarks kicks off with a Memorial Day weekend.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The First 48**
2.00 **Interrogation Raw**
3.00 **Homicide Hunter**
4.00 **Court Cam**
5.00 **to 6.00** AM **Meet, Marry, Murder**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest Animal Faces**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Malika the Lion Queen**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet** Michelle treats three eagles that have sustained debilitating burns.
7.00 **Secrets of the Zoo** Keepers attempts to find out why a Muntjac deer is suffering from mysterious seizures.
8.00 **When Predators Attack** The world's deadliest snakes. **9.00** Footage of bears hunting prey – including humans.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Northwoods Survival**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Monster Fish: Extreme Sharks**

Discovery History

174 147 181

7.00 AM **Concorde: The Final Flight**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The discovery of thousands of exoplanets beyond our solar system.
1.00 PM **Mysteries at the Castle**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Concorde: The Final Flight** The story of the supersonic plane's last flight from New York to London in October 2003. Narrated by Bill Nighy.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance**
5.00 **Sorry!** As 8.20pm.
5.40 **Three Up, Two Down**
8.20 **Sorry!** 6/6. Timothy's bags are packed and he is prepared to move into his new home – but his mother makes one last effort to clip his wings. (S7)
9.00 **Three Up, Two Down** 1/6. The first episode of the comedy starring Michael Elphick and Angela Thorne. **9.40** 2/6. An unexpected visitor highlights the problems of the couple forced to live in the same building as their parents. **10.20** 3/6. Sam and Daphne fail to see eye to eye over their shared lodgings. **11.00** 4/6. Daphne irritates Sam even more than usual with her new-found social life. (S1)
11.40 **Sorry!** As 8.20pm.
12.20 AM **Three Up, Two Down**
2.55 **Sorry!** As 8.20pm.
3.30 **to 6.00** AM **Three Up, Two Down**

+1hour 266 376

ID

154 140 166

8.00 AM **Cops UK: Bodycam Squad**
9.00 **American Monster**
11.00 **Disappeared**
12.00 NOON **Evil Lives Here**
1.00 PM **American Monster**
3.00 **Disappeared**
4.00 **Evil Lives Here**
5.00 **Murder Chose Me**
7.00 **Signs of a Psychopath**
9.00 **American Detective with Lt Joe Kenda** Gunshots ring out in broad daylight, killing a young mother-of-four.
10.00 **The Murder Tapes** In an Arkansas parking lot, a bag containing the decapitated body of grandmother, Connie Goodwin, turns up in a truck, and police hunt for her killer. **11.00** At a Texas warehouse music venue, a shooter kills Keyundta Barrett. Police race to find the weapon and who pulled the trigger.
12.00 M'T **Your Worst Nightmare**
2.00 AM **Murder Chose Me**
4.00 **to 6.00** AM **Signs of a Psychopath**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers**
9.00 **Outback Truckers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Big** The Burj Khalifa in Dubai.
1.00 PM **Roadworthy Rescues**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Outback Truckers**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** The duo explore Shane's epic collection, where a Lanchester LD10 catches their eye.
9.00 **Kevin Hart's Muscle Car Crew** Kevin surprises everyone with a new goal for the group.
10.00 **Outback Truckers**
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic...**
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

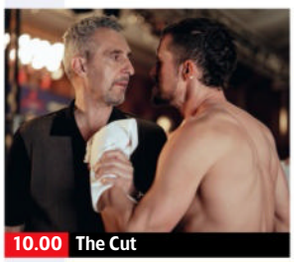
+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **One More Shot** (2025)
8.40 **Neighborhood Watch** Thriller. (2025, 15, 92min) ★★★★
10.25 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
12.40 PM **I Know What You Did Last Summer** As 8.00pm.
2.40 **One More Shot** Comedy. (2025, 15, 91min) ★★★
4.20 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
5.50 **M3GAN 2.0** Sci-fi sequel. (2025, 15, 120min) ★★★



10.00 The Cut

8.00 **I Know What You Did Last Summer** Horror reboot starring Madelyn Cline and Chase Sui Wonders. A group of young friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Cut** Thriller starring Orlando Bloom. A retired boxer returns to the ring for one last shot at the title, but must embark on an illegal weight cut programme first. (2024, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Reckless** Action comedy with Scott Adkins. (2026, 15, 91min)
1.30 AM **The Gentleman** Crime thriller starring Ron Perlman. (2025, 15, 89min) ★★
3.20 **Prisoner of War** Action thriller starring Scott Adkins. (2025, 15, 112min) ★★★
5.20 **to 7.10** AM **One More Shot**

Sky Cinema Wild Worlds

303 303 403 503 517

6.00 AM **Gator Creek** As 12.35am.
7.30 **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
10.00 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
12.15 PM **The Meg** Action thriller. (2018, 12, 113min) ★★★
2.15 **Waterworld** Sci-fi adventure. (1995, 12, 134min) ★★★
4.40 **Journey to the Center of the Earth** (2008, PG) ★★
6.20 **Journey 2: The Mysterious Island** (2012, PG) ★★★

8.00 Aquaman

8.00 **Aquaman** Superhero adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis embarks on a quest to prevent a war between the worlds of ocean and land. With Amber Heard, Willem Dafoe, Nicole Kidman and Dolph Lundgren. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Jaws** Steven Spielberg's monster thriller starring Roy Scheider. A killer shark terrorises a beach resort on the east coast of America. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Gator Creek** Horror thriller. (2025, 15, 87min) ★
2.05 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
3.45 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.35 AM **An Officer and a Gentleman** As 1.50pm.
8.40 **Love Story** As 2.40am.
10.25 **Lost in Translation** As 6.15pm.
12.10 PM **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
1.50 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
3.55 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix. (2024, 15, 138min) ★★★★
6.15 **Lost in Translation** Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
8.00 **It Ends with Us** Drama based on Colleen Hoover's best-selling novel starring Blake Lively. (2024, 15, 125min) ★★★
10.15 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper. (2018, 15, 136min) ★★★★★
12.35 AM **About Time** Romantic comedy fantasy from Richard Curtis. (2013, 12, 120min) ★★★
2.40 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
4.25 **to 6.20** AM **Two Mules for Sister Sara** Comedy Western. (1969, 15, 114min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
8.35 **Lovely, Dark, and Deep** (2023)
10.15 **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★
12.25 PM **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
2.15 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
4.10 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
5.55 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
8.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants.' (1982, 15, 130min) ★★★★★
10.10 **Blade: Trinity** Adventure sequel starring Wesley Snipes, Ryan Reynolds and Jessica Biel. (2004, 15, 113min) ★★★
12.15 AM **Jules** Sci-fi comedy drama. (2023, 12, 87min) ★★★
1.55 **There's Something in the Barn** Horror comedy starring Martin Starr. (2023, 15, 100min) ★★
3.45 **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
5.25 **to 7.05** AM **The Damned** Horror starring Odessa Young. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.25 AM **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
8.00 **The Last Airbender** (2010)
9.50 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★
12.30 PM **Robin and the Hoods** Comedy. (2024, PG) ★★
2.15 **Grow** Family comedy. (2025, PG, 107min) ★★★★
4.10 **The Last Airbender** Fantasy. (2010, PG, 103min) ★★
6.00 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★

7.40 **Stardust** Fantasy comedy starring Claire Danes and Charlie Cox. A young man enters a magical kingdom to retrieve a falling star for his beloved in exchange for her hand in marriage. (2007, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **MouseHunt** Slapstick comedy starring Nathan Lane and Lee Evans. The efforts of two brothers to renovate an old mansion are thwarted by a tenacious mouse. (1997, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Look Who's Talking** (1989)
1.10 AM **The Cat in the Hat** Comic fantasy based on the book by Dr Seuss, starring Mike Myers. (2003, PG, 82min) ★★★★
2.35 **Breaking Point** Drama with Karam Singh and Kelvin Clarke. (2023, 12, 102min) ★★★
4.20 **to 6.00** AM **MouseHunt**

Sky Cinema Action

307 307 407 507 521

6.25 AM **Transformers** Sci-fi action adventure. (2007, 12) ★★★★
8.55 **Bad Boys II** (2003, 15) ★★★
11.25 **Birds of Prey and the Fantabulous Emancipation of One Harley Quinn** Fantasy. (2020, 15, 109min) ★★★★
1.15 PM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
3.20 **Transformers: Revenge of the Fallen** (2009, 12) ★★★
5.50 **The Fall Guy** (2023) ★★★★

10.30 **The Good, the Bad and the Ugly** Sergio Leone's classic Spaghetti Western set during the American Civil War, starring Clint Eastwood, Lee Van Cleef and Eli Wallach. (1966, 15, 155min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.35 AM **Mortal Kombat: Annihilation** Action fantasy sequel starring Robin Shou. (1997, 15, 91min) ★★
3.15 **to 6.00** AM **The Patriot** Epic drama with Mel Gibson, Heath Ledger and Jason Isaacs. (2000, 15, 167min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Jackass Presents: Bad Grandpa** (2013, 15) ★★★
8.15 **Jackass Presents: Bad Grandpa .5** (2014, 15) ★★
9.45 **Kangaroo Jack** (2003, PG) ★
11.20 **Hope Springs** (2012, 12) ★★★
1.05 PM **Caddyshack** Comedy. (1980, 15, 95min) ★★★
2.45 **Mean Machine** (2001, 15) ★★
4.30 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
6.10 **School of Rock** Comedy. (2003, PG, 109min) ★★★★

6.10 **School of Rock**

8.00 **The Naked Gun** Spoof thriller starring Leslie Nielsen. LA's most inept detective must foil an assassination attempt on Queen Elizabeth II. (1988, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel with Leslie Nielsen. Lt Frank Drebin is charged with finding the kidnappers of the US president's energy adviser. (1991, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Naked Gun 33⅓: The Final Insult** Spoof sequel. (1994, 12, 83min) ★★★
12.25 AM **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
2.15 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★
4.00 **to 6.15** AM **The Blues Brothers** Cult comedy. (1980, 15, 135min) ★★★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Antebellum** (2019, 15) ★★
8.20 **Gloria** Crime thriller. (1980, 15, 121min) ★★★★
10.35 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
12.30 PM **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★
2.30 **Drop** Thriller starring Meghann Fahy. (2025, 15, 95min) ★★★★
4.15 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
6.15 **Black Bag** Espionage thriller. (2024, 15, 94min) ★★★★

6.15 **Black Bag**

8.00 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer finds himself in trouble when a drug deal goes sour. With Kenneth Cranham and Colm Meaney. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **True Romance** Crime thriller scripted by Quentin Tarantino, starring Christian Slater and Patricia Arquette as a naive young couple on the run from mobsters pursuing a $5million stash of cocaine. (1993, 18, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Chinatown** Crime thriller. (1974, 15, 131min) ★★★★★
2.25 **God Is a Bullet** Thriller. (2023, 18, 156min) ★★★
4.30 **to 6.15** AM **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Arizona Raiders** Western. (1965, PG, 88min) ★★
12.50 PM **Leave Her to Heaven** Melodrama. (1945, U) ★★★
3.00 **The Son of Robin Hood** Swashbuckling adventure. (1958, U, 77min) ★★
4.40 **The Lost World** Fantasy. (1960, PG, 98min) ★★
6.35 **Independence Day: Resurgence** Sci-fi adventure. (2016, 12, 120min) ★★★

9.00 **Django Unchained**

Independence Day: Resurgence (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. A former slave becomes a deadly bounty hunter and embarks on a perilous mission to rescue his wife from a Mississippi plantation. (2012, 18, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM
10 PM
11 PM

12.20 AM **The Kid Detective** Mystery comedy drama starring Adam Brody and Kaitlyn Chalmers-Rizzato. (2020, 15, 100min) ★★★★
2.20 **to 4.00** AM **Thief** Crime thriller starring Richard Crenna. (1971, PG, 74min) ★★

+1hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

6.05 AM **Sky Cinema Preview**
6.50 **Napoleon Dynamite** Teen comedy starring Jon Heder. (2004, PG, 95min) ★★★★
8.25 **Gremlins** Horror comedy. (1984, 12, 106min) ★★★★
10.10 **Police Academy** Comedy. (1984, 15, 95min) ★★★
11.50 **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★

1.20 PM **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
2.50 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
4.35 **Wayne's World 2** Comedy sequel. (1993, PG, 95min) ★★★
6.20 **Team America: World Police** Spoof of Hollywood action movies performed by puppets. (2004, 15, 98min) ★★★★
8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★

10.05 **Pulp Fiction** Comedy thriller. (1994, 18, 154min) ★★★★★
12.40 AM **A Clockwork Orange** Satire. (1971, 18, 136min) ★★★★
3.00 **Enter the Dragon** Action thriller. (1973, 18, 97min) ★★★★
4.50 **to 6.25** AM **Blazing Saddles** Western spoof. (1974, 12) ★★★★

Sky Cinema Greats

304 304 404 504 518

8.15 AM **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
10.00 **Rumble in the Bronx** Action comedy. (1996, 15, 89min) ★★★
11.35 **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
1.50 PM **Raiders of the Lost Ark** Adventure. (1981, PG) ★★★★★
3.50 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★

5.50 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure starring Harrison Ford. (1989, PG, 127min) ★★★★★
8.00 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner switch identities in their pursuit of heroin thieves. With Téa Leoni. (1995, 15, 118min) ★★★
10.00 **Sleepers** Fact-based drama starring Kevin Bacon and Brad Pitt. (1996, 18, 146min) ★★★

12.30 AM **The Godfather** Francis Ford Coppola's classic gangster saga. (1971, 15, 167min) ★★★★★
3.25 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
5.50 **to 8.10** AM **The Fisher King** Terry Gilliam's urban fable. (1991, 15, 137min) ★★★★★

Sky Cinema Animation

305 305 405 500 514

7.15 AM **Open Season 3** Animated sequel. (2010, U, 74min) ★★
8.45 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★
10.25 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
12.35 PM **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★

2.15 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
4.00 **Flushed Away** Animation. (2006, U, 85min) ★★★★
5.35 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
7.20 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
9.10 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
10.40 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★

12.20 AM **Batman Unlimited: Animal Instincts** (2015, PG) ★★
1.45 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
3.05 **The Canterville Ghost** Animation. (2023, PG) ★★
4.40 **to 6.25** AM **Rebellious** Animation. (2024, PG) ★★★

Movies 24

312 313 419

7.00 AM **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★
9.00 **An American in Austen** Comedy. (2024, PG, 84min) ★★
11.00 **Romance with a Twist** Drama. (2024, PG, 84min) ★★
1.00 PM **Sense and Sensibility** Romantic drama with Deborah Ayorinde. (2024, U, 84min) ★★
3.00 **Heart of the Manor** Romantic comedy. (2021, PG, 85min) ★★

5.00 **A Pinch of Portugal** Romantic drama. (2023, PG, 84min) ★★
7.00 **The Love Issue** Romantic drama wirg Alicia Dea Josipovic. (2023, PG, 85min) ★★
9.00 **Romantic Rewrite** Romantic comedy with Kristina Cole and Russell Quinn. A book editor who specialises in romance helps a mystery writer incorporate a love story into his next book. (2022, PG, 82min) ★★
11.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★

1.00 AM **The Magic of Lemon Drops** Romantic fantasy. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **His and Hers** Romantic drama starring Lacey Chabert. (2024, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 3/24. (S2)
6.30 **Strange Voyage** Adventure. (1946, b/w, U, 80min) ★★★
7.45 **The Lone Ranger** 1/52. (S1)
9.10 **Miss Robin Hood** Comedy. (1952, b/w, U, 78min) ★★
10.40 **High Tide** Mystery thriller. (1980, PG, 98min) ★★★
12.30 PM **Mrs Pym of Scotland Yard** Mystery starring Mary Clare. (1940, b/w, PG, 65min) ★★★

1.45 **The Flaw** Melodrama. (1955, b/w, PG, 90min) ★★
3.00 **Crown Court** Triple bill.
4.30 **The Treasure of San Teresa** Thriller with Eddie Constantine. (1959, b/w, PG, 81min) ★★
6.15 **Who Were You with Last Night**
6.20 **Strange But True**
6.55 **The Brothers** 9/10. (S1)
8.00 **Mark Saber** 25/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **Rentadick** Comedy with Richard Briers. (1972, PG, 94min) ★★★

11.10 **Who Do You Do?**
11.50 **Stolen Face** Melodrama. (1952, PG, 72min) ★★
1.20 AM **Crown Court** Triple bill.
2.50 **Ramrod** Western adventure. (1947, b/w, PG, 94min) ★★★
4.40 **The World of Budgerigars**
5.00 **to 6.00** AM **Burke's Law**

Thursday

Sky Sports Main Event

401 401 999 501 419 439

6.30 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 LIVE **Men's T20 World Cup** Coverage of a Super Eight match from Narendra Modi Stadium.
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match staged at MA Chidambaram Stadium, Chennai.
5.00 **The Premier League Show**
6.00 **The F1 Show: Lights Out** Sky F1's leading voices take a look ahead to the upcoming season.
7.00 LIVE **Premier League Darts** Coverage of the fourth night of the tournament staged at SSE Arena Belfast, with a format featuring quarter-finals, semi-finals and a final. The quarter-finals scheduled to take place are Luke Littler v Jonny Clayton, Stephen Bunting v Luke Humphries, Michael van Gerwen v Gerwyn Price, and Gian van Veen v Josh Rock.
11.00 **Sky Sports News**
1.30 **to 6.30** AM LIVE **LPGA Tour Golf** Coverage of the second day of the HSBC Women's World Championship staged at Sentosa Golf Club in Singapore.

Sky Sports Premier League

402 402 998 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Netbusters** Recent action.
9.30 **Premier League Stories**
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years**
2.00 PM **PL Retro** Manchester United v Arsenal from 2002.
4.00 **Premier League Stories**
4.30 **Netbusters** The weekend's action in the Premier League.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **The Big Interview** An interview with a Premier League personality.
7.30 **Premier League Stories** An interview with Senegal and Everton star Iliman Ndiaye.
8.00 **Transfer 360** Jimmy Floyd Hasselbaink's move to Chelsea. **8.30** The story of Sol Campbell's move from Spurs to Arsenal.
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Transfer 360** Double bill.
11.00 **Premier League Years**
1.00 AM **PL Retro** A chance to see Arsenal v Everton from 1998.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 997 503 421 441

6.00 AM **EFL** The 2024 play-off finals.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
2.30 PM **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **Bundesliga Highlights Show**
4.30 **EFL Highlights** Championship.
6.30 **Bundesliga Weekly**
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **SPFL Round-Up**
8.15 **SPFL Highlights**
8.30 **EFL Highlights** Norwich City v Sheffield Wednesday. **8.45** Sheffield United v Coventry City staged at Bramall Lane. **9.00** Southampton v QPR. **9.15** Hull City v Derby County. **9.30** Highlights from Middlesbrough v Leicester City. **9.45** Swansea City v Preston.
10.00 **Bundesliga Weekly**
10.30 **EFL League One Goals**
11.00 **EFL League Two Goals**
11.30 **EFL Greatest Games**
12.00 M'T **Craig Brown: My Scotland**
12.30 AM **Best Scottish Premiership Goals 2024/25**
1.00 **Edinburgh Derby Best Goals**
1.30 **SPFL Highlights**
5.00 **to 6.00** AM **Celtic's Invincibles**

Sky Sports Cricket

405 405 996 505 422 442

6.00 AM **Men's T20 World Cup**
9.00 LIVE **Men's T20 World Cup** Coverage of a Super Eight match from Narendra Modi Stadium.
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match staged at MA Chidambaram Stadium, Chennai.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup – The Greatest Matches**
6.30 **Men's T20 World Cup**
7.00 **Men's T20 World Cup – The Greatest Matches** Action from India v Bangladesh in 2016.
7.30 **ICC Men's T20 World Cup** Action from a Super Eight match from R.Premadasa Stadium. **8.00** Action from a Super Eight match staged at Narendra Modi Stadium in Ahmedabad.
8.30 **Men's T20 World Cup – The Greatest Matches** Action from India v Bangladesh held at M. Chinnaswamy Stadium in 2016.
9.00 **Men's T20 World Cup** Highlights of Super Eight games.
12.00 M'T **to 6.00** AM **Men's T20 World Cup**

Sky Sports Golf

406 406 995 506 423 443

6.30 AM **TGL** Recent action.
10.30 LIVE **DP World Tour Golf** Day one of the Investec South African Open Championship staged at Stellenbosch Golf Club.
3.30 PM LIVE **PGA Tour Golf** The early stages of day one of the Cognizant Classic at PGA National Resort in Palm Beach Gardens.
7.00 LIVE **PGA Tour Golf** Further coverage of the opening day of the Cognizant Classic staged at PGA National Resort. America's Joe Highsmith won this event last year after he finished two strokes ahead of fellow countrymen Jacob Bridgeman and JJ Spaun.
11.00 **PGA Tour Champions**
12.00 M'T **Beyond the Scorecard**
12.30 AM **HotelPlanner Tour Golf Highlights** Recent action.
1.00 **Golf Academy** Driving tips.
1.30 **to 6.00** AM LIVE **LPGA Tour Golf** The second day of the HSBC Women's World Championship at Sentosa Golf Club in Singapore.

Sky Sports Tennis

408 408 988 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **ATP Tennis** Coverage of the fourth day of the ATP Dubai Tennis Championships staged at Aviation Club Tennis Centre.
2.00 PM **WTA Tennis** Event review.
2.30 **ATP Tour This Week**
3.00 LIVE **ATP Tennis** Further coverage of day four of the Dubai Tennis Championships staged at Aviation Club Tennis Centre.
7.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
4.00 **to 6.00** AM LIVE **ATP Tennis** Coverage of the fourth day of the ATP Acapulco Open staged at Arena GNP Seguros in Mexico.

TNT Sports 1

410 413 521 408 430

6.00 AM **Serie A – Full Impact**
6.30 **Premier League Reload**
6.45 **World Superbike Rewind**
7.00 **Fishing: On the Bank**
8.00 **Ally's Social Club**
8.45 **TNT Sports Reload**
9.30 **Ultimate Pool** Recent action.
11.00 **Welsh Open Snooker**
1.00 PM LIVE **Welsh Open Snooker** Coverage from the fourth day held at Venue Cymru. Mark Selby won this event last year after he defeated Stephen Maguire 9-6 in the final to pick up his first title here since 2008.
5.00 **Premier League: Big Interview**
5.30 **Premier League Review**
6.30 **UEFA Champions League**
7.30 LIVE **UEFA Europa League Nottingham Forest v Fenerbahce.** Coverage of the knockout play-off second-leg at The City Ground. Kick-off **8.00pm**.
10.30 **Premier League Stories**
11.00 **Premier League: Big Interview**
11.30 **Serie A – Full Impact**
12.00 M'T **What I Wore**
12.30 AM **Ultimate Pool**
2.00 **Welsh Open Snooker**
4.00 **Serie A – Full Impact**
4.30 **to 6.00** AM **Formula E**

TNT Sports 2

411 414 522 409 431

6.00 AM **Welsh Open Snooker**
8.00 **MotoGP Highlights**
12.00 NOON **World Superbike Highlights** In Victoria, Australia.
1.00 PM **Premier League Review**
2.00 **UEFA Champions League**
4.00 **UEFA Europa League & Conference League Magazine**
5.00 LIVE **UEFA Europa League VfB Stuttgart v Celtic.** All the action from the knockout play-off second-leg staged at MHP Arena. Kick-off **5.45pm**.
8.15 LIVE **UEFA Europa League Bologna v SK Brann.** Coverage of the knockout play-off second-leg from Stadio Renato Dall'Ara, joining 15 minutes after kick-off.
10.00 **Discovery Golf**
10.30 **World Superbike** The opening round of the season in Victoria.
11.30 **MotoGP Films** Jorge Martin.
12.00 M'T **MotoGP Highlights**
2.00 AM LIVE **MotoGP** Coverage of the Grand Prix of Thailand MotoGP, Moto2 and Moto3 first free practice sessions ahead of the opening round of the season at Chang International Circuit.
4.45 **World Superbike Rewind**
5.00 **to 6.00** AM **MotoGP**

Sky Sports Action

412 410 993 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.15 **Women's Super League**
4.30 **Super League Highlights**
5.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
7.00 LIVE **Premier League Darts** Coverage of the fourth night of the tournament at SSE Arena Belfast, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals scheduled to take place are Luke Littler v Jonny Clayton, Stephen Bunting v Luke Humphries, Michael van Gerwen v Gerwyn Price, and Gian van Veen v Josh Rock. Humphries was a winner in Belfast on night one last year, overcoming Aspinall, van Gerwen and Dobey.
11.00 **Super League Highlights**
12.00 M'T **Super Bowl LX Highlights**
1.00 AM **Super League**
3.45 **Super League Highlights**
4.45 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 992 504 427 447

6.00 AM **Sky Sports News**
11.45 LIVE **PGA Tour Golf** Coverage of the early stages of day one of the Cognizant Classic at PGA National Resort in Palm Beach Gardens, Florida. America's Joe Highsmith won this event last year.
7.00 PM **Sports Centre**
7.30 LIVE **Super League Wigan Warriors v Leigh Leopards.** Coverage of the top-flight match at Brick Community Stadium, as last year's Grand Final runners-up host their local rivals. These two sides met on the opening weekend of last season in an incredible game that finished 1-0 to the visitors, as Gareth O'Brien's golden point drop goal in the 80th minute earnt Leigh a famous victory. Kick-off **8.00pm**.
10.15 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
4.00 **to 6.00** AM LIVE **ATP Tennis** Coverage of the fourth day of the ATP Acapulco Open staged at Arena GNP Seguros in Mexico.

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **ATP/WTA Tour Classic Matches**
1.00 PM **PGA Tour Golf**
2.00 **PL Greatest Games**
3.00 **WTA Tennis** The WTA Dubai Tennis Championships final.
4.00 **TGL** New York v The Bay.
6.00 **ATP Tennis** The Rio Open final.
7.00 **Formula 1** Belgian Grand Prix. **8.00** Hungarian Grand Prix.
9.00 **My Icon** Sporting influences.
10.00 **PL Greatest Games**
11.00 **Rob Cross: A Year to Remember 2018**
11.30 **Peter Wright: Double Champ**
12.00 M'T **PGA Tour Golf**
1.00 AM **Formula 1** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **ATP/WTA Tour Classic Matches**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
6.30 **The Breakdown**
7.00 **European Football Highlights**
11.30 **Premier League Features**
12.15 PM **Sign Up – Into Football**
1.00 **Women's FA Cup** Round five.
5.00 **Discovery Golf**
5.30 **A-League Women Highlights**
6.00 **World Superbike Highlights**
7.00 **What I Wore**
7.30 LIVE **Conference League Crystal Palace v Zrinjski Mostar.** The knockout play-off second-leg at Selhurst Park. Kick-off **8.00pm**.
10.30 **TNT Sports Reload**
11.00 **T20 International Cricket**
12.00 M'T **UEFA Europa League**
1.00 AM **UEFA Conference League**
1.30 **Discovery Golf**
2.00 **A-League Women Highlights**
2.30 **Women's ODI Cricket**
3.30 **to 6.00** AM LIVE **Women's One-Day International Cricket Australia v India.** Coverage of the second ODI from Ninja Stadium.

TNT Sports 4

414 416 524 411 434

6.00 AM **Women's One-Day International Cricket**
7.00 **T20 International Cricket**
8.00 **A-League Women Highlights**
8.30 **Isuzu UTE A-League**
9.30 **Serie A – Full Impact**
10.00 **Discovery Golf**
10.30 **Formula E Unplugged**
1.30 PM **Fishing: On the Bank**
2.30 **Discovery Golf**
3.00 **World Superbike Rewind**
3.15 **TNT Sports Reload**
3.30 **Women's One-Day International Cricket**
4.30 **Women's T20 International Cricket** New Zealand v Zimbabwe.
5.30 **Ultimate Pool** Group eight of the Women's Champions League.
7.00 LIVE **Welsh Open Snooker** Coverage of the fourth day's play from Venue Cymru in Llandudno.
11.00 **Fishing: On the Bank**
12.00 M'T **UFC Main Event**
5.00 **to 6.00** AM **Women's T20 International Cricket**

Premier Sports 1

419 551

6.00 AM **Motorsport**
8.00 **Scottish Football Social Club**
9.00 **LaLiga Match Highlights**
10.00 **Brasileiro Serie A**
12.00 NOON **Sporting Countdowns**
12.30 PM **Eredivisie Highlights**
1.30 **Sporting Countdowns**
2.00 **NHL on the Fly**
3.00 **Top 14 Rugby Union Highlights**
3.30 **NASCAR Highlights**
4.30 **Scottish Football Social Club**
5.30 **LaLiga Match Highlights**
5.55 LIVE **Swedish Hockey League Frolunda HC v Skelleftea.**
8.30 **NHL: This is Hockey**
9.00 **World of FreeSports**
9.30 **Eredivisie Highlights**
10.30 **NASCAR Highlights**
11.30 **NHL: This is Hockey**
12.00 M'T LIVE **NHL Ice Hockey Carolina Hurricanes v Tampa Bay Lightning.** Face-off **12.00m't**.
3.00 AM **NHL Ice Hockey**
4.00 **Eredivisie Highlights**
5.00 **to 6.00** AM **NASCAR**

Premier Sports 2

420 552

6.30 AM **NHL: This is Hockey**
7.30 **Argentine Primera**
9.30 **Temples of Sport**
10.00 **Brasileiro Serie A**
12.00 NOON **Football's Greatest**
12.30 PM **NHL Ice Hockey**
4.30 **Football's Greatest**
5.30 **LaLiga** Another chance to see Real Sociedad v Real Oviedo.
7.30 **Brasileiro Serie A**
9.30 **Football's Greatest**
10.00 **NHL Ice Hockey** Tampa Bay Lightning v Toronto Maple Leafs.
12.00 M'T LIVE **NHL Ice Hockey Florida Panthers v Toronto Maple Leafs.** The Eastern Conference match from Amerant Bank Arena. Face-off **12.00m't**.
3.00 AM **NHL Specials**
3.30 **to 6.30** AM LIVE **NHL Ice Hockey Los Angeles Kings v Edmonton Oilers.** Coverage of the Western Conference match from Crypto.com Arena. Face-off **3.30am**.

Sky Sports F1

407 407 994 507 424 444

6.00 AM **The Best of F1 2025**
8.00 **Formula 1** Season highlights.
2.00 PM **Formula 1** Las Vegas GP. **3.00** The Qatar Grand Prix. **4.00** Abu Dhabi Grand Prix.
5.30 **Testing Wrap** Pre-season review.
6.00 **The F1 Show: Lights Out**
7.00 **Indycar Season Preview**
7.30 **Testing Wrap**
8.00 **The F1 Show: Lights Out**
9.00 **Indycar Season Preview**
9.30 **Testing Wrap** Pre-season review.
10.00 **The F1 Show: Lights Out**
11.00 **Indycar Season Preview**
11.30 **Testing Wrap**
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

27 February

Evening Planner

Wildlife

Big Cats 24/7
BBC2, 9pm
The team return to Botswana's Okavango Delta to get up close and personal with the grassland's cat families.

OnDemand

prime

Vanished
Available today
Kaley Cuoco and Sam Claflin star in this thriller about a woman whose boyfriend disappears during their trip to Paris.

OnDemand

Paramount+

Dead of Winter
Available today
Thriller starring Emma Thompson and Judy Greer, about a widow who takes on an unhinged woman.

OnDemand

prime

Man on the Run
Available today
Documentary looking at the creative rebirth of Sir Paul McCartney after The Beatles split in 1970.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 MasterChef: The Professionals		8.30 Would I Lie to...	9.00 Death in Paradise		10.00 News; Local News	10.40 Graham...
	102 BBC2	7.00 The Wild Gardener		8.00 Gardeners' World		9.00 Big Cats 24/7		10.00 Live at the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 It'll Be Alrigh... †	8.00 Emmerdale	8.30 Coronation...	9.00 Beat the Chasers		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 How to Sleep Better		9.00 Gogglebox		10.00 The Last Leg	
	105 5	7.00 Celebrity Puzzling		8.00 Hippo Watch with Steve Backshall		9.00 Wonders of the Moon with Dara O Briain			
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs Bollywood		9.00 Micky Flanagan: If Ever We Needed It		10.15 Intelligence	
ENTERTAINMENT	115 BBC3	7.05 Film: Spider-Man				9.00 Guy Montgomery's Guy Mont-Spelling Bee Australia			10.35 Traitors...
	116 BBC4	7.00 TOTP: 1999		8.00 TOTP: 1979	8.35 TOTP: 1988	9.05 St David's Day at the BBC		10.05 Dame Shirley Bassey: Electric...	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 The Heat		10.00 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	‹ 6.50 The Dog House Australia		7.55 The Dog House		9.00 Astrid: Murder in Paris			10.15 24 Hours in A&E
	135 E4	7.00 The Simpsons		8.00 The Great Celebrity Bake Off for...		9.00 Film: Terminator Genisys			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent				10.00 Matlock	
	108 SKY ATLANTIC	‹ 6.40 Game of Thrones				9.00 Under Salt Marsh		10.00 Lockerbie: A Search for Truth	
	110 U&GOLD	7.00 Porridge	7.35 Dad's Army		8.15 Victoria Wood as Seen on TV	9.00 dinnerladies	9.35 Victoria Wood as Seen on...		10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 Endeavour	
	120 ITV4	7.00 Aussie Pickers		8.00 Ice Road Truckers				10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans: Roadrunner		10.00 Kevin Bridges: The Brand New Tour	
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 CSI: Vegas		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Boy George & Culture Club			
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 Inside the Ambulance		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush		9.00 Expedition Files		10.00 Expedition Unknown	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 100 Days Wild		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 World's Most Dangerous Drug: Super...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Combat Trains		9.00 Soviet Storm: WWII in the East		10.00 Ancient Aliens: Origins	
	155 U&YESTERDAY	7.00 Turkey with Simon Reeve		8.00 'Allo 'Allo!				10.00 Bangers & Cash	
	114 SKY DOCS	7.00 History of the Sitcom		8.00 Elvis Presley: The Searcher					
FILMS - Sky Cinema	301 PREMIERE	‹ 5.45 How to Train Your Dragon		8.00 Jurassic World: Rebirth					10.20 M3GAN 2.0
	302 CULT CLASSICS	‹ 5.55 Edge of Tomorrow		8.00 Psycho				10.00 A Clockwork Orange	
	303 WILD WORLDS	‹ 6.10 Jaws 3		8.00 Godzilla					10.25 Rampage
	304 GREATS	‹ 5.50 The Mummy		8.00 Batman				10.10 Batman Returns	
	305 ANIMATION	‹ 5.50 The Angry Birds...	7.40 The Garfield Movie				9.25 The Lego Ninjago Movie		
	306 FAMILY	‹ 4.55 The Hobbit...	7.40 The Hobbit: The Battle of the Five Armies					10.10 The Hobbit: An Unexpected...	
	307 ACTION	‹ 6.35 Jurassic Park			8.45 The Lost World: Jurassic Park				
	308 COMEDY	‹ 5.40 Love Actually		8.00 Sleepless in Seattle			9.50 You've Got Mail		
	309 THRILLER	‹ 6.10 Layer Cake		8.00 Juror #2				10.00 GoodFellas	
	310 DRAMA	‹ 5.45 Valentine's Day		8.00 About a Boy			9.45 Erin Brockovich		
	311 SCI-FI	‹ 6.25 Cloverfield		8.00 10 Cloverfield Lane			9.50 A Quiet Place		
	313 FILM4	‹ 6.35 Mrs Doubtfire				9.00 The Creator			
SPORT	401 MAIN EVENT	7.00 PGA Tour Golf...	7.30 FNF – Live: Wolverhampton Wanderers v Aston Villa (Kick-off 8.00)						
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 FNF – Live: Wolverhampton Wanderers v Aston Villa (Kick-off 8.00)						
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Bristol City v Watford (Kick-off 8.00)						10.30 SPFL Round-Up
	405 CRICKET	7.00 ICC Men's T20 World Cup							
	410 TNT SPORTS 1	‹ 6.45 Welsh Open Snooker – Live: Further coverage from the quarter-finals on the fifth day of the tournament						10.00 UEFA Magazine	10.30 UEFA Europa...
	411 TNT SPORTS 2	7.00 Supercars Championship Highlights				9.00 Ultimate Pool			10.30 Superbike...

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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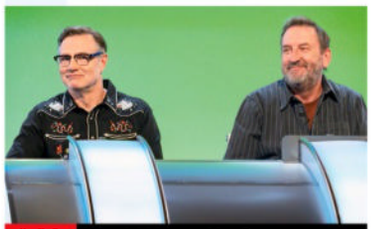
Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Father Brown** New episode *The Obedient Wife:* 6/10. Violet Goodfellow is attacked by the killer of a police officer. (S13) (S)(AD)
■ Entire series on BBC iPlayer
2.45 **Escape to the Country** (S)(R)(AD)
3.45 **Clean It, Fix It** (S)(R)
4.30 **Antiques Road Trip** Series finale Izzie Balmer and Mark Hill finish their adventure in Brighton. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.30 Would I Lie to You?

7 PM

7.00 The One Show Clara Amfo and JB Gill present the topical show. (S)

7.30 MasterChef: The Professionals New edition 9/21. The quarter-finalists are tasked with making a dish based around chicken off-cuts, before cooking for three of the country's leading food writers and critics. (S)(AD)

8 PM

8.30 Would I Lie to You? New edition 9/10. Rob Brydon hosts, with David Morrissey, Holly Willoughby, John Kearns and Montell Douglas. (S)(AD)

9 PM

9.00 Death in Paradise New episode 5/8. A cast member is poisoned during a performance of *The Tempest*, but the team are left confused as to how two others drank from the same wine bottle and were unscathed. (S15) (S)(AD)

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 The Graham Norton Show New edition A compilation of highlights from the recent series, featuring interviews with Dwayne Johnson, Emily Blunt, Matthew McConaughey, Taylor Swift and Colin Farrell. (S)
11.30 **RuPaul's Drag Race UK vs the World** 5/8. The queens star in silent movies, with direction from *Doctor Who* showrunner Russell T Davies. Actor Will Poulter joins the judging panel. (S)(R)
12.35 AM **FILM Green Book** Drama starring Viggo Mortensen and Mahershala Ali. (S)(AD) (2018, 12, 120min) ★★★★
2.35 **Weather for the Week Ahead** (S)
2.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bear Grylls: Wild Reckoning**
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Clive Myrie's African Adventure** Double bill. (S)(R)(AD)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Unbeatable** Quiz show. (S)(R)
2.15 **The Boss** Game show. (S)(R)
3.00 **The Vintage French Farmhouse** From L'Isle-sur-la-Sorgue. (S)(R)
3.45 **Villages by the Sea** (S)(R)
4.15 **Oceans** Indian Ocean. (S)(R)(AD)
5.15 **Flog It!** From Aberystwyth. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Michelle Ackerley, Katie Derham, Karen Hauer and Geoff Norcott. (S)
6.30 **Do You Know Your Place?** New edition From Coleraine. (S)

8.00 Gardeners' World

7.00 The Wild Gardener 1/4. After 30 years of filming the creatures of the world, Colin Stafford-Johnson returns home to Ireland on a personal quest to transform his old childhood garden into a haven for native wildlife. (S)(R)(AD)

8.00 Gardeners' World New edition Sue Kent heads to the Welsh borders to meet a grower who turns beautiful blooms into inspired works of art, and Rekha Mistry serves up expert tips from her kitchen garden in the Peak District. (S)

9.00 NEW SERIES Big Cats 24/7 *Change Is Coming:* 1/6. Following lions, leopards and cheetahs in the Okavango Delta, where the Xudum lion pride is now over 40 strong. *See feature, page 20.* (S)(AD)
■ Entire series on BBC iPlayer

10.00 Live at the Apollo Kae Kurd hosts introduces stand-up sets by Laura Smyth and Liam Farrelly at London's Hammersmith Apollo. (S)(R)
10.30 Newsnight (S)
11.00 FILM PREMIERE Scrapper Charlotte Regan's drama starring Lola Campbell and Harris Dickinson. (S) (2023, 12, 80min) ★★★★ *See review, page 27.*
12.20 AM **FILM Relic** Mystery horror starring Emily Mortimer. (S) (2020, 15, 85min) ★★★★
1.45 **Sign Zone: Panorama – The Rising Cost of Health Benefits** (R)
2.15 **Sign Zone: Great British Menu** (R)
3.15 **Sign Zone: Global Eye** (S)(R)
3.45 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team assess items in Cirencester, where a rare collection of royal letters causes a stir in the den and two bargains make big returns. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

10.45 Devil in Disguise

7.30 It'll Be Alright on the Night New edition Tom Allen presents another compilation of TV clangers, featuring Anton Du Beke, Kate Garraway, Rob Rinder, Gethin Jones, Cat Deeley, Ryan Thomas and Bradley Walsh. (S)(AD)

8.00 Emmerdale There is a warning at work for Jacob, while Bear is in need of some help. (S)(AD)
8.30 Coronation Street Bernie protests her innocence to the police, and Cassie plots a surprise for Steve. (S)(AD)

9.00 Beat the Chasers Bradley Walsh hosts as contestants from across the country take on the Sinnerman, the Beast, the Governess, the Menace, the Vixen and the Dark Destroyer, hoping to win big money. (S)(R)(AD)

10.00 ITV News (S)
10.30 Local News (S)
10.45 Devil in Disguise: John Wayne Gacy New episode *Billy and Dale:* 5/8. A blizzard hits Chicago as Kozenczak finds Gacy's survivors, while he and Kunkle pressure Gacy's aide David Cram, Billy Carroll shows Dale Landingin the risks of sex work. (S1) (S)
■ Entire series on ITVX
11.40 **The Jonathan Ross Show** With guests Patrick Dempsey, Jack Whitehall and Self Esteem. (S)(R)
12.40 AM **Teleshopping**
3.00 **The Summit** (S)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Ant & Dec's Limitless Win** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 25-27/27. (S9) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 2-5/24. (S4) (S)(R)(AD)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The hoteliers discuss their feedback and the winners are revealed. (S)
5.30 **Come Dine with Me** New edition Sales director Tom hosts the final dinner party from Bradford. (S)
6.00 **A Place in the Sun** New edition Lee Juggurnauth helps Sarah and Nigel find a home near Barcelona on Spain's Costa del Garraf, with a budget of £265,000. (S)

8.00 How to Sleep Better

7.00 News (S)

8.00 NEW How to Sleep Better Denise Van Outen explores the eye-opening reasons many people struggle to sleep, from food and hormones to snoring, and offers practical advice that insomniacs can use to improve health and wellbeing. (S)(AD)

9.00 Gogglebox New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 The Last Leg New edition Adam Hills, Josh Widdicombe and Alex Brooker are joined by comedians Jason Manford, Lou Sanders and Bella Hull for a comic review of the significant moments from the past seven days. (S)
11.05 **That's the Way, A-Ha, A-Ha, Joe Lycett** Stand-up show. (S)(R)
12.10 AM **FILM Scream** Horror sequel starring Neve Campbell. A new killer dons the Ghostface mask and targets a group of teenagers. (S)(AD) (2022, 18, 115min) ★★★★
2.05 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(SL)(R)
2.55 **Four in a Bed** Five editions. (S)(R)
5.15 **to 6.00** AM **Couples Come Dine with Me** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Discussion. (S)
3.00 **The Good Ship Murder Christmas Special** The ship's Santa falls ill and Jack must find a replacement. (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition Rocking Johnny tries to raise money for the flood victims of Valencia. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition The reintroduction of pine martens into Dartmoor and Exmoor. (S)
6.05 **The Motorway** A four-vehicle pile-up causes chaos. (S)(R)
6.55 **News** (S)

8.00 Hippo Watch

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts, with Darren Harriott and Lucy Porter joining team captains Sally Lindsay and Carol Vorderman. (S)
7.55 **News** (S)

8.00 NEW SERIES **Hippo Watch with Steve Backshall** 1/2. The naturalist sets his sights on his next mission – and it's not a challenge for the fainthearted as he takes viewers close to Africa's deadliest animal. (S)

9.00 **Wonders of the Moon with Dara O Briain** 1/2. The comedian explores the ways in which the Moon shapes just about everything around us, and why there is now a race to get humans back to its surface. (S)(R)

10.00 **Wonders of the Moon with Dara O Briain** 2/2. The comedian visits Jodrell Bank, home of the UK's largest radio telescope, to recall how the first photograph of the far side of the Moon was taken. (S)(R)

11.00 **Piers Morgan: Uncensored** New edition Highlights from the presenter's YouTube show. (S)
1.00 AM **Teleshopping** (S)(R)
2.30 **Friends** 14/25. (S3) (S)(R)(AD)
2.55 **Alex Polizzi: My Hotel Nightmare** (S)(R)
3.45 **Rich House, Poor House** (S)(R)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S1) (S)(R)
9.00 **NCIS: Los Angeles** (S13) (S)(R)
10.00 **Will & Grace** (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Great Barrier Reef with David Attenborough** (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S13) (S)(R)
3.00 **S.W.A.T.** 4/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 3/19. Part one of two. Jim and Pam's relationship is revealed after Toby files a complaint. (S)(R) **6.30** 4/19. Part two of two. Michael and Dwight present food gift baskets to seven former clients. (S4) (S)(R)

9.00 If Ever We Needed It

7.00 **The Simpsons** *Make Room for Lisa:* Lisa has to share a room with Bart, but finds it difficult to cope with the stress. (S)(R) **7.30** *Maximum Homerdrive:* Homer and Bart deliver a dead trucker's cargo. (S)(R)

8.00 **Rob & Romesh vs Bollywood** The comedians travel to Mumbai with the aim of breaking into one of the world's biggest film industries and earning roles in a Bollywood movie. (S)(R)(AD)

9.00 **Micky Flanagan: If Ever We Needed It** A stand-up show by the comedian, who discusses life since turning 60 and growing older and reflects on the changes in the world around him. (S)(R)

10.15 **Intelligence** 1/6. Comedy starring Nick Mohammed and David Schwimmer. (S1) (S)(R)(AD)
10.45 **Grimm** *Lonelyhearts:* 4/22. A strange creature puts women under a spell. (S1) (S)(R)

11.45 **Police 24/7** A call to a shooting leads to a scuffle and a lost gun, while an officer must clear squatters from a house. (S)(R)
12.45 AM **The Force: Manchester** (R)
1.40 **Road Wars** Officers question a man who is wearing two pairs of trousers and two jackets. (R) **2.35** Officers attempt to capture a runaway horse. (R)
3.00 **Hawaii Five-0** 4/24. (S1) (S)(R)
4.00 **S.W.A.T.** 4/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.30pm The Chief (S)(R) **12.00m't** RuPaul's Drag Race UK vs the World (S)(R) **1.05am** FILM Green Book (S)(AD) (2018, 12, 120min) ★★★★ **3.05** Weather for the Week Ahead (S) **3.10-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.30-9.00pm Farm 999 New edition (S) **10.40** Would I Lie to You? New edition (S) **11.10** The Graham Norton Show New edition (S) **12.00m't** RuPaul's Drag Race UK vs the World (S)(R) **1.05-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
12.00noon LIVE Snooker: The Welsh Open (S) **4.30-5.15pm** The Boss (S)(R) **7.00-8.00** LIVE Snooker: The Welsh Open (S) **10.00-10.30** Scrum V Top 5 – Jonathan Davies (S)(R) **11.00** Snooker: The Welsh Open (S) **11.50pm-12.20am** Live at the Apollo (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Bois y Pizza: Chwe' Gwlad (AD) **1.30** Arfordir Cymru: Llyn **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dan Do **6.15** Heno New edition **6.43** Newyddion **6.45** LIVE Clwb Rygbi **9.00** Newyddion a'r Tywydd **9.35** Noson Lawen **10.40-11.45pm** Jonathan

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 FILM **Spider-Man** Fantasy adventure starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. (2002, 12, 121min) ★★★★
9.00 **Guy Montgomery's Guy Mont-Spelling Bee Australia** New edition 7/8. Greg Larsen, Zoe Coombs Marr, Tony Armstrong and Tom Ballard are joined by sporting legends and asked to spell their feelings. **9.45** Series finale 8/8. Comedians Michael Hing, Alex Lee, Tom Walker and Greg Larsen battle it out. ■ Entire series on BBC iPlayer

10.35 **The Traitors Ireland** 11/12. The contestants lie to try to get to the Grand Finale. **11.25** 12/12. Players take part in the final mission.
12.20 AM **Top Gear** Double bill.
2.25 **to 3.55** AM **Sin City: The Real Las Vegas**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1999** Featuring Martine McCutcheon, Texas, Busta Rhymes and S Club 7. **7.30** Performances from Phats & Small, Martine McCutcheon, The Offspring, TLC and Fun Lovin' Criminals.
8.00 **TOTP: 1979** Music by Skids, Thin Lizzy, Chic, Violinski, Lene Lovich and David Essex.
8.35 **TOTP: 1988** Featuring Eddie Cochran, George Harrison, The Mission, Kylie Minogue and The Bangles.
9.05 **St David's Day at the BBC** Welsh-flavoured performances from the BBC's music archives.
10.05 **Dame Shirley Bassey: Electric Proms 2009** A performance celebrating the singer's 50-year career in showbusiness.

11.05 **Stereophonics: Radio 2 in Concert** A performance by the Welsh rock band.
12.05 AM **Tom Jones at the BBC**
1.05 **Manic Street Preachers: Radio 2 Live** From Cardiff.
2.00 **TOTP: 1999** Double bill.
3.00 **to 3.35** AM **TOTP: 1979**

MORE4

136/137 127 147 18 124 15

8.55 AM **The Perfect Pitch**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a former soldier's Austin army truck that has been used as a farm vehicle for 60 years. **5.50** Fuzz and Tim secretly restore a Mazda RX-7.
6.50 **The Dog House Australia** A family seek a therapy dog for their neurodivergent son.
7.55 **The Dog House** Barley the Labradoodle hopes his latest liaison might prove to be third time lucky.
9.00 **Astrid: Murder in Paris** New episode *Wolf, Are You There?* 6/8. A new victim of serial killer The Werewolf has been discovered, and Astrid and Raphaëlle's investigation soon points towards esoteric voodoo rites and a previous missing woman case. Subtitled. (S5)
10.15 **24 Hours in A&E** A driver is rushed in after flipping his car on its roof.
11.20 **24 Hours in A&E** A 79-year-old is rushed in after collapsing in his garage and doctors are concerned he has suffered a stroke.

12.20 AM **999: On the Front Line**
1.25 **24 Hours in A&E**
3.30 **to 4.00** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons** Double bill.

7.00 **The Simpsons** *Estranger Things:* Marge fears that Bart and Lisa will drift apart. **7.30** *The Marge-ian Chronicles:* Lisa signs up to participate in the future colonisation of Mars.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With James Blunt, Alison Hammond, Alex Jones and Joe Sugg.
9.00 FILM **Terminator Genisys** Sci-fi adventure sequel with Arnold Schwarzenegger. (2015, 12, 126min) ★★★
11.25 **Naked Attraction's Best Naughty Bits**
1.35 AM **Gogglebox**
2.35 **First Dates**
3.30 **Naked Attraction's Best Naughty Bits**
4.25 **The Goldbergs**
4.50 **Don't Tell the Bride**
5.45 **to 6.00** AM **Rude(ish) Tube Shorts**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Send in the Dogs**
10.00 **Border Security: Canada's Front Line** Double bill.
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 4/13. The team investigate the shooting of a federal judge. (S6)
1.00 PM **The Rookie** 15&16/20. (S1)
3.00 **Law & Order: Criminal Intent** 9/23. Goren and Eames investigate the contract killing of a businessman's wife. (S2)
4.00 **Nothing to Declare**

11.00 Law & Order: SVU

7 PM
7.00 Police 24/7 A routine traffic stop turns into a foot pursuit, and a man suspected of throwing knives is questioned.

8 PM
8.00 Law & Order: Criminal Intent *The Mobster Will See You Now:* 13/16. A department of health inspector is murdered.

9 PM
9.00 Law & Order: Criminal Intent *Palimpsest:* 14/16. Nichols investigates the murder of an old family friend. (S9)

10 PM
10.00 Matlock *Call It a Christmas Gift:* 8/16. The team's secrets come to light while they take on a harassment case. (S2)
11.00 **Law & Order: SVU** (S25)
12.00 M'T **FBI** 2/13. (S6)
1.00 AM **Law & Order: Criminal...**
2.00 **The Good Doctor** 14/18. (S5)
3.00 **Road Wars**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
7.55 **The Sopranos** 14–15/21. (S6)
10.00 **Big Little Lies** 2–7/7. (S2)
4.15 **Boardwalk Empire** 1/12. Pilot episode of the Prohibition-era drama starring Steve Buscemi.
5.35 2/12. Eli tries to persuade Margaret that Hans murdered Colosimo. (S1)
6.40 **Game of Thrones** 9/10. Tyrion defends King's Landing against Stannis Baratheon's naval assault in a battle that will determine the fate of the seven kingdoms. (S2)

9.00 Under Salt Marsh

7.45 Game of Thrones *Valar Morghulis:* 10/10. Theon Greyjoy stirs his men into action, Daenerys enters the House of the Undying, and Jon proves his worth to Qhorin Halfhand. (S2)

9.00 Under Salt Marsh Series finale 6/6. Jackie and Bull discover the truth behind the crimes haunting the town. (S1)

10.00 Lockerbie: A Search for Truth 1/5. Jim and Jane Swire's fight for justice for their daughter, who died in the bombing. (S1)
11.10 **Lockerbie: A Search for Truth** 2/5. Two suspects are indicted for the bombing.
12.10 AM 3–5/5. (S1)
3.05 **Task** 5/7. Tom inches closer to breaking the case. (S1)
4.10 **Game of Thrones** (S2)
5.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.20 **Real Housewives of Beverly Hills** Reality series.
12.15 PM **Dinner Date** Double bill.
2.15 **The Only Way Is Essex**
3.10 **Real Housewives of Cheshire**
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 Deal or No Deal Stephen Mulhern hosts as Hunika takes on the Banker for the chance to win a life-changing cash prize.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.

9.00 The Heat New edition A new chef is thrown in at the deep end, and relationships are tested when a joke goes wrong.

10.00 Olivia Attwood: Getting Filthy Rich 6/6. Olivia seeks out the latest innovators in the booming sex industry.
11.00 **Family Guy** 7/20. The Griffins recount famous love stories.
11.30 1/20. The Griffins go on a rock music cruise. (S18)
12.00 M'T **American Dad!** (S16&14)
12.55 AM **Bob's Burgers** (S13)
1.55 **Celebrity Catchphrase**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Blue Herrings:* Barnaby investigates a conspiracy to commit murder at a nursing home.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Bully Boys:* A debt collector suggests a way to toughen up Geoff.

8.00 Doc Martin

6.55 Heartbeat *It Came from Outer Space:* An explosion in the woods is linked to the activities of a dangerous criminal.

8.00 Doc Martin *The Apple Doesn't Fall:* 1/7. Pauline grows frustrated with her role and starts to interfere with Martin's work.

9.00 Doc Martin *Movement:* 2/7. Bert decides that a new challenge will help him move on from Al's departure. (S3)

10.00 Endeavour *Confection:* A factory owner is killed during a fox hunt, and when a couple from a nearby village are found dead, Endeavour uncovers a vicious campaign of gossip and rumour.
11.50 **A Touch of Frost** *Dead Male One:* Jack Frost's plans for a quiet weekend are disrupted.
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.10 **Magnum, PI**
9.10 **Kojak**
10.15 **Boon**
11.20 **The Sweeney**
12.25 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.45 **Boon**
4.50 **The Sweeney** *Visiting Fireman:* Regan oversees a secret deal to transport gold.
5.55 **Minder** *Rocky Eight and a Half:* Terry considers a return to the boxing ring.

3.45 Boon

7.00 Aussie Pickers Tasmania is calling as Lucas Callaghan and Adam McDonald visit the island for some devilish exploits.

8.00 Ice Road Truckers Alex Debogorski discovers he has a flat tyre while on the toughest part of the Dalton Highway.

9.00 Ice Road Truckers Lisa Kelly's trip to Prudhoe Bay is delayed, and Tim Freeman faces high winds over Atigun Pass.

10.00 Wrestling: AEW Dynamite Hard-hitting action from the world of All Elite Wrestling, with Jon Moxley, Bryan Danielson and Claudio Castagnoli.
12.05 AM **Dark Side of the Ring**
1.00 **The Sweeney** As 4.50pm.
1.55 **Minder** As 5.55pm.
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Jules and Greg's Wild Swim** Scotland's southern coastline.
8.00 **My Epic Camel Adventure with Gordon Buchanan** The wildlife cameraman takes a camel ride across Mongolia's Gobi desert.
9.00 **Being Stanley Baxter** A profile of the Glasgow-born actor, comedian and impressionist.
10.00 **Still Game** *Heavy Petting:* 5/6. Jack and Victor decide to become dogsitters. (S7)
10.30 **Two Doors Down** *Car Alarm:* 2/6. The Bairds host an impromptu late-night party. (S2)
11.00 PM **to 12.00** M'T **Scotland's Big Night Out** Iain Stirling explores the history of the Saturday night out.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Ballers** 7&8/10. (S2)
10.15 **Sex and the City** (S4)
11.25 **Entourage** (S5)
12.30 PM **Will & Grace** (S6)
1.30 **Sex and the City** (S4)
2.50 **Ballers** 9&10/10. (S2)
4.05 **And Just Like That...**
4.45 **The Office (US)** (S4)
5.45 **Will & Grace** (S6)
6.45 **Community** (S1)
7.45 **Sex and the City** 3/18. Carrie is attracted to a jazz club owner.
8.20 4/18. Miranda goes on strike, and Samantha breaks some startling news to her friends. (S4)
9.00 **Kevin Hart: Reality Check** Stand-up show.
10.15 **And Just Like That...** *Happily Ever After:* 8/12. Aidan is in town for a quick visit. (S3)
10.55 **Community** (S1)
11.55 **Entourage** (S5)
12.55 AM **Ballers** (S2)
2.00 **Curb Your Enthusiasm**
3.20 **to 5.00** AM **Veep**

Sky Arts

122/123 112/113 123 36
143 24 350 365

6.00 AM **Love Never Dies**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Buster Keaton: The Genius Crushed by Hollywood**
3.00 **Anyone Can Sing**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** Music from 1978.
9.00 **Boy George & Culture Club** Profile of the band.
11.00 **Gary Numan Resurrection**
12.40 AM **Led Zeppelin: In the Light**
1.55 **Oasis: Standing on the Edge of Noise**
3.15 **Oasis: There and Then**
5.05 **Auction**
5.30 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 10/20. (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** 18/26. (S7)
8.00 **Primeval** 4/7. (S2)
9.00 **Forensics: Catching the Killer** Documentary.
10.00 FILM **A Fistful of Dollars** Western. (1964, 15, 96min) ★★★★★
12.00 M'T **Warrior** 6/10. (S1)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **Ant & Dec's Limitless Win** Married couple Paul and Ellie continue with their game.
4.00 **Riddiculous** Quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Alan Carr's Epic Gameshow** The comedian hosts an updated version of darts-based quiz *Bullseye*.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable**
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location Revisited**
7.00 **Devon and Cornwall**
7.50 **The Great Pottery Throw Down** Potters make self-sculptures in the quarter-final.
9.00 **24 Hours in A&E** A man is rushed to Queen's after collapsing.
10.00 **Night Coppers** On the beat with the officers who patrol the city of Brighton after dark.
11.05 **Gogglebox** Double bill.
1.10 AM **Ramsay's Kitchen Nightmares USA**
2.10 **How to Sleep Better**
3.15 **Bargain Holiday Secrets**
4.10 **to 5.00** AM **Kirstie and Phil's Love It or List It**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 9/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 10/26. (S6)
2.00 **Primeval** 2&3/10. (S3)
4.00 **Stargate SG-1** 2/22. (S3)
5.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** 9/26. Data believes a life-form is emerging when he is introduced to mobile computers. (S6)

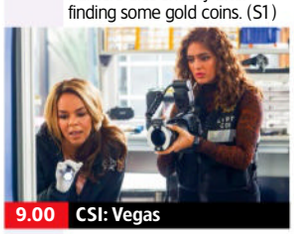
5.00 Star Trek: Voyager

7.00 **Star Trek: Deep Space Nine** *The Magnificent Ferengi:* 10/26. Quark leads a Ferengi mission to rescue his mother. (S6)
8.00 **Stargate SG-1** *Seth:* 2/22. The team pursue Goa'uld Lord Seth, who is masquerading as the leader of a cult. (S3)
9.00 **Westworld** *The Passenger:* 10/10. Dolores, Bernard and The Man in Black cross paths at the entrance to the Forge, and the hosts reach the Valley Beyond. (S2)
10.40 **The Leftovers** *I Live Here Now:* 10/10. Kevin comes clean about his role in Evie's disappearance. (S2)
12.00 M'T **Wynonna Earp** 3/12. Wynonna finds herself on the wrong side of the law, while Doc Holliday partners up with a new demon. (S4)
12.45 AM **True Blood** 11&12/12. (S4)
2.35 **Primeval** 2&3/10. (S3)
4.15 **Wynonna Earp** As 12.00m't.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 10/13. (S7)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **The Coroner** (S1)
1.00 PM **Death in Paradise** (S5)
2.00 **Murdoch Mysteries** (S13)
4.00 **The Mentalist** 10/13. (S7)
5.00 **Hudson & Rex** 10/16. A wealthy socialite is found dead on a golf course. (S6)
6.00 **The Coroner** 5/10. A member of a small group of treasure hunters dies shortly after finding some gold coins. (S1)


9.00 CSI: Vegas

7.00 **Father Brown** *The Hand of Lucia:* A local writer is found murdered, leaving Father Brown delving into her novel for clues.
8.00 **Death in Paradise** *Flames of Love:* 8/8. A student backpacker is found dead with a gun in her hand. (S5)
9.00 **CSI: Vegas** *It Was Automation:* 5/10. The team investigate when a mechanic is found dead in a dark factory. (S3)
10.00 **Death in Paradise** *Murder on the Honore Express:* 1/8. A bus passenger is stabbed but no one else saw it happen. (S8)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S5)
1.00 AM **The Company You Keep** 9/10. Realising they want the same thing, Emma and Daphne agree to work together. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.15 **Dad's Army**
9.55 **Are You Being Served?**
10.35 **Porridge**
11.15 **Keeping Up Appearances**
11.55 **Last of the Summer Wine**
1.10 PM **Dad's Army**
1.50 **dinnerladies**
2.30 **Dad's Army**
3.05 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

3.05 Are You Being Served?

7.00 **Porridge** The inmates take advantage when Mackay goes on holiday.
7.35 **Dad's Army** Mainwaring has an unusual dream in which he is Napoleon.
8.15 **Victoria Wood as Seen on TV** A humorous and moving account of a childhood from the 1920s.
9.00 **dinnerladies** Work experience day leads to chaos in the canteen.
9.35 **Victoria Wood as Seen on TV** Angela Barlow finds out What Went Wrong.
10.20 **Not Going Out** Lucy complains neither of the flatmates is man enough to quell a noisy neighbour.
11.00 **Keeping Up Appearances**
11.35 **dinnerladies** As 9.00pm.
12.15 AM **Victoria Wood as Seen...**
12.55 **Not Going Out** As 10.20pm.
1.35 **The Green Green Grass**
2.20 **Don't Wait Up**
2.55 **Not Going Out** As 10.20pm.
3.25 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.00 AM **Gadget Man**
7.35 **James May's Things You Need to Know** Chemistry.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Guy Martin: Proper Jobs**
11.00 **Rick Stein's Spain**
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **World's Most Dangerous Roads** From Australia.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** From South Korea.
6.00 **Rick Stein's Spain**

9.00 QI XL

7.00 **Would I Lie to You?** With guest panellists Sara Pascoe, Paul Sinha, Mary Portas and Rylan.
7.40 **Richard Osman's House of Games** With Yasmine Akram and Ingrid Oliver. **8.20** With Ade Adepitan, Jean Johansson, Stephen Mangan and Vikki Stone.
9.00 **QI XL** Stephen Fry asks Clive Anderson, Phill Jupitus, Rich Hall and Alan Davies questions on the subject of the Greeks.
10.00 **Have I Got a Bit More News for You** A variety of guests join Ian Hislop and Paul Merton for the 2020 compilation.
11.00 **Taskmaster** A simple team task involving a hammock exposes tensions between two of the contestants.
12.00 M'T **Mock the Week** With Maisie Adam and Rhys James.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Mad Dogs**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **All Creatures Great and Small** 13/14. James has to deliver some bad news. (S3)
3.15 **Howards' Way**
4.25 **Shakespeare & Hathaway: Private Investigators**
5.25 **Porridge**
6.00 **Last of the Summer Wine**

9.00 Father Brown

7.20 **Last of the Summer Wine** Billy celebrates his ancestor Robin Hood's birthday by proudly wearing a green suit.
8.00 **Father Brown** *The Sins of Others:* The priest tries to save Sid from himself when he vows vengeance on his defence barrister.
9.00 **Father Brown** *The Theatre of the Invisible:* Radio quiz *Up to You* comes to Kembleford.
10.00 **New Tricks** *Home Truths:* An investigation from 1971 is reopened following the discovery of bloodstained clothing.
11.20 **Shakespeare & Hathaway: Private Investigators** 4/10. The duo investigate following a series of deadly 'accidents' on a psychic TV show. (S2)
12.20 AM **Dalziel & Pascoe**
2.25 **Porridge**
2.55 **to 4.00** AM **Catch Me a Killer**

+1 hour 243 316 60 260

Friday

7 PM **8 PM** **9 PM** **10 PM**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
10.00 **NCIS** (S5&6)
1.00 PM **Law & Order**
6.00 **NCIS** *Deliverance:* 15/25. The team investigate the death of a Marine. **7.00** *Bounce:* 16/25. An old case is reopened. **8.00** *South by Southwest:* 17/25. The team head into the desert to locate an artist who might be able to help solve a murder. (S6)
9.00 **Person of Interest** *BSOD:* 1/13. Reese and Finch attempt to reboot the Machine. **10.00** *Snafu:* 2/13. The Machine loses the ability to tell the difference between the past and present. (S5)
11.00 **Law & Order: Special Victims Unit** (S21)
2.45 AM **Instinct** 5/11. (S2)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Doctor Dave needs to negotiate with the police.
9.00 **999: Critical Condition** Dr Richard Fawcett treats a woman who fell 50 metres down a waterfall.
10.00 **999: Emergency Call Out** A team are called to the scene of a suspected terrorist bomb.
11.00 **Skin A&E**
12.00 M'T **Nightmare Tenants, Slum Landlords**
2.50 AM **The Vanishing Triangle** 6/6. (S1)
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Winter Road Rescue**
9.45 **Police Interceptors**
11.50 FILM **Branded** Western. (1950, PG, 94min) ★★
1.50 PM FILM **Five Card Stud** Western. (1968, PG, 100min) ★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Police: Night Shift 999** Officers are called to a fight in a takeaway.
10.00 **Cops** A woman makes a desperate attempt to frame her friend. **10.30** Fleeing suspects risk their safety by hiding in a dangerous swamp.
11.00 **Banged Up Abroad**
12.00 M'T **Extreme Tow Truckers** Documentary.
1.00 AM **Ice Road Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.30 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake** Pete meets Staffy boxer cross Crumble, who's been at the centre for over three years.
8.00 **Inside the Ambulance** The crews are called to a 30-year-old car that's been driven into a wall by a 90-year-old driver.
9.00 **999 Rescue Squad** Double bill of editions.
11.00 **Ambulance Australia**
12.00 M'T **Louis Theroux: America's Most Hated Family in Crisis**
1.00 AM **Louis Theroux's LA Stories** Documentary.
2.00 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **War Factories**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
6.00 **Antiques Roadshow**
7.00 **Turkey with Simon Reeve** Exploring the country that lies at the crossroads between Europe and Asia.
8.00 **'Allo 'Allo!** The wedding of Edith's mother Fanny to Leclerc coincides with a rescue plan. **8.40** Von Klinkerhoffen is declared insane. **9.20** Newlyweds Fanny and Leclerc are sent to jail by the Germans.
10.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering** Double bill.
2.00 **to 3.00** AM **War Factories**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Majorca.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: What Happened Next**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip**
9.00 **Fixer to Fabulous** New edition Dave and Jenny Marrs face a major challenge with a confusing floor plan.
10.00 **My Lottery Dream Home** New editions Double bill of the series.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

FRIDAY Entertainment

Friday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 1-3/22. (S9)
1.00 PM **The Waltons** (S4)
3.00 **Ballykissangel** (S3)
4.10 **Born and Bred** (S1)
5.20 **Doctor Finlay** 1/7. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 3/24. Hot Lips and Frank refer Klinger to a psychiatrist. **8.00** 4/24. The team rebuild a bombed village. **8.30** 5/24. Hawkeye works a three-day shift without a break. (S2)
9.00 FILM **Air America** Vietnam War comedy starring Mel Gibson and Robert Downey Jr. (1990, 15, 112min) ★★★
11.20 **The New Avengers**
12.20 AM **The Avengers** (S6)
1.20 **M*A*S*H** 3&4/24. (S2)
2.35 **Home to Roost** (S3)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 14/30. (S1)
12.00 NOON FILM **Gung Ho!** Action drama. (1943, b/w, PG, 88min) ★★★
2.00 PM FILM **The Virginian** Western. (2014, 12, 90min) ★★
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S5)
8.00 **The Baron** 15/30. (S1)
9.00 FILM **Speed 2: Cruise Control** Thriller sequel starring Sandra Bullock. (1997, PG, 125min) ★★
11.35 FILM **Killing Salazar** Action adventure. (2016, 15, 95min) ★★
1.50 AM **The Baron** (S1)
2.45 **The Avengers** (S5)
3.35 **Police Ten 7**
4.10 **to 5.50** AM FILM **NYC: Tornado Terror** Thriller. (2008, PG, 90min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Nelly Knows: A Fatal Engagement** Mystery. (2024, PG) ★★
10.05 **Castle** 3&4/23. (S7)
12.05 PM FILM **Garage Sale Mysteries: The Beach Murders** Crime drama. (2017, PG, 90min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 5&6/23. (S7)
9.00 FILM **Garage Sale Mysteries: Murder by Text** Crime thriller. (2017, PG, 90min) ★★
10.55 FILM **Aurora Teagarden Mysteries: Honeymoon, Honeymurder** Drama. (2021, PG, 84min) ★★
12.50 AM FILM **Murder at the Mansion** Thriller. (2018, PG, 90min) ★★
2.30 FILM **Forgotten Abduction** Thriller. (2020, PG, 95min) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **Flip That Romance** Drama. (2019, PG, 90min) ★★
10.15 FILM **Romance in Hawaii** Comedy. (2023, U, 89min) ★★
12.10 PM FILM **The Wish Swap** Romantic fantasy. (2025, PG, 84min) ★★
2.05 FILM **Sailing into Love** Drama. (2019, PG) ★★
4.00 FILM **Just for Showmance** Comedy. (2023, U, 83min) ★★
6.00 FILM **A Honeymoon to Remember** Drama. (2021, PG, 85min) ★★
8.00 FILM **A Romance Wedding** Comedy. (2020, PG, 85min) ★★
9.55 FILM **It Was Always You** Drama. (2021, PG) ★★
11.50 FILM **Taking the Reins** Comedy. (2021, PG) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Winter's Dream** Drama. (2018, PG, 84min) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Edwardian Farm**
1.15 PM **Rick Stein's Food Stories** From London.
2.00 **Love Your Garden**
3.00 **Flipping Profit**
4.00 **New Home DIY**
5.00 **The Greatest Auction**
6.00 **My Floating Home**
7.00 **Garden Rescue**
8.00 **Love Your Garden** Creating a garden for a Dorset family coping with illness.
9.00 **Me and My Affair**
10.00 **Real Thick Glasses**
10.15 FILM **Secrets of a Door to Door Salesman** Drama starring Brendan Price and Karen Boyes. (1973, 18, 80min) ★★
12.00 M'T FILM **Cruel Passion** Erotic drama with Koo Stark and Lydia Lisle. (1977, 18, 99min) ★★
2.00 AM **My Floating Home**
3.00 **Edwardian Farm**
4.15 **to 5.00** AM **Rick Stein's Food Stories**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Jukebox Rewind**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn Street Gang** 1/8. (S4)
12.30 PM **Plymouth Rock**
1.00 **Wish Me Luck** (S2)
2.00 **The Champions** (S1)
3.00 **Bubblegum & Cheese**
4.00 **Discovering Gardens**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S3)
6.30 **The Fenn Street Gang**
7.00 **Plymouth Rock**
7.30 **Rewind and Remember**
8.00 **The Champions** (S1)
9.00 **The Man Who Made Husbands Jealous**
10.05 FILM **Eskimo Nell** British adult comedy. (1974, 18, 105min) ★★
11.50 **Stereo Underground**
12.50 AM **Primitive London**
2.35 **Hank the Cowboy** (S1)
2.50 **We Had One of Those**
3.00 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **The Snake Catcher**
10.00 **Deadliest Catch**
11.00 **Deadliest Catch: Toughest Moments**
12.00 NOON **Expedition Unknown** Double bill.
3.00 PM **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Cornwall Air 999** The crew face a battle against the Cornish weather to rescue a pensioner in distress. **10.00** The flying paramedics tend to a gardener in trouble.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Islands to Highlands**
7.00 **The Hairy Bikers' Northern Exposure**
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals for Every Day**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Sweet**
3.00 **The Hairy Bikers' Northern Exposure**
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals for Every Day**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **Man v Food**
10.00 **Chef Grudge Match** New edition Johnny Bananas calls out fellow *Worst Cooks in America* competitor Mark Long.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 15/26. (S5)
9.00 **The A-Team** 20/23. (S4)
10.00 **The Invaders** 1/26. (S2)
11.00 FILM **The Terrornauts** Sci-fi action drama. (1967, U, 77min) ★
12.30 PM FILM **King Kong** Monster movie. (1976, PG, 130min) ★★★
3.10 FILM **The Land That Time Forgot** Adventure. (1974, PG, 91min) ★★★
5.00 **Star Trek** 25/26. (S2)
6.00 **The Invaders** (S2)
7.00 **The A-Team** 21/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 FILM **No Escape** Action thriller. (2014, 15, 101min) ★★★
11.05 FILM **The 13th Warrior** Medieval adventure. (1999, 15, 103min) ★★★
1.10 AM FILM **Dragon Blade** Historical adventure. (2015, 15, 101min) ★★
3.10 **to 4.55** AM FILM **Cross the Line** Action thriller. (2015, 15, 87min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
11.00 **The Lost World** (S2)
12.00 NOON FILM **Blood River** Western. (1991, PG, 88min) ★★
2.00 PM FILM **Global Meltdown** Thriller. (2017, PG, 105min) ★
4.00 **Walker, Texas Ranger**
5.00 FILM **Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** (S2)
9.00 FILM **Push** Sci-fi thriller. (2008, 12, 111min) ★
11.10 FILM **Backtrace** Thriller. (2018, 15, 92min) ★★★
1.05 AM FILM **Fighting Back** Thriller with Tom Skerritt. (1982, 15, 98min) ★★
3.00 FILM **Coast of Skeletons** As 5.00pm.
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Swamp People**
1.05 PM **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Evidence of the Unexplained**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Road Wars** New editions
10.00 **Paranormal: Caught on Camera** Double bill.
12.00 M'T **My Paranormal Nightmare**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **Swamp People**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly** Documentary.
11.00 **Ben Fogle: New Lives in the Wild**
12.00 NOON **Nazi Megastructures**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Great British Ships**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** Tennessee.
9.00 **Taggart** *Double Exposure:* The detective tackles a suicide case.
11.45 **1974: Those Were the Days** Outrageous events.
1.45 AM **Rich House, Poor House** Reality series.
2.45 **Rich Holiday, Poor Holiday** Reality series.
3.40 **Britain's Greatest Bridges** Britannia Bridge.
3.55 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Quiz show.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** With Griff Rhys Jones, Al Murray, Harry Hill and Saffron Burrows.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With guests Jacqui Oatley, Dev Griffin, Fallon Sherrock and Johnny Vegas.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.00** 4/17. Sheldon gets fired from his job. **8.30** 5/17. Leonard fears he is wasting his time with Penny. (S1)
9.00 **90 Day Fiancé: Before the 90 Days** New edition Lisa struggles with Daniel's cultural expectations, Forrest meets Sheena's family, while Rick and Trish clash over financial their expectations.
11.00 **Georgie and Mandy's First Marriage**
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S3)
1.00 PM **Friends** (S2)
7.30 **Friends** 22/24. Rachel has an eventful birthday. **8.00** 23/24. Phoebe catches chickenpox. **8.30** 24/24. Rachel's former fiancé, Barry, gets married. (S2)
9.00 **Lee Evans: Roadrunner**
10.00 **Kevin Bridges: The Brand New Tour**
11.00 **Whose Line Is It Anyway? USA**
12.30 AM **8 Out of 10 Cats Uncut** Unseen moments.
1.20 **8 Out of 10 Cats: Best Bits** Compilation.
2.10 **Kevin Bridges: The Brand New Tour**
3.10 **Reno 911!** (S4)
3.30 **Key & Peele**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 11 & 12/26. (S3)
7.00 **Teleshopping**
9.00 **Spin City** 11 & 12/24. (S2)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S4)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 11 & 12/24. (S2)
7.00 **Everybody Loves Raymond** (S3)
9.00 **Michael McIntyre's Big Show** With Nile Rodgers.
10.00 **Friends** Four episodes of the series, including at: **11.30** 22/24. Monica dates a senior. (S1)
12.00 M'T **Jimmy Carr's Am I the A**hole?**
1.00 AM **Whose Line Is It Anyway? USA**
3.45 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.50 **Steptoe and Son** (S2)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the House** 2/6. (S4)
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 14/15. (S3)
2.45 **Minder** 3/11. (S4)
3.50 **Just Good Friends** (S2)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** Sitcom. (S1)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Steptoe and Son** (S7)
6.45 **Rising Damp** 5/8. (S2)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 2/8. (S6)
9.00 **Benidorm** 1/7. (S5)
9.55 **Shameless** 7/8. (S4)
10.55 **Man About the House**
11.25 **Rising Damp** 6/6. (S4)
11.55 **Benidorm** 1/7. (S5)
12.55 AM **Minder** 2/8. (S6)
1.55 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

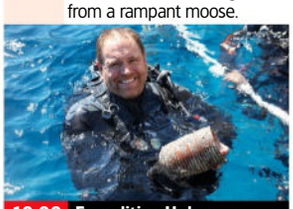
6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: The TV Show**
4.00 PM **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Catfish: The TV Show**
8.00 **Teen Mom UK: Next Generation** Chloe opens up to her mum.
9.00 **Dating Naked**
10.00 FILM **Child's Play 2** Horror thriller sequel starring Alex Vincent. (1990, 15, 81min) ★
12.00 M'T **Ridiculousness** New editions Rob, Steelo, and Lolo Wood reach their tipping point. **12.30** AM Rob, Steelo and Lolo discover who sticks it in 'power landings.'
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality series.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made: Dream Cars** Double bill of editions.
7.00 **Diesel Brothers**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Overhaulin'** Double bill.
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** The Raneys are faced with the daunting task of overhauling a faulty electrical system. **6.00** The Raneys try to save a mother and her daughter from a rampant moose.



10.00 Expedition Unknown

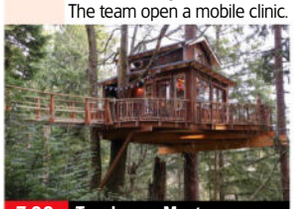
7.00 **Wheeler Dealers** Mike finds a rare, rally-bred 1972 Lancia Fulvia, but he and Ant must fix its many serious flaws.
8.00 **Gold Rush** Tony's crew defects to Parker's, leaving him to rely on less experienced operators.
9.00 **Expedition Files** New edition The story of two climbers who disappeared into legend atop Mount Everest.
10.00 **Expedition Unknown** New edition Josh Gates dives the Baltic's icy waters in a bid to find a revolutionary Nazi sub.
11.00 **Expedition Unknown** Josh investigates the rampage of two lions who killed railroad workers in 1898.
12.30 AM **How It's Made**
1.00 **Expedition Files** As 9.00pm.
2.00 **Expedition Unknown**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** The six best tanks.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue** The Raneys pass on essential skills to the next generation. **4.00** Marty rescues his property from snow runoff.
5.00 **Lone Star Law** The wardens relocate a massive alligator.
6.00 **Dr Jeff: Rocky Mountain Vet** The team open a mobile clinic.



7.00 Treehouse Masters

7.00 **Treehouse Masters** Pete Nelson tackles a build for a couple searching for treehouse treasure, featuring a rope bridge.
8.00 **100 Days Wild** Andrew and Gerrid face a race against time to get the moose back to base camp.
9.00 **Alaska: The Last Frontier** Atz Lee and Jane build a makeshift greenhouse from cast-off supplies.
10.00 **Alaskan Bush People** The Wolfpack brace for a wildfire that threatens completion of the barn, while Ami and Billy return.
11.00 **Mountain Monsters** Buck meets someone from his past.
12.00 M'T **Crikey! It's the Irwins** Robert handles a hostile wombat called Bunker.
1.00 AM **Blood Ivory**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
9.00 **Primal Survivor**
10.00 **Pirates: Behind the Legends**
11.00 **Nazi Megastructures: Death From Above** Documentary.
12.00 NOON **Colossal Machines**
1.00 PM **Car S.O.S** A 1978 JCB.
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **Lost Treasures of Rome** New edition The complex heating systems powering the Stabian Baths of Pompeii.
5.00 **Ice Road Rescue**
6.00 **Toronto Airport Uncovered**

10.00 World's Most Dangerous...

7.00 **Air Crash Investigation** A look at why Air Ontario Flight 1363 from Dryden crashed moments after take-off in 1989.
8.00 **Air Crash Investigation** An investigation into a Martinair flight which crashed in Portugal amid massive thunderstorms.
9.00 **Air Crash Investigation** When their landing gear fails to drop, the pilots of a turboprop pull off a wheels-up landing.
10.00 **World's Most Dangerous Drug: Super Meth** Lisa Ling investigates a new and more potent form of crystal meth.
11.00 **Air Crash Investigation**
12.00 M'T **Inside Sydney Airport**
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **To Catch a Smuggler**
3.20 **Food Factory**
3.45 **Food Factory USA**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Forged with Steele**
9.15 **Pawn Stars** A stellar coin.
10.10 **Storage Wars** Double bill.
12.00 NOON **Hitler's Engineers**
1.00 PM **Ancient Aliens: Origins**
3.00 **UFOs: The Lost Evidence** UFO inhabitation on Earth. **4.00** Submerged objects. **5.00** Reports of UFO sightings by pilots and astronauts.
6.00 **American Pickers** Mike and Robbie visit a fifth-generation demo business and junkyard.

10.00 Ancient Aliens: Origins

7.00 **Forged in Fire** In one of the toughest competitions yet, two smiths recreate a brutal European pole axe – the Bardiche.
8.00 **Combat Trains** The Thai-Burma railway and the countless prisoners of war and slave labourers who died building it.
9.00 **Soviet Storm: WWII in the East** A look into how the USSR's submarines courted huge controversy in 1945.
10.00 **Ancient Aliens: Origins** New edition Featuring a compilation of the most compelling mysteries featured on the series.
12.00 M'T **UFOs: The Lost Evidence** Examining evidence of potential UFO inhabitation on Earth. **12.55** AM Looking at some mysterious submerged objects. **1.50** Reports of UFO sightings by pilots and astronauts.
2.50 **Ancient Aliens: Origins**
4.25 **Pawn Stars** Rick gets his hands on a pretty stellar coin.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Story of Late Night**
7.00 **Discovering: Tom Cruise**
8.00 **The Directors**
9.00 **100 Foot Wave**
10.00 **Janet Jackson** 1-4/4. A profile of the singer in which she speaks candidly about her early years, her career and the defining moments of her life.
2.00 PM **Showbiz Kids**
4.00 **Discovering: Tom Cruise**
5.00 **The Directors**
6.00 **100 Foot Wave** 5/6. Garrett has concerns about proposed safety measures.

8.00 Elvis Presley: The Searcher

7.00 **History of the Sitcom** 5/8. A look at comedy shows' critical role in ushering in a new era of openness towards sex.
8.00 **Elvis Presley: The Searcher** 1/2. Documentary about the singer, beginning with his early life in Tupelo, Mississippi, and his unprecedented rise to fame over a single year.
10.00 **Elvis Presley: The Searcher** 2/2. Conclusion of the documentary about the singer, beginning with his return home after his discharge from the army, and how he dealt with a rapidly changing pop scene.
12.00 M'T **Fatboy Slim: Right Here, Right Now** Documentary.
1.50 AM **Everton: Howard's Way**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Tom Cruise**

Friday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** Vintage toys.
9.00 **The Repair Shop** Items include a rare bicycle sidecar, a Victorian sewing stand and a military drum. **10.00** Items include a collectable seesaw, a gentlemen's shooting stick and a hand-stitched bedspread.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers World Tour** Double bill.
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops Detroit**
7.00 **Forensic Detectives**
9.00 **FBI Files**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder in the Heartland** Documentary.
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **People Magazine Investigates** New edition A mother vanishes in the summer of 2019.
10.00 **The Friday the 13th Murders** True-crime.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** The murder of Emma Caldwell, whose body was found in Limefield Woods.
8.00 **48 Hours** Series finale A woman suspects her mum may be responsible for a double murder.
9.00 **Storm of Suspicion** New edition When thunder strikes in Ohio, a mother of five is tragically murdered.
10.00 **Prosecuting Evil with Kelly Siegler** A teenager finds herself caught in a dangerous love triangle.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Prosecuting Evil with Kelly Siegler**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
10.45 **Teleshopping**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective** The murder of Michael Keen. **3.00** Looking into the case of the 2012 murder of Christopher Proctor.
4.00 **48 Hours** Fabio Sementilli is brutally stabbed to death.
5.00 **Medical Detectives** A look at the murder of a prostitute in Ohio. **5.30** The murder of a high-school girl. **6.00** How cat hair helped police identify a killer. **6.30** A mass food poisoning in Oregon.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **A1: Britain's Longest Road** Documentary.
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation** John Christie.
12.00 NOON **Killer in My Village** Double bill.
2.00 PM **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **World's Most Notorious Killers** The discovery of bones beneath Fred and Rose West's house.
10.35 **Police 24/7**
11.35 **The Cheshire Murders**
1.50 AM **Killing Mum and Dad** Martin Ruddy.
2.45 **Murdered at First Sight**
3.40 **Stop, Search, Seize**
4.30 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **The Lost Colony of Roanoke** Documentary.
8.55 **Underfire: The Untold Story of Tony Vaccaro**
10.25 **Syria After Assad**
11.30 **Underfire: The Untold Story of Tony Vaccaro**
1.00 PM **The Lost Colony of Roanoke** Documentary.
1.55 **Syria After Assad**
3.05 **Rise of the Freemen**
5.15 **Syria After Assad**
6.20 **The Lost Colony of Roanoke** Documentary.
7.15 **Underfire: The Untold Story of Tony Vaccaro** A World War Two US infantryman who photographed the war.
8.45 **Rise of the Freemen** A look at the events of the 81-day stand-off between the FBI and the Montana Freemen.
11.00 **The Lost Colony of Roanoke** Documentary.
12.00 M'T **to 2.00** AM **Underfire: The Untold Story of Tony Vaccaro**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/145 113/114 135 354 369

- 6.00 AM **Big Beasts: Last of the...**
- 7.00 **Monkey Life**
- 8.00 **Africa's Wild Horizons**
- 9.00 **Hope for Wildlife**
- 10.00 **Coral City**
- 11.00 **Moon: Nature's Secret Force**
- 12.00 NOON **Brazil Untamed**
- 1.00 PM **Monkey Life**
- 2.00 **Africa's Wild Horizons**
- 3.00 **Hope for Wildlife**
- 4.00 **Coral City**
- 5.00 **Secret Life of the Kangaroo**
- 6.00 **Brazil Untamed**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Extraordinary Animals**
- 9.00 **Patrick Aryee's Wild World** Patrick heads to Costa Rica to witness the annual mass nesting of sea turtles.
- 10.00 **Brazil Untamed**
- 11.00 **Secret Life of the Kangaroo**
- 12.00 M'T **Moon: Nature's Secret...**
- 1.00 AM **Big Beasts: Last of the Giants** Documentary.
- 2.00 **Extraordinary Animals**
- 3.00 **Patrick Aryee's Wild World**
- 4.00 **Africa's Wild Horizons**
- 5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

- 6.00 AM **Curse of the Ancients**
- 7.00 **Life After People**
- 8.00 **What on Earth?**
- 9.00 **History of Weapons**
- 10.00 **Combat Ships**
- 11.00 **Ancient Aliens**
- 1.00 PM **Alien Files: Unsealed**
- 2.00 **Walking Through History**
- 3.00 **Britain's Lost Battlefields with Rob Bell** Rob visits the site of the Battle of Naseby.
- 4.00 **Curse of the Ancients**
- 5.00 **Life After People**
- 6.00 **What on Earth?**
- 7.00 **History of Weapons**
- 8.00 **Combat Ships**
- 9.00 **The Nostradamus Effect** The story of three girls who claimed to have met the Virgin Mary.
- 10.00 **Secrets Declassified with David Duchovny** Investigating evidence of mind games.
- 11.00 **Ancient Aliens**
- 1.00 AM **Alien Files: Unsealed**
- 2.00 **Walking Through History**
- 3.00 **Britain's Lost Battlefields...**
- 4.00 **Ultimate Mysteries**
- 5.00 **to 6.00** AM **Inside the Tower of London**

Discovery Science

167 148 179

- 8.00 AM **How the Universe Works**
- 11.00 **Extreme Engineering**
- 1.00 PM **Codes and Conspiracies**
- 3.00 **How to Survive an Asteroid Strike: An Asteroid Day Special**
- 4.00 **How the Universe Works**
- 6.00 **How It's Made**
- 8.00 **How It's Made: Dream Cars** A look at how a Morgan Aero Coupe is manufactured. **8.30** A look at the Porsche 911.
- 9.00 **Mummies Unwrapped** Archaeologist Ramy Romany investigates mummified bodies found in the Peruvian jungle. **10.00** Ramy investigates the mummified bodies of three Incan children found in the Andes.
- 11.00 **Cooper's Treasure** An adventurer attempts to decode a map created by former astronaut Gordon Cooper. **12.00** M'T Darrell seeks clues from Cooper's past.
- 1.00 AM **How to Survive an Asteroid Strike: An Asteroid Day Special**
- 2.00 **How the Universe Works**
- 4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Court Cam**
- 11.00 **Meet, Marry, Murder**
- 2.00 PM **Buried in the Backyard**
- 3.00 **Accident, Suicide or Murder?**
- 6.00 **The First 48**
- 7.00 **Cold Case Files**
- 8.00 **Meet, Marry, Murder**
- 9.00 **My Strange Arrest** An allegedly intoxicated woman suggests cops lock her up.
- 10.00 **Court Cam** New editions The case of a man arrested for throwing his iguana at a restaurant manager. **10.30** A woman accused of domestic assault is unhappy with the conditions of her bond.
- 11.00 **Ozark Law**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **The First 48**
- 2.00 **Interrogation Raw**
- 3.00 **Homicide Hunter**
- 4.00 **Court Cam**
- 5.00 **to 6.00** AM **Meet, Marry, Murder**

+1hour 256 333

WILD

165 145/133 182

- 8.00 AM **Yukon Vet**
- 9.00 **Last of the Giants: Wild Fish**
- 10.00 **World's Weirdest Animal Faces**
- 11.00 **America's National Parks**
- 12.00 NOON **Heartland Docs**
- 1.00 PM **Ultimate Airport Dubai**
- 2.00 **Russia's Wild Tiger**
- 3.00 **Bizarre Animal Friends**
- 4.00 **Secrets of the Zoo**
- 5.00 **Critter Fixers: Country Vets**
- 6.00 **Yukon Vet** The people of Yukon prepare for the winter.
- 7.00 **Secrets of the Zoo** Two Asian small clawed otters show off their x-ray training skills.
- 8.00 **Africa's Big Five** The natural history of rhinos, elephants, leopards, lions and buffalo.
- 9.00 **Africa's River Titans** A look at the largest animals living alongside Africa's rivers.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Northwoods Survival**
- 1.00 AM **Africa's Deadliest**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Monster Fish: Fantastic Beasts**

Discovery History

174 147 181

- 7.00 AM **Planes That Changed the World** As shown at 8.00pm.
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** Exploring the importance of NASA's Juno probe.
- 1.00 PM **Mysteries at the Castle**
- 2.00 **Alien Highway**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Planes That Changed the World** A look at the Airbus A380, a double-decked aircraft that is designed to carry 800 passengers.
- 9.00 **Secrets Underground**
- 10.00 **How Do They Do It?**
- 11.00 **Savage Builds**
- 12.00 M'T **Mysteries at the Museum**
- 2.00 AM **How the Universe Works**
- 3.00 **Mysteries at the Castle**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

- 9.00 AM **Abandoned Engineering**
- 1.00 PM **Abandoned Engineering** Four editions, including at: **4.00** Claustrophobic prison cells that contain a story worthy of international acclaim, and a vast mountainside complex.
- 5.00 **Three Up, Two Down**
- 8.20 **Three Up, Two Down** 5/6. Sam sets his heart on an antique and tries to acquire it – but it belongs to Daphne. **9.00** 6/6. Daphne reaches the end of her tether and decides it is time she came to an understanding with Sam. (S1) **9.40** 1/6. A new neighbour turns Daphne's head, causing more problems in the home. **10.20** 2/6. Sam has his nose put out of joint when Daphne has dinner with the Major. **11.00** 3/6. Daphne receives a visitor, while Sam attempts to resist temptation. (S2)
- 11.40 **Three Up, Two Down**
- 5.05 **to 6.00** AM **Abandoned Engineering**

+1hour 266 376

ID

154 140 166

- 8.00 AM **Murder Chose Me**
- 9.00 **American Monster**
- 11.00 **Disappeared**
- 12.00 NOON **Evil Lives Here**
- 1.00 PM **American Monster**
- 3.00 **Disappeared**
- 4.00 **Evil Lives Here**
- 5.00 **Devil in Suburbia**
- 7.00 **Faking It: Tears of a Crime** The murder of Cambridgeshire 10-year-olds Holly Wells and Jessica Chapman in 2002. **8.00** The murders of Zoe Evans and Nisha Patel-Nasri, both killed by loved ones who made televised appeals for the public's assistance in their respective cases.
- 9.00 **American Monster: Abuse of Power** A so-called 'anti-corruption' sheriff in Georgia abuses his position.
- 10.00 **Portals to Hell**
- 11.00 **Haunted Towns**
- 12.00 M'T **The Dead Files**
- 2.00 AM **Devil in Suburbia**
- 4.00 **to 6.00** AM **Faking It:**

+1hour 254 366

Discovery Turbo

161/172 146 180

- 7.00 AM **Wheeler Dealers**
- 8.00 **Motor Pickers**
- 9.00 **Outback Truckers**
- 10.00 **Salvage Hunters: Classic Cars**
- 11.00 **Shed and Buried**
- 12.00 NOON **Richard Hammond's Big** The Appomattox production platform in the Gulf of Mexico.
- 1.00 PM **Bad Chad Customs**
- 2.00 **Salvage Hunters: Classic Cars**
- 3.00 **Outback Truckers**
- 4.00 **Shed and Buried: Classic Cars**
- 5.00 **Motor Pickers**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Shed and Buried: Classic Cars** Henry and Fuzz visit Stuart in Wales and uncover a Morris 35.
- 9.00 **Big, Big Bikes** 2/2. A celebration of the most outrageous machines and riders.
- 10.00 **Outback Truckers**
- 11.00 **Wheeler Dealers**
- 12.00 M'T **Shed and Buried: Classic...**
- 1.00 AM **Richard Hammond's Big**
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

- 7.10 AM **PREMIERE Jurassic World: Rebirth** As 8.00pm.
- 9.30 **Prisoner of War** Thriller. (2025, 15, 112min) ★★★
- 11.25 **The Gentleman** As 12.30am.
- 1.15 PM **M3GAN 2.0** As 10.20pm.
- 3.25 **King Ivory** Thriller starring James Badge Dale and Ben Foster. (2024, 15, 140min)
- 5.45 **How to Train Your Dragon** Fantasy adventure with Mason Thames and Nico Parker. (2025, PG, 125min) ★★★★

8.00 Jurassic World: Rebirth

8.00 PREMIERE Jurassic World: Rebirth Fantasy adventure starring Scarlett Johansson, Mahershala Ali and Jonathan Bailey. A crack team infiltrate a forbidden island to collect the DNA of three key dinosaur species. (2025, 12, 133min) ★★★ *See review, page 24.*

SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 M3GAN 2.0 Sci-fi action thriller sequel starring Allison Williams. Two years after M3GAN's rampage, Gemma is forced to resurrect the doll to take down a military-grade weapon. (2025, 15, 120min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.30 AM **The Gentleman** Action thriller. (2025, 15, 89min) ★★
- 2.30 **One More Shot** Comedy. (2025, 15, 91 min) ★★★
- 4.10 **to 6.00** AM **The Cut** Thriller. (2024, 12, 99min) ★★★

Sky Cinema Wild Worlds

303 303 403 503 517

- 6.00 AM **The Wild Robot** (2024)
- 7.55 **Journey to the Center of the Earth** (2008, PG) ★★
- 9.40 **Journey 2: The Mysterious Island** (2012, PG) ★★★
- 11.25 **Aquaman** Action adventure. (2018, 12, 143min) ★★★
- 2.00 PM **Jaws** Monster thriller. (1975, 12, 125min) ★★★★★
- 4.10 **Jaws 2** Monster thriller sequel. (1978, PG, 115min) ★★★
- 6.10 **Jaws 3** Monster thriller sequel. (1983, 12, 99min) ★★

2.00 Jaws

8.00 Godzilla Hollywood remake of the Japanese monster movie, starring Matthew Broderick, Jean Reno, Maria Pitillo and Hank Azaria. A giant mutant lizard heads for Manhattan, leaving a trail of disaster in its wake. (1998, PG, 139min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Rampage Fantasy adventure starring Dwayne Johnson and Naomie Harris. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★

SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.15 AM **Jaws 2** As 4.10pm.
- 2.20 **Jaws 3** As shown at 6.10pm.
- 4.10 **to 6.00** AM **The Wild Robot** Family animation featuring the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★

Sky Cinema Drama

310 310 410 510 524

- 6.20 AM **American Sniper** Biopic. (2014, 15, 127min) ★★★★
- 8.40 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix. (2024, 15, 138min) ★★★★
- 11.05 **Escape to Victory** Wartime drama. (1981, PG, 111 min) ★★
- 1.05 PM **It Ends with Us** Drama. (2024, 15, 125min) ★★★
- 3.20 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
- 5.45 **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
- 8.00 **About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant Nicholas Hoult and Toni Collette. (2002, 12, 101 min) ★★★★
- 9.45 **Erin Brockovich** Fact-based drama starring Julia Roberts as a single mother who takes a job in a law firm and becomes an unlikely environmental crusader. With Albert Finney. (2000, 15, 133min) ★★★★
- 12.00 M'T **Anora** Romantic comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
- 2.30 AM **I, Tonya** Biopic with Margot Robbie and Allison Janney. (2017, 15, 119min) ★★★★
- 4.30 **to 7.00** AM **Nuremberg** Thriller. (2025, 15, 148min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 7.05 AM **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
- 8.45 **I.S.S** Sci-fi drama starring Chris Messina. (2023, 15, 95min) ★★★
- 10.30 **The Damned** As 1.10am.
- 12.10 PM **Arrival** Sci-fi drama. (2016, 12, 116min) ★★★★★
- 2.15 **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
- 4.15 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★
- 6.25 **Cloverfield** Disaster movie starring Lizzy Caplan and TJ Miller. (2007, 15, 81 min) ★★★
- 8.00 **10 Cloverfield Lane** Thriller starring Mary Elizabeth Winstead and John Goodman. (2016, 12, 103min) ★★★★
- 9.50 **A Quiet Place** Horror starring Emily Blunt and John Krasinski, who also directed. A family are forced to live in silence while hiding from monsters with hypersensitive hearing. (2018, 15, 90min) ★★★★
- 11.25 **The Running Man** Adventure. (1987, 18, 101 min) ★★★
- 1.10 AM **The Damned** Horror. (2024, 15, 89min) ★★★★
- 2.45 **Evolution** Sci-fi comedy. (2001, PG, 101 min) ★★★★
- 4.30 **to 6.00** AM **Beast of War** Thriller. (2025, 15, 87min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.00 AM **The Hobbit: An Unexpected Journey** (2012)
8.50 **The Hobbit: The Desolation of Smaug** As 4.55pm.
11.35 **The Hobbit: The Battle of the Five Armies** As 7.40pm.
2.05 PM **The Hobbit: An Unexpected Journey** (2012)
4.55 **The Hobbit: The Desolation of Smaug** Peter Jackson's epic fantasy adventure with Martin Freeman and Ian McKellen. (2013, 12, 161min) ★★★★

10.10 The Hobbit

7.40 The Hobbit: The Battle of the Five Armies Conclusion of director Peter Jackson's fantasy adventure trilogy, starring Martin Freeman. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Hobbit: An Unexpected Journey Peter Jackson's epic fantasy adventure based on JRR Tolkien's children's novel, starring Martin Freeman. Home-loving hobbit Bilbo Baggins joins a company of dwarves on an epic quest to reclaim their lost kingdom. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **The Hobbit: The Desolation of Smaug** (2013)
3.55 **to 6.25** AM **The Hobbit: The Battle of the Five Armies**

Sky Cinema Action

307 307 407 507 521

6.00 AM **Jurassic Park** As 6.35pm.
8.15 **The Lost World: Jurassic Park** As shown at 8.45pm.
10.25 **Jurassic Park III** As 1.20am.
12.00 NOON **Jurassic World**
2.05 PM **Jurassic World: Fallen Kingdom** Adventure sequel. (2018, 12, 128min) ★★★
4.15 PREMIERE **Jurassic World: Rebirth** As shown at 11.00pm.
6.35 **Jurassic Park** Steven Spielberg's monster thriller. (1993, PG, 127min) ★★★★★

8.45 The Lost World

8.45 The Lost World: Jurassic Park Steven Spielberg's monster adventure sequel starring Jeff Goldblum and Julianne Moore. A survivor of the Jurassic Park catastrophe goes to a second island also populated by genetically engineered dinosaurs. With Pete Postlethwaite. (1997, PG, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 PREMIERE **Jurassic World: Rebirth** Fantasy adventure starring Scarlett Johansson, Mahershala Ali and Jonathan Bailey. (2025, 12, 133min) ★★★
1.20 AM **Jurassic Park III** Adventure thriller sequel. (2001, PG, 92min) ★★★
3.00 **Jurassic World** Adventure sequel starring Chris Pratt. (2015, 12, 124min) ★★★★
5.10 **to 7.20** AM **Jurassic World: Fallen Kingdom** As 2.05pm.

Sky Cinema Comedy

308 308 408 508 522

6.15 AM **Quartet** Comedy drama. (2012, 12, 94min) ★★★★
8.00 **Finding Your Feet** Comedy. (2017, 12, 109min) ★★
10.00 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
12.05 PM **50 First Dates** Comedy. (2004, 12, 99min) ★★★
1.55 **Click** (2006, 12) ★★★★
3.55 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
5.40 **Love Actually** Comedy. (2003, 15, 135min) ★★★

5.40 Love Actually

8.00 Sleepless in Seattle Romantic comedy starring Tom Hanks and Meg Ryan. A woman hears a widower pour his heart out on the radio and becomes convinced he is the man of her dreams. (1993, PG, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 You've Got Mail Romantic comedy starring Tom Hanks and Meg Ryan as rival bookshop owners. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The 40-Year-Old Virgin** Comedy starring Steve Carell. (2005, 15, 116min) ★★★★
1.50 AM **Kangaroo Jack** Comedy starring Jerry O'Connell. (2003, PG, 89min) ★
3.25 **Jackass: The Movie** Slapstick comedy. (2002, 18, 87min) ★
4.55 **Sky Cinema Preview**
5.45 **to 7.30** AM **Mean Machine** Sports drama starring Vinnie Jones. (2001, 15, 99min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **Head Count** Thriller. (2023, 15, 77min) ★★★
7.45 **Chinatown** Crime thriller. (1974, 15, 131min) ★★★★★
10.00 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
11.50 **Black Bag** (2024, 15) ★★★★
1.30 PM **Breakdown** Thriller. (1997, 15, 94min) ★★★★
3.10 **The Godfather** Gangster epic. (1971, 15, 167min) ★★★★★
6.10 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★

6.10 Layer Cake

8.00 Juror #2 Clint Eastwood's thriller starring Nicholas Hoult. While serving as a juror in a high-profile murder case, a family man grapples with a moral dilemma. With Toni Collette, JK Simmons and Kiefer Sutherland. (2024, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 GoodFellas Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Krays** Crime drama with Martin and Gary Kemp. (1990, 18, 119min) ★★★
2.45 **A Place Called Silence** Chinese thriller. Subtitled. (2024, 15, 119min) ★★★
4.55 **to 6.40** AM **Naked Singularity** Crime comedy. (2021, 15, 93min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Patton** World War Two biopic starring George C Scott. (1969, PG, 163min) ★★★★
2.20 PM **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
3.55 **Twelve O'Clock High** Vintage World War Two drama starring Gregory Peck. (1949, b/w, U, 132min) ★★★★★
6.35 **Mrs Doubtfire** Comedy starring Robin Williams. (1993, PG, 125min) ★★★★

6.35 Mrs Doubtfire

8 PM **Mrs Doubtfire** (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00 The Creator** Dystopian sci-fi thriller starring John David Washington. An ex-Special Forces operative hunts the architect of an artificial intelligence that threatens humankind's existence. With Gemma Chan. (2023, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.40** PREMIERE **The Witch: Part 2 – The Other One** South Korean horror sequel starring Shin Si-ah. After escaping from a laboratory, a girl finds herself on the run from mysterious organisations. Subtitled. (2022, 18, 137min) ★★★

11 PM **2.25** **to 4.00** AM **Lola** Sci-fi drama starring Emma Appleton. (2022, 15, 79min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

6.25 AM **Police Academy** Comedy. (1984, 15, 95min) ★★★
8.05 **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
9.35 **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
11.05 **The Cable Guy** As 2.20am.
12.45 PM **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★

2.20 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
4.05 **Enter the Dragon** Action thriller. (1973, 18, 97min) ★★★★
5.55 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
8.00 **Psycho** Alfred Hitchcock's horror chiller starring Anthony Perkins and Janet Leigh. (1960, b/w, 15, 109min) ★★★★★
10.00 **A Clockwork Orange** Director Stanley Kubrick's futuristic satire. (1971, 18, 136min) ★★★★

12.20 AM **28 Days Later...** Horror starring Cillian Murphy, Naomie Harris and Megan Burns. (2002, 18, 113min) ★★★★
2.20 **The Cable Guy** Comedy with Jim Carrey and Matthew Broderick. (1996, 12, 96min) ★★★★
4.00 **to 6.00** AM **Psycho** As 8pm.

Sky Cinema Greats

304 304 404 504 518

8.10 AM **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
10.50 **Three Days of the Condor**
12.50 PM **Dog Day Afternoon** Sidney Lumet's tragi-comic thriller. (1975, 15, 130min) ★★★★★
3.00 **The Towering Inferno** Disaster movie starring Paul Newman. (1974, 12, 165min) ★★★★
5.50 **The Mummy** Action adventure. (1999, 15, 124min) ★★★★

8.00 **Batman** Tim Burton's comic-book adventure starring Michael Keaton and Jack Nicholson. Gotham City's mysterious black-cloaked vigilante tackles a psychotic villain known as The Joker. With Kim Basinger and Jack Palance. (1989, 15, 121min) ★★★★
10.10 **Batman Returns** Comic-book adventure sequel starring Michael Keaton, Michelle Pfeiffer and Danny DeVito. (1992, 12, 121min) ★★★★

12.30 AM **Pulp Fiction** Quentin Tarantino's black crime comedy. (1994, 18, 154min) ★★★★★
3.15 **Sky Cinema Preview**
4.15 **to 6.15** AM **Three Days of the Condor** Conspiracy thriller starring Robert Redford. (1975, 15, 118min) ★★★★

Sky Cinema Animation

305 305 405 500 514

6.25 AM **Flushed Away** Animation. (2006, U, 85min) ★★★★
7.55 **Batman Unlimited: Animal Instincts** (2015, PG) ★★
9.20 **Rango** Animated Western. (2011, PG, 103min) ★★★★
11.10 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
12.30 PM **The Lego Ninjago Movie**
2.15 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★

4.00 **The Angry Birds Movie** Animation. (2016, U) ★★★
5.50 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
7.40 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
9.25 **The Lego Ninjago Movie** Animated family adventure. (2017, U, 101min) ★★
11.20 **The Canterville Ghost** Animation. (2023, PG) ★★
1.00 AM **Rebellious** Animated fantasy. (2024, PG, 94min) ★★★

2.45 **The Sloth Lane** (2024, U) ★★★
4.25 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
5.30 **to 7.00** AM **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG) ★★★

Movies 24

312 313 419

7.00 AM **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
9.00 **A Nashville Legacy** Romantic comedy. (2023, PG, 85min) ★★
11.00 **The Story of Love** Romantic comedy. (2022, PG, 91min) ★★
1.00 PM **Romantic Friction** Romantic comedy drama. (2023, PG, 90min) ★★
3.00 **CrimeTime: Freefall** Mystery. (2024, PG, 90min) ★★

5.00 **Royal-Ish** Romantic drama. (2025, PG, 84min) ★★
7.00 **Love's Greek to Me** Romantic drama starring Torrey DeVitto. (2023, PG, 90min) ★★
9.00 **A Melbourne Match** Romantic comedy drama starring Mallory Jansen and Rhemy Ashton. A travel writer persuades a Melbourne local to give her an alternative guide to the city. (2026, PG, 90min) ★★
11.00 **Spring Breakthrough** Drama. (2023, PG, 90min) ★★

1.00 AM **Inspiring Love** Romantic drama with Donna Benedicto. (2023, PG, 85min) ★★
3.00 **to 5.00** AM **An American in Austen** Romantic comedy. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Law of the Plainsman** (S1)
6.30 **Ticket to Paradise** Romance. (1961, b/w, U, 61min) ★★★
7.45 **Tell Me Another**
8.20 **The Crooked Sky** (1957, PG) ★★
9.50 **The Passing Stranger** Crime drama. (1954, PG, 68min) ★★★
11.10 **Blind Corner** Suspense thriller. (1963, b/w, PG, 76min) ★★★
12.45 PM **Edgar Wallace Mystery Theatre** *Sinister Man:* 7/11. (S2)

1.55 **Faces in the Dark** Thriller. (1960, b/w, PG, 85min) ★★★
3.35 **Reach for the Sky** Biopic. (1956, b/w, U, 130min) ★★★★
6.05 **The Lamp Still Burns** Drama. (1943, b/w, PG, 90min) ★★
7.50 **Look at Life**
8.00 **Z Cars** 28/31. (S1)
9.00 **Cellar Club with Caroline Munro**
9.05 **Supernatural** 3/8. (S1)
10.05 **Cellar Club with Caroline Munro**
10.10 **The Terror** Horror chiller starring Jack Nicholson and Boris Karloff. (1963, 12, 81min) ★

11.45 **Cellar Club with Caroline Munro**
11.50 **Hammer House of Mystery and Suspense** 7/13. (S1)
1.20 AM **The Lost World** 1&2/2. Adventure starring Bob Hoskins.
4.30 **Dick Powell's Zane Grey Theatre** 2/30. (S1)
5.30 **to 6.00** AM **Out of Town**

Friday

Sky Sports Main Event

401 401 999 501 419 439

6.30 AM **Sky Sports News**
10.00 **Sky Sports FC**
10.30 LIVE **DP World Tour Golf** Coverage of day two of the Investec South African Open Championship from Stellenbosch Golf Club in South Africa.
1.00 PM LIVE **Men's T20 World Cup** A Super Eight match from R.Premadasa Stadium, Colombo.
5.00 LIVE **PGA Tour Golf** Coverage of day two of the Cognizant Classic from PGA National Resort in Palm Beach Gardens. Joe Highsmith became the third consecutive American player to win this event, joining the likes of fellow countrymen Justin Thomas, Rickie Fowler and Chris Kirk to have won this tournament since 2017.
7.30 LIVE **Friday Night Football** **Wolverhampton Wanderers v Aston Villa.** Coverage of the Premier League encounter from Molineux. Kick-off **8.00pm**.
10.45 **Premier League 360**
12.45 AM **Sky Sports News**
1.30 **to 6.00** AM LIVE **LPGA Tour Golf** Day three of the HSBC Women's World Championship at Sentosa Golf Club in Singapore.

Sky Sports Premier League

402 402 998 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Fantasy Show**
4.30 **Premier League Preview**
5.00 **Premier League Friday**
7.00 **Premier League Preview**
7.30 LIVE **Friday Night Football** **Wolverhampton Wanderers v Aston Villa.** The Premier League match from Molineux. The reverse fixture back in November was decided by a 67th-minute screamer from Boubacar Kamara as Villa picked up an important 1-0 win. Kick-off **8.00pm**.
10.45 **Premier League 360**
12.45 AM **FNF** Wolverhampton Wanderers v Aston Villa.
1.15 **Transfer 360** John Obi Mikel.
1.45 **The Big Interview**
2.15 **Premier League Stories**
2.45 **Premier League One on One**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Best PL Goals: Arsenal**

Sky Sports Football

403 403 997 503 421 441

6.00 AM **EFL** The 2025 play-off finals.
9.00 **Greatest Games**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **SPFL Highlights**
2.30 **EFL Highlights**
4.00 **Bundesliga Weekly**
4.30 **EFL League One Goals**
5.00 **EFL League Two Goals**
5.30 **EFL Highlights**
6.00 **Bundesliga Weekly**
6.30 **EFL Highlights** Championship.
7.30 LIVE **EFL** **Bristol City v Watford.** Coverage of the Championship match staged at Ashton Gate. The sides shared the spoils in a 1-1 draw in November's reverse fixture at Vicarage Road. Kick-off **8.00pm**.
10.30 **SPFL Highlights**
11.00 **EFL Rivalries** East Anglian Derby.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **Craig Brown: My Scotland**
2.30 **Jimmy Glass: The Great Escape**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 996 505 422 442

6.00 AM **Men's T20 World Cup**
1.00 PM LIVE **Men's T20 World Cup** Coverage of a Super Eight match at R.Premadasa Stadium.
5.00 **Best of ICC WT20** India v Pakistan in the 2007 final.
5.15 **Best of England v South Africa** Action from the 2011 Cricket World Cup Group B match.
5.30 **Best of ICC WT20** Action from England v India at Lord's in 2009. **5.45** Action from England v Australia in the 2010 final.
6.00 **Men's T20 World Cup** Action from a Super Eight match staged at Pallekele International Cricket Stadium in Kandy.
7.00 **ICC Men's T20 World Cup** Another chance to see a Super Eight match from R. Premadasa Stadium, Colombo.
11.00 **Best of ICC WT20**
11.15 **Best of England v South Africa**
11.30 **Men's T20 World Cup** Action from a Super Eight match held at R.Premadasa Stadium, Colombo. **12.30** AM South Africa v Afghanistan in the Group D match from Narendra Modi Stadium.
1.00 **to 6.00** AM **Men's T20 World Cup**

Sky Sports Golf

406 406 995 506 423 443

6.30 AM **PGA Tour Golf**
10.30 LIVE **DP World Tour Golf** Coverage of day two of the Investec South African Open Championship from Stellenbosch Golf Club in South Africa.
3.30 PM LIVE **PGA Tour Golf** Coverage of day two of the Cognizant Classic from PGA National Resort in Palm Beach Gardens, Florida. Joe Highsmith became the third consecutive American player to win this event, joining the likes of fellow countrymen Justin Thomas, Rickie Fowler and Chris Kirk to have won this tournament since 2017.
11.00 **Ryder Cup – Official Films**
12.00 M'T **School of Golf**
1.00 AM **Golf Academy**
1.30 **to 6.00** AM LIVE **LPGA Tour Golf** Coverage of the third day of the HSBC Women's World Championship staged at Sentosa Golf Club in Singapore.

Sky Sports Tennis

408 408 988 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **ATP Tour This Week**
10.30 **WTA & ATP Tennis**
1.00 PM LIVE **ATP Tennis** Coverage of day five of the ATP Dubai Tennis Championships from Aviation Club Tennis Centre.
5.00 LIVE **ATP Tennis** Day five of the ATP Santiago Open from Estadio San Carlos de Apoquindo in Chile.
7.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open, WTA Merida Open and WTA Austin Open.
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Football** Highlights.
8.30 LIVE **Isuzu UTE A-League** **Melbourne Victory v Adelaide United.** From AAMI Park in Melbourne. Kick-off **8.35am**.
10.30 **Serie A – Full Impact**
11.00 **UEFA Champions League**
11.30 **World Superbike Rewind**
11.45 LIVE **Welsh Open Snooker** The quarter-finals on the fifth day from Venue Cymru in Llandudno.
6.00 PM **World Superbike Rewind**
6.15 **TNT Sports Reload**
6.45 LIVE **Welsh Open Snooker** Further coverage of the quarter-finals on day five at Venue Cymru.
10.00 **UEFA Champions League**
10.30 **UEFA Europa League & Conference League Highlights**
11.30 **Women's T20 International Cricket** New Zealand v Zimbabwe.
12.30 AM **Women's One-Day International Cricket**
1.30 **Premier League Preview**
2.00 **She Who Dares**
3.00 **Isuzu UTE A-League**
4.00 **to 6.00** AM LIVE **Isuzu UTE A-League** **Auckland FC v Melbourne City.** Coverage from Go Media Stadium in Auckland. Kick-off **4.00am**.

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **MotoGP** The Grand Prix of Thailand MotoGP, Moto2 and Moto3 practice sessions.
9.15 **TNT Sports Reload**
9.45 LIVE **Alpine Skiing** Coverage of the women's downhill in Soldeu.
12.00 NOON **UEFA Europa League**
12.30 PM **Inside Serie A**
1.00 **UEFA Conference League**
1.30 **UEFA Europa League & Conference League Highlights**
2.30 **Premier League Review**
3.30 **Ally's Social Club**
4.15 **Sign Up – Into Football**
5.00 **The Fantasy Show**
5.30 **Kenny Allstar's Number 1's**
5.45 **Premier League Features**
7.00 **Supercars Championship**
9.00 **Ultimate Pool** Recent action.
10.30 **World Superbike Highlights**
11.30 **MotoGP** Season review.
1.30 AM LIVE **MotoGP** The Grand Prix of Thailand Moto2 and Moto3 second free practice sessions at Chang International Circuit.
3.00 LIVE **MotoGP** The Grand Prix of Thailand MotoGP second free practice and qualifying sessions.
5.45 **to 8.00** AM LIVE **MotoGP** The Grand Prix of Thailand Moto3 and Moto2 qualifying sessions.

Sky Sports Action

412 410 993 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.15 **Women's Super League**
4.30 **Super League Highlights**
5.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Highlights**
9.00 **Super League Highlights** St Helens v Huddersfield Giants. **9.15** Highlights from Hull Kingston Rovers v Warrington Wolves in the first 2024 semi-final. **9.30** Highlights from Wigan Warriors v Leigh Leopards in the second 2024 semi-final.
9.45 **World Club Challenge**
10.00 **Super League Highlights**
10.15 **Women's Super League**
10.45 **Super League Highlights**
11.00 **NFL Highlights**
12.00 M'T **NFL Highlights**
2.00 AM **NFL Bitesize Highlights**
2.30 **Super League Highlights**
3.30 LIVE **Super Rugby** **Fijian Drua v Hurricanes.** Coverage of the match from Churchill Park. Kick-off **3.35am**.
5.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 992 504 427 447

6.00 AM LIVE **Super Rugby** **Moana Pasifika v Western Force.** From Navigation Homes Stadium Kick-off **6.05am**.
8.00 **Sky Sports Breakfast**
8.30 LIVE **Super Rugby** **Queensland Reds v Highlanders.** From Suncorp Stadium. Kick-off **8.35am**.
10.30 **Sky Sports FC**
11.45 LIVE **PGA Tour Golf** Coverage of the second day of the Cognizant Classic at PGA National Resort. Joe Highsmith became the third consecutive American player to win this event, joining the likes of Justin Thomas, Rickie Fowler and Chris Kirk to have won this tournament since 2017.
7.00 PM **Sports Centre**
7.25 LIVE **Netball Super League** **London Pulse v Manchester Thunder.** Coverage of the match staged at Copper Box Arena in London. Centre-pass **7.30pm**.
9.00 LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Dubai Tennis Championships, ATP Acapulco Open and WTA Merida Open.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **ATP/WTA Tour Classic Matches**
1.00 PM **ATP Tennis** Rio Open final.
2.00 **PL Greatest Games**
3.00 **ATP Tennis** Doha Open final.
4.00 **Super League** Wigan v Leigh.
6.45 **My Icon** Sporting influences.
7.25 LIVE **Netball Super League** **London Pulse v Manchester Thunder.** Coverage of the match staged at Copper Box Arena in London. Centre-pass **7.30pm**.
9.00 **F1 2025 Season Review**
11.00 **The Greatest Leg – 2023 Final**
11.30 **30 Years of the PDC World Champs** A celebration.
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **to 6.00** AM LIVE **Ladies European Tour Golf** The third day of the Ford Women's NSW Open from Wollongong Golf Club in Illawarra, New South Wales.

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **Women's One-Day International Cricket** **Australia v India.** The second ODI in the three-match series from Ninja Stadium in Hobart.
12.00 NOON **Discovery Golf**
12.30 PM **Fishing: On the Bank**
1.30 **World Superbike Highlights**
2.30 **Supercars Championship**
4.30 **TNT Sports Reload**
5.00 **Discovery Golf**
5.30 **Isuzu UTE A-League**
6.30 **Inside Serie A** The latest news.
7.00 **Women's T20 International Cricket** New Zealand v Zimbabwe.
8.00 **Women's One-Day International Cricket**
9.00 **The Muddy Roots of Football**
10.30 **Isuzu UTE A-League**
11.30 **Playing for Our Future**
12.45 AM **UEFA Champions League**
1.00 **Fishing: On the Bank**
2.00 **Welsh Open Snooker**
4.00 **to 6.00** AM **Supercars Championship Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **Women's International T20 Cricket** **New Zealand v Zimbabwe.** The second T20 in the three-match series at Seddon Park, Hamilton.
10.15 **TNT Sports Cricket Reload**
10.45 LIVE **Freestyle Skiing** Day one of the men's and women's ski cross.
12.15 PM **TNT Sports Cricket Reload**
12.30 LIVE **Ski Jumping** Qualifying for the men's HS235 in Austria.
1.30 **August 4th: Olympic Odyssey**
2.45 LIVE **Men's Nordic Combined Skiing** The compact 7.5km in Bad Mitterndorf, Austria.
3.15 **TNT Sports Cricket Reload**
4.45 **Playing for Our Future**
5.00 **UEFA Champions League**
8.30 **UEFA Europa League**
9.30 **UEFA Conference League**
10.00 **FEI Jumping World Cup**
12.00 M'T **UFC** Strickland v Hernandez.
3.00 AM **UEFA Europa League & Conference League Highlights**
4.00 **to 6.00** AM **Women's Cricket**

Premier Sports 1

419 551

6.00 AM **Top 14 Rugby Union**
6.30 **Football** Highlights and features.
8.00 **Argentine Primera**
10.00 **Swedish Hockey League**
12.00 NOON **NHL: This is Hockey**
1.00 PM **NASCAR Highlights**
2.00 **NHL on the Fly** The latest news.
3.00 **LaLiga Match Highlights**
3.45 **Eredivisie Highlights**
4.45 **URC in 60** Recent action.
5.45 **The Rugby Pod**
7.15 LIVE **United Rugby Championship** **Cardiff v Leinster.** Coverage from Cardiff Arms Park.
10.15 **URC SEND IT**
10.55 **LaLiga Highlights**
1.30 AM **NASCAR Highlights**
2.30 **NHL: This is Hockey**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** **Anaheim Ducks v Winnipeg Jets.** Coverage of the Western Conference match from Honda Center. Face-off is at **3.00am**.

Premier Sports 2

420 552

6.30 AM **NHL: This is Hockey**
7.30 **LaLiga** Osasuna v Real Madrid.
9.30 **Temples of Sport**
10.00 **NHL Ice Hockey**
12.00 NOON **Football**
2.30 PM **NHL Ice Hockey**
4.30 **LaLiga Match Highlights**
4.45 **Motorsport** Drew Gibson.
5.45 **Rugby Union Highlights**
7.15 LIVE **United Rugby Championship** **Edinburgh v Scarlets.** Coverage from Scottish Gas Murrayfield Stadium. Kick-off **7.45pm**.
10.15 **LaLiga Match Highlights**
10.30 **Temples of Sport**
11.00 **NHL Tonight** Top 20 wingers.
12.00 M'T LIVE **NHL Ice Hockey** **Washington Capitals v Vegas Golden Knights.** Coverage of the inter-conference match at Capital One Arena. Face-off **12.00m't**.
3.00 AM **NHL: This is Hockey**
4.00 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

407 407 994 507 424 444

6.00 AM **The Best of F1 2025**
8.00 **Testing Wrap** Pre-season review.
8.30 **The F1 Show: Lights Out**
9.30 **Formula 1** Highlights from 2025.
2.00 PM **Testing Wrap**
2.30 **The F1 Show: Lights Out**
3.30 **Formula 1** Abu Dhabi Grand Prix.
5.00 **Testing Wrap** Pre-season review.
5.30 **The F1 Show: Lights Out**
6.30 LIVE **Indycar** The Firestone Grand Prix of St. Petersburg first practice session on the St. Petersburg Street Circuit, Florida.
8.00 **The F1 Show: Lights Out**
9.00 **Formula 1** Abu Dhabi Grand Prix.
10.30 **Indycar** Firestone Grand Prix of St. Petersburg first practice session.
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NEW

BBC iPLAYER Armorsaurs

Weekdays, 6.30pm, CBBC & BBC iPlayer

If your first thought is that this looks like *Power Rangers* with prehistoric pets, you're exactly right! *Armorsaurs* is a high-tech reimagining of the hit South Korean series *Armored Saurus*. It follows a group of five teens who use their unique DNA to telepathically link with dinosaurs, turning them into Earth's ultimate line of defence.

The show mixes live-action drama with slick 3D animation, featuring the voice of *Star Trek's* Michael Dorn and a high-energy theme song by K-pop sensation TXT. For any kid who thinks a T-Rex is cool, but a T-Rex in laser-proof battle armour is better – this is a must-watch!

NEW

BBC iPLAYER Operation Ouch!

Mon & Tue, 6pm, CBBC & BBC iPlayer

Dr Xand and Dr Chris van Tulleken are back with a new series of the medical show, in which they explore the ins and outs of the human body, with their usual mix of exciting, explosive (sometimes quite literally!) and intriguing experiments.

Dr Dan and Dr Raph are also back with Gladiator Dynamite in Body Battles, testing the human body's limits in harsh conditions. If only biology lessons at school could be as fun as an episode of *Operation Ouch!*

More great shows to watch this week...

Elio

Available now, Disney+

Up for Best Animated Film at Sunday's BAFTAs, this charming Disney Pixar adventure is about a young boy who is beamed up by eccentric aliens who think he is the official ambassador for planet Earth.

Miraculous World: Tokyo Stellar Force

From Friday, Disney+

NEW

In this special longer episode, Ladybug travels to Tokyo, where she joins up with a team of heroes to stop a supervillain wreaking havoc.

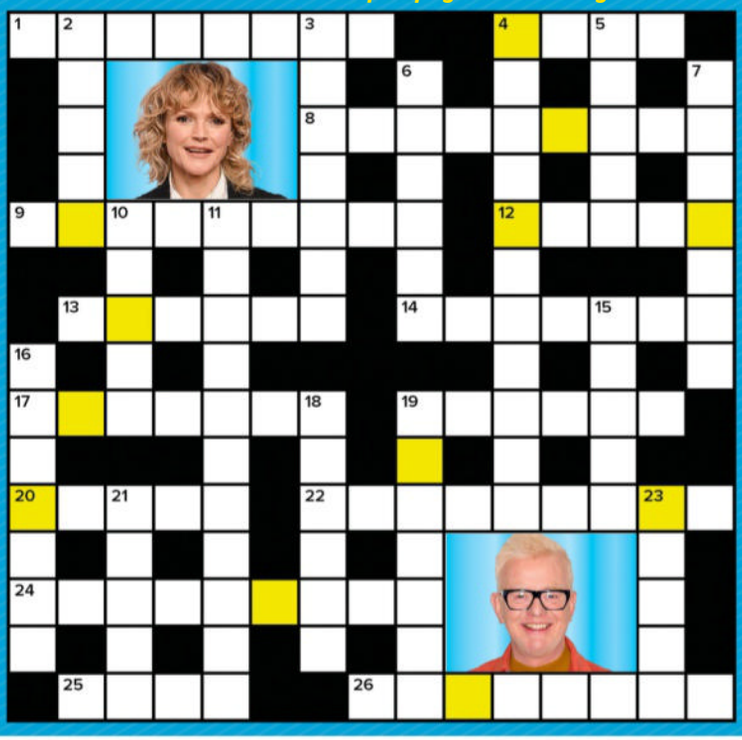
The Gruffalo

Available now, BBC iPlayer

With the news that Julia Donaldson is introducing us to *Gruffalo Granny* in her new book in September, getting reacquainted with *The Gruffalo* and *The Gruffalo's Child* seems only right.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out a Scottish actor (5,7). Answers at the bottom of the page – no cheating!



ACROSS

1 Adrian Dunbar's role in *Line of Duty*, Ted -------- (8)
4 *The* ----, 2020 musical comedy film featuring Meryl Streep (4)
8 Irish sitcom starring Alex Murphy, Chris Walley and Hilary Rose, *The Young* --------- (9)
9 1986 Paul Hogan comedy film, --------- *Dundee* (9)
12 See picture clue: Maxine -----, actor who played Twinkle in hit sitcom *dinnerladies* (5)
13 English electronic music duo, Chase & ------ (6)
14 Game show presented by Warwick Davis (7)
17 1981 Blondie song (7)
19 Star of 2001 US comedy film *Dude, Where's My Car?*, ------ Kutcher (6)
20 Plays Lucas Sinclair in Netflix's *Stranger Things*, ----- McLaughlin (5)
22 British fashion designer, Stella --------- (9)
24 1986 fantasy film starring David Bowie and Jennifer Connelly (9)
25 Character in 2006 James Bond film *Casino Royale*, Vesper ---- (4)
26 Character played by Liz Carr in *Silent Witness* (8)

DOWN

2 2008 comedy starring George Clooney, *Burn* ----- *Reading* (5)
3 Comedy show starring Tim Brooke-Taylor, Bill Oddie and Graeme Garden, *The* ------- (7)
4 Inspector Clouseau film released in 1964, *The* ---- ------- (4,7)
5 Hit 1975 Queen album, *A Night at the* ----- (5)
6 2004 movie starring Amy Smart, *The Butterfly* ------ (6)
7 Star of 1989 western *Young Guns*, Emilio ------- (7)
10 1980s sitcom with Dawn French and Jennifer Saunders, *Girls* -- --- (2,3)
11 Sitcom starring Claire Skinner and Hugh Dennis (11)
15 English mentalist and illusionist, Derren ----- (5)
16 Iconic vampire portrayed on film by Bela Lugosi and Gary Oldman (7)
18 Forename of comedy character Blackadder (6)
19 Oasis hit song from 1994, *Cigarettes &* ------- (7)
21 BBC2's *Amazing Hotels: Life Beyond the* ----- (5)
23 See picture clue: English TV and radio presenter, Chris ----- (5)

WORDS: LYNETTE BRIGHTON. PHOTOS: SHUTTERSTOCK, BBC, THE GRUFFALO: MAGIC LIGHT PICTURES 2009.

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CROSSWORD SOLUTION

ANSWER: Peter Capaldi **ACROSS:** 1 Hastings 4 Prom 8 Offenders 9 Crocodile 12 Peake 13 Status 14 Tenable 17 Rapture 19 Ashton 20 Caleb 22 McCartney 24 Labyrinth 25 Lynd 26 Clarissa
DOWN: 2 After 3 Goodies 4 Pink Panther 5 Opera 6 Effect 7 Estevez 10 On Top 11 Outnumbered 15 Brown 16 Dracula 18 Edmund 19 Alcohol 21 Lobby 23 Evans

Comin n

Mark Gatiss as Gabriel Book

Bookish

FIRST LOOK

Mark Gatiss returns to solve more post-war mysteries

Murder and intrigue are on the cards in the upcoming second run of U&Alibi's quirky period whodunnit *Bookish*.

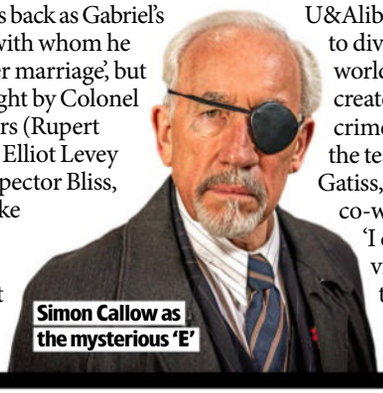
The six-part drama, which returns later this year and is set in the late 1940s, sees Mark Gatiss reprise his role as shrewd Gabriel Book, who runs an antiquarian bookshop in London but assists the police in cracking baffling crimes.

This time, with help from assistant Jack Blunt (Connor Finch), he looks into a mystery concerning a medium (Jason Watkins) and a murder at a gentleman's outfitters, while he is sent to Germany by enigmatic 'E' (Simon Callow) to ensnare light-fingered Duchess Alberta (Miranda Richardson).

NEW RIDDLES

Polly Walker is back as Gabriel's wife Trottie, with whom he has a 'lavender marriage', but her eye is caught by Colonel Reggie Winters (Rupert Graves). And Elliot Levey returns as Inspector Bliss, alongside Blake Harrison as Sergeant Morris, Buket Kömür as orphan Nora and Rosie Cavaliero and Gerard Horan as Ada Dredge and Mr Baseheart. Claire Skinner and Ruth Codd also guest star.

'I'm thrilled that the team at U&Alibi are allowing me to dive back into the world of *Bookish* and create more fiendish crimes for Gabriel and the team to solve,' shares Gatiss, who devised and co-writes the series. 'I can't wait for viewers to immerse themselves in the world that we've created.'

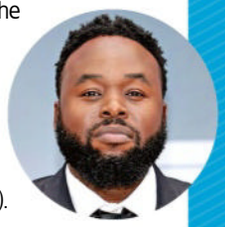


Simon Callow as the mysterious 'E'

WHAT'S NEXT FOR...

Samson Kayo

In CBeebies' animated series **Zog**, based on Julia Donaldson and Axel Scheffler's books, the actor will voice the dragon, who is part of a medical team with Princess Pearl (Patsy Ferran) and Sir Gadabout the Great (Will Merrick).

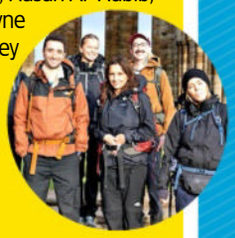


Mel Giedroyc

The presenter will host U&Dave's **The Way Out**, which will see Ed Gamble and Nish Kumar as team captains, while Chloe Petts, Lou Sanders, Amy Annette and David O'Doherty join them to tackle escape-room puzzles.

Coming Back

BBC2's eighth three-part series of **Pilgrimage** will follow Ashley Banjo, Hermione Norris, Hasan Al-Habib, Tasha Ghouri, Jayne Middlemiss, Ashley Blaker and Patsy Kensit as they trek through north-east England to Lindisfarne.



C4's drama **Patience**, which stars Ella Maisy Purvis (below) as the titular autistic criminal-records archivist, will return for a 10-part third series, in which Patience will try to bond with her half-sister while looking into her father's death.

Next week On sale Tuesday 24 February

Marshals

Paramount+'s *Yellowstone* spin-off sees Kayce (Luke Grimes) try to keep law and order in Montana.

Ted

The cheeky bear (voiced by Seth MacFarlane) lands in more scrapes on Sky One.

Young Sherlock

Hero Fiennes Tiffin portrays a youthful Sherlock Holmes in Prime Video's adventure.

DTF St. Louis

In Sky Atlantic's comedy drama with Jason Bateman and David Harbour, a love triangle implodes.

WORDS: CAREN CLARK. PHOTOS: C4, GETTY, PEACOCK, PARAMOUNT+, PRIME VIDEO, SKY, U&ALIBI, CBS, HBO, BBC

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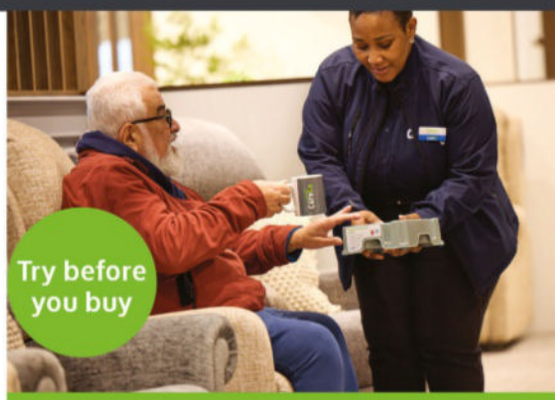

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